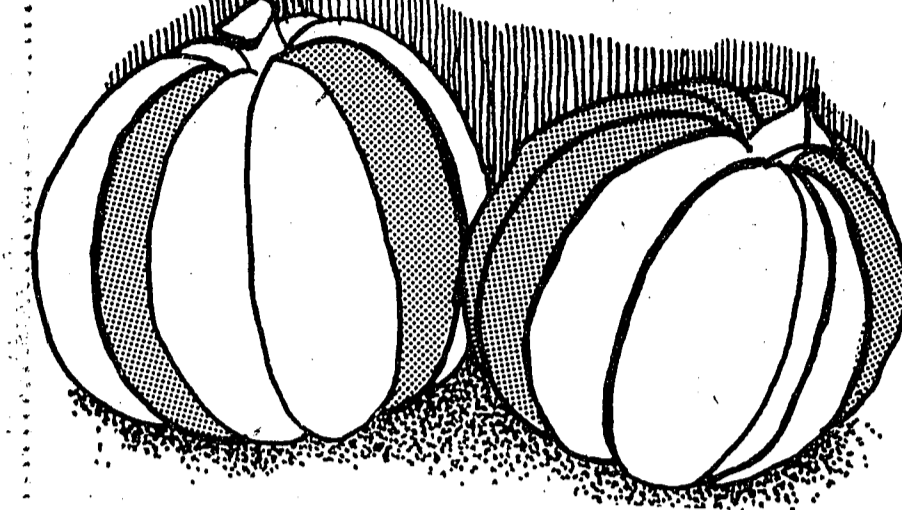


fall foods



About pumpkins:

Pumpkins come in two basic types — the field pumpkin and the pie pumpkin, said Harold Neigh, University commercial marketing specialist. The field pumpkin is the larger of the two and is usually 12 to 15 inches in diameter.

Apples, pumpkins highlight the fall harvest

Several varieties of apples are available at Harner Farms on Whitehall Road, including McIntosh, Red Delicious, Golden Delicious, Stayman Winesap and Rome Beauties. All varieties are on sale for \$12 a bushel and \$2.50 for a half peck basket, Harner said.

About Apples:

There are about 100 varieties of apples today — compared to more than 1,000 before the turn of the century, said Harold Neigh, University consumer marketing specialist.

Four varieties account for two-thirds of the total number of apples produced in the state, Neigh said. They are Golden Delicious, Red Delicious, Stayman and Rome. The apples used in processed products are usually the York Imperial variety.

Squash lovers can get acorn and butternut squash for 50 cents a piece. Squash will keep well for several months if kept in a cool, but non-refrigerated place until ready for use, Harner said.

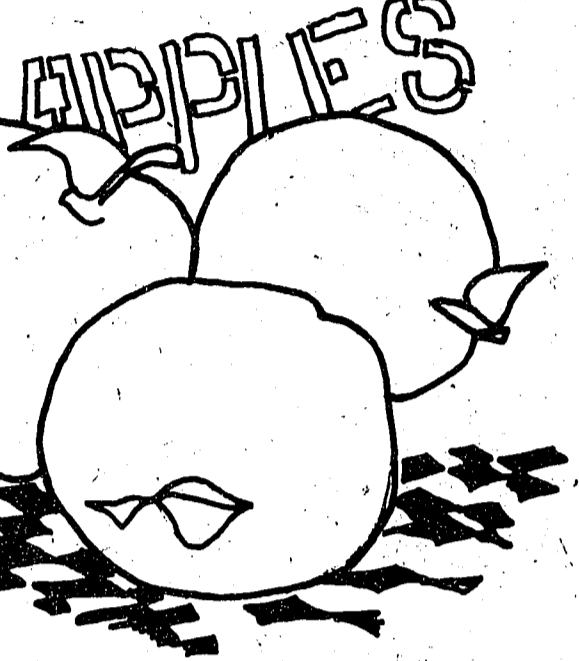


Illustration by Lynda Cloud

Festive fall favorites

- Roll out the remaining dough and cover the filling. Seal the pie edges together with water, and crimp.
For a glaze, brush the crust with water and sprinkle lightly with white sugar.
Bake at 400 degrees for 50 to 60 minutes.
Cool.
Spicy Cider
1 1/2 cup red cinnamon candies
1 tablespoon whole allspice
2 tablespoons honey
Heat apple cider, candies and allspice until boiling. Reduce heat. Cover and simmer for 5 minutes. Remove allspice and stir in honey. Makes eight servings of 1 cup each. Add rum to taste.

- pepper and, if desired, 1 tablespoon of brown sugar or honey.
Bake until squash is tender, 20 to 30 minutes.
Makes two servings.
And of course, what would autumn be without...
Pumpkin Pie
1 1/2 cup canned pumpkin, (can also use butternut)
3/4 cup sugar
1/2 teaspoon salt
1 to 1 1/4 teaspoon ground cinnamon
1 to 1 1/4 teaspoon lemon rind
1/2 to 1 teaspoon ground ginger
1/4 to 1/2 teaspoon ground nutmeg
3 slightly beaten eggs
2 tablespoons brandy
1 1/2 cup milk
one 6-ounce can evaporated milk (1 1/2 cup)
one 9-inch unbleached pastry shell
Preheat oven to 450 degrees. Combine pumpkin, sugar, salt and spices. Blend in eggs, milk and evaporated milk. Pour in pastry shell. Put extra in smaller pie dish.
Bake in hot oven, 400 degrees, for 50 minutes or until knife inserted between center and edge is clean. Cool.

- Chase away that autumn chill with some yummy tummy-warming treats that will delight your senses. Here are some recipes — some old, some not so old — to help you enjoy the autumn harvest of such favorites as apples, pumpkins and a variety of squash.
Apple Pie
3/4 cup sugar
1 teaspoon cinnamon
2 tablespoons melted butter
2 cups unsifted flour
1/2 teaspoon salt
2 1/2 cup vegetable shortening
1 1/2 cup cold water
7 cups peeled, cored and sliced cooking apples
Filling
Mix sugar, cinnamon, butter and apples. Set aside.
Crust
Mix flour and salt together. Cut in the shortening until mixture forms pea-sized balls. Sprinkle with water and stir until fully moistened.
Knead the dough a few times on a floured surface until it is a smooth ball. Roll out the dough into a flat round.
Line the bottom and sides of an ungreased 9-inch pie pan with the dough half. Fill with the apple mixture.

QUIZ BICYCLE PURCHASING 219
Question: When is the best time to purchase a bicycle?
A. CHRISTMAS — during the Christmas Rush
B. SPRING — After the 1982 price increases
C. SUMMER — During prime bicycling weather when business is booming
D. FALL — During STRADA BIKE SHOP'S FALL CLEARANCE SALE
Any customer with the correct answer will receive 20% off PARTS and ACCESSORIES
25% off All New Bicycles
STRADA bicycle shop
217 S. Burrows
(Down alley from Post Office)
sale ends Oct. 31

Eye Exam and Glasses \$59
Includes:
Eye Examination
Plastic Frame of Your Choice
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(Photogrey \$7.00 additional)
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Optometrist
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Convicts continue to hold hostages

By BEN WALKER
Associated Press Writer
GRATERFORD, Pa. (AP) — At least four armed convicts, one of them saying, "I have nothing to lose," held 38 people hostage at the state Correctional Institution for a second day yesterday following an escape attempt that failed.
State police ringed the walls of the maximum-security prison but took no action as a prison psychiatrist attempted to negotiate with the inmates who were held up in the prison's kitchen.

Robinson said prison officials had telephoned the convicts and talked to one of the guards, who said there had been no injuries.
"We are in constant communications with the convicts," said Robert Wolfe, another assistant to Cuyler, more than 24 hours into the siege.
"We have done most of the talking... to keep them listening," said Wolfe, adding "we don't know" what the convicts want. The men have not answered when asked their demands, he said.



State police officers arrive at the maximum security state prison in Graterford yesterday as several inmates are holding about three dozen hostages after an aborted escape attempt Wednesday.

state/nation/world

Proposal may lower liquor prices

HARRISBURG (AP) — Two Democratic state senators proposed legislation yesterday that would lower liquor prices and make changes at state stores without abolishing the system.
The package, to be introduced within several weeks, would cut the long-standing emergency tax on liquor by 33 percent, require special sales on all items at least one week a year, lengthen hours of operation and permit credit card sales.

Strike wave spreads in Poland

By THOMAS W. NETTER
Associated Press Writer
WARSAW, Poland (AP) — Poland's strike wave spread to a major port and the universities yesterday, swelling the ranks of protesters to about 400,000 across the nation. Meanwhile, the military control of the Soviet-led Warsaw Pact began meeting in Hungary.
Solidarity union officials said 40,000 construction workers struck 68 factories for two hours in the Baltic port of Szczecin, on the East German border, and threatened a wider strike to get more building supplies.

Students and professors at Radom's higher engineering school occupied classrooms demanding dismissal of the rector. They got support from students at Warsaw University who staged a four-hour protest and pledges of support from other colleges and universities across Poland.

Students arrested in food fight

MURFREESBORO, N.C. (AP) — The mayor lifted a state of emergency yesterday that was imposed when a food fight at a college cafeteria escalated into a riot as students threw furniture as well as dinner.
Ten students were arrested on felony charges of inciting a riot after the incident at Chowan College in this northeastern North Carolina town Wednesday evening, Police Chief Robert E. Harris said.

Foreign reaction to AWACS sale mixed

By The Associated Press
Israel reacted with restraint yesterday to U.S. Senate approval of the Saudi Arabian arms sale and said it expects President Reagan to ensure the Jewish state's security. Saudi rulers expressed "deep gratitude and said relations with America will improve.
There was no comment from West European allies and most Arab states were silent.
The Soviets claimed the \$3 billion package, which includes the world's most sophisticated spy planes, will spur a new Middle East arms race and is part of a U.S. preparation for possible seizure of the region's oil fields.

While promising the deal will be "impetus for us to develop our relations with the United States," the prince said that would not come "at the expense of our nationalism or patriotism. It will be on an equalitarian basis, to serve the interests of the two peoples."

Students end summer vacation

PHILADELPHIA (AP) — Normalcy returned to the city's public schools yesterday as 213,000 boys and girls reported to their classrooms to end a summer vacation that extended into the fall because of a 50-day teachers' strike.
"Everything is in good shape," said school spokesman Elliott Alexander as the job of teaching and learning reading, writing and arithmetic, and a lot of other things, kindergarten to 12th grade, got back on target.
"There were some minor personal problems, where somebody got into the wrong school, but otherwise everything is back to normal."

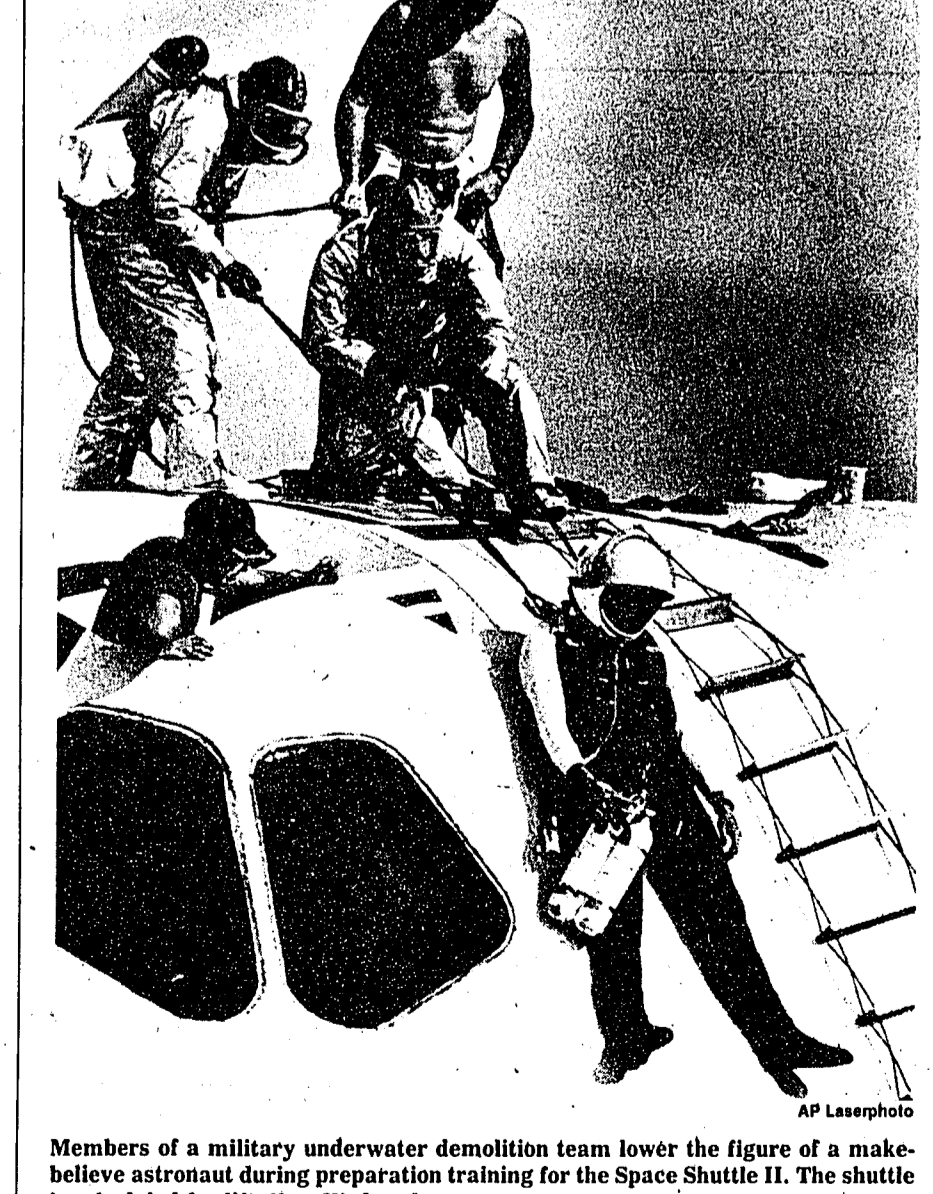
Shuttle readied for countdown

By HOWARD BENEDICT
Associated Press Writer
CAPE CANAVERAL, Fla. (AP) — Columbia's launchpad was cleared yesterday of all but essential workers as technicians installed explosive devices before starting the five-day countdown for the space shuttle's second flight.
The day-long installation of explosives on the launchpad began at 12:30 a.m. It included explosive charges to sever hold-down bolts to release the spacecraft at the moment of launch and charges which the range safety officer would detonate by radio signal to tear the vehicle apart in case it drifted off course toward a populated area.
Today's launchpad schedule calls primarily for close-out work in preparation for starting the countdown. The main goal of the flight is to prove that Columbia, which made a highly successful flight debut last April, can fly again.

space mission for both, space agency spokesman John Lawrence said. "They're really high, animated, excited and enthusiastic. They can hardly wait."
They spent the morning practicing different types of launch aborts and shifted in the afternoon to re-entry and landing maneuvers. Today, the astronauts will fly to Edwards Air Force Base, Calif., to practice landing approaches in a Gulfstream II jet plane outfitted to handle like the shuttle.

Swedish ships to help grounded Soviet sub

By DICK SODERLUND
Associated Press Writer
STOCKHOLM, Sweden (AP) — The Swedish navy chased a Soviet salvage tug away from a Soviet submarine grounded off the Swedish coast yesterday and a Swedish naval officer was reported aboard the sub talking to its captain.
Swedish authorities said Moscow had agreed to let Swedish ships refloat the 30-year-old diesel-powered submarine, which ran aground Tuesday night in a restricted military area near the Karlskrona naval base 300 miles south of Stockholm.
Earlier in the day, an unidentified submarine and a Soviet tug were spotted in the Swedish waters several miles from the grounded vessel.
The unidentified submarine vanished after being pursued by helicopters armed with depth charges and the tug was ward off by Swedish naval vessels, officials said.
The Swedish Navy Agency reported that Cmdr. Karl Andersson from the Karlskrona base boarded the Soviet Whiskey-class submarine late yesterday with an interpreter to try to persuade the captain to leave his vessel and board a Swedish minesweeper for questioning.
Prime Minister Thorbjorn Falldin made clear the sub would be returned to the Soviet Union, but said "how and when will depend on the outcome of an investigation we have ordered conducted by the commander in chief."
He said any effort by the submarine to escape would be stopped by force.
Swedish navy spokesman Bertil Lagerwall said the Soviet salvage tug chased away yesterday was one of about 10 Warsaw Pact vessels, led by two Soviet destroyers, deployed near the territorial limit.
Later the Swedes said several Soviet ships had left, but four vessels remained just outside the territorial limit and three others were farther offshore.
Lagerwall said Swedish helicopters, torpedo boats and coast guard craft were watching the sub and the Warsaw Pact flotilla.
Cmdr. Lenmar Forsman, commander of the Karlskrona naval base, said salvage operations will not begin until authorities have finished interrogating the submarine's captain, identified as 35-year-old Petr Gushin, and his estimated 56-man crew.
"We want a clear explanation how the sub could be so far into a clearly marked military restricted zone," Forsman said.
"Otherwise his sub can be left on the water."
Once the submarine is refloated, it will be towed to the Karlskrona base.
Capt. Kar Gunnar Andersson boarded the vessel Wednesday night and was later quoted by the newspaper Svenska Dagbladet as saying the Soviet captain claimed the submarine ran aground because of "navigational error due to a faulty gyro compass and bad weather."
A spokesman for the Swedish naval base, Jan-Ake Berg, said that kind of error was impossible. "To get that far inside the archipelago requires very careful navigation," he said.
Anderson said the submarine is "of a type which is very easily maneuvered in tricky waters like these and therefore suitable for intelligence gathering missions."



Members of a military underwater demolition team lower the figure of a make-believe astronaut during preparation training for the Space Shuttle II. The shuttle is scheduled for liftoff on Wednesday.