the road twice a day, everyday, with knees stiff, hips swiveling and arms flailing — heel to toe over 85 miles a "The time spent," he says, "is one-

half to two times more than what it distance running.' Psychologically, he finds it no problem. "But physically," the 24-

year-old grad student says, "it's There's the time element involved (it... takes nearly four hours to complete a 25-mile walk), and now there's the heat. Trying to walk in 85-degree weather with 80 percent humidity is the toughest thing a human body can endure — short of childbirth." Jansen began racewalking

seriously five months ago when a tendon injury ended his 10-year running career, which included two Colby College in Maine and the 1976 New Jersey AAU 20 kilometer title. eighth grade, Jansen pursued his closet passion openly, becoming one of only 200 competitive walkers in the United States. Told by some running

cross country coach John Lucas had

experience in coaching walkers,

Jansen went to him for guidance.

to be a walker and asked for my workouts around and such." Once a advice," Lucas said. "I had seen his week Lucas will follow his walker to sort before so I told him to stop by in a the track and give him advice and week or two and tell me how many encouragement miles he had walked. 'He'll never be Lucas is quick to point that "Larry

back,' I thought. And so I forgot is his own coach. I'm just his adrespected authority on the subject call him my coach." and history of racewalking. He took Steve Hayden, a former Penn State walking, a sport that steals over 25 cross country runner, and together hours a week from a busy math

culminated with Hayden finishing second in the 50-kilometer walk for the U.S. team in the 1972 Olym-person," Jansen says. "I'd do the pics.Lucas knew the tedious hours work needed to get by. However, in involved in walking and therefore running and now walking, I'm a very was greatly surprised when Jansen competitive person. At times, I think returned to his office, two weeks I'm actually bloodlust." And walking, later, having racewalked 75 miles in he adds, "gives me time to think and "I liked him," Lucas recalls. "I

could see he was serious about Walking is a highly technical sport where the entire body must work in will be in November, an AAU title erect. The first violation of these disqualification. Without technique a walk.' walker is doomed.

Together Jansen and Lucas forthe quality and quantity of Jansen's

visor," while Jansen counters with "he calls himself my advisor, but I Why did Jansen turn back to

they formulated a program that grad's schedule of six credits and two teaching sections?

let my mind wander. race where he finished a respectable

39th out of 105 walkers. His next race

continuous synchronization. One foot contest where "anybody who is must be in contact with the ground at anybody in the world of walking will come down before the trailing toe Although he would like to do well comes up, and the forward knee must there, Jansen's long range goal is "to be momentarily straight and the body go as far as I can. I'm definitely thinking of qualifying for the 1984 rules brings a warning, the second Olympic trials in the 50-kilometer

mulated a program to improve both remarkable progress in six months. greater progress than Steve Hayden racewalking, "I'd go to him (Lucas) did at this point. But he would have to with my schedule (for walking) for a cover 4000 miles a year just to be



Daily Collegian Sports Writer Lock Haven's inconsistent volleys and yesterday, but it was not enough to beat the Lady Lions as they gained their second straight shutout of the season.

"The doubles looked much better today than against Syracuse," women's tennis coach Candy Royer said. "When we play a team that's not quite on the level of play that we are, it's really good to see the players put pressure on the opponents. The women were communicating with each other and we will need to win doubles to win a couple of our tougher matches."

Lady Lions Carol Daniels and Gail Ramsay defeated Cathy Peterman and Janine Hild in the first seeded doubles 6-

saver," Daniels said. "When we play a team with players like this (Lock Haven), it's not easy to get up. They don't play with any consistent pace or

"They are probably the weakest team on our schedule. They hit a bloop shot and then a hard shot. There's no timing or balance in their game and its hard to

Lions Sue Whiteside and Cherie Dow defeated Kelly Gohn and Lori Emich 6-1. Valentina Garcia and Anne Beasley

pace threw off the women's tennis team said. "It was not the best tennis that we have played. The pace was so different. "Lock Haven doesn't play consistent, " well-paced games. They are hustlers

and dig the balls out. Many of the errors

were because my players weren't used to those kind of players." "Lock Haven was probably the most dangerous team for us to play," she said. "I expected them to hustle, and it's hard for my team to get up for the match. They had nothing to lose and everything

Daniels had a little problem getting by Peterman in the top-seeded spot. She eventually pulled a 6-2, 6-4 victory. "I mentally wasn't in today's match. Daniels said. "I can't take anything." away from my opponent, but the in-

consistent shots made my tennis hurt. She wasn't that bad of a player. When I made mistakes. I didn't take it to my Lady Lion Cherie Dow easily downed Gohn as she won 6-1, 6-0 in the second

In the third seeded singles, Beasley beat Hild 6-2, 6-3. Captain Ramsay easily defeated Lori Emich 6-0, 6-1, while Whiteside and Garcia both defeated their opponents in In the second seeded doubles, Lady

"I thought that my team played well against a superb, first class team," Lock Haven coach Kyle Cornelius said. "I was really pleased with everyone. A lot of had little problem in the third seed with players played better than they thought Lock Haven's Amydo Wolfold and Pam they were capable. It was our goal to be stronger than last year."



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Cincinnati at San Francisco, (n) Minnesota 10, Chicago 3 Golfers tie for third place

History has a way of repeating itself perienced enough to putt on different and that's exactly what happened to the surfaces when we go away." men's golf team last weekend. Army captured its second consecutive Penn State, firing scores of 77 and 74 for

teams to lay claim to the team title. Penn State finished in a deadlock with support for the Lions, turning in scores Oakland Temple for third place in the tour- of 153. nament, one shot behind second place Ramapo University.

Los Angeles

San Diego

PHILLIES 7, St.Louis 5

Atlanta at Los Angeles, (n)

was not surprised by his squad's strong pretty good," Boyle said. "The only greens were in excellent shape." problem we have is that we're not ex-

Bob Phillips was the low scorer for West Point Invitational, besting 19 other a 151 total in the two-day event. Mike Boyle and Bob Holdcroft provided strong Kansas City

Toronto 5-3, Boston 4-5

Baltimore 2, Detroit 1

Cleveland 5-6, New York 1-5

course with short driving distances Nittany Lion head coach Joe Boyle plagued Penn State as the team struggled to a fifth-place finish. "The course wasn't that bad "I thought we'd place up in there year)," Boyle said. "The course and the Baseball Roundup

Pirates top Expos to regain first

stroked a pair of run-scoring singles and Reitz' error with two out in the ninth the ninth inning of the nightcap and Don Robinson tossed a six-hitter to pace inning and Garry Maddox followed with Hargrove followed with his deep drive to Pittsburgh to a 2-1 victory over the a run-scoring single as the Philadelphia right center field off New York reliever Montreal Expos last night and move the Phillies rallied for three runs and a 7-5 Don Hood, 4-1. Reliver Sid Monge, 10-9 Pirates a full game ahead of Montreal in victory over the St. Louis Cardinals last got the victory. the National League East.

Steve Rogers, 13-10, in the third inning as gained the victory. Tug McGraw pitched Parker drove in Omar Moreno, who had a scoreless ninth inning to earn his 16th led off the inning with a single up the save. middle, stole second and advanced to third on Tim Foli's sacrifice bunt.

Phillies 7, Cardinals 5 ST. LOUIS (AP) - Manny Trillo raced

The Pirates took a 1-0 lead against Philadelphia's Steve Carlton, 16-11,

Indians 5. 6, Yankees 1, 5 Robinson, 8-6, scored Pittsburgh's CLEVELAND (AP) - Mike Hargrove post-season playoffs in both the second run in the fourth when he reached ripped a run-scoring triple with one out base on a one-out single and went to in the ninth inning to give the Cleveland four teams participated in those first second on a single by Foli before Parker Indians a 6-5 victory and a double- playoff series in 1969? header sweep of the New York Yankees last night.

first game as the Indians won 5-1.

sports quiz

The Daily Collegian Tuesday, Sept. 18, 1979-1

American and National Leagues, Wha Yesterday's answer: The highest all time winning percentage among college Rick Waits fired a five-hitter in the football teams (77.6) belongs to Notre

Jansen target of much harassment

respectable and then, of course, there's no guarantee (of success.) "He's really too inexperienced to off the road while walking.

think about it now. However, he has three things going for him. He's highly intelligent. He has the physically strong body needed for walking and he's a bear for training. And most importantly, he's burning "My secret goal is that in a year

Larry can walk as fast as I can jog for two hours, which is about 15 miles. Racewalking, in Jansen's words, " is still too deviant from the normal Jansen feels he gets an ample amount a shrug, "I'd bottle it and become

the target of cans and bottles, the Jenny, my girlfriend, is a saint and subject of verbal abuse "from more Harry Groves and Gary Schwartz of women than you'd expect" and run the cross country teams are very supportive,"he says.

"Analyzing it psychologically, people do it because they're jealous or envious," Jansen explains. "I can give me trouble. If two teenagers in a pick-up or a jacked up car come by, I'm ready to dive for the bushes and

get their license number. outnumbers the encouragement, behavior." He has been spit at, been of support. "John Lucas is amazing. rich."

Then there are the occasional

and missed meals. So why does he do

rounds of applause and words of praise from passers-by. usually tell the type that are going to financial rewards. In fact, Jansen must buy a new pair of walking shoes no headlines. Only aching muscles

"If I knew that," Jansen says with

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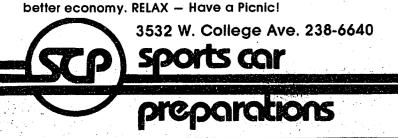
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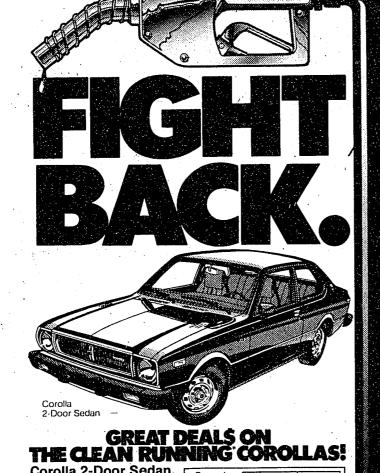
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