

GSA will apply for advisory board seat

By MARC HARKNESS
Collegian Staff Writer

In order to maintain a balance between graduate and undergraduate representation on the University Student Advisory Board, the Graduate Student Association will apply for a USAB seat only if the Undergraduate Student Government Department of Human Relations seeks a seat, said GSA President Ken Martin at the GSA Assembly meeting last night.

USG announced last night that the Department of Human Relations would apply for one of two seats which may be available for minority oriented groups. Martin, however, could not be reached for further comment.

GSA Division of Human Diversity Chairwoman Marian Landau said she had doubts about what the division could accomplish if given a seat on the advisory board.

In other GSA business, Martin asked members of the assembly for their opinions on the issue of opening the University budget. Martin will meet with a committee of administrators and student leaders tomorrow about the open budget.

The assembly's consensus was that the University budget should be opened as far as the departmental level, but individual salaries should not be disclosed.

Several assembly members said the University should be publicly accountable for its budget. However,

there was some disagreement on how much of the budget should be disclosed.

"If you go ahead and open the budget, you should keep all personal salaries closed," said GSA Delegate Laura Karkowski-Shuman.

Peter Steine disagreed, saying that in a recent USA Today survey of 20 university presidents' salaries, Penn State President Bryce Jordan's salary was the only one not available. Steine said it is the norm for state-related universities to disclose their presidents' salaries.

Martin said the budget information should be presented in a digestible form. Using another university's budget he had seen as an example, he

said an open budget could easily become unreadable because of its complexity.

He told the delegates he disagreed with some disclosures in the USG open budget proposal, such as listing of "in-state versus out-of-state travel expenditures for faculty and graduate students" and the breakdown of faculty salaries by demographic categories, such as race, and religion.

"Those are the things I found most objectionable," he said.

The Assembly also approved an allocation of \$200 to help sponsor a free concert by the Caribbean music duo The Washington Sisters, who will play at the Paul Robeson Cultural Center November 18 at 8 p.m.

Video-conference examines college alcohol use

By KELLY KRESS
Collegian Staff Writer

As part of National Collegiate Alcohol Awareness Week, the University Office of Health Promotion and Education sponsored a live, nationwide satellite video-conference last night in 112 Kern about alcohol use and abuse on college campuses.

The program, "Alcohol: A Special Report," is produced by Satellighting, a satellite video-conferencing company which specializes in producing satellite programs for college campuses. The programs deal with the issues affecting our nation's students.

The program featured a panel of experts on alcohol including Norma Phillips, the president of Mothers Against Drunk Driving; Drew Hunter,

the executive director of Boost Alcohol Consciousness Concerning the Health of University Students (BACCHUS) and a representative from The Cork Institute on Black Alcohol and Other Drug Abuse. Recovering alcoholics and college students also had a chance to speak.

The panel discussions featured such topics as how alcohol affects a person, why alcohol is a problem on college campuses, the long-term effects of alcohol on a person, drunk driving and alcoholism.

A toll-free telephone number was provided for college students nationwide to call and ask questions during the panel discussions. A wide variety of topics were addressed, including how alcohol could be eliminated from social activities, how to

help friends who are suspected of having an alcohol problem, and how the greek system could help change students' attitudes toward drinking.

A film of a demonstration given at the University of Texas at Arlington was also shown during the program. The demonstration had students drink shots of the alcohol of their choice until their actions were impaired, then drive between rows of pylons.

Bobby Pfau of the Office of Health Promotion and Education said the program was directed toward the entire university population and also special populations, such as blacks and women.

"The program made experts ... available on screen that we couldn't have at Penn State," Pfau said.

Panel: Adult children of alcoholics resilient

By KRISTIE BAUMGARTNER
Collegian Staff Writer

Adult children of alcoholics must cope with many emotions to recover from the situation, said a University psychologist at a panel discussion last night.

"Adult children of alcoholics are resilient survivors of an extremely chaotic situation," said Dr. Bill Holahan, a staff psychologist for University Psychological Services.

"What is Reality for Adult Children of Alcoholics?" featured six adult children of alcoholics who expressed their personal experiences and recovery processes in the HUB fishbowl.

Holahan asked the audience of about 125 people to imagine living in a home where achievements and emotions are ignored or punished violently.

He explained children of alcoholics often assume different family roles to cope with the situation. The family "hero" assumes household responsibilities and is usually an academic achiever, Holahan said. One panelist said she cooked dinner each night for

her alcoholic mother, earned good grades in school and was captain of her high school track team.

The "scapegoat," a defiant family member who usually causes trouble at school, may be identified as the problem to divert attention from the real alcohol problem, Holahan said. The "lost child" is a loner who withdraws from the family while the "mascot" of the family attempts to relieve tension by telling jokes, Holahan said.

These adopted roles cause problems for children of alcoholics in adulthood, Holahan said. "People from alcoholic homes may have significant difficulties in establishing intimate relationships" because emotional closeness may have been punished, Holahan said. One panelist said he married, and later divorced a woman who was reared in a dysfunctional family due to alcoholism.

Holahan said alcoholism affects every family member. Growing up in an alcoholic home influences a child's self-esteem and ability to trust others, Holahan said. One panelist said he initially trusts friends but if the

trust is violated once, it is lost forever.

Some children of alcoholics are perfectionists — they have a distorted perception of achievement because their parents may have told them that their achievements were not adequate, Holahan said.

Children of alcoholics, especially the family "hero", may feel guilty about leaving home because they are abandoning a dependent person.

The adult children of alcoholics experience a series of growth and healing stages, Holahan said. The first stage of survival occurs when adults do not realize that their life is guided by emotional repercussions relating to parental alcoholism, Holahan said.

The emergent awareness stage involves coming out, as the panelists are tonight, Holahan said. Other stages involve defining emotions and coping with a different reality.

Adult children of alcoholics can get help by contacting the Total Alcohol Awareness Program in 236 Ritenour Health Center.

Programs offered on alcohol usage

As National Collegiate Alcohol Awareness Week continues, members of the University community will be able to quench their thirst for information about alcohol consumption and abuse through University programs.

Today's events include:
■ A talk titled "Women and Alcohol" at noon in 120 Boucke, sponsored by the Center for Women Students.

■ A breathalyzer demonstration in the HUB Basement, sponsored by University Police Services.

■ "Inside Alcoholics Anonymous and Other 12-Step Recovery Programs" in the HUB Fishbowl, sponsored by the Center for Student Involvement and Leadership.

■ A Wellness Wagon from 4:30 to 6 p.m. in Waring Hall.

In store for tomorrow:
■ A Wellness Wagon from 4:30 to 6 p.m. in Warnock Hall.

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