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levine's sports line Lonely Week for Wettstone

By PAUL LEVINE Collegian Sports Editor

It won't be an easy weekend for Gene Wettstone. Penn State's gymnastics coach of 30 years has seen many an NCAA championship, but never one without his Lions competing.

The 1968 version of the collegiate gymnastics championships gets underway tomorrow in Tucson, Ariz., and for the

first in three decades, Penn State won't be in the running for the team title. Instead, Temple will represent the East in a fourteam run for the honors, and the Lions will be restricted to four somewhat lonely competitors. But as lonely as Bob



Emery, Tom Clark, Joe Litow and Dick Swetman may be, the man on the sidelines will feel quite a bit worse.

Gene Wettstone is not used to losing. In 30 years at Penn State his teams have totaled 139 dual meet victories and only 33 defeats. Eight of his Nittany Lion teams have won national titles, and Penn Staters have captured II NCAA all-around crowns. From that number came five Olympians, and Wettstone himself coached two U.S. Olympic teams. In the last four years, Wettstone's teams have won 32 dual meets and lost only one. After breezing through a 7-0 record this season, a Lion championship in the Eastern tournament seemed a certainty.

But Carl Patterson's crew of frustrated Philadelphians upset the Lions, and Temple -not Penn State-carries the East's hopes into tomorrow's action.

Temple had been gunning for the rematch ever since its loss to the Lions during the regular season. In that affair, State came from behind to upend the Owls by .70 point. But Temple got its revenge in the Eastern tournament at Annapolis and State was left out of the national action.

For Lion fans the only interest now will be the all-around competition where Emery is State's lone competitor. But the little Lion junior who followed the shadow of NCAA champions Mike Jacobson and Steve Cohen isn't given much of a chance. Emery will be up gainst Southern Cal's Makato Sakamoto and a host of other talents from the West.

"Sakamoto is definitely the favorite," Wettstone said yesterday. "Emery can be a threat, but only if he hits on every event. So far this year, he's been too inconsistent to defeat someone like Sakamoto.'

Ever since the Easterns, where Emery broke on the horizontal bar, the Lion junior has been a young man with a mission.

"Emery wants to prove something to somebody," Weitstone said. "He's been working hard every day - maybe too hard."

Penn State's best bet for an individual title would have been Paul Vexler, who won the rings title at the Easterns and last year finished second in the NCAA long horse competition. But Vexler elected to sit out the national competition, and his coach says he doesn't blame the diminutive strongman.

"Nobody can blame Vexler for not wanting to compete," Wettstone said. "All the emphasis has been taken off the individual events. That's the way it should be, of course. The all-around is the important thing for the individual. If we were in the team competition, Vexler would be glad to compete."

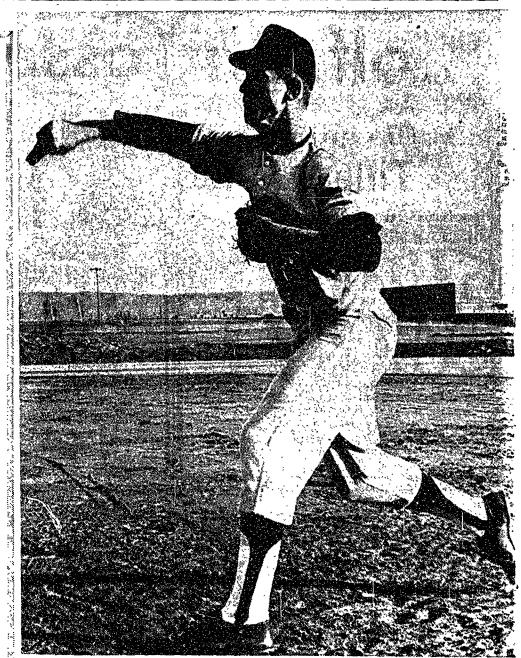
Wettstone has long been a leader in the movement to de-emphasize the indi-



championships GENE WETTSTONE

were held at . not used to losing Wettstone said. "Rope climbing was still an event then, and we had a specialist in the event. After taking him all the way to California, he did his routines twice, and broke each time. It takes 3.9 or 4.0 seconds to climb a rope. He had gone all the way across the country to compete for eight seconds and didn't do a thing right. The rest of the weekend he hid on the beach."

Gene Wettstone won't be hiding this weekend in Tucson. But the proud old strategist won't be his old self either. His long stride might lose a bit of its bounce, the confident smile a bit of its shine. Not an easy weekend for old Gene.



Collegian Photo by Paul Levir

LION FIRST BASEMAN Mike Egleston cuts loose a throw to the plate in practice yesterday. Tomorrow the Penn State baseball team opens its 1968 season with a game at Bucknell. The Lions' first home game will be Saturday afternoon against Gettysburg.

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Can Increase 'Take Off Velocity' Scientific Study May Aid Vaulters

Many pole vaulters who use fiber-glass poles could theoretically add a foot-and-a-half or more to their best jumps if they heed the results of a scientific study reported here by two researchers from the University.

A profile of the ideal pole vault plus advice for getting the most out of the once controversial fiberglass pole was presented by Charles J. Dill-man and Richard N. Nelson of Penn State's Biomechanics Laboratory at the National Convention of the American Association of Health, Physical Education and Recreation.

Attended Citadel

Attended Citadel Dillman, who gave the paper, first became interested in making a de-tailed scientific study of a fiberglass-powered pole vault when he was a varsity vaulter at The Citadel four

years ago. After using a combination of modern cinematographic techniques, precise body motion studies of actual varsity vaulters during a four week period. They ranged in age from 19 to 22 and in weight from 136 to 180 pounds. Their pole vaults heights ranged from 12¹/₂ to 15 feet. In the laboratory, the biomechan-

icists broke each vault down into its fine points by studying every fifth film frame running from before the vaulter left the ground to completion of the jump. For each frame studied, they recorded the degree the pole bent and calculated the position of the vaulter's center of gravity as it moved through the entire jump process.

Used Computer By feeding that basic data into a computer, they were able to compare the individual "biomechanical com-ponents" of different phases of the jump and establish "energy patterns" for each jump. Their calculations included the vertical and horizontal velocities of the jumper as well as the energy traded between the jumper and the pole as it bent and uncoiled. According to the Penn State study, a vaulter should be able to develop a mechanically perfect jump" by carefully controlling and increasing his initial take off velocity (his running approach up to the point where his feet leave the ground) so as to bend the pole to the extent that the fiber-

glass pole would give him the greatest

upward boost. The mechanically perfect pole vaulter should then "ride" the pole as it uncoils, taking time to get into a good vertical position, and adding more energy by pulling upward with

his arms. By comparing the key points of two jumps made by the best vaulter studied, the researchers concluded that he could probably have jumped considerably higher than the recorded 15 feet if he controlled his take off vertically better and coordinated it with the energy patterns produced by his interaction with the pole. Could Do 16½ Feet

"Through practice, if that vaulter developed his technique, timing and strength, so that he was able to perform the energy pattern of vault num-ber two with the take off velocity of vault number one, he would theoretically be able to jump sixteen-andone-half feet.' ' Dillman said The Penn State scientists told the AAHPER meeting that even the most experienced coach can not tell through field observations or convential slow motion films if his pole vaulter has the right or wrong take off velocity or how well he is performing the correct energy patterns. "Actually, the only way to do so

without guessing would be to perform a mechanical analysis such as the one completed in this study," Dillman pointed out, adding: "This may seem to be a time-

consuming job, but through recent advances in cinematography, automated film analysis systems and computers, it is now possible at the Penn State Biomechanics Laboratory to make the films on one day and the completed results by the next day's practice session.

"In the future, we hope to have sports analysis center where films of athletics performances could be quantitatively analyzed to help reduce some of the uncertainties in the coach-ing of athletics."

Supported by Bureau of Research Dillman is a native of Morrisville, Pa. He received a B.S. in Physical Education from The Citadel in South Carolina in 1964 and a M.S. in Physical Education at Penn State in 1966. His present Research Traineeship is sup-

ported by the Bureau of Research,

The Bomber Raps Boycott

DETROIT (AP) — Former heavyweight boxing champion Joe Louis, looking weary but healthy after a bout with the surgeons, told reporters yesterday Negro athletes would make a serious mistake if they decided not to represent America at the Olym-pic Cames. "Maybe they don't have equal oppor-

Maybe they don't have equal oppor-tunity in America, but they're gaining it every day," the Brown Bomber said, sitting in a wheelchair. "And that's something you should rea-lize. Things are improving. If they were going backwards, it would be different." Louis who had his sail bladde con-

Louis, who had his gall bladder con-taining five gall stones and his appendix

removed last Tuesday, also said Cassius Clay erred by not entering the Army, but that he still considers Clay the world's heavy-weight champ.

Louis spent four years in the Army dur-ing World War II at the height of his career. Wearing a colorful robe, Louis was wheeled into the director's office at the new \$3 million Kirkwood Hospital in Detroit. He was flanked bý his nurses, his wife, Martha, who is an attorney in Beverly Hills, Calif.,

and his doctors. They included Dr. Robert Bennett, who has been Louis' doctor since the time when Louis—who grew up in Detroit—was in his boxing heydays in the late 1930s and 1940s.



UCLA.

jumps and computer analysis, the researchers concluded that the average pole vaulter could improve his jump dramatically by increasing his "con-trolled take off vertically" and exploiting more efficienctly the energy stored and returned by the fiberglass pole as it bends and unbends.

In the study, the researchers filmed 125 jumps of four Penn State

WASHINGTON (AP) - The National Collegiate Athletic As-

today to the Senate-sponsored

compromise suggested in the bitter track feud threatening

a rewarding summer.

Richard C. Nelson, who is director of the Penn State Biomechanics Labor-

USOE

atory was Dillman's adviser on the pole vault project. The Biomechanics Laboratory is part of the College of Health and Physical Education and Recreation.

NCAA To Reply on Track Feud Today ELECTRICAL ENGINEERS MECHANICAL ENGINEERS There was no advance indica-tion that the NCAA would agree early look at the NCAA reply. PHYSICISTS "They very carefuly didn't tell us," a source said. The NCAA and its affiliate sociation appears ready to de-liver its long-awaited answer Union in the battle over control of amateur athletics. the U.S. Track and Field Fed-Not even Sen. Warren G. Magnuson, D.Wash., chairman eration, scheduled a news conference for 3 p.m. EST today to entangle the U.S. Olympic of the Senate Commerce Committee and a leader of arbitrato make public its response. CAMP CHOCONUT Friendsville, Pennsylvania (17 miles south of Binghamton, N.Y.) is seeking several men to round out its counseling staff. Emphasis on outdoor activity and helping boys help themselves gain self-reliance through inter-group relationships. Small camp (50 boys, 9-14), high counselor ratio. Norden 🗤 Good salaries for the right men. Opportunity for before and after camp work at additional pay. Needed: Waterfront (WSI), Natural Science Camp-An Equal Opportunity Employer (M/F) craft, Sports, Work Projects (basic skill with hammer and saw), Driver-Buyer, or combinations of these. Also good general counselors. Booklet and application forms: Box 33W, Gladwyne, Pa. 19035. The Director will interview students at Penn State on Thursday, April 11 at Room 121 Grange Building, Arrange a convenient appointment time by seeing the secretary or telephone 865-6301. This is an excellent opportunity John Meyer's fashions are available exclusivly to develop skills with people in small numbers while earning, and having S. Hamill Horne, Director INDUSTRIAL ENGINEERS Are you interested in becoming one of the best within your field? Our manufacturing training program is principally de-signed to prepare recent gradautes for top industrial engineering positions in our firm. On-the-job training assignments will be performed in the following divisions: AUTOMOTIVE AERO COMMANDER INDUSTRIAL FILTERS BOSTON GEARS TEXTILE MACHINERY We have had considerable success in obtaining occupational deferments and at your request we will write to your board for reclassification. To obtain additional information in regard to these positions register for an interview at the placement office. **Campus Visit: FRIDAY, APRIL 12** If unable to meet our campus recruiters, mail your resume

J. E. Lessner Coordinator of College Recruitment **Rockwell-Standard Divisions** North American Rockwell Corporation Fifth Avenue Pittsburgh, Pennsylvania 15222

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