

Extinguisher replacement slow

Approximately two-thirds of the fire extinguishers in University dormitories are soda acid or foam extinguishers, types which extinguisher manufacturers have recommended be replaced by more modern and convenient models, a University safety official has said.

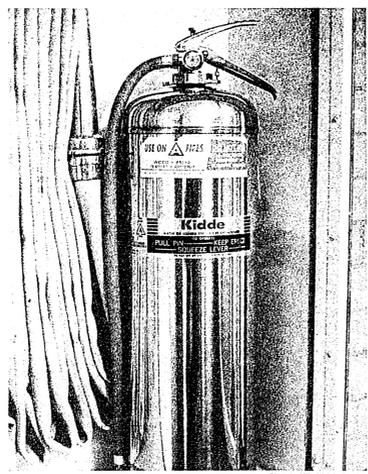


Photo by Mike Weisberger

Tom Hand, a fire prevention specialist, said University Safety Services started "phasing out" soda acid and foam extinguishers about two years ago, replacing them with dry chemical water types according to the manufacturers' recommendations. Since then Safety Services has replaced approximately 200 of a total 600 soda acid extinguishers in the dormitories, he said.

Hand said there have been some delays in replacement because of ordering problems and also because the program got sidetracked.

One reason for the change is that the older units were made with riveted joints, Hand said. When they were activated the reaction inside was sometimes so violent that the seams split.

Hand said Safety Services conducts a pressure test on all extinguishers to make sure they are functioning properly. Most of the units are checked every five years, he said, the newer aluminum models are checked every two years. —by Lisa Dobner

Two hundred new fire extinguishers have been installed in University dormitories as part of a 2-year-old program to phase out the 600 old, less convenient extinguishers.

Vacation touting sun, fun, people could be ploy of Moon's church

By JOYCE VENEZIA Daily Collegian Staff Writer

An advertising campaign offering a week of "sun, fun and people" in Florida and aimed at major college campuses across the country may turn out to be a recruiting front for Sun Myung Moon's Unification Church.

According to the president of Ex-Members Against Moon, an organization of former victims of the Unification Church, the campaign is a fraud being spread by a group named the Collegiate Association for Research of Principles.

"CARP intends to offer students an attractive, cheap vacation combined with a group seminar," Steve Hassan said. For \$20, students are taken to an isolated retreat in Florida where they are given high intensity lectures and rarely left alone, he said.

"The next seminar will almost certainly be held in June, Hassan said, and CARP recruiters will soon be on campuses across the country.

"Most government and law enforcement authorities, and some college administrations, are too intimidated by Moon's wealth, his lawyers and his cries of religious persecution to do anything— even though the Moonies' 'vacations' should land them in jail for consumer fraud if nothing else," Hassan said.

About 100 students signed up for the vacation seminar in December, and those who escaped the Moonies' recruiting techniques said it was like a prison, according to Hassan.

"Many students who didn't escape in time may have succumbed to the powerful mind control techniques the Unification Church employs," Hassan said. "Today they are probably Moonies themselves, believing with dull unquestioning that a Korean businessman is the Messiah."

Foreign students are particularly vulnerable to the Church's techniques, Hassan said.

A report, the "House of Representatives Investigation of Korean-American Relations" shows that Moon has been quoted as saying "once we control two or three universities, then we will be on the way to controlling the certification for the major professions in the United States."

Former Unification Church members "can testify very personally about the power of Moonie brain-rape," Hassan said. "We feel a very strong personal responsibility to warn students that the course of their lives, and their very capacity to function mentally, are seriously threatened by CARP's insensate sounding vacation ploy."

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Freedom marchers to travel to D.C.

HARRISBURG (AP)—A hardy band of freedom marchers, who have hiked 500 miles to protest the holding of American hostages, trekked to the state Capitol yesterday with this message for Iran: "Let our people go."

March organizer Tom Flynn then announced that the seven-member group, which left Sharon, Pa., on March 1, would walk to Washington to attend a Palm Sunday service.

Waiting fire sirens trumpeted the arrival of the marchers, who linked up with the parents of one of the 50 hostages. At a later reception, Gov. Dick Thornburgh led them all in a chorus of "God Bless America."

"This group by your feet, which must be rather sore, has shown the world what we in Pennsylvania feel about the outrageous and continued conduct of those who hold valiant Americans in 20th century bondage," Thornburgh said.

He consoled Harry and Alice Metrinko of Olyphant, Pa., who have not heard from their son, Michael, since the Nov. 4 takeover of the American embassy in Tehran. Yesterday marked the 142nd day of captivity.

"The people will never rest until your son and all the hostages are safe," the governor said.

The Metrinkos, who drove to the Capitol, refused to comment on the Iranian situation or the news that the deposed shah had moved to Egypt.

"We have no comment to make. We're here for the marchers," Metrinko said.

But Flynn, who is carrying the American flag during the march, said the group is undaunted.

"We are not demonstrators. We are marchers. And to Iran, let our people go," he said during brief remarks.

The group was later introduced to standing applause in the state House and Senate.

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Hypnosis provides hope for smokers, overeaters

By DEBBIE PETERS Daily Collegian Staff Writer

Are you a compulsive smoker or dieter, discouraged by futile attempts to quit smoking or lose weight?

Relax; perhaps a final hope exists. Glenn Van Warreby, a psychologist, has an 87 percent success rate with his smoking patients; and his dieters lose an average of four pounds a week after his therapy.

How does he do it? He hypnotizes them. Hypnosis is a relatively new form of therapy. However, many people are reluctant to try hypnosis, influenced by rumors they have heard.

"People think when they're hypnotized, they're out of control," Van Warreby said. "The truth is, when they come to see me, they're out of control."

Because the ultimate source of hypnosis is within the patient himself, he will never do anything morally or ethically against his character when he is under hypnosis Van Warreby said.

Hypnosis is simply "an accentuated state of awareness," he said. Ninety-seven percent of all people, Van Warreby said, can be hypnotized in varying degrees, according to the strength of their will. Most people demonstrate hypnotic behavior in their "uncritical and automatic acceptance of a suggestion," Van Warreby said.

Many mothers unconsciously demand this type of behavior from their children, admonishing them to "think of all the starving children in India. Eat and you'll be healthy," he said.

Smokers and dieters are "a subgroup of this culture that is easily hypnotized," Van Warreby said, because they are easily influenced by other people's suggestions.

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People react to hypnotic suggestions similarly to the way in which they respond to suggestions from friends, he explained.

"When I tell somebody (in hypnosis) water tastes like wine, people are impressed. But when a peer group tells one of its members that cigarette smoking tastes good, it has the same effect," Van Warreby said.

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The first hour of the workshop is a lecture on hypnosis to relax the patients and to clear up any misconceptions they may have. An hour of actual hypnosis will follow.

Van Warreby said his main goal is to teach the group to think of themselves as successful. "If contented (with yourself), you don't need something outside of your body to feel whole," he said.

People defend their egos by telling themselves they're in control; however, the only time they say that is when they're not, he said. They other rationalize by telling themselves they can eat now because tomorrow they will exercise an extra hour, or they deny reality by telling themselves they really don't mind being chubby.

Van Warreby said he counters these attitudes by getting dieters to see themselves as thin and successful. He also tells them there is position in their junk food.

By losing weight, dieters begin to see themselves more favorably and gain self-respect, he said.

Similarly, he said he gives smokers positive things to anticipate. He encourages them to put the money they save in a jar and use it to buy a house or go on a vacation, he said. They see themselves stretched out on long sandy beaches or cruising around the world.

He also warns them their next cigarette will cost them \$200.

The third hour of the program is spent learning self-hypnotic maintenance. At the end of the workshop, Van Warreby said, "I assume they are non-smokers... or that they are thin people actualizing themselves."

Post-hypnotic suggestions are given during hypnosis but not actualized until later. Because they go through to the

unconscious or "visceral belief system," the subject does not recall specific suggestions. Instead, he feels it's easy to be in control of his life when his session is over.

These post-hypnotic suggestions are very important to the therapy; if not positive and success-oriented, they can bring negative results, Van Warreby said.

The mind is mechanical and "when you program it right, it will spit out the right behavior," Van Warreby said