4-The Daily Collegian Wednesday, April 23, 198 -News briets-

## One Dominican hostage freed

BOGOTA, Colombia (UPI) - In its reception invaded by a guerrilla first face-to-face confrontation with squad of 10 men and six women. leftist guerrillas at the Dominican The 18th session of ransom talks Embassy, the OAS Human Rights between two government Commission yesterday obtained the representatives and a hooded woman release of one of the 17 diplomatic guerrilla were held less than hostages and set a new round of three hours after the OAS inransom talks.

The release of Dominican Consul Rafael A. Sanchez raised hopes the Farer, chairman of the OAS commediation of the Organization of mission, led a three-man delegation American States commission would into the embassy shortly before noon. break the eight-week deadlock at building held by guerrillas of the Dominican Consul," he shouted to April 19 movement, known as M-19.

among the 16 diplomats still inside as Sanchez waved happily and then got is Dominican Ambassador Diogenes in a car with the other four men that Mallol, host of the Feb. 27 diplomatic drove away.

## Prison inmates live in luxurv

guards.

THOMASTON, Maine (UPI) - rubber stuffed chairs, a refrigerator, Several Maine State Prison inmates a pizza oven, a toaster, ashtrays, a made up to \$30,000 a year, worked out stereo system, a television and boxes of "luxury suites" filled with food and of magazines. The refrigerator was stereos and had well-armed gangs to full of food, including meats and enforce their rules, prison officials produce. said vesterdav It was from this room that two of

Reporters yesterday got their first the most powerful inmates in the inside view of the prison since a prison operated as kings, nicknmed "lockdown" and searches were ordered last Wednesday, April 16, by Richard L. Ames, head of the prison Gov. Joseph E. Brennan, concerned about small band of inmates dominating the prison population by intimidation. They were shown homemade

weapons, the luxurious suites set up for the inmate kingpins, stereos televisions, refrigerators and canned goods hoarded by prisoners more powerful than guards. "Yes, there were many, many manufacturing gifts. It was set up

areas that guards did not dare en- nearly 40 years ago as a way to ter," acting warden Donald Allen rehabilitate inmates. The items were Inside one such area were foam- the items in the prison store.

Shah's sister predicts future NEW YORK (UPI) - Princess Ashraf Pahlavi, the deposed shah of Iran's twin sister, said yesterday her brother is "a broken man" who was betrayed by the Carter administration.

She predicted Iran would ultimately fall into the hands of the communists under the leadership of Avatollah Ruhollah Khomeini and 'Marxist'' President Abolhassan **Bani-Sadr** 

"Of course, my brother and I feel betrayed. After 37 years of friendship with the United States to have the Carter administration treat my brother the way it has and try to deal with Khomeini and the other murderers, yes, we feel betrayed," she said in an interview at her penthouse on Park Avenue

"They (Carter administration) killed my brother - emotionally, morally, almost physically. I saw broken man." she said.

## French arsonist still at large

yesterday sought the "unbalanced" them died of smoke inhalation. fire that killed 22 bed-ridden old condition. people in one of France's deadliest blazes in recent years.

spokesman at the home said. "They clothes, bandages and books. really didn't have a chance."

The victims of the Monday night fire at Hospice de Viellards, 170 miles southeast of Paris, were all bed-



Princess Ashraf Pahlavi

She roundly criticized the present leadership in Iran, saying that him in Egypt last week, and while he Khomeini, BaniSadr and Foreign is recovering, he is a drained, a Minister Sadegh Ghotbzadeh were not equipped to run the country.

— Authorities home for less than a week and all of person who torched a Bible and a Sixteen other residents of the home crucifix to ignite a retirement home were hospitalized, 10 in serious

Officials said the blaze and three smaller ones that also broke out were "Many of them were so ill they the work of an "unbalanced" person would not have been able to leave who set the fires by torching such their beds by themselves," a things as a crucifix, Bible, old

> The home, which housed 125 people, is located near Dijon. The main fire began around 9:30

ridden and ranged in age from 74 to p.m. Monday in a 3-year-old wing of the home and was brought under Two had been at the state-operated control within an hour.

"policy ... no — politics." He said

Reston himself said a statement

refugees directly into the country,

## Aiding Cubans will be felony

WASHINGTON (UPI) — State have been announced by spokesman Department officials warned Tom Reston yesterday, but there was yesterday that anyone attempting to a delay. bring Cuban refugees directly into Asked why the planned statement the United States would be com- was withdrawn, one official said, mitting a felony.

But a formal announcement on the administration officials do not want issue was withdrawn, and one official to antagonize Cuban-Americans. said the reason was politics.

Meanwhile, a small flotilla of boats, about the refugee situation had been many chartered by Cuban taken back by authorities just Americans, gathered in waters near minutes before he was scheduled to Cuba. It appeared the boats were readit. there to transport refugees from the He confirmed that the department Peruvian embassy in Havana to has determined that bringing

asylum in the United States. State Department officials said a without prior clearance, is against "strong statement" opposing such the law and said there would be a makeshift refugee operations was to statement later.

## Court upholds abortion funds

the indigent.

prohibited the commonwealth from Social Security Act. unding abortions except where necessary to save the life of the is to deny to an indigent person a

health care agencies as well as authority that it is necessary to save pregnant women in need of the patient's life," the judge wrote therapeutic abortions. They con- then.

PHILADELPHIA (AP) - The 3rd tended it was invalid on both U.S. Circuit Court of Appeals statutory and constitutional grounds. yesterday upheld a lower court That fall, U.S. District Court Judge decision requiring the state to use Louis Bechtle ruled the law, by Medicaid funds to perform limiting Medicaid reimbursement to medically-necessary abortions for those abortions necessary to save a mother's life, arbitrarily In 1978, the state Legislature discriminated against medically enacted a law - overriding a veto by necessary abortions in violation of Gov. Milton Shapp — which the requirements of Title XIX of the

"The ultimate effect of the new bill medically necesary abortion unless The law was challenged by several the person can persuade the medical

# BALTIMORE (AP) — In an instant, a

fraction of a second, police Detective in the black community as an army of McCown, dressed in street clothes, Stephen McCown acted. A shot from his occupation. The Gestapo has moved in," gun smacked into the spine of Ja-Wan McGee

McCown, 33, is white. McGee, 17, is black — and now paralyzed from the waist down. It was instinct, says the police department. It was racial prejudice,

says the black community. "This is probably the devastating thing to happen to this city in a long time," Councilman Nathan Irby Jr. said of the shooting that has split open old racial scars here.

said the Rev. Douglas Miles, pastor of the Brown Memorial Baptist Church and right through the coat. Two missed; one head of a coalition of more than 200 black hit McGee in the back. clergy On the night of March 20, McCown, off

duty and returning home from a night class at Johns Hopkins University, fired at McGee without warning because he that no criminal charges will be brought thought the youth and a companion were in the case, but McCown, an officer with about to rob a pizza parlor. McCown saw McGee take an object vestigated by his department and has from his pocket. He thought it was a been transferred to administrative

weapon. It turned out to be cigarette duties.

Tolbert, even though he had no previous

cluded the nation's former foreign,

justice, finance, agriculture, commerce,

# Former Liberian officials executed

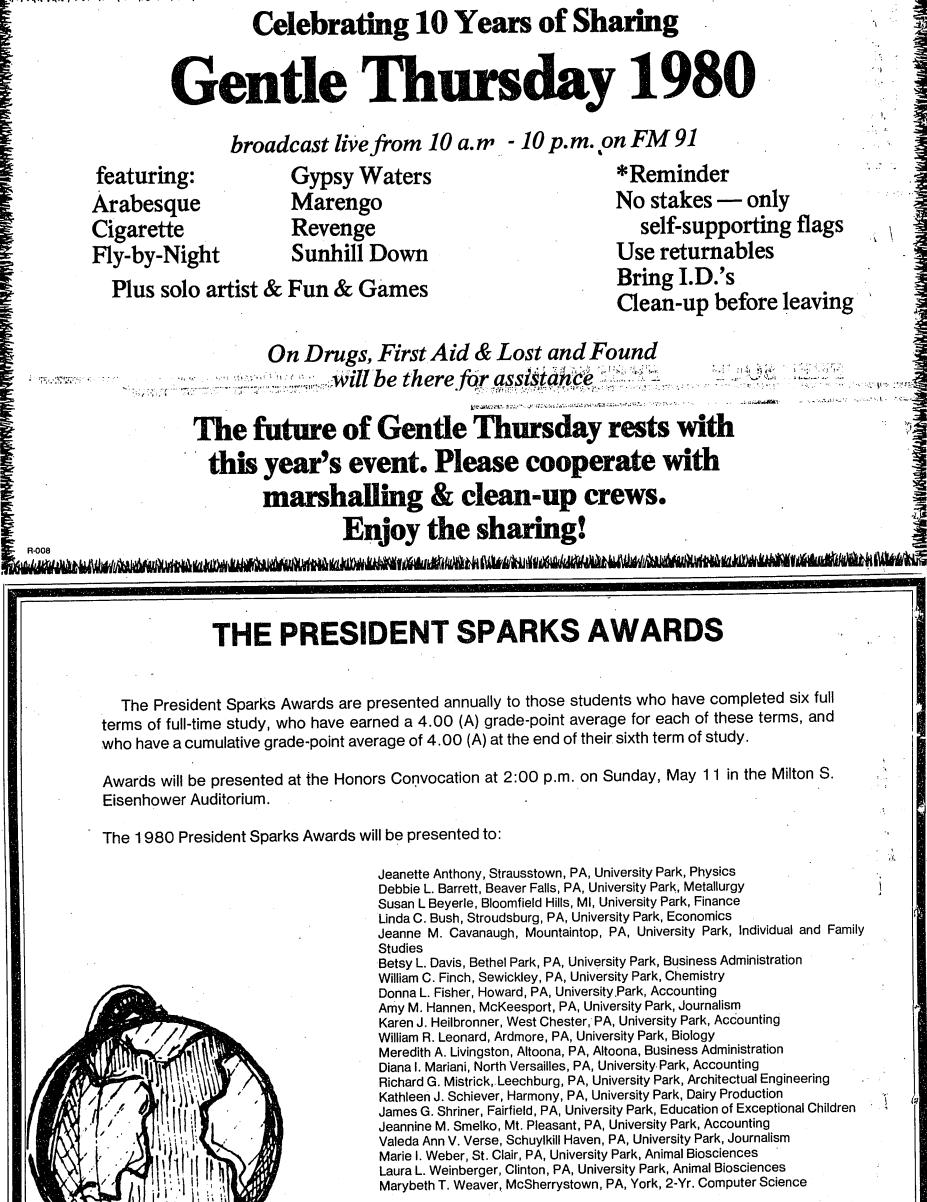
political experience.

MONROVIA, Liberia (UPI) Thirteen top ministers and officials of African Unity, which had been held by automatic weapons. the ousted Liberian government were tied to stakes on a sun-drenched beach and executed by firing squad for high treason yesterday to the cheers of thousands of soldiers and civilians. The dead included Frank Tolbert, brother of slain President William

Tolbert and president pro tempore of the Senate, who swooned to the ground before the shots were fired. Hours before the executions, Liberia's new leader, former Master Sgt. Samuel

Kanyon Doe, 28, told reporters he was prepared to make a decision to hold elections and step down "when things calm down." He also said he felt qualified to assume and the economics and planning ministers, the speaker of the house, chief justice and head of Tolbert's True Whig streamed toward the beach as the of-The first nine condemned were tied to nine upright stakes and bound together Doe's newly appointed military com-

with a green rope. The site was a beach less than 50 yards from the dingy asbestos-roofed building where Doe had said a soldier, joyously waving his rifle lived until the April 12 coup. At the given command, a ragged The executions came despite attempts volley of M-1 rifle fire echoed through by the United States and others to urge night of his takeover.



vestigators left the building. Rutgers University Professor Tom

"I am Rafael Augusto Sanchez, the reporters and photographers kept U.S. Ambassador Diego Asencio is behind a barricade a half-block away

"Lucky" and "Bear," said Lt.

"This was their turf," Ames said

"The inmates had the key ... I was

never allowed in here. There were

prisoners in here who ran loan-

sharking and drug operations as big

The biggest operation was the so-

called prison "novelty" program

sold to the state, which in turn sold

as you'll see anywhere."

# Shooting of black youth opens racial scars

McCown's lawyers say the detective is

in the air.

was carrying his service revolver in his raincoat pocket. He fired three shots.

devastated by the incident. They refused to allow him to be interviewed. The state's attorney has announced

five commendations, is being in-

the chairmanship of the Organization of the area, followed by a coup de grace of The nine bodies were cut down and left at the foot of the stakes while the second Besides Tolbert, those executed in- group of four were brought forward to take their places. Minutes later, a

> second volley rang out. Soldiers waved rifles into the air and cheered and thousands of civilians ficials were executed. "I don't like corruption." said one of

manders. "I killed 13 men today." "They robbed the people with lies,"

commissioner, mayor and city council and McCown for \$15 million. "It's just another black boy who was fair game," said David King, 61, McGee's grandfather. "Had these two boys been white.

they'd be walking the street today, playing ball," King said, standing in his neighborhood grocery store on the city's east side. He is bitter and, with others, is accusing the city of conducting a "whitewash."

King, demanding an independent investigation, has suggested that the federal government step in a

taking reprisals for wrongs of the former Doe was not present for the shootings. No proclamation or sentence was read,

and the executions were carried out without ceremony. The officials had been convicted of "an act of high treason." with charges of rampant corruption, misuse of public, office, violation of civil and con-

stitutional rights and membership to a political party that had monopolized Earlier, in his first formal questionand answer session with reporters. Doe

said he had been forced to have Tolber killed at his executive mansion on the

## Earth Day closes on festive note

By TOM BOYER **Daily Collegian Staff Writer** 

throwing, food tasting, educational weather. presentations and sunlight, about 40 people relaxed last evening over on recycling chicken manure and no lesson from them," Wood said. singing, dancing and a vegetarian one came, so I introduced him to Earth Day also included presen potluck dinner at Sunset Park, me," Proudman said. He added that tations in State College area concluding a truly festive 10th annual the mood of the speakers, whether schools. Mary Lou Venezia (11th-Earth Day.

"It was the first project we've done enthusiastic. on a large scale," said Eco-Action member Vicki Wood, co-coordinator of the event "It was a learning experience for us."

noon Sunday until last night, Earth else that would make noise. Day was also a learning experience for the estimated 3,500 people who formances because the thing was dividual teachers, he said. attended a myriad of activities aimed supposed to be a celebration," Chiesa at increasing public awareness of said. "Celebration brought people to environmental issues.

The first Earth Day in 1970 called attention to the problems of the en- otherwise.' vironment, but the approach this year was different, co-coordinator organizations were represented by Lou Chiesa (10th-biology) said. "In 1970 people were bombarded

with everything that was wrong," Chiesa said. The environmentalists 'weren't offering a lot of answers." he said

Since then, he said, people have been developing a more positive approach. "There are tools available at an

changing their lifestyle, that can gasoline-powered cars," she said. lessen their impact on the environment.'' Chiesa said. Audiences as large as 50 and as

diverse topics as medicinal uses for mushrooms and herbs, chiropractic and solar window box construction. Steve Proudman, an Eco-Action

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indoor presentations wasn't as good by persons from the Senior Citizen's

"One guy was going to give a talk "I think students can take a good they had a large audience or not. was education of exceptional children)

On the HUB lawn, people played frisbee, built wooden homes for owls, listened to music and participated in in conjunction with the event. improvised jam sessions with banios.

"We included music and perwho would never have dropped by

About 40 campus and community booths on the lawn, offering information on every environmental topic imaginable, including vegetarian lifestyles, solar energy mechanisms and home insulation.

Wood said almost all of the exhibitors and speakers came from State College or nearby communities.

"The medium is the message, and individual level that people can in- we wouldn't want people from all tegrate into their life, without over the state coming in their

to a wide variety of healthful foods, including carob brownies, granola, small as two heard speakerson such fresh vegetables and bread and pizza baked in wood stoves.

include the entire community, not iust students. Wood said.

**Brittany** 

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Participants join in 'learning experience'

as it could have been because the Center in State College, who led a After three days of music, frisbee group had to compete with the sing-along and passed out hats with wild flowers.

said 17 classes in the elementary junior high and senior high schools heard talks on environmental topics

"We had terrific cooperation with Held in and around the HUB from guitars, harmonicas and anything the State College School District," Chiesa said. Arrangements for the presentations were made with in-Chiesa said local businesses, who

donated food and equipment, and the the HUB lawn, so we got some people State College Municipal Council, who funded some of the projects, were also very helpful.

> later this week to begin the process of evaluating the success of Earth Day and planning for the future. "The logistics went fine," Chiesa

> said. "As far as impact, it's hard to

equivalent events draw at this University, I think we did very well," he said. "I think we offer programs and education that students at the University are not getting in the

Wood said Eco-Action in the future might try planning several smaller programs instead of one large one. "If we've helped a couple of people learn something, we're satisfied,"

"What made me happy was no trash on the lawn," said Irene

their duties.

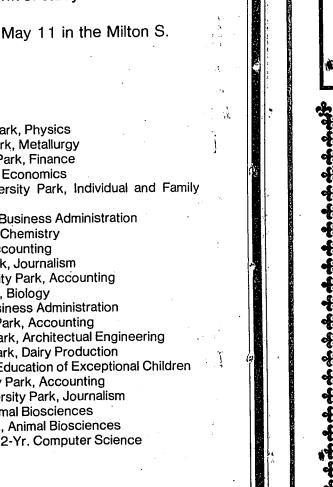
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1980

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Donna L. Fisher, Howard, PA, University Park, Accounting Amy M. Hannen, McKeesport, PA, University Park, Journalism

William R. Leonard, Ardmore, PA, University Park, Biology

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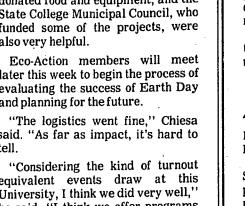
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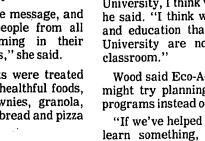
the programs, said the turnout for the expressed delight over a presentation the event's planners.

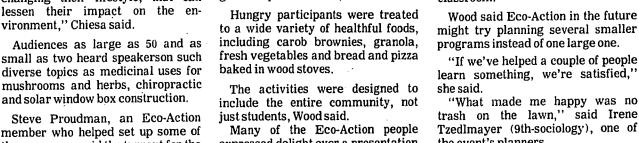
she said.

International Lay

"Considering the kind of turnout







## The Daily Collegian Wednesday, April 23, 1980-5 For your health: meditation, yoga

## **By DEBBIE PETERS**

Daily Collegian Staff Writer Dr. Rudolph Ballentine, director of the Combined Therapy Program at the Himalayan Institute, last night discussed "Yoga, Meditation, and Holistic Health in Daily Living." He replaced the expected lecturer, Sri Swami Rama, spiritual head and founder of the Himalayan Institute. Ballentine said all consciousness proceeds in steps. From

early childhood through adolescence to death, people make choices about whether to go on to the next step in development. "There's certain unfinished business in our earlier steps of development. When we sit down to meditate, we're confronted by all this unfinished business." he said. One of the earliest steps is learning to care for the physical

body "we're all dragging around," Ballentine said. The educational system is not designed to teach body care. Holistic health involves a total program, including hatha roga and meditation, he said. "One of the best starting places s to take a course in hatha yoga," he said.

Hatha yoga deals with the physical body and postures, he said, but medical aspects are also a part of yoga. "In the classic sense, yoga does not mean getting into a fixed postion," Ballentine said.

Part of the work in learning to meditate is preparing the body to be comfortable. Ballentine said. Hatha is a physical prelude to meditation. "When we sit quiet, we begin to notice liscomforts in our bodies we hadn't noticed before. It becomes necessary . . . to get the body in good condition, "he said. "Our goal is to develop levels of awareness that go beyond the mind," Ballentine said. "It's not as simple as it's cracked up to be. Meditation is a jump to another level of develop-

Hatha yoga is not taught directly as a health technique, but it is an ideal model for health, Ballentine said. He defines health as energy, alertness, awareness, using energy constructively. learning new things and growing.

His definition of health contrasts with the negative, typical hospital definition of health, which is simply the absence of disease. If a person with negative symptoms who feels healthy is left without medication, his own healthy attitude may be enough to turn his symptoms around, Ballentine said. "The way our bodies function and how they break down has

everything to do with how we use them," Ballentine said, and even very basic meditation will bring beneficial results. Nutrition is a very important aspect of holistic health and "may be the basic step." said Ballentine. Another aid to holistic health is proper breathing. "The

effects of breathing are astounding," Ballentine said, and because breathing directly regulates the body's use of energy, many of the yogis' "miracles" are specifically related to their regulation of their own breathing.

The best way to get results is to work with simple techniques consistently and patiently, Ballentine said, even though"there is that frustrating part of being told over and over to do the obvious.

At the close of the lecture, Joan Harrigan, from the University's Mental Health Center, led the audience in experiencing a simple breathing technique by having them relax their bodies and concentrate on their diaphragms and air intake, a simple method of relaxation they could practice on their own. The breathing is "a friend when there aren't any other friends around," Harrigan said.

## ARHS approves executive appointments

**By PAMELA MACLEOD Daily Collegian Staff Writer** 

The Association of Residence Hall Students approved four executive apnewly elected representatives assumed

The council unanimously approved the Security Chairman, Karen Gravlin.

Stan Latta, assistant director of male dorms. Residential Life, agreed to continue as West Halls President Doug Gregory adviser. The appointments will take

possible institution of escort service in classes. the individual dormitory areas. "The University-wide escort service now trying to gather data on how many doesn't work a whole lot," Caulkins said. credits' of physical education current pointments at last night's meeting, while "We want to see if it can work more in freshmen, sophomores and juniors have

the (dorm) areas.' One council member suggested that a list of names of escorts and times they following appointments by President are available could be posted in each Fran Kenawell: Secretary, Carin dorm. This approach was tried in East Goodall; Treasurer, Rich Mallon: Halls, she said, and was convenient and knew the escorts, who lived in nearby

told the council that he and James G. effect at the next meeting, Kenawell Thompson, associate professor of

Gregory said he and Thompson are to see how those students would be affected by a policy change

In other business. Caulkins said that since former Undergraduate Student Government President Hal Shaffer's resignation from the Intergroup Publicity Chairman, Robin Bronk and successful because females usually Relations Board, the student government has not been represented on the

Caulkins said he will look into having another student government representative appointed to the board. physical education, are still discussing The new representative should probably Executive Vice President Chris the ramifications of possible changes in be appointed by ARHS, USG and the Caulkins reported that he is working on the system of priority for assigning Organization of Town Independent

