Ruggers to hold rookie day for future players

By Brandt Gelman **COLLEGIAN STAFF WRITER**

Rugby is not a sport for the faint of heart.

and the huge hits, many who have not played the WOMEN'S sport may be **RUGBY** scared off before they ever attempt

to play the game. That's why this Sunday, the Penn State women's rugby team is holding its annual rookie day, where athletes can come out and see if rugby is the sport for them in a much less intimidating atmos-

"Rugby is not a popular sport phere the team creates.

for girls in high school," coach Pete Steinberg said. "A lot of our best players never played rugby before college.

The rookie day is broken up into Between the gruesome scrums two practice sessions where the newcomers will work on kicking and passing drills, followed by a

"Rookie day really gives you a crash course into the game," said Jeanne Drouilhet, a senior member of the team.

Although she played in high school, Drouilhet said for people who have never touched a rugby ball it is a great chance to find out if they're going to like rugby or not. One thing that makes rookie day unique is the inviting atmos-

to show up and learn the game in a way that isn't around people who have played the game for a while," Steinberg said.

The goal of the rookie game is to enable players who want to play rugby to eventually come to their first practice and not be confused about what is going on. Steinberg is able to draw athletes from all different backgrounds to come out. for rookie day.

"Maybe you're an inch or two too short for basketball or you're tired of playing soccer, and you just don't know that rugby is your sport," Steinberg said.

Players currently on the team encourage anyone to come out and participate in rookie day, no tive. The veteran players will work

gree is.

"A lot of people may not look like the best athletes at first, but we can make them into better athletes," said Caitlin Prendergast, a senior on the team.

Prendergast said she loved rookie day because she got to play with people who did not have much experience.

Before attending rookie day, Prendergast didn't know anything about the sport, and admitted it would have been intimidating to play with a team as good as the Lady Ruggers.

The rookie day is also a chance for the current players to see the game from the coach's perspec-

"We want our players to be able matter what their athletic pedi-with the rookies on all the different aspects of the game.

"Coaching also helps us out because while coaching you get to learn more about the game,' Drouilhet said.

Sadie Anderson, a junior on the team and a returning All-American, said the rookie day is an important event for the team. While she doesn't have a large role in rookie day this year, she said she will still try to help out.

"I will mostly be trying to make people feel welcome," Anderson said.

"I don't want people to feel overwhelmed, I just want them to feel comfortable.'

To e-mail reporter: bmg5094@psu.edu

Former Australian pro brings exciting coaching style

By Joe McIntyre COLLEGIAN STAFF WRITER

He's hardly Reggie Dunlop from the movie "Slapshot," but first-year field hockey coach Stu Smith is coaching

FIELD

the Nittany Lions as if he were one of the gang.

HOCKEY Smith, a former professional field

hockey player in Australia, has brought a new voice and a new perspective to the Lions. Both of head coach Char Morett's assiscoaches had previously theory on coaching has come pri- Lions play the same way.

marily from one source: Morett.

And assistant coach Annie Zinkavich said for the team to get a new view on the game of field hockey, especially a view from someone as far away as Australia, has been tremendously helpful.

"I think he's just offered a lot of technique-type stuff." Zinkavich said. "And a lot of the newer techniques for the girls have been pretty cool."

Smith preaches to the team about playing with pride, Zinkavich said. He talks about how his Australian club would play as if every game was its last, and played for Penn State. So all of the he wants to make sure the Nittany

pride in what you do and loving the game...and I think he's really tried to instill that in the girls. I think sometimes it gets kind of repetitive, you're doing the same things over and over again, you kind of lose focus on why you're doing it and why you're playing." Zinkavich said.

"It's all about loving what you do and doing it because you really want to get better and making sure it's something that brings you a lot of happiness.

Smith has energy and an enthusiasm on the field that is not normally seen in coaches. He plays alongside the team in practice and heart.

"[For Smith], it's just a lot of shows them, instead of telling them, how to play the right way.

> Senior captain Daneen Zug says what Smith brings to the coaching table is a kind of youthful exuberance. He coaches as if he were preparing to suit up in the blue and white and play in the team's next game.

Stu just brings that energy. He jumps on the field, he plays with us and that's always awesome," Zug said. "It's great to be able to see a coach play and learn from what they're doing instead of learn what they say.

Although Smith puts on the face of a player, he's still a coach at

Nittany Lion said it has always been a dream of his to come to Penn State. And for him to get the chance to coach under "the queen of USA field hockey" Char Morrett, has been nothing but spectacular.

And by the way he looks at this Sunday's home contest versus Lock Haven, this ultimate player's coach must have learned something from the coaching queen already

"I think psychologically it would be massive for us to beat Lock Haven," Smith said."

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By Jacqueline Bigar

HAPPY BIRTHDAY for Unday, Sept. This year, you have tollow through mat-

drive. When you decide to realize a hope or wish, it is nearly as good as done. Your finances will need careful scranny, early a tendency to go overboard at times. Innately, you have a sense that there is never enough. If you are single, someone is clearly an adjuster and might be in your daily life. Look around In any case, an intense relationship is slated for the next few years. If you are attached, the two of you could struggle over money Perhaps separate checkbooks is the answer, LIBRA helps you spend your

The Stars Show the Kind of Day You'll 5-Dynamic: 3-Average: 2-So-so; 1-Difficult

ARIES (March 21-April 19) ★★★★ Others seem to pirouette in front. of you. Someone who doesn't stop wants you to notice. A friend spews many good ideas and suggestions. You might feel as if this person is wifty or not grounded. Tonight: Hook up with friends, 104F TAURUS (April 20-May 20) ★★★ Your pace reflects what you want

to accomplish, and perhaps the fact that it's Friday. A boss wants to have a bram-storming session. What was booked as a quick meeting could go way past that, Tonight: Thinking and maybe talking GEMINI (May 21-June 20)

★★★★★ Your imagination keeps interfering with what you see as a boring task. How you handle a loved one and your choices could transform the relationship. Allow new types of thinking to open

CANCER clure 21-July 22)

**** It you can make it an early worselaw, de You will be most confortable at home. A partner offers opportunities you never even thought of. Think carcinly before macting a change on the domestic from Tought Sharing with an sweepe or best friend LEO (Fay 23-Aug 22)

**** Communication adds an odd but expansive quality to interactions, uniters ought not be as clear as you orld like, but you are inspired to toss conseit into whatever a discussion revolves around. Your efforts quickly complete a job. Tornahi, Chatting up a

VIRGO (Aug. 23-Sept. 22) *** Accomplishing a project could be balted or waylaid. Being less uptight could help ultimately, as you cannot change what is occurring. You often take the lead in handling details and complet ing the final steps of a project. Tomght: Stick to your budget. LIBRA (Sept. 23-Oct. 22)

*** You beam, and others seek you out like bees do honey. Whether dealing with a work-related matter or a personal situation, you need to take the lead right now Everything else will tall into place Use that great imagination, fought

Wish-upon-a-star time. SCORPIO (Oct. 23-Nov. 21) *** If you discover that there is no meeting of the minds, say less and listen more. Others have good ideas, too. A lack of focus on your part—as your imagination frequently kicks in—could make communication more difficult. Be happy it is Friday. Tonight Now, use

SAGITTARIUS (Nov. 22-Dec. 21) ***** Focus on your priorities. In a meeting, don't lose sight of why you are there. You might need to ground the there, for inight need or ground on meeting more than once. Take a pro-active role in realizing a long-term dream. You might be surprised by the results. Foright: Where the crowds are. CAPRICORN (Dec. 22-Jan. 19)
*** Push as hard as you need to at
work. A boss might be reticent, until he

sees how enthusiastic you are. Creativity helps in a financial brainstorning situa-tion. Check figures as well. Tompht: Leader of the gang AQUARIUS (Jan. 20-Feb. 18)

*** You might want to add your par-ticular touch to a situation. You might not feel as if you have everything in control as you would like. Reach out for others who have more expertise or experience than you. Lonight: You could be espe-

cially happy around great music.

PISCES (Feb. 19-March 20)

**** Others make the first move, the first call, the first offer. Those you assoerate with want feedback, but also your participation. You might feel pressured by others. Handle what you must. Ionight: Be careful with a lively discussion, it could crupt into a fight.

BORN TODAY Champion PGA player Arnold Palmer (1929), actress Amy Irving (1958), guitarist Joe Perry (1950)

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