### Merging of gyms creates new jobs

The North Club will be taking over four gyms in the State College area.

> By Alyssa Murphy COLLEGIAN STAFF WRITER

A new company is set to take over four downtown gyms, which could provide more job opportunities for Penn State students.

The North Club, 1510 Martin St., recently acquired both LionHeart Fitness, 127 Sowers Street, and Titan Fitness, previously at 412 W. College Ave., The North Club operator Karl Zimmerman said.

Titan Fitness now runs the mixed martial arts classes that LionHeart Fitness previously covered, and both gyms are now housed in the LionHeart building. The former Titan Fitness building will become a new general fitness location.

And the new conglomerate is hiring, The North Club manager Gretchen Welch said. West Club, a new gym set to open in Westerly Parkway in August, will need a full staff of five to 10 people when it opens. Students who wish to apply for a part-time front desk job can fill out an application at any of the

Zimmerman also expects new positions at The North Club, which recently underwent renovations and now features full-length lockers, new showers, a new sauna, a new steam shower and new bathroom facilities.

Titan Fitness also hired new people because of the change, gym owner Paul Zelinka said.

"Because of this facility and availability, we've actually been able to hire a couple of new instructors to just add some programs," Zelinka said. "But at the same time, we're taking on more people. Enrollment has increased substantially. We wanted the right number of instructors.'

Some of the programs Titan Fitness offers include mixed martial arts, Brazilian jiu-jitsu and coed boxing.

Each location targets a different demographic. Zimmerman said the North Club caters to customers 40 years old or older, though they do have some college undergraduates. Titan Fitness is more oriented to college undergraduates, with programs like martial arts classes, Zelinka said.

Zelinka said the merge benefited both the club and the members.

"It benefits us because we're in a much better location," he said. "The location is more central-

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#### THE ART OF SPRING



A student walks past an abstract sculpture placed in front of the Pattee Library. The sculpture was designed and built by a team of graduate and undergraduate architecture students and represents the blooming of flowers that appear on the Pattee Mall every spring.

### The 'S' Book to reach out to new PSU students

By Casey McDermott

COLLEGIAN STAFF WRITER

Samantha Miller began her career at Penn State as a transfer student, moving from Wake Forest University in her second semester of college. Adjusting was hard, she

Now the UPUA Director of Assembly Services, she had hoped to offer a university handbook not just to incoming freshman, but to transfer students like herself.

On Wednesday, she was happy to announce that the handbook, now dubbed "The 'S' Book," will be offered to everyone new to Penn State University Park — including freshmen, transfer and change-ofcampus students

"I know how important it is for but they had to make sure they over the handbook.

Penn State community

making that transition," she said. The book's newly finalized

receive help when

title stands for "State," representing its status as a service for all Penn State stu- Miller dents regardless

of campus, University Park Undergraduate (UPUA) Director of Public Relations and Media Andrew Karasik said.

the handbook to all new students, some of the initial concerns voiced

every single new student — had the money, said Miller, who is regardless of when they join the leading the production of the to handbook.

Miller (senior-political science) said the cost of the project is still undetermined but will definitely not exceed the \$21,000 originally allocated for the initiative.

The number of handbooks to be distributed is also still being determined. Miller estimates that the incoming freshman class at University Park will require about 7,500 books, and additional transfer and change-of-campus stu-Association dents will require about 2,000.

**UPUA President Gavin Keirans** said he agreed the expansion of the handbook is a positive move UPUA members hoped to give, and is happy to be able to resolve.

"We wanted to make sure we could get this book out to as many people as we were able to."

**Gavin Keirans** 

senior - business management

'The idea to extend it to University Park freshmen. CCSG change-of-campus and transfer President Nick Borsuk students came out of listening to change-of-campus student from chronic concerns members of Penn State Altoona - said he CCSG expressed," Keirans (senior-business management) said.

could get this book out to as many people as we were able to."

received by CCSG. Though initially resistant to a

tailored only

handbook

commends UPUA's efforts to reach out. "I think it will greatly impact 'We wanted to make sure we

[new students'] ability to successfully enter University Park, And the decision has been well Borsuk (senior-political science)

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# THURSDAY!

### **LADY LIONS BACK IN POST SEASON!**

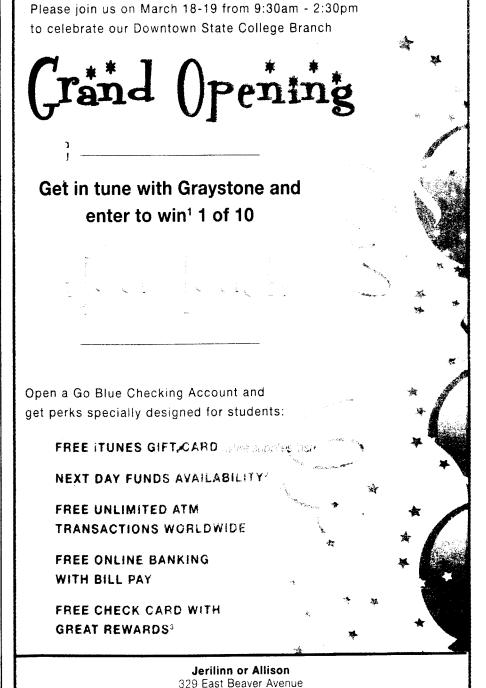


## LADY LIONS vs. HOFSTRA

Thurs. March 18, 7:00pm



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