

Pro-gay motion passed

A recent resolution of the American Association of University Professors (AAUP) condemning discrimination against homosexuals probably will not affect the case of the gay South Halls

Resident Assistant fired last Spring Term, according to G. Edward Phillips, president of the Penn State chapter of AAUP. The resolution passed at the annual AAUP convention earlier in the summer calls for AAUP censorship of any university or college practicing discrimination on the basis of sexual preference. Phillips said, "Personally, I support the idea to put pressure on universities not to discriminate." He added that the AAUP as an organization for professors, and not for

students, would probably have no effect on the gay RA. Phillips said that most cases of AAUP censorship involve academic freedom. He said that AAUP censorship is a powerful weapon and added that Penn State has never been censored by the organization. Tony Silvestre, chairperson of Gov. Milton J. Shapp's Council for Sexual Minorities, said that it's not clear exactly who is affected by the resolution. "It is protection for faculty, which is important information," he said.

Crews begin grisly hunt

LOVELAND, Colo. (UPI) — Authorities yesterday shut down the helicopter search for victims of the Big Thompson Canyon flood, turning the grisly hunt over to ground crews.

Capt. John Englebert of the Larimer County Sheriff's Office said it was getting too expensive to keep the helicopters in the air and persons working on the ground would have a better chance of finding additional bodies.

A flash flood swept through the canyon eight days ago, killing and injuring hundreds of an estimated 4,000 persons seeking a weekend of solitude, fishing or hiking in the popular area within a two-hour drive of downtown Denver.

Sixty-foot camping trailers were smashed like toys and vacation homes destroyed.

Witnesses said broken trees were flung into homes with such force they pierced concrete foundations like arrows.

So far, searchers have recovered about 85 bodies and Sheriff Bob Watson said he knew of "at least 20 more down in the canyon that are still there. We just can't get to them yet until the debris is cleared out."

Watson said earlier he expected the final death toll would reach 150-200, but cautioned that many bodies might never be found. The Red Cross has compiled a list of more than 800 persons believed missing in the area.

Englebert said helicopters would continue to be used to remove bodies from the canyon and take them to a makeshift morgue in this city of 20,000, but the aircraft would no longer be used to search for the dead.

Funds' misuse charged

PLAINS, Ga. (UPI) — Jimmy Carter, saying "obviously it hurts me politically," acknowledged yesterday his organization paid campaign money that allegedly wound up in the pockets of black preachers in California.

The Democratic presidential nominee said, however, that he did not believe his campaign workers knew about the practice ahead of time and that he had issued "strict orders" disapproving of such activity.

The Los Angeles Times reported yesterday that the

Carter campaign paid \$5,000 in "street money" to four black preachers in the San Francisco area before the June 8 California primary. The Times also said it discovered instances during the final three primary campaigns in California, Ohio and New Jersey where Carter campaign funds spent in black communities were not accompanied by the required receipts.

Answering reporters' questions, Carter said his campaign held rallies in 15 to 20 churches, almost all in the black community, and

paid heavy expenses for heating, distributing literature and cleaning up. He also said the campaign often hired black and white leaders for a week or so to organize rallies at a salary of \$25 to \$50 a week plus expenses.

Carter said he knew nothing about the alleged incidents in California.

"I don't have any doubts," he said. "There are those who keep part of the money, both black people and white people. That's something that's almost impossible to prevent."

Many turn to fads for lean bodies

Diet gimmicks bizarre, harmful

By JOANNE KOLLAR
Collegian Staff Writer

"Lose fat forever... We guarantee that you will lose fat — fast and permanently — if you follow our methods..."

"There's no easier way to lose — no calories to count, no carbohydrates to watch, no special recipes to prepare, no expensive special foods to buy!"

"Shrink waistline without fad diets, appetite appealing pills or strenuous exercise."

And ad infinitum go the ads coupled with the inevitable before and after pictures showing two-ton Tessie and Ted miraculously transformed into svelte Susie and Sam. Then, in the fine print, is the cost — only \$4.98 plus postage and handling brings this wonderful diet, pill or gadget to melt that fat away.

With estimates placing between 20 and 50 per cent of the American adult population in the overweight category (defined as 10 per cent or more over the desired body weight according to height and build), the diet industry is a lucrative one. In their pursuit of the flat tummy and the lean body, Americans spent nearly \$10 billion in 1973, according to Newsweek.

The diet industry includes diet pills, reducing salons and diet foods as well as fad diets and weight-reducing gimmicks. Some of the approaches are rather bizarre, and some, potentially dangerous, according to medical authorities. One gimmick is "hot pants." It is a rubber sweat suit, the overuse of which can drain vital body minerals such as sodium and potassium and may even cause congestive heart failure.

Then there is the body wrap that requires the use of cloths soaked in epsom salts. These are wrapped around the part of the body where weight loss is sought. According to a report in FDA Consumer,

June 1975, the body wrap could restrict peripheral circulation. The report also pointed out that there is the danger of becoming overheated and dehydrated from excessive perspiration.

A couple years ago both Time and Newsweek reported on "staple-puncture," a method in which a surgical staple is placed in the ear to reduce hunger pangs. The idea, related to the acupuncture technique, is that every part of the body has a corresponding area of sensitivity in the ear. When the dieter experiences hunger pangs, he is instructed to wiggle the staple. That stimulation is supposed to stop the desire to eat.

According to the American Medical Association (AMA), there is no scientific evidence to support this theory. Further, the staple may cause ear infections. The AMA also warned that the 400-calorie diet accompanying the treatment is a dangerously deficient diet.

In addition to the gimmicks, there are numerous diet books advising Americans that they can lose weight without sacrificing booze, sex or ice cream. "The Drinking Man's Diet" allows the dieter to maintain his or her alcohol consumption while losing weight. Dr. Abraham Friedman in "How Sex Can Keep You Slim" advises "reach for your mate instead of your plate." The ice cream diet developed by Gaynor Maddox permits two servings of ice cream in a 1,000-calorie per day diet.

One of the most highly-touted diets, "Dr. Atkins' Diet Revolution" has been labeled as "potentially dangerous" and, without "scientific merit" by the AMA. Atkins allows dieters to consume all the calories desired in the form of protein and fats (e.g. eggs, meat, cheese). Carbohydrates (e.g. bread, potatoes and sugars) are to be avoided.

According to Dr. Philip L. White, secretary of the AMA Council on Food and Nutrition, this high-fat, low-carbohydrate diet triggers increased

production of the compound ketone in the body. The increased amount of ketones suppress the appetite. But, according to White, there are also undesirable side effects. These include dizziness, scurvy, fatigue, dehydration, kidney trouble and elevated cholesterol levels.

Further, according to the June 1976 Patient Care, Atkins' diet is nutritionally unsound. The article also points out that the weight loss is mainly water weight which is quickly regained.

These varied approaches to weight reduction are the result of the "Age of Caloric Anxiety," according to Dr. Theodore B. Van Itallie, international nutrition expert and professor of medicine at Columbia University. "The anxiety stems from the inherent conflict between our thin standards of beauty and desirability, to which Americans are conditioned from childhood, and our fat standard of living. Not just plump: Fat!" Van Itallie said.

According to "Today's Health," part of that fat standard is derived from the American diet which has too many of the wrong kinds of calories. Fat accounts for 43 per cent of the average American's daily calories, the article pointed out. Nutrition experts say fat should comprise no more than 30 to 35 per cent, at most, of daily caloric intake.

Today's Health also pointed out that one out of five Americans skip breakfast and that many continually snack on high-calorie, low-nutrition foods. In the past two decades, according to Today's Health, per capita consumption of "empty" foods (such as potato chips and soft drinks) has doubled.

Poor dietary habits, coupled with the sedentary life of many Americans, have resulted in fat Americans. In their desire to shed fat without sacrifice, they willingly invest in the diet industry. Yet, according to nutrition experts, only a change in eating habits will yield the permanent weight control desired.

Ford won't rule out debates with Carter

CAMP DAVID, Md. (AP) — President Ford, predicting victory at next week's Republican National Convention, says he has not ruled out debating Democratic nominee Jimmy Carter.

And he said Republican challenger Ronald Reagan hurt himself by selecting liberal Sen. Richard Schweiker of Pennsylvania as his running mate.

"I didn't believe it," Ford said of the choice. "It shocked a lot of people. It hasn't produced results so I think Gov. Reagan has hurt his chances," Ford said in an interview at this presidential mountaintop retreat.

Asked if he would debate Carter, Ford said, "I don't rule it out."

In an interview with Cox newspapers published in yesterday's editions Carter declined to make an "unequivocal commitment" to a debate with his Republican rival. He said he doubted he would take any initiative in such an enterprise.

Ford exuded confidence Saturday as he discussed his chances of capturing the Republican presidential

nomination at Kansas City.

The President talked more of his vice presidential candidate and of waging a fall campaign against Carter than he did of the nomination battle with Reagan.

"Yes, I am confident I'll get the nomination," he said. "We have more than the 1,130 delegates we need and we're going to get more."

The Associated Press tally, counting delegates legally bound or publicly pledged to a candidate, shows Ford having slightly less than the necessary number of delegates for the nomination, but leading Reagan.

On the vice president, Ford said, "I want somebody who fits the ideology I believe in and whose support for my programs is consistent with my thoughts."

Ford said he could not select Schweiker as a running mate because "I would not go that far to the edge of the political spectrum."

Ford said his aides over the weekend called "more than a dozen" prospective running mates but he declined to name them. Each was asked to be prepared to disclose tax, financial and health records if he or she makes it to the final

selection process.

The President was asked whether certain individuals were contacted, and each time, he replied, "I haven't ruled out anyone."

Among them were former Texas Gov. John Connally, Ambassador to Great Britain Anne Armstrong, Sen. Howard H. Baker of Tennessee and Sen. Edward Brooke of Massachusetts.

Ford said he will not reveal his selection until he receives the nomination in Kansas City, despite Reagan's

demand that he do it before the convention.

The interview was held in connection with the second anniversary of Ford's elevation to the presidency after the resignation of Richard M. Nixon. That anniversary is today.

He said the major accomplishment of his administration has been a turnaround in the economy, in reducing both inflation and unemployment.

"The biggest disappointment has been that we haven't been able to reduce unemployment as much as we'd like," he said.

The latest figures, released Friday, show unemployment in the nation running at 7.8 per cent, but Ford predicted that by the end of the year it will be below 7 per cent.

Another disappointment, he said, is that "I don't believe we have sold our accomplishments as well as we should have. We have peace and we have restored trust in the White House, but we have been unable to sell that in a political way."

He said if nominated, he plans to wage a "high tone" campaign against Carter.

"Certainly I'm going to take an affirmative position on my record," Ford said.

Arrests pending for theft

Arrests are pending for seven burglaries in June and July in College Heights, according to Elwood G. Williams Jr., chief of police.

Two juveniles and one adult have been implicated and most of the stolen goods have been recovered, Williams said.

The first burglary was June 6 at 241 Hillcrest Ave., where a \$61 coin collection was stolen. A house at 420 Sorbonne Terrace was broken into June 19 and a stereo, jewelry and other items were stolen, Williams said.

On June 11, coins and a silver money clip were stolen from a house at 172 Hartwick Ave. Silver in a house at 125 Hillcrest Ave. was stolen June 29, Williams said.

The suspects are also implicated in a burglary at 731 N. Thomas St. July 4 and two

apartments, 478 E. Beaver Ave. Garbage cans were reportedly placed in a seventh-floor laundry dryer and the dryers were turned on, an exit sign was removed from the ceiling, wallpaper was torn from the wall and a hallway light from the sixth floor was removed, police said. On the fifth floor, a water valve in the laundry room was opened, causing water to leak through the ceiling to the floors below, where it resulted in damage to carpeting, walls and ceiling. Estimated total damage

was \$500, police said.

Jacqueline Lowe (1st-communications) was struck by a car driven by James A. Kellerman, 842 Webster Drive, late Friday night at the intersection of Garner and Foster Streets, police said.

Lowe was taken to Mountaintop Hospital by police where she is listed in serious condition as a result of extensive head injuries.

Police cited Kellerman for drunken driving and leaving the scene of an accident.

Schweiker accepted bribe

Sen. Richard Schweiker of Pennsylvania, recently selected by Ronald Reagan as his vice-presidential choice, was among 30 Senators to vote for a major tax break to the maritime industry after accepting campaign contributions from maritime unions, a Common Cause study released Friday says.

Schweiker received \$5,300 from the maritime unions, but other senators have accepted more than \$20,000. Sen. Russell Long (D-La.), chief sponsor of the tax break, received \$22,000 towards his 1974 re-election campaign. Long was uncontested in the

general election, after facing token opposition in the primary, the Common Cause study says.

Other senators who received substantial amounts and voted for the break were Hubert Humphrey (D-Minn.), \$21,700, and John Glenn, \$20,100. The other senators mentioned in the report received between \$500 and \$19,000. One Senator, Mike Gravel (D-Ak) received \$46,500 but did not vote on the tax break.

Others, including Sen. George McGovern (D-S.D.) accepted money (\$15,000) but voted against the break.

Police log

other attempted burglaries, one at 305 E. Mitchell Ave. and another at a gas station at 803 N. Atherton St., Williams said.

Police are investigating vandal and criminal mischief early Sunday at Park Hill

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The last summer publication of

the Collegian

is Friday, August 13

Our publication schedule for the beginning of fall term is as follows:

Wed., Sept. 1 - Registration/Orientation Issue
Deadline: Friday, Aug. 27, 4 PM

Thurs., Sept. 2 - limited 12 page edition
Deadline: Tuesday, Aug. 31, 4 PM

Friday, September 3
Deadline: Tuesday, Aug. 31, 4 PM

Monday, September 6 - no publication

Tuesday, September 7
Deadline: Thurs., Sept. 2, 4 PM

Wednesday, September 8
Deadline: Friday, Sept. 3, 4 PM

Regular deadlines will resume with the Thursday, Sept. 9 issue

the Collegian office will open for business Thursday, Aug. 26 at 1:00 p.m.

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