

As a MATT-er-a-FACT

By MATT MATHEWS
Assistant Sports Editor

Many new students of Penn State—and some of the old ones, also—seem to think that our limited physical education facilities are available only for our phys ed program, our intercollegiate sports or for the vast Intramural program.

Right now, any of you can get a group together and go to the lower end of the golf course for a softball game or, if the true fall mood hits you, football. With the addition of a new soccer and lacrosse lockerroom in the Nittany area, the Phys Ed College has laid out four full-sized football fields on the golf course. One field is equipped with lights for IM night games.

According to Nick Thiel, director of required physical education, three of the fields will be used by the IM's after 7 p.m. while the fourth will be used as a practice field by the Marching Blue Band from approximately 5 to 6 p.m.

Early IM footballers may use this field as a warm-up area after the Blue Band is finished.

Another advantage of these new fields is that the varsity practice field beside the Beaver Field tennis courts can now be watered after varsity practice without fear of getting the field too muddy for the evening's IM program.

And while we're speaking of the golf course, there's another sport that can be played there by anyone at anytime. It's still a golf course, you know.

Comparable to the golf course on the western side of campus is the east side's Nittany area fields. Although the lacrosse team will hold fall drills on one of the lined fields, this area has a huge amount of open space which is open to Nittany inhabitants at most times. West Dorm people may also use these fields.

Then of course, for us tennis players, there are 13 courts—nine at Beaver field and four below Recreation Hall, across from the golf course.

But good news is on the way for tennis fans on the East side. There are eight courts being constructed on the Jordan Fertility Plots which are expected to be completed by mid-October. With the good must come the bad, and the bad in this case happens to be a restriction.

Since the courts are planned mainly for coed tennis classes, they may also be restricted.

There is also a possibility that they may be restricted to male use, or as Thiel pointed out, a male may play there only when playing with a coed. And that's a restriction?

After the fall tennis and football seasons pass, about the only outdoor sports at the University take place at the Nittany skating rink which is open from Thanksgiving through March. Anyone interested in skiing will probably find the Outing Club's course affords an excellent opportunity to them.

Recreation Hall is a busy place anytime of the year, but fall winter or spring, you can always manage to find something to do there.

Starting from the bottom, there are 12 modern bowling alleys which are open to individual bowlers from 1 to 5 p.m. Tuesdays and Thursdays, after 9 p.m. on Fridays and from 1 to 11 p.m. on Saturdays and Sundays.

Rec Hall's main floor is generally open to individual students on Tuesday and Thursday afternoons, all day Saturday and Sunday and any weekday evening that the floor is not occupied by either IM's, or a varsity sport.

The main floor has facilities for three full basketball courts, badminton, gymnastics, volleyball or what ever sport may be in season. To the right are the wrestling mats and a weight training room. To the left are a boxing ring, light and heavy bags, and more weight lifting equipment.

Upstairs, across from the phys ed and athletic offices in the new wing, are found combination handball, paddle ball and squash courts. Since handball is such an excellent conditioner for athletes, these six courts are usually overcrowded, forcing the phys ed department to limit the time a player may use the facilities during the height of the winter play.

As you have now read, the facilities are such that there is ample opportunity to participate in nearly any type of sport on a weekend, although the facilities are limited on weekdays. But once you become active in IM's in the early evening hours, and the books during the rest of the day, you'll find that your leisure time is fully accounted for.

Griess Views Lion Gridders Since '39 as Team Physician

By BILL JAFFE

How would you have liked to have seen every Penn State football game since 1939? That's 18 years of gridiron competition and over a million miles of traveling.

The honor and distinction of having viewed every Lion contest in the past 18 years goes to the team's physician, Dr. Alfred H. Griess.

Dr. Griess treats and cares for some 1200 to 1500 athletes yearly at the University, and

part of his work includes traveling with the football team. Trainers are assigned to the other athletic contests away from home, but when the Lions are at home, Dr. Griess is available for medical duties.

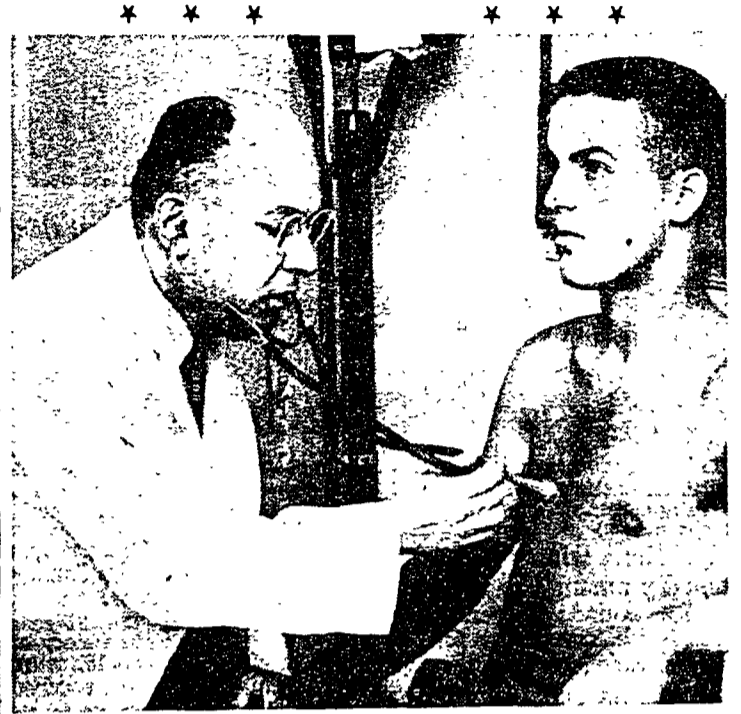
"Football injuries by far outnumber those of the other sports," Dr. Griess said, "but you must remember it is the only real contact or rough-and-tumble sport. All injuries are serious, but some just take longer to heal than others and that's why we treat them all the same."

The coaching staff and administration are most cooperative in helping treat and diagnose injuries, Dr. Griess said. All injuries are not immediately treatable and many times the player is sent to a specialist for special care, he said.

"Not all injuries may keep a boy out of a contest, but, rather, may slow him down or lower his ability to perform. Certain ailments permit certain movements—as an example a shoulder dislocation is harnessed for football but the same athlete would not probably be able to wrestle," Dr. Griess said.

In 1939 when Dr. Griess first came to the University from the University of Nebraska, there were some 500 athletes and now the job has grown by leaps and bounds to include the treatment of over a 1000 athletes in all sports.

With the advent of newer and more modern equipment, the severity of injuries has lessened and the sports have become safer.



THE DOCTOR AT WORK . . . Dr. Alfred H. Griess, athletic team physician, is shown at work giving another of the many athletic physicals he gives during the sporting year. The athlete is sophomore Glorio Patsy, Jr., a soccerman.

The job of trainers and team physicians is to minimize accidents and prevent the recurrence of old injuries, he said.

"Another team physician got me started at the University of Nebraska and since I was sports minded, I liked the job," Dr. Griess said. He worked in the student health center at Nebraska before entering the team physician occupation.

He is a graduate of the University of Pennsylvania Medical School and practiced medicine in the East for a number of years.

"Holla, Bernardo!"

You cometh at a seemly hour. Hark, then, to what I tell you. The gamboling Players announce their plays for this part-term. The Players will perform in Schwab Auditorium and, in-the-round, at Center Stage, for the pleasure and enlightenment of all. Pray you, attend faithfully to what I say, and may you find the joys of life as can only be found in the living theatre.

at Schwab
AM AHL AND THE NIGHT VISITORS
 by Gian-Carlo Menotti, plus a curtain raiser
 December 5, 6, 7

at Center Stage
THIEVES' CARNIVAL by Jean Anouilh
 October 18 to November 23

THE CAINE MUTINY COURT MARTIAL
 by Herman Wouk
 December 6 to 14, January 10 to 11

Tickets for all productions may be secured at the Hetzel Union Desk beginning the Monday previous to opening night, or when available, at the door the evening of the performance. Seats may be reserved by phone to avoid disappointment.

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