

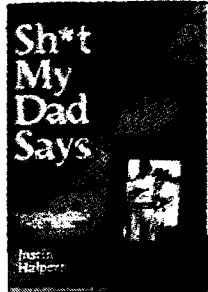
BOOK REVIEW

'Sh*t My Dad Says'

Reviewed by Sky Friedlander
COLLEGIAN STAFF WRITER

This book made me laugh out loud on a bus. Enough said.

But seriously, "Sh*t My Dad Says" is hilarious, and if you follow Justin Halpern's Twitter feed that evolved into this book — it's for you. The bio for the Twitter account reads, "I'm 29. I live with my 74-year-old dad. He is awesome, I just write down shit that he says."



Courtesy of amazon.com

That pretty much sums up the core of the book. Each short chapter begins with a quote from Halpern's dad, Sam, and ends with several quotes on varying topics. These blurbs are so quotable, it's ridiculous. I read about 50 percent of the book to my roommate while I was reading it (it's short —

176 pages — and mostly quotes, so don't feel too bad for her).

Unfortunately, the elder Halpern has a penchant to swear. All the time. Finding something to quote was a bit challenging.

But Sam Halpern is so funny, I had to give it a shot.

Some selections:

"The worst thing you can be is a liar... Okay, fine, yes, the worst is a liar. You can be, liar two, then number two is a liar. Nazi one, liar two."

Then there's this gem:

"Pick your furniture like you pick a wife: It should make you feel comfortable and look nice, but not so nice that if someone walks past they want to steal it."

And then my favorite (at least that was fit for print):

"Are you wearing perfume? ...Son, there ain't any cologne in this house, only your mother's perfume. I know that scent, and let me tell you, it's disturbing to smell your wife on your thirteen-year-old son."

And if you think you have a good idea of what Sam Halpern is like from those quotes, the chapters give an even better idea. They tell stories from Justin's childhood and young adult life — from Justin's point of view.

They are embarrassing, funny and often moving. There is clearly a lot of love between the father and son, and the book conveys.

I appreciate the occasional seriousness of the stories, because they temper the more raunchy or mean quotes. It's not a one-dimensional book intended only for cheap laughs — it's about a father and son and their relationship.

But it is funny as sh*t, too.

Grade: A

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200 E. College Ave.

Lexi Simchak/Collegian

Crisp, 200 E. College Ave., is a relatively new addition to the State College restaurant scene and serves organic, healthy food.

CRISP 'N' GREEN

Salad joint tasty, costly

Reviewed by Julie Mastrine
COLLEGIAN STAFF WRITER

Even in the happiest of valleys, it's hard to resist the temptation of the nearest fast food restaurant when you need a quick meal.

Like any other college student, I'll admit that it can be difficult for me to make healthy food choices when I'm constantly berated with the lure of cheaply priced greasy, fatty foods.

Fortunately, one of the latest additions to State College's downtown eateries breaks through the sea of less-than-healthy temptations. Crisp, 200 E. College Ave., boasts an impressive menu of healthy food options, including salads, wraps, soup, smoothies, fresh juice and more.

Though the restaurant does have pre-made wraps and salads to choose from, they also offer a create-your-own option. After all, who doesn't love to customize their food?

The employees at Crisp

were kind and walked me through my first experience at the eatery, showing me how to create my own salad.

Lettuce is already divided into individual pre-portioned containers of romaine, mixed greens or spinach. Each plastic container includes a sticker that lists all of the available salad toppings, and trust me, there are many: mandarin oranges, edamame, feta, sunflower seeds, portabella mushrooms, almond slivers, bacon bits, beets and much more.

After checking off the toppings you want, the employees mix your salad together in a larger bowl before returning it to your to-go container.

Though my salad was completely healthy and delicious, there was one factor that prevented me from fully enjoying my creation — the price.

Crisp charges \$6 for a large salad, and then charges the customer per topping after that — a huge

budget breaker if you're the type who likes to spice up your salads with a lot of toppings, like me.

Though you can choose four free toppings from a small list, you'll have to pay for the really good stuff — adding chicken to my salad cost \$2.50 alone.

One of my friends suggested that Crisp charge you for your salad according to weight instead.

In total, a large salad and a small iced coffee cost me \$11.67, a little pricey for a poor college student.

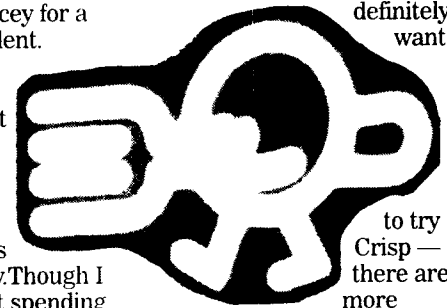
Of course, there may be other factors that influence the steep prices — Crisp serves mostly organic food, which tends to be more costly. Though I felt uneasy about spending more than \$10 on a small meal, knowing I was helping the environment was somewhat of a comfort.

Another thing Crisp gets right is atmosphere — the

eatery is small and doesn't offer much seating, but it's well decorated and laid-back. Crisp also has seating outside, so it's the perfect place to enjoy a healthy meal while you study or people-watch.

Because of the high prices, people with a slim budget may have trouble making a visit to Crisp a daily or weekly routine.

But those who will miss the healthy food options of Simmons Dining Hall when it closes will definitely want



to try Crisp — there are more options and everything is unbelievably fresh.

Grade: B-

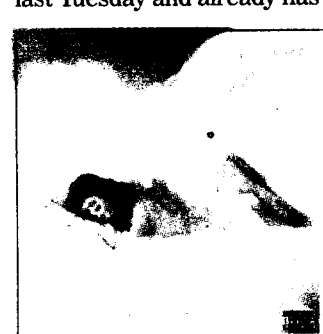
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'Teenage Dream'

Reviewed by Lindsay Cryer
COLLEGIAN STAFF WRITER

Katy Perry is living the dream.

Her second album, "Teenage Dream" dropped last Tuesday and already has the pop music



Courtesy of amazon.com

world applauding — cue "California Gurls" and "Teenage Dream."

We already knew that Perry was good — really good — when she broke ground with her first hit "I Kissed a Girl" and kept us going with the releases of

"Hot N Cold" and "Thinking of You," which are arguably the best uses of her voice thus far.

And the most prominent feature of the new album is the versatility of her voice.

The album starts with "Teenage Dream," which not only reminds us why we love Perry, but why she'll keep us begging for more.

Then comes "Last Friday Night," the newest anthem for college girls.

Perry's basic, '80s-esque sound is among the most enjoyable uses of her vocals and in "Who Am I Living For?" a more primal, emotive voice comes out with a bang.

Both of the songs are too good to listen to just once.

Mothers everywhere will be covering the ears of their young-uns once they hear the most provocative track off the album, "Peacock."

Fewer than 10 seconds into the song, it becomes fairly evident that Perry isn't talking about a colorful bird.

Raunchiness aside, the song is addicting with a beat reminiscent of Toni Basil's "Mickey" that will become the song that everyone is buzzing about.

And, frankly, if you like Perry sounding like a badass, listen to "Circle the Drain."

But for those who appreciate the strength of Perry's alto voice in slower songs, don't get too impatient during the first 11 tracks of the CD — it's still there.

"Not Like the Movies," the final track, will quench your musical thirst. Her voice, again, is phenomenal.

It would be of no surprise to me if all of these songs are put to a stronger bass and remixed in clubs and fraternities.

In the same breath, if 13-year-olds play these songs at their glitter-themed parties, I wouldn't be shocked either.

Perry proves that the warm spot left on the pop princess throne is still hers and will be hers for a while.

Grade: A

Download: "Peacock," "Last Friday Night," "Who Am I Living For?"

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WALKING THE RED

Awards fashion lacking

Reviewed by Joshua Glossner
COLLEGIAN STAFF WRITER

We saw many "pieces of art" come down the red carpet on Sunday at the Emmys, but I have a hard time calling them that.

Seeing many of TV's greatest actors come in awful attire was better entertainment than Jimmy Fallon. Overall, it was the whole "Glee" cast came the best dressed.

My only question is: Did all of these stars actually

dress themselves this year?

January Jones: D 1 out of 5 stars

January Jones said her dress was like a "peacock" and "a piece of art," but it was from it. Madonna cones and the awkward shaped bottom really didn't do Jones justice. And did she just roll out of bed and tease her hair with hairspray?

Tina Fey: C- 2 out of 5 stars

The "30 Rock" star walked down the red carpet in a gray satin dress with

black beads embroidered into it. It unfortunately made Fey look like she should be older than Betty White.

Heidi Klum: C 2 out of 5 stars

For being the host of a fashion show, you would think Klum would have looked classier. Her skimpy black dress looked like something a contestant in the bottom three of "Project Runway" would have made. It was too short and had odd rose-shaped embroidery. Heidi, we know your hus-

band sang "Kiss From the Rose," but let's leave it at that. Heidi should say "Auf Wiedersehen" to that dress.

"Glee" cast: A+ 5 out of 5 stars

The "Glee" cast ripped up the red carpet with their amazing style. Jane Lynch's purple dress was stunning and complimented her shape — though anything would in comparison to her usual track suits.

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Anna Paquin: D- 1 out of 5 stars
It seems as though Anna Paquin got a memo that the Emmys' theme was Spanish bull riding. Paquin would have been better off wearing an outfit from her hit show "True Blood." No wonder she was hiding from photographers by hugging her husband, Stephen Moyer. On the plus side, her hair and heels at least deserved one star.



Betty White: C+ 3 out of 5 stars
Betty White strutted down the red carpet on Sunday in a light green and purple dress. The jewelry and heels were tan — I would have picked lavender accessories to complement the purple in her dress. The dress would have worked better in a more subtle color combination, but the dress did make Betty White look younger than 88 years old.



Lea Michele: B 4 out of 5 stars
Her Lorraine Schwartz necklace was probably the best choice of jewelry out of all the women who attended, and that's not to mention the matching bangles on her right wrist. The navy blue dress she had on gave her a sense of maturity and sophistication at 24 years old. Michele's outfit came together to show her off as the young star she is.



Neil Patrick Harris: A- 5 out of 5 stars
Neil Patrick Harris scored an award for Outstanding Guest Actor in a Comedy in "Glee," and also scored in his fashion choice. He went with a gray suit instead of the classic black, with a black skinny tie. I would also like to give Harris props for bringing his partner, David Burtka, to the Emmys with him. Burtka wore a classic black suit with a bow tie.