

Mills is new journalism school director

By ALECIA SWASY
Collegian Staff Writer

The newly appointed director of the University's School of Journalism said the school does not get the recognition it deserves.

"While public relations for the school will not be his only priority, R. Dean Mills said, he will work to 'spread the word and try to make sure the school has recognition.'

"Perhaps the main thing I hope to accomplish is to give the school the kind of credit nationally it deserves," Mills said.

"Mills is currently vice chair of the Department of Communications at California State University at Fullerton.

"Learning about the School of Journalism and discussing possibilities for its future with faculty, members of the media and students will also be one of Mills' top priorities when he arrives on July 15."

"Mills said he wants to find out where the school is and where it should be headed."

"His initial concerns will also include maintaining quality enrollment — but not necessarily expanding enrollment," he said. He is also concerned about maintaining the quality of education within the school in the face of limited resources.

"Mills said he would like to deal with women in the field of communications, starting with a conference for women in management positions. The conference would be designed for persons in the media, for those in management and for students."

"Mills said he would also like to see more women on the School of Journalism faculty."

"The exchange of ideas between academics and professionals would also be beneficial for both parties and for students," he said.

"Mills said his decision to join the school was influenced by the quality of its faculty."

"The school has a really hard working faculty who really want students to learn top level skills and work at it," he said.

Mills, 39, said he believes one of the reasons the search committee showed an interest in him was his background and interests in international communication.

Before joining the faculty at California State in 1979 and being promoted to professor this year, Mills was a reporter for the Baltimore Sun.

Mills served as the Moscow Bureau chief, U.S. Supreme Court and Justice Department correspondent and diplomatic correspondent.

The first American reporter to have an exclusive interview with Soviet Premier Leonid Brezhnev, Mills also covered the opening of the SALT talks in Helsinki, the Watergate hearings, and former U.S. Vice President Spiro Agnew's resignation.

Mills left the Sun to become a visiting lecturer at the University of Mississippi in 1978. Later that year, he joined the faculty at the University of Illinois.

A 1965 graduate of the University of Iowa with bachelor's degrees in journalism and Russian, Mills received his master's degree from the University of Michigan and his doctorate in communications from the University of Illinois.

Mills will replace Robert Blanchard, former director of the school, who accepted a faculty position in Texas last year.

John J. Romano, associate dean of the College of Liberal Arts, served as interim director during the search for a new director.

Romano said the search committee chose Mills because its members saw Mills as someone who could "exert new leadership in the school — not just maintain the status quo."



R. Dean Mills

Technique relaxes body through mind

By CHRISTINE MURRAY
Collegian Staff Writer

People are taught from infancy that the faster they get something done, the better. But John J. Coyne believes otherwise.

People must take time to think about things they do before doing them, he said. Coyne is a certified instructor and practitioner of the Alexander Technique, a method of relaxation that uses the body and the conscious mind to control muscle movement.

Coyne said no actions are psychological or physical alone; rather, all actions are psycho-physical.

"The Alexander Technique deals with re-educating the whole psycho-physical being," he said.

Coyne learned about the Alexander Technique at age 35, when he was studying acting as a hobby. He left his regular job in industry to become an Alexander Technique practitioner.

"The Alexander work is a significant individual concept," Coyne said. "To me, it's a way of life."

Coyne was invited to speak at the University by the psychology of healing research group within the psychology department. Many of the Saturday afternoon audience came for tips on dealing with problems ranging from muscle aches to poor posture.

Coyne began his demonstration on Raymond Brown, a professor of music at the University, who was having trouble with his voice.

The Alexander Technique was discovered when actor Frederick

Matthias Alexander found that after working with a mirror and moving his head in different positions, he regained his voice.

He started by asking Brown to sit down on a chair and then get out of it. Coyne said Brown did what almost everyone else does, when he stuck his chest and chin out to sit down, thus cutting off the flow of blood to the brain and causing a strain on the larynx.

Most people sit down this way because it is instinctive, automatic behavior, Coyne said.

Before Brown got up again, Coyne asked him to say to himself, "Allow my neck to relax, allow my head to go forward and up, allow my back to lengthen and widen."

People should sit down this way because it is instinctive, automatic behavior, Coyne said.

When you sit the right way, you align your diaphragm with the pelvis to get maximum mass power to keep the liver and bowels clear, Coyne said.

In order to learn how not to do everything automatically, people must first learn to say no, he said.

People should consciously think about their actions, he added.

Our society teaches that saying no is wrong, Coyne said. He recommended practicing saying no to the telephone by answering it only when you want and not when it starts ringing.

collegian notes

• The Sierra Club will hold a meeting at 7:30 p.m. tomorrow at the State College Area High School on Westerly Parkway in Room 38. The topic for discussion will be the prospects for the clean-up of hazardous waste at the Drake Chemical Plant in Lock Haven. The public is invited.

• The Free University course on the Baha'i

Faith will meet at 8 p.m. tomorrow in 211 Eisenhower Chapel.

• The Graduate Student Association will show *The Wizard of Oz* at dusk tomorrow night in Fisher Plaza. Admission is free.

• The Daily Collegian will hold try-outs for reporting candidate's school at 7 tonight in 127 Sackett.

police log

• The State College Police Department reported Friday that a T-roof was missing from a Chevrolet Corvette belonging to Donna Fletcher, 800 Stratford Drive. Police said the roof was valued at \$1,000.

• Tina DeBene, 706 Schultz, told University Police Services Saturday her bicycle was missing from outside her residence. Police estimated the value of the bicycle at \$200.

• State College police reported Saturday that the residence of Daniel Arlotti, 125 E. Nittany Ave., was entered by unidentified trespassers. An estimated \$150 was missing, police said.

• Santosh Vilanilam, 456 E. Beaver Ave., told University police Saturday his backpack was missing from an unsecured locker at the Penn State Bookstore. Police estimated the loss at \$96.

• Roger Harris of Bellefonte told University police Friday that his watch and money were missing from a locker in White Building. Police estimated the loss at \$60.

• Elizabeth Gamble, 321 Atherton Hall, told University police Saturday that her wallet was missing from Pattee. The contents were estimated at \$50, police said.

—by Michael J. Vand

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**UNIVERSITY CALENDAR
SPECIAL EVENTS
Monday-Wednesday, June 20-22**
Monday, June 20
Aikido Club workout, 7 p.m., 1M Wrestling Room.
Students for Reproductive Rights meeting, 7:30 p.m., Room 227 HUB.
Tuesday, June 21
CDCP seminar, Job Search Strategies, 2nd period, Room 413 Boucke.
Gamma Sigma Sigma meeting, 6 p.m., Rooms 318/319 HUB.
Student Union Board meeting, 7 p.m., Room 227 HUB.
P. S. Science Fiction Society, 7 p.m., Room 317 Boucke.
France-Cinema, Tali, Mr. Hulot's Holiday, 7 p.m.; Mon Oncle, 9 p.m., Room 112 Kern.
GSA Explanazanza film, *The Wizard of Oz*, dusk, Fisher Plaza.
Wednesday, June 22
Late Registration deadline (8 week session).
Add deadline (8 week session).
CDCP seminar, *Resume Preparation*, 2nd period, Room 413 Boucke.

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