

# Women's rugby plays host to new recruits

By Brandt Gelman  
COLLEGIAN STAFF WRITER

In college athletics, no matter what the sport is, there is only one way to stay on top year after year: A team needs to be able to reload with new talent after its experienced players leave.

## WOMEN'S RUGBY

The Penn State Lady Ruggers hosted a group of new recruits this past weekend in hopes of persuading them to attend Penn State next fall.

"We had about 15 recruits come into town last weekend," Lady Ruggers coach Pete Steinberg said. "I thought it was very successful."

Steinberg said the team identifies new recruits through various rugby camps. The Lady Ruggers host a summer and winter camp for high school rugby players to

come and showcase their skills. The camps are a great tool for Steinberg to see the new recruits play, and to give the recruits a chance to meet the current players.

Steinberg is also able to get a feel for his new recruits by watching regional and national high school tournaments.

"Much of our recruiting is about letting athletes know that Penn State offers a different experience than other programs," Steinberg said.

Steinberg said Penn State can offer these recruits more than most other universities. The Lady Ruggers receive support from the university that most other rugby programs do not because they are a club team. This support includes professional staff, a full medical support staff and access to all varsity sport athletic facilities.

Steinberg also said the way Penn State runs its program is

influential in signing new recruits. "We only practice twice a week and we do not have requirements," Steinberg said. "Yet we are still the best team in the country."

Steinberg hopes the way he integrates new players into games with his experienced players will also serve as a key recruitment tool. In this past weekend's 46-11 win over Delaware, many of the inexperienced players played the entire first half.

"One of the key messages we tell recruits is that you will get your chance," he said. "The recruits got to see many of our freshman play in the 'A' side game this weekend."

Putting aside all of the different camps and tournaments the Lady Ruggers host, the best recruiting tools are the current players. The current players are able to express to recruits what their experiences have been like. Many

of the recruits even stayed with freshman players on campus to get a feel for what Penn State has to offer.

Steinberg said while it is the freshmen that can relate most to the recruits, it is the experienced players that can talk about the legacy and the accomplishment of being national champions.

Steinberg is never worried about keeping the tradition of the

Lady Ruggers alive at Penn State. He said this new recruiting class definitely has the potential to keep the team on top.

"We have a number of great recruits interested in Penn State," he said.

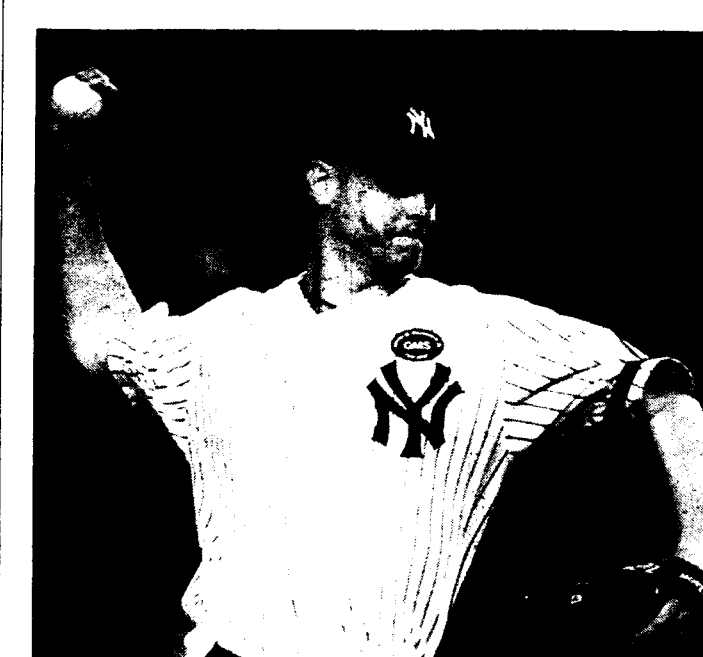
"I think they will continue to provide the depth that our current freshman class has created."

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Women's rugby coach Pete Steinberg (center) addresses the team.

## STAYING ALIVE



Kerry Wood delivers a pitch in the Yankees 7-2 win over the Texas Rangers in Game 5 of the ALCS. More on the game, see page 14.

## Frisbee clubs to hold tournaments

By Stephen Pianovich  
FOR THE COLLEGIAN

Ultimate Frisbee is coming to Penn State.

Penn State's men's and women's Ultimate teams are hosting their annual Fall Phling tournament this Saturday and Sunday.

Both teams competed at the Fall Brawl tournament this past weekend at Ohio State, with the women posting a 3-3 record, while the men went 6-1 and earned a third-place finish.

In Ultimate Frisbee, the fall season is sort of a tune-up for the spring season.

In the fall, teams cannot go further than winning a weekend tournament, whereas in the spring, teams compete in regionals and fight for the chance to go on to nationals.

"I'm pumped about this tournament because there are a lot of good teams from our region coming," said Katie Erickson, one of the team's captains. "and you always want to beat those other regional teams."

After finishing fourth in their region last year, the men's team has high hopes for the coming year. Jack Kelly, a captain on the men's team thinks this year's squad has a very good shot at making it to Nationals in the spring.

"We're bringing back basically the same team from last year so fighting for a spot in Nationals is a realistic goal."

Until the spring, both teams each have a couple more tournaments this fall, and are happy about the opportunity of playing at home.

"I'm excited for the weekend we love playing at home and have historically done well here," women's head coach Jason Shpilsky said.

Penn State's women's team finished first at last year's Fall Phling.

Hoping to defend its title, the women's team is working on eliminating turnovers and getting some of its younger players better field awareness.

"We have a lot of rookies this fall and we're trying to get them used to the game and react rather than have to think so much about what they're doing on the field," Shpilsky said.

"Playing at home is great because it's a great chance for students to come out and watch us and play in front of a home crowd," said Tom Allen, the men's team's other captain.

The men's team has also been successful in its home tournament, finishing in second place last year.

The 12 team women's tournament and the 8-team men's tournament will take place throughout the day Saturday and Sunday at the IM fields beside Park Avenue.

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# HOROSCOPES

By Jacqueline Bigar

**HAPPY BIRTHDAY** to Thursday, Oct. 21, 2010. This year, you're worth a question mark, and that's the message that other information is more green as it from context. Create a more solid base of fact rendering. Opinions often will differ. I can't respect where others come from. If you are single, you certainly seem to have a magic wand, as you draw in many suitors. Forget a lack of romance. If you are attached, the two of you often have differences of opinion. Emotional reactions could be strong, but you will be more grounded if you look at the "issue" behind the differences. Understanding and accepting them is the way toward peace. ARIES can often challenge you.

The Stars Show the Kind of Day You'll Have: 5-Dynamic, 4-Positive, 3-Average, 2-Negative, 1-Difficult

**ARIES** (March 21-April 19) \*\*\*\*\* You are in prime shape. You don't want to push too hard to achieve your goals, as others could be reactive. Play the waiting game if need be. I explain piece by piece what is going on. Others still might have trouble grasping your ideas. Tonight, delve into your basket of creativity. Give up judgments.

**TAURUS** (April 20-May 20) \*\*\*\*\* Use your sixth sense to the max. Someone inevitably could test your patience using a gentle type of coercive logic. You need to compensate for time spent trying to convince others you are right. Is it worth it? Tonight, vanish, because you can.

**GEMINI** (May 21-June 20) \*\*\*\*\* You might have a little too much. Sometimes lying back and being the listener is the smart play. Stop being so hard on yourself. Just drop the world

\*\*\*\*\* You might want to rethink a strategy. Be clear about taking another's word for it, especially. Start on top of discussions in a meeting. Tonight, Having fun.

**CAPRICORN** (Dec. 22-Jan. 19) \*\*\*\*\* You know what needs to happen to you and another person. Your plans should slow down, to an extent, by willing to slow down and take a particular type of work from home. Tonight, Relax.

**AQUARIUS** (Jan. 20-Feb. 18) \*\*\*\*\* Listen to others who seem to be calling the shots. Just because you understand them, you agree. Know that you understand it. Confusion surrounds the situation where there is an issue about what the "and what is fiction." Tonight, Ask questions. Don't hold back.

**PISCES** (Feb. 19-March 20) \*\*\*\*\* Be aware of the expenses of production in the present course. You could be overly tired and pushed. You might want to rethink a money matter, as there could be an issue of discrepancy between facts and figures. Tonight, you might get more than you want to!

**BORN TODAY**  
Actress Carrie Fisher (1956), TV host Judge Judy (1942), musician Manfred Mann (1940)

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