

CAPS gives students a place to turn in bad times

The University's Center for Counseling and Psychological Services provides various types of counseling and therapy programs, offering students an alternative to turn to for help than roommates, parents and advisers.

By SUSAN FLANIGAN
Collegian Staff Writer

University students who think they need help or maybe just someone to talk to have another alternative to roommates, parents or advisers.

The Center for Counseling and Psychological Services in 217 Ritenour offers students a number of psychological services, said Bill Holahan, assistant director for clinical services.

Students applying for counseling must first be interviewed. In the interviews, students talk about their problems and why they want counseling, Holahan said. The center conducts about 1,500 of these intake interviews each semester, he added.

Depending on their needs, students are then recommended for individual or group therapy, or for treatment at other facilities, either on campus or in town, Holahan said.

The center offers counseling for problems ranging from eating disorders to drug abuse to incest. It also offers 24-hour crisis services, Holahan said.

The length of the counseling varies and can include brief counseling that consists of one to three sessions; short-term therapy that consists of four to 10 sessions; and long-term therapy that only admits about a dozen students during the semester because it consists of more than 10 counseling sessions. The center also offers 25 to 30 group therapy

sessions throughout the semester, Holahan added.

Short-term therapy sessions are usually filled for the Fall Semester by mid- to late October and new slots usually don't open until January, Holahan said.

"Some students have to wait a long time for services," he said.

Offering only a minimum number of long-term therapy sessions is one response to the long waiting list during the semester, said Paula-Ann Pricken, staff psychologist at CAPS.

Most students who need long-term therapy are usually referred to private therapy or to other clinics on or off campus, she added.

The center is typically understaffed and faces the problem of not having enough space to add more part-time staff, Holahan said.

"We're swamped, but there's no money," said M. Lee Upcraft, assistant vice president of counseling services and program assessment.

"That's not to say we're not trying to get more, there just isn't any," he added.

In spite of the problems, CAPS is still able to get the job done.

"We feel very positive about the work we do, our short-term therapy program is tremendously successful in reducing psychological distress and depression and increasing self-esteem and assertiveness," Holahan said.

Playboy models sign 100s of photos

By MICHAEL P. BUFFER
Collegian Staff Writer

Hundreds of men — mostly University students — lined up along South Allen Street in a slight drizzle yesterday to get into Graham's Newsstand for glimpses of and autographs from four University students featured in Playboy's "Girls of the Big Ten" pictorial.

Lee Waetdekin, senior account executive of Warner Publishers Services, the national distributor of Playboy, said the crowd at Graham's, 124 S. Allen St., was one of the largest he's seen for this type of event.

"I heard there was a line an hour and a half before we got here," Waetdekin said.

Ted Benjamin (senior-hotel and restaurant management) who was waiting in line, said, "It isn't everyday you get to see a playmate."

Gary Zembower (senior-hotel and restaurant management) said in 20 years his autographed copy of the magazine will be a collectors item.

"It's the first issue with Penn State women in it," he said.

John Kearnf, marketing director of Graham's owner Newborn Enterprises, described the autograph signings as "terrific."

"Everything was very orderly," Kearnf said.

The models were surprised and pleased with the large turnout.

"I didn't think anyone would show up. This is great," said Christine Kroczyński (sophomore-marketing/international business).

Vicki Norton, a 1991 graduate, agreed, saying, "It's a pleasant surprise. Everyone's so enthusiastic."

Norton, now a production assistant for a morning television show in Philadelphia, returned to State College to have her new celebrity status confirmed by two of her former fraternity members last night. She said she was on a Philadelphia morning radio show Tuesday.

The other two models, 1991 graduate Betty Lauder and Nicole DeSantes (senior-mechanical engineering), also marveled at the crowds.

"This is really a big crowd. I've never experienced anything like this before," DeSantes said, adding, "I wish the guys would help me out with what to write."

Earlier yesterday, all four of the models appeared on two State College morning radio shows.

The magazine, which hit the newsstands Tuesday, has been selling exceptionally well in the area.

Ron Agostinelli, manager of McLanahan's, 414 E. College Ave., said the magazine has sold out both of its shipments in the last two days.

"So far we've sold three times more than usual," Agostinelli said.

Kearnf said the sales at Graham's have been "very brisk" and they are selling five to 10 times more than usual.



Collegian Photo/Chris Gaydoeh

Christine Kroczyński (sophomore-marketing/international business), Nicole DeSantes (senior-mechanical engineering) and Betty Lauder and Vicki Norton, both 1991 graduates, autograph copies of Playboy's "Girls of the Big Ten" issue. The women, all featured in this month's issue of the magazine, were autographing copies of the magazine yesterday at Graham's Newsstand, 124 S. Allen St.

Orientation clause not contained in manual

By SCOTT DODD
Collegian Staff Writer

There are two words noticeably missing from the new University policies and rules manual for students. They are "sexual orientation."

The University's Board of Trustees voted this spring to amend Penn State's non-discrimination policy to include "sexual orientation" as a protected category. The manual, however, fails to include the revision.

Pat Peterson, assistant vice president for Campus Life, said the new policy was not passed in time to be included in the revised manual. She said the manual was sent to the printer at the beginning of June and was printed in July.

The trustees approved the revised policy that included "sexual orientation," in May.

Craig Waldo, political co-director of the Lesbian, Gay and Bisexual Student Alliance, said administrators told him the omission was an oversight.

"It was extremely careless," Waldo said. "We felt that it was an extremely important revision that all students should be aware of. It should have been there."

Betty Moore, assistant director of the Campus Life Assistance Center, said the deadline for changes to the manual is in March.

"The goal is to have the information as accurate as possible," Moore said, but added that many policies are revised and finalized in the spring — too late to be included in the manual. Moore said the section of the manual that included the non-discrimination policy was approved by the Affirmative Action Office before it went to print.

The University's Affirmative Action officers could not be reached for comment.

Waldo and LGBSA political co-director Theresa Sumner wrote a letter to Peterson asking that a notice be sent to students informing them of the change in the non-discrimination policy.

"Students should be made aware of the change," Waldo said.

Although Campus Life doesn't plan to send out a notice, a copy of the policies and rules manual is available on an electronic bulletin board on the University's computer network and will be revised to include changes by the end of the week, Peterson said.

Campus Life employees plan to place an ad in The Daily Collegian informing students of the bulletin board and mentioning the change in the non-discrimination policy, she added.

Playboy photo at Lion Shrine causes debate

By NICOLE M. GIPSON
Collegian Staff Writer

The Nittany Lion could be the next playmate of the year. Why not — it poses in the latest issue of Playboy magazine.

Nine University women posed with the Nittany Lion Shrine in the "Women of the Big Ten" issue of Playboy that went on sale Tuesday. But some University officials say they have no power to stop Playboy from using the shrine, even though it could harm the University's image.

"It would concern me that we have a pictorial that doesn't advance the cause of women in society," said John Brighton, executive vice president and provost.

There may be a link between such types of pictures and violence to women, Brighton said, adding that the photos give people the wrong message about Penn State women.

But the shrine is considered public property, so no one can authorize or approve any pictures of it, Brighton added.

Other University officials admitted they could not recall being asked to use the shrine.

"I don't recall them . . . asking our permission. I suspect they just went up there on their own and did not ask permission," said Bill Mahon, director of Public Information.

Roger Williams, executive director of University Relations, said he thinks that no one at Penn State censors the use of the shrine since people always take pictures with the Lion.

People must get permission to use certain registered symbols of the University, such as the school seal, but taking and publishing pictures is another matter, Williams said.

"We're not in the business of controlling who comes on this campus and takes pictures. I'm not sure that's an activity we can control," Williams added.

Bill Paige, news specialist and spokesman for Playboy magazine, echoed similar views.

"I'm sure we didn't have to clear it with anybody. It's just a photo of students around the Lion. I don't see that as a problem," Paige said, adding that it's not a problem because the women are fully clothed.

But some people on campus see the photos as a problem.

IFC draws near record turnout for fall fraternity rush

Rushee count tops recent years' totals

By R.J. HUFNAGEL
Collegian Staff Writer

The number of students who registered for fraternity rush this semester is one of the largest in recent years, said Interfraternity Council Membership Chairman Brian Rudick.

"Conceivably, this is the second largest number of people who have registered for rush in a long, long time," Rudick said. "In recent years, the numbers had fallen off to around 600, but last year we had a very good rush."

This year, nearly 900 men registered for rush before Tuesday's deadline, bettering last year's total of 850, Rudick said.

Rudick cited several reasons for the increased response from students this year.

Rush did not begin until a week

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after classes this year, Rudick said. Usually rush begins as soon as students arrive in the fall, he said.

"We wanted to let freshmen get comfortable, let them get a footing here at Penn State, so they would know what they wanted to get involved in," Rudick said.

The extra week also allowed IFC and the individual fraternities more

time to prepare for rush, making it more productive, he said.

In addition, IFC launched advertising programs in newspapers, radio and elsewhere to attract more rushees into the Greek system, he said.

IFC also published a book for all rush chairmen of individual chapters, which helped the rush process to be more productive, said IFC president Tim Finn.

"The membership committee just did an excellent job of encouraging people to get out there and do it. They did an incredible job, for virtually no reward," Rudick said.

"I think IFC has done a phenomenal job," Finn said. "We've done all we can to get the people interested, now it's up to the individual chapters to do the work and get the rushees into the Greek system."

Sigma Nu gives out condoms at mixer

By R.J. HUFNAGEL
Collegian Staff Writer

Sigma Nu fraternity took a somewhat different approach to fall rush this year by distributing condoms to fraternity rushees at Tuesday's Interfraternity Council Rush Mixer in the HUB Ballroom.

"We wanted to do something really, really different this year and add a little public service during the rush process," said Rick Coffee, rush chairman of Sigma Nu, 340 N. Burrowes Road.

The condoms were distributed to all students attending the rush mixer, regardless of whether they were rushing Sigma Nu, Coffee said. The fraternity's goal was to stress the importance of safe sex to students joining the Greek system, he said.

The distribution was a way of showing the fraternity's dedication to "Smart Rush," Sigma Nu's rush slogan, Coffee said.

Although the idea of condom distribution during

rush is new to Penn State, it is not completely new, he said.

Coffee said the fraternity got the idea for the safe sex promotion from its chapter in Toronto.

The response from the rushees was mixed, Coffee said.

"At first, a lot of people were laughing and joking about it," Coffee said. "But we stressed that we were serious."

However, some members of other fraternities were skeptical.

"I think promoting safe sex is a good idea, but I don't know if I would have done it at the rush mixer," said Jeremy Scholl, member of Tau Epsilon Phi fraternity, 328 E. Foster Ave.

But the response from IFC has been very good, Coffee said.

"It was all done in good taste," said Brian Rudick, IFC membership chairman. "They were trying to make a statement . . . I think it was effective."