About pumpkins:

Pumpkins come in two basic types — the field pumpkin and the pie pumpkin, said Harold Neigh, University commercial marketing specialist. The field pumpkin is the larger of the two and is usually 12 to 15 inches in diameter. When picking a pumpkin for Halloween, choose a field pumpkin. Look for one that is

round, ribbed, has flattened ends and is fairly light in weight for its size, Neigh said. and more retailers are having pity on cider lovers who must go without it shortly after A lightweight pumpkin will generally have a thick skin, less meat and more room Christmas and are keeping it available year-round. cider." It does not keep very long though, usually about 10 days to two weeks before

Apples, pumpkins highlight the fall harvest Several varieties of apples are available at Harner · 75 cents

Daily Collegian Staff Writer With the chill in the autumn air and the crunching of fallen leaves under foot comes the fall fruit harvest. Crisp, juicy apples, snappy apple cider, sweet winter squash and plump orange pumpkins are all available now for your eating and viewing pleasure.

Apples are available year-round, but are in greater abundance in the fall. While this year's harvest was decreased by about 20 percent statewide due to frost, plenty of apples will be available for consumers at local farm markets and grocery stores, Dan R. Harner, coowner of Harner Farms, said.

There are about 100 varieties of apples today — compared to more than 1,000 before

the turn of the century, said Harold Neigh, University consumer marketing specialist.

Even these top 14 are not available in all markets because some are regional

The apples used in processed products are usually the York Imperial variety.

• Red and yellow delicious are both sweet and best for eating or in salads. McIntosh are semi-sweet and are also good for eating and in salads.

Did you know, for instance, that until about 1930, apple cider was made and

Before 1970 cider was generally unavailable in the "off-season" But fear not —more

Cider sold fresh from the press, without preservatives is called "fresh" or "country

Retailers do not usually carry this type in non-processed form.

• Rome apples are the ones chosen most often for baking.

Staymen are tart, juicy all-purpose apples.

consumed in greater quantities than any other juice?

How much do you know about apple cider?

the innocent juice begins to turn into alcohol.

1/4 cup catsui

Only 14 varieties account for 90 percent of commercial production, though, he said.

Four varieties account for two-thirds of the total number of apples produced in the

Do you know the tastes behind the names of the apples that are available? Here are

state, Neigh said. They are Golden Delicious, Red Delicious, Staymans and Rome.

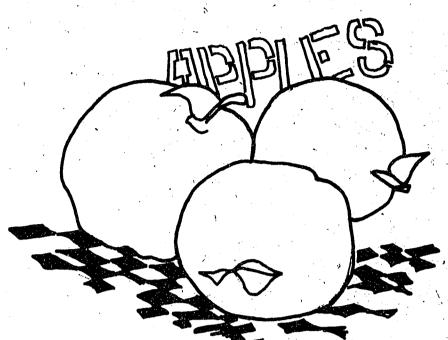
About apples:

Farms on Whitehall Road, including McIntosh, Red Delicious, Golden Delicious, Staymen Winesap and Rome Beauties. All varieties are on sale for \$12 a bushel months if kept in a cool, but non-refrigerated place until and \$2.50 for a half peck basket, Harner said. Apple cider, pressed at the farm, can be purchased

for \$2.50 a gallon. Also, Harner has a full selection of pumpkins for Halloween. The pumpkins are sold by size - 75 cents for Delicious, McIntosh, Winesap, Ida Red, Smoke House, small, \$1.25 for medium, and \$1.75 for large. Customers Rainbow and Johnathan, said Vicki Dinello, clerk at the measure the pumpkins by matching them to a sizer cut market. The fruit sells for \$4.75 a half-bushel. in a board. Harner said Decorative gourds can also be purchased — three for

Squash lovers can get acorn and butternut squash for 50 cents a piece. Squash will keep well for several ready for use, Harner said.

John's Fruit Market. 1330 S. Atherton St., also has a full variety of autumn fruits. Their apple assortment includes Red and Golden Pumpkins, which Dinello said will probably be gone Halloween, sell for 15 cents a pound.



Chase away that autumn chill with some yummy tummy-warming treats that will delight your senses. Here are some recipes some old. some not so old — to help you enjoy the autumn harvest of such favorites as

apples, pumpkins and a variety of squash. Apple Pie 3/4 cup sugar 1 teaspoon cinnamon 2 tablespoons melted butter 2 cups unsifted flour 1/2 teaspoon salt 2/3 cup vegetable shortening 7 cups peeled, cored and sliced cooking apples

stems that are star shaped when cut crosswise

Mix sugar, cinnamon, butter and apples. Set

Mix flour and salt together. Cut in the shortening until mixture forms pea-sized balls. Sprinkle with water and stir until fully Knead the dough a few times on a floured

surface until it is a smooth ball. Roll out half the dough into a flat round. Line the bottom and sides of an ungreased 9inch pie pan with the dough half. Fill with the

Roll out the remaining dough and cover the filling. Seal the pie edges together with water,

For a glaze, brush the crust with water and sprinkle lightly with white sugar. Bake at 400 degrees for 50 to 60 minutes Spicy Cider 2 to 4 quarts apple cider

1/2 cup red cinnamon candies 1 tablespoon whole allspice 2 tablespoons honev Heat apple cider, candies and allspice until boiling. Reduce heat. Cover and simmer for 5 minutes. Remove allspice and stir in honey.

makes eight servings of 1 cup each. Add rum to taste. **Apple Fondue Fritters for Two** 1 cup buttermilk baking mix _

2 apples, pared and cut into 1/2 inch slices cinnamon-sugar mixture

Festive fall favorites with rotary beater until smooth. squash cavities.

Pour oil into metal fondue pot to depth of 1 to 1½ inches. Heat on fondue stand over burner or on range to 375 degrees Fahrenheit or until 1 inch bread cubes brown in one With long-handled fork, each person dips banana slice into batter, cooks it in hot oil

until puffed and golden brown, then rolls the fritter in cinnamon-sugar mixture. Stuffed Acorn Squash medium acorn squash, (2 pounds) 3/4 pound ground beef 1 small onion, diced 1/4 pound Muenster cheese, shredded (1 cup)

1/2 teaspoon sugar discard seeds. Place acorn squash halves, cut-side up, in 12-inch skillet; add about 1/2inch water to skillet. Over high heat, heat to boiling. Reduce heat to medium-low; cover skillet and cook 10 minutes or until squash is fork-tender. Carefully drain liquid from

Meanwhile, in three-quart saucepan over high heat, cook ground beef and onion until meat is browned and onion is tender, about 10 minutes, stirring occasionally. Stir in cheese, catsup, sugar, 1 tablespoon water, 1/2 teaspoon salt and ¼ teaspoon pepper. Cook over low heat until cheese is melted, stirring

To serve, place squash halves, cut-side up, on warm platter; sprinkle lightly with salt and pepper. Spoon meat mixture into squash Makes 4 servings.

Baked Acorn Squash (Can also use butternut squash Heat oven to 350 degrees.

Cut one acorn squash lengthwise in half. Place cut sides down in ungreased baking dish. 8 x 8 x 2 inches. Pour water into baking dish to 14-inch depth. Bake uncovered for 30 minutes Turn squash cut sides up. Dot each half with butter or margarine; sprinkle with salt and

pepper and, if desired, 1 tablespoon of brown Bake until squash is tender, 20 to 30 Makes two servings.

And of course, what would autumn be without Pumpkin Pie 11/2 cup canned pumpkin, (can also use butternut)

34 cup sugar ½ teaspoon salt 1 to 11/4 teaspoon ground cinnamon 1 to 11/4 teaspoon lemon rind ½ to 1 teaspoon ground ginger 1/4 to 1/2 teaspoon ground nutmeg 1/4 to 1/2 teaspoon ground cloves 3 slightly beaten eggs 2 tablespoons brandy

1¼ cup milk one 6-ounce can evaporated milk (% cup one 9-inch unbaked pastry shell

Preheat oven to 450 degrees. Combine pumpkin, sugar, salt and spices. Blend in eggs, milk and evaporated milk. Pour in pastry shell. Put extra in smaller

Bake in hot oven, 400 degrees, for 50 minutes or until knife inserted between center and edge is clean. Cool.

QUIZ **BICYCLE PURCHASING 219** Question: When is the best time to purchase a bicycle?

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Convicts continue to hold hostages

Associated Press Writer

GRATERFORD, Pa. (AP) — At least four armed convicts, one of them saying, "I have nothing to lose," held 38 people hostage at the state Correctional Institution for a second day yesterday following an

escape attempt that failed. State police ringed the walls of the maximum-security prison but took no action as a prison psychiatrist attempted to negotiate with the inmates who were holed up in the prison's kitchen. Officials said four to 10 inmates, believed led by a

triple killer, were involved in the hostage-taking, which began Wednesday night after an abortive escape Martin Dragovich, an assistant to prison Superintendent Julius Cuyler, said police would wait it. out "as long as it takes to get everyone out in one piece."

Four ambulances were stationed near the front entrance of the 62-acre compound 35 miles northwest of Philadelphia, which houses 2,057 inmates and is the largest of Pennsylvania's nine prisons for men. Some 525 of the prisoners at Graterford are serving time for

Kenneth Robinson, a spokesman for the state Bureau they seized fellow prisoners who were preparing dinner, staff psychiatrist, Dr. Gulderen Bora, was meeting of Prisons, said the hostages included three guards, along with three other guards and the civilian workers. face-to-face with the captors.

Robinson said prison officials had telephoned the kitchen and talked to one of the guards, who said there

had been no injuries. "We are in constant communications with the convicts," said Robert Wolfe, another assistant to Cuvler. more than 24 hours into the siege.

"We have done most of the talking . . . to keep them listening," said Wolfe, adding "we don't know" what the convicts want. The men have not answered when asked their demands, he said. Several of the hostages have been seen by prison

"Off and on we've been able to see some of the hostages and the convicts," Wolfe said. "There's no hostility. As long as there's none, we'll let it go on." "Four to 10 inmates were involved in both the escape

officials, and no injuries or threats have been reported.

attempt and the resulting hostage situation," Robinson prison wall Wednesday evening. A guard fired a

warning shot from a tower, and three guards were sent to capture them, he said. The prisoners then retreated to the kitchen where

their cells since the escape attempt. They have been fed hot "simple meals" prepared in another part of the prison, Robinson said. Dragovich told a reporter that one of the captors had a

handgun, and that they also had access to kitchen utensils, including knives. Robinson said "the ringleader" appeared to be inmate Joseph Bowen, 34, convicted of three killings, including the 1971 shooting death of a Philadelphia

"He's (Bowen) the only one we've positively

identified as being involved," said Robinson. Robin Garrison, a reporter for WPVI-TV, managed to get through to the kitchen by an outside phone. She said the unidentified inmate she spoke with told her that he was waiting for the police to come "and get them." She said he also made demands for medication, a link with the outside, and for restoration of heat and electricity in

Robert Wolfe, another of Cuyler's assistants, later told reporters that medication had been provided, that electricity, but no gas, had been restored, and that the



yesterday where several inmates are holding about three dozen hostages after

tling long-standing strikes in Zyrardow, 20 miles nationwide walkout Wednesday, and the Commu-

the daily State nation world collegian State and the collegian State and the collegian world and the collegian state.

Proposal may lower liquor prices

state senators proposed legislation yesterday sales. that would lower liquor prices and make other "We believe this legislation will satisfy changes at state stores without abolishing the those pushing for divestiture of the state store

ral weeks. would cut the long-standing emer- Zemprelli said. year, lengthen hours of operation and permit state store jobs while improving the state

In addition, the Liquor Control Board could Gov. Dick Thornburgh's proposal to abolish contract with individuals to operate some of state stores was tabled in the Senate 28-18 last its unprofitable stores. The operator of the week.

HARRISBURG (AP) - Two Democratic, "agency store" would receive a percentage of

system and also accommodate opponents of The package, to be introduced within sevethe plan," Democratic Floor Leader Edward gency tax on liquor by 33 percent, require The other sponsor, Sen. Robert Mellow, Dspecial sales on all items at least one week a Lackawanna, said the plan will preserve 4,500

"Food was all over the ceiling," police

officer Tommy Gee said. "The floor was such

when students started throwing plates and

banned sales of alcohol for 12 hours in the

Students arrested in food fight

was imposed when a food fight at a college nanas during a Halloween dinner. cafeteria escalated into a riot as students threw furniture as well as dinner. Ten students were arrested on felony a mess you couldn't walk on it. It was a total charges of inciting a riot after the incident at ' wreck.' Chowan College in this northeastern North Police said the food fight turned into a riot

Carolina town Wednesday evening, Police Chief Robert E. Harris said.

ringleaders of the food fight would be disci- funny," said Mayor W.W. Hill, who declared a plined, with penalties ranging from work state of emergency Wednesday night and The food fight broke out Wednesday night town of 3,500.

Students end summer vacation

PHILADELPHIA (AP) — Normalcy re- normal. turned to the city's public schools yesterday But even while the teachers straightened as 213,000 boys and girls reported to their out their lesson plans, and the kids were classrooms to end a summer vacation that assigned their desks and lockers, there were extended into the fall because of a 50-day rumbles that the financial plight that caused spokesman Elliott Alexander as the job of spring.

kindergarten to 12th grade, got back on tar-"There were some minor personnel prob- ordered the rehiring of 3,511 school employlems, where somebody reported to the wrong ees, laid off because of a \$223 million budget

"Everything is in good shape," said school even result in an early school closing next teaching and learning reading, writing and 'We are not out of the woods,' said Be 'rithmetic, and a lot of other things from Education President Arthur Thomas. The strike ended on a back-to-work order **Associated Press Writer**

yesterday, swelling the ranks of protesters to they were ready to strike, claiming the incident about 400,000 across the nation. Meanwhile, the military council of the Soviet-led Warsaw Pact began meeting in Hungary. Solidarity union officials said 40,000 construc-

border, and threatened a wider strike to get more building supplies. Students and professors at Radom's higher engineering school occupied classrooms demand-

ing dismissal of the rector. They got support from the Zyrardow protest, while power station and strikes. But a leading legislator who requested students at Warsaw University who staged a four-construction workers joined the striking workers anonymity said the outcome of the session was hour protest and pledges of support from other in Tarnobrzeg.

colleges and universities across Poland.

Hebda as rector, saying the school should be run East Bloc member nations, the Hungarian news Jaruzelski's relinquishing his premiership

west of Warsaw, and far-western Zielona Gora, nist Party newspaper Trybuna Ludu said, "It was the government was adamant in refusing to grant to be a strike showing the union's unity. But it the Baltic port of Szczecin, on the East German strike pay, stalling any kind of immediate set-became a strike of social division, fanning up Zyrardow, 150,000 in Zielona Gora, and 120,000 in Poland's Parliament is scheduled to meet today

The Radom students protested what they called cil opened a "regular session" attended by de- Wednesday's Central Committee meeting ended

Strike wave spreads in Poland

was an attack on the union.

Protests also erupted in Skarzysko Kamienna, near southeastern Kielce after the local Solidarity chief and defense minister, Gen. Wojciech wave spread to a major port and the universities office was smashed up. Workers there declared Jaruzelski, was attending the meeting or what was on the agenda, but it was presumed Poland's swirling unrest would be a major topic. Although some progress was reported in set-Jaruzelski condemned Solidarity's one-hour

> nervous moods, upholding social unrest. For what southern Tarnobrzeg. Transport workers joined and discuss a resolution calling for a ban on

still unclear. In Budapest, the Warsaw Pact's military coun- Most Western analysts were surprised that "irregularities" in the election of Prof. Michal fense ministers or their assistants from the seven without major changes in the ruling Politburo or

Foreign reaction to AWACS sale mixed

Israel reacted with restraint yesterday to U.S. Senate approval of the Saudi Arabian arms sale in a state of war with Israel, rejects the Camp States," the prince said that would not come "a and said it expects President Reagan to ensure David accords and finances terror in our region. the expense of our nationalism or patriotism. It the Jewish state's security. Saudi rulers express- A new and serious danger now faces Israel - new will be on an equalitarian basis, to serve the ed "deep gratitude" and said relations with since the restoration of our statehood."

There was no comment from West European allies and most Arab states were silent. The Soviets claimed the \$8.5 billion package, which includes the world's most sophisticated spy planes, will spur a new Mideast arms race and is part of a U.S. preparation for possible seizure of

Israeli Prime Minister Menachem Begin, in a statement devoid of harshness, indicated he expected Reagan to hold to his pledge to "help Israel retain its military and technological advantages in the Middle East." Reagan made the assurance in a note after the Senate voted 52-48 Wednesday night to approve the sale, the largest single U.S.

president will be carried into realization."

that position." The House rejected the sale by a Begin read the Reagan note and then told reporters: "We hope that these words of the

Israel has argued its defense, keyed to the

ability for surprise air strikes, would be seriously impaired by Saudi possession of Airborne Warning and Control Systems planes and extra equipment for its F-15 fighter jets. The Saudi defense minister, Prince Sultan Ibn Abdel Aziz, said the vote "proved that the U.S. political decision is independent in the face of

enormous pressures . . . that tried to manipulate America's foreign policy in the service of the expansionist objectives of a foreign state." "The Saudi people will undoubtedly never forget this stance by the friends," he said, and called on members of Congress who voted against the deal to "have the moral courage . . . And give up

Senate rejection, the sale goes ahead.

margin of nearly 3-1 two weeks ago but without

"regret" over the sale to Saudi Arabia, "which is us to develop our relations with the United

interests of the two peoples.' In Moscow, the official Soviet news agency Tass said the AWACS sale fits "into Washington's longterm policy of increasing supplies of American weapons to this already explosive region. All this pursues the goal of preparing for armed U.S. intervention in the case of a 'need' for a direct seizure of the oilfields.'

Paris' liberal Le Monde newspaper observed . .It would serve nothing to deploy the quasi-Herculean efforts to get the Senate to swallow the sale of the AWACS if it was to return to the diplomatic apathy that until now has characterized the American attitude in the Israeli-Arab

Le Monde noted the planes would not be delivered until 1985, "which leaves plenty of time to see if Saudi Arabia separates itself from the 'moderàtion' with which it is credited today." The French government, like other U.S. allies in Western Europe, issued no official reaction.

Swedish ships to help grounded Soviet sub

STOCKHOLM, Sweden (AP) — The grounded off the Swedish coast yesterday and a Swedish naval officer was reported aboard the sub talking to its

year-old diesel-powered submarine, restricted military area near the Karlsk- vage operations will not begin until aurona naval base 300 miles south of Stock-

sels, officials said. The Swedish News Agency reported Karlskrona base boarded the Soviet Whiskey-class submarine late yesterday with an interpreter to try to persuade the captain to leave his vessel and board a Prime Minister Thorbjorn Falldin made clear the sub would be returned to the Soviet Union, but said "how and when

just outside the territorial limit and three others were farther offshore Lagerwall said Swedish helicopters, orpedo boats and coast guard craft were

thorities have finished interrogating the submarine's captain, identified as 35year-old Pyotr Gushin, and his estimated

sub could be so far into a clearly marked military restricted zone," Forsman said. "We expect the captain to be cooperative be towed to the Karlskrona base.

tain claimed the submarine ran aground faulty gyro compass and bad weather." staff, Jan-Ake Berg, said that kind of

careful navigation," he said. Andersson said the submarine is "of a type which is very easily maneuvered in Swedish navy spokesman Bertil La- tricky waters like these and therefore gerwall said the Soviet salvage tug chas- suitable for intelligence gathering mis-

watching the sub and the Warsaw Pact Cmdr. Lennart Forsman, commander

Once the submarine is refloated, it will Capt. Kar Gunnar Andersson boarded the vessel Wednesday night and was later quoted by the newspaper Svenska because of "navigational error due to a

is scheduled for liftoff on Wednesday.

Shuttle readied for countdown

CAPE CANAVERAL, Fla. (AP) — Columbia's launchpad was cleared vesterday of all but essential workers as technicians installed explosive devices before starting the fiveday countdown for the space shut-

tle's second flight. The day-long installation of explosives on the launchpad began at Force Base, Calif., to practice land-12:30 a.m. It included explosive ing approaches in a Gulfstream II charges to sever holddown bolts to jet plane outfitted to handle like the release the spaceship at the moment of launch and charges which the range safety officer would detonate by radio signal to tear the vehicle apart in case it drifted off course

Today's launchpad schedule calls primarily for close-out work in preparation for starting the countdown. highly successful flight debut last April, can fly again.

The countdown is to start at 1 a.m. tomorrow, aiming for a 7:30 a.m. Wednesday liftoff of the first spaceship ever ticketed for a return trip to

The men who will fly the mission astronauts Joe Engle and Richard Truly, were busy yesterday in a shuttle simulator at the Johnson

"They're really high, animated, ex-

They spent the morning practicing

shifted in the afternoon to re-entry astronauts will fly to Edwards Air the large Rogers Dry Lake at Edwards at the end of the planned five

dence at Edwards to begin returning the shuttle to a 15.000-foot Cape The main goal of the flight is to Canaveral landing strip by the prove that Columbia, which made a fourth and final test flight in the shuttle program. The astronauts could escape by

triggering ejection seats if range

NASA hopes that Columbia and future shuttles each will be capable

Engle and Truly also will spend considerable time testing a 50-foot on later missions to deploy and reabout the upcoming flight, the first of Earth-sensing instruments.



Swedish authorities said Moscow had agreed to let Swedish ships refloat the 30- flotilla. which ran aground Tuesday night in a of the Karlskrona naval base, said sal-

Earlier in the day, an unidentified submarine and a Soviet tug were spotted in the Swedish waters several miles from the grounded vessel. The unidentified submarine vanished after being pursued by helicopters armed with depth charges and the tug

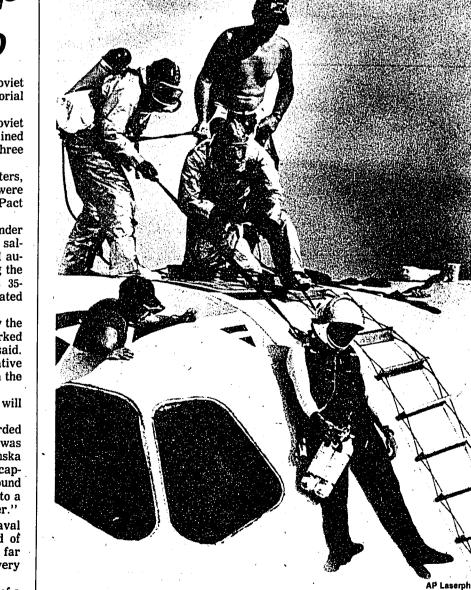
was warded off by Swedish naval ves-

Swedish minesweeper for questioning. will depend on the outcome of an investigation we have ordered conducted by the

He said any effort by the submarine to escape would be stopped by force. ed away yesterday was one of about 10 sions."

"We want a clear explanation how the

error was impossible. "To get that far inside the archipelago requires very



Members of a military underwater demolition team lower the figure of a makebelieve astronaut during preparation training for the Space Shuttle II. The shuttle

