

# U.S. vets gather in Paris

18 Americans honored for defending France in WW I

By SYDNEY RUBIN  
Associated Press Writer

MARNES-LA-COQUETTE, France — Seven decades after America entered World War I, a group of U.S. veterans gathered yesterday in a mist-shrouded park southwest of Paris to be honored for defending France in one of the bloodiest wars in history.

Col. Herbert Houston, wounded in 1918 while serving on the Western Front with the 4th Marine Brigade, was among 18 World War I veterans invited by the French government to participate in ceremonies commemorating the war.

The war, which lasted from 1914-1918, 10 million men died and 20 million were wounded.

On Saturday, the veterans layed a wreath at the Arc de Triomphe and attended the opening of an exhibit on the war and the American troops.

Seated on velvet-cushioned chairs before a war memorial yesterday, the veterans were honored in a three-hour ceremony that included the awarding of medals, flyovers by vintage biplanes, and renditions of the Star Spangled Banner and the Marseillaise, the French national anthem.

French Defense Minister Andre Girard and U.S. Air Force Secretary Edward Alridge spoke.

Alridge told the crowd of 250 military officials and admirers that they were "in the presence of true heroes."

Houston, 86, of Chattanooga, Tenn., was one of the three veterans there who were awarded the French Legion of Honor for bravery. He was 16 years old in June 1917 when American expeditionary forces, led by Gen. John Joseph Pershing, arrived in France.

In 1918, Houston fought at Verdun, where French forces held the Germans for three years before America entered the war. Nearly a million men died in the trenches of Verdun.

"We were in continuous battle day-and night and much of the time it was hand to hand," Houston said.

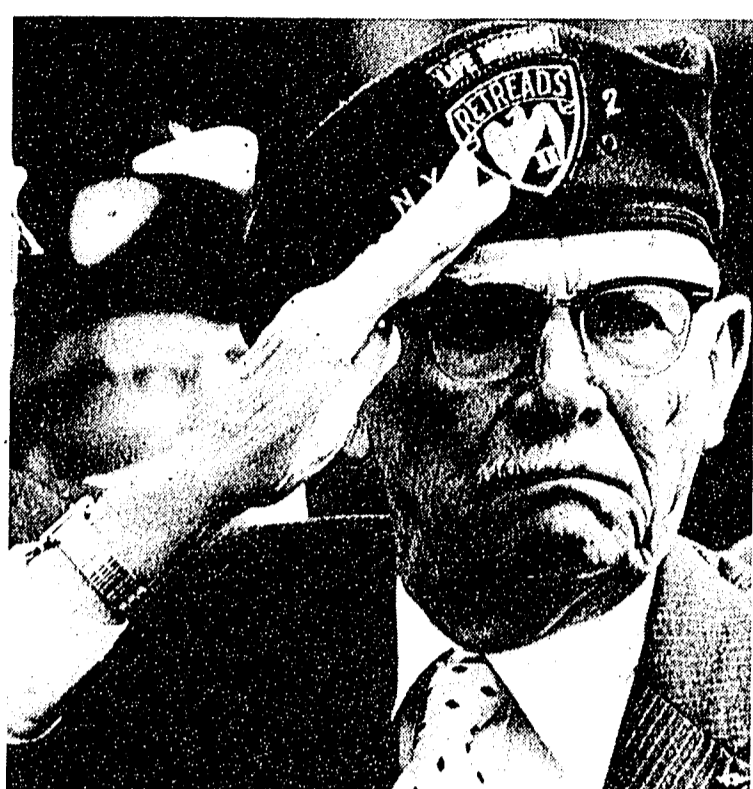
Of the 256 men in Houston's outfit, all but two were wounded or killed in 14 days of fighting near the village of Boursches. Houston planned to visit the village this afternoon.

Houston was wounded at Boursches while leading his outfit to safety.

"We were being bombarded... so I figured a kind of unorthodox way out. We went forward first, toward the guns, then cut out under the arch of artillery shells," he said.

Houston was also gassed and convalesced at a Red Cross hospital in Paris.

The gas left him with bronchial and heart conditions he has suffered from for 70 years.



World War I veteran Col. Herbert Houston of the New York 4th Marine Brigade salutes yesterday in Paris during ceremonies honoring the 70th anniversary of the American declaration of war.

# Broadway actress dead at 62

NEW YORK (AP) — Actress Geraldine Page, best known for her portrayal of neurotic, tortured heroines in the plays of Tennessee Williams and winner of a 1986 Academy Award for her role in the film "A Trip to Bountiful," has died of a heart attack at the age of 62.

Page died Saturday in her New York townhouse, according to the city medical examiner's office.

She had been appearing on Broadway as the madcap medium in a revival of "Blithe Spirit," with Richard Chamberlain, Blythe Danner and Judith Ivey. Page missed both performances Saturday, according to Josh Ellis, a spokesman for the show.

"Gerry's death is a devastating loss to the theater and film community," said the play's producers, Karl Allison, Douglas Urbanski and Sandra Moss, in a statement. "We have lost a dear member of the 'Blithe Spirit' company and we will miss her gentle manner, sweet disposition and her delicious sense of humor."

# Studying doesn't have to go to your head

By PATTY REBINGTON  
Collegian Staff Writer

For most students, the words studying and headaches are synonymous. And while students are scurrying to make it through the Summer Semester as painlessly as possible, experts say there are ways to prevent headaches.

Harry M. McDermott, director of University Health Services, said that although headaches vary in intensity and duration, some preventive measures are available:

- Take a short break while studying, even if it is a 15-minute walk. This will help relax the muscles in the back of the neck and ease circulation to the brain.

- Be careful not to consume too much caffeine, which causes headaches. Coffee, tea, cola and chocolate, which students often consume while studying, can create discomfort if used in excess.

- Avoid staying in one position for hours upon hours. A shower may be helpful, and McDermott suggests cold rather than hot water because of its stimulating effects.

When you experience that Saturday-morning throbbing skull from too many drinks or that tension headache from overworking yourself, some consolation may be found in knowing you are not alone.

Between 40 to 50 million people living in the United States — about one-fifth of the total population — suffer from recurring headaches, according to *Hippocrates Magazine*.

A Louis Harris poll taken for Bristol Myers Co. estimates that 157 million workdays are lost to head pain



Students suffering from the pain of a headache caused by too much studying or too much partying may find relief in many popular over-the-counter drugs.

and more than \$400 million is spent on over-the-counter pain relievers annually.

McDermott said the danger signals of a possible serious condition include:

- Pain is of unusual severity.
- Pain lasts for a longer duration.
- Discomfort is on the sides and back rather than frontal.
- Nausea and vomiting occur.
- Pain is one-sided.

Migraine headaches, the least severe of the serious headaches, affect about 15 percent of the population, with women suffering three times more often than men. They are characterized by mild to severe pain and usually are on one side of the head, with some sensitivity to light and dizziness and even nausea.

Ritenour Health Center primarily treats headaches that are accompanied by other feelings of illness. Floyd Naugle, associate director of University Health Services, said:

"The primary type of serious headaches treated at Ritenour are migraines. Little can be done to relieve a headache that is already in progress, and treatments are aimed at preventing the next one," Naugle said.

Migraines are generally treated by prescription drugs, he added.

If the headache is a result of an overly indulgent Friday night and you are the victim of a hangover, *Hippocrates* suggests drinking extra liquids and eating fructose-rich foods like fruit, honey or tomato juice, and aspirin may help.

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