

New to University Park? Get Connected to Career Services

Is this your first semester? Whether you're coming to University Park from a Penn State Commonwealth Campus, from another institution, or this is your first week of college, Career Services is here to help make your transition a positive one.

If you were involved with Career Services at your previous campus, you are already off to a great start! Career Services at University Park is here to continue helping you along your desired career path. If you haven't yet taken advantage of career resources at your former location, it's not too late to get connected! Career Services can help you find your way.

As a new student at Penn State University Park, you may be asking yourself the following questions:

- I've chosen a major - but what can I do with it?
- How can I gain experience that will help me secure a job or gain admission to graduate school programs upon graduating from Penn State?
- What resources are available to help me find a part-time job, internship/co-op, or full-time job?
- Where do I go to learn about writing a resume, cover letter, or personal statement or to have my existing documents reviewed?

- Who can help me to determine my most preferred career path as well as back-up options?
- How do I connect with faculty, staff, and other students on such a large campus?

Maybe you have found yourself asking questions like these. If so, you have a great deal in common with the many transitioning students who seek career counseling and other resources available through Career Services. By getting connected with the staff at Career Services as a new student at University Park, you are opening the door to successfully launching into

life beyond Penn State.

It's no secret – beginning at a new campus or institution certainly has its challenges.

- New people.
- New places.
- So many choices.
- So much to do!

Penn State University Park is a large campus environment, but there are many ways to make your experience exciting and dynamic rather than overwhelming.

- Get involved.
- Meet your professors.
- Learn from others.
- Take a step outside your comfort zone.

Meet with a career counselor to discuss ways to ease your transition to University Park and develop a plan for maximizing your time at Penn State with all it has to offer.

Stop by the Bank of America Career Services Center for a brief 10-15 minute meeting with a Drop-In Counselor. (See *Drop-In Page 3.*) During this initial contact, you can learn about services and programs offered to students and/or schedule a more in-depth individual career counseling appointment. Just come in and ask – it's that easy!

Take action – make your transition to University Park more than you could imagine. The time is now!

Don't Miss Out - Stay Connected

Career Services is here to assist you in all phases of your career planning. How do you prefer to get your information? Career Services offers many ways to be informed and stay connected from one-on-one meetings with our professional staff to daily tweets.

In Person

Stop by the Career Services Center 8:30 a.m. - 5:00 p.m., Monday through Friday and until 7:00 p.m. on Tuesdays for a brief 10-15 minute meeting with a career counselor via the Drop-In Counseling service. (See *Drop-In on Page 3* for more details.)

You may also be referred to Individual Career Counseling or Group Career Counseling as part of our service to you.

Workshops

Attend one of our many workshops throughout the semester focused on:

- Resume preparation
- Interviewing preparation
- Making the Most of the Career Fair
- Gaining Experience
- Grad School Admissions
- Conducting a Job Search

For more information on these offerings, refer to pages 8 and 9 or log on to our website at studentaffairs.psu.edu/career

The Daily Collegian

Watch for the **Career Corner** - a weekly column in *The Daily Collegian* every Monday and don't forget to pull out the **Career Calendar** in the middle section of


this publication for the fall semester's Career Calendar.

Online

Visit our **website** at studentaffairs.psu.edu/career to find resume and interviewing tips, job and internship postings in the Nittany Lion Career Network, online workshops, and a career information center to address all your career related concerns.

You can also stay up to date on all the Career Services offerings by joining us on various social media platforms. For direct access, visit our homepage, or search:

- **Facebook:** Penn State Career Services
- **Twitter:** PSU_Career
- **LinkedIn:** Penn State Career Connection



Nittany Lion Career Network

Did you know that ALL students have been given an account for Nittany Lion Career Network (NLGN)?

Nittany Lion Career Network gives you access to :

- On-line job postings
- On-Campus Interviewing
- Job Prospects/Leads
- Information on organizations and details regarding visits on campus (information sessions)
- Upcoming events and career fairs
- Emails about events/services that relate to your own career interests and goals

What do I need to do to get started?

1. Register for your account at studentaffairs.psu.edu/career

2. Log in to your account and complete your profile

3. Browse the Career Connection page for more information