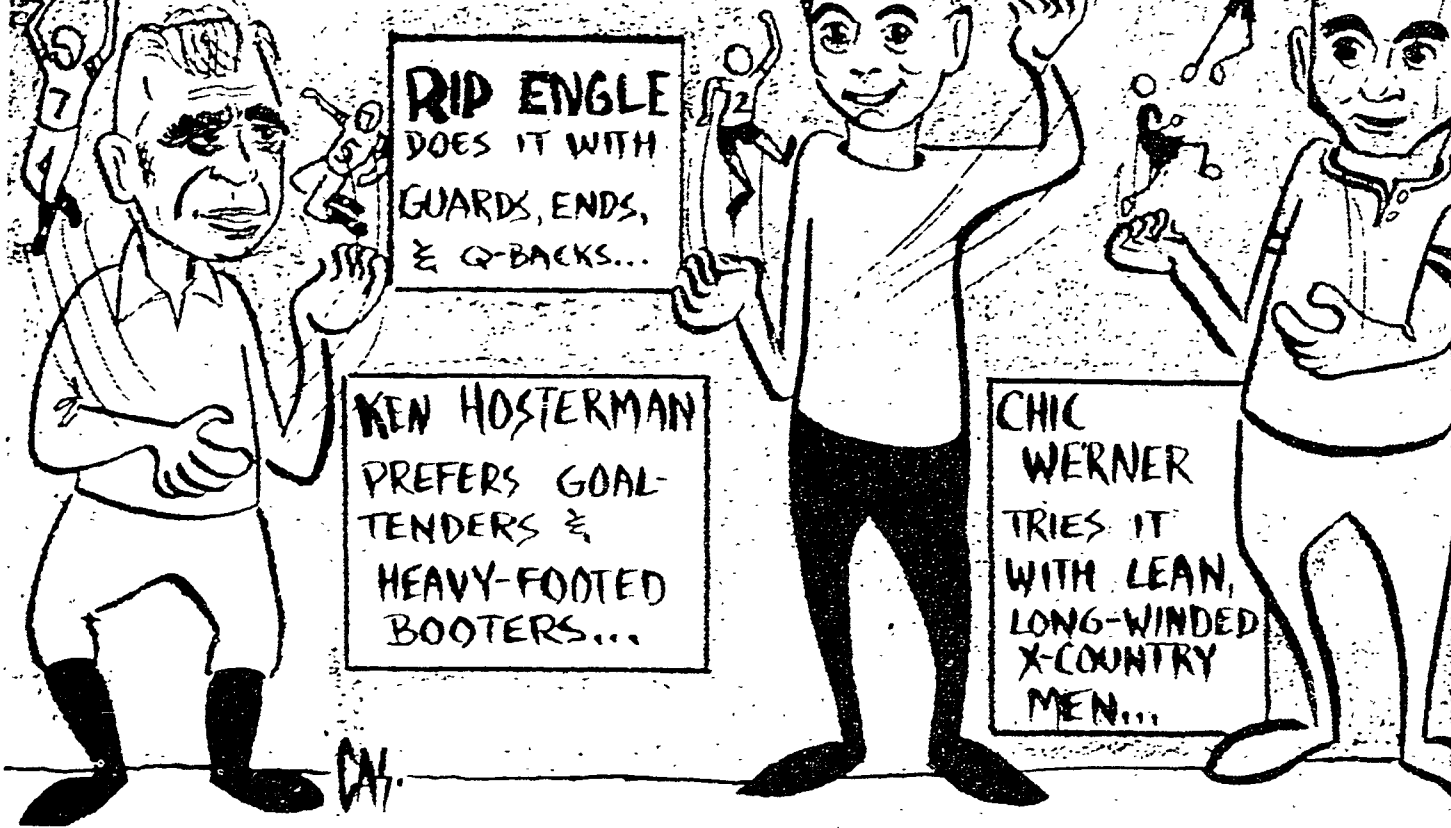


IT'S JUGGLIN' TIME... & EVERYONE'S IN THE ACT...



Barbell Club Welcomes All Students

The Penn State Barbell Club, a fast-growing recreational organization at the University, is one of many such groups open to ambitious freshmen for extra-curricular activity during the school year.

The club was established in 1948 to promote weightlifting—popular in Mid-Western schools, but lacking support in the East.

Penn State weight-lifters are attempting to practice the sport on the same level as the major University sports—football, baseball, wrestling, etc.—by active club membership.

Interest Important

All the club wishes of a member is that he attend the meetings and take an active interest in the team.

After paying a \$1 membership fee, each member can obtain lifting instruction from any experienced member of the club.

Penn State's "barbellers" own the distinction of competing in the first intercollegiate match in Pennsylvania when they met West Chester State Teachers College on February 18, 1955. They lost their first test but beat the "Teachers" in a return match.

Intercollegiate competition consists of three Olympic events—military press, snatch and the clean and jerk—in 7 weight classes starting at 123 pounds.

The military press is simply lifting the weight to the chest, pausing and then pushing the bar overhead, using only the arms.

Clean and Jerk Tough

The clean and jerk consists of the lift, but the lifter may use his legs to help push the bar up. This event is usually the most strenuous of the meet since heavier weights can be used.

The snatch consists of cleanly jerking the bar off the floor and over the head to arms length while doing a leg split, all in one smooth operation.

Late in the school year, the club holds an annual improvement contest and this year will also choose a Mr. Penn State—the best proportioned male student on campus.

The winner of the improvement contest is the contestant who shows the most improvement in body measurement and lifts at the end of the competitive season compared to his measurements and lifts at the beginning of the season.

Penn State's youthful president, Dr. Eric A. Walker, plays a smart game of squash and tennis.

AChiSig Wins IM Title

Alpha Chi Sigma, the "Cinderella" team of the 1955-56 Intramural fraternity race, completed its steep ascent to the top last year by clinching the team championship in the final sport on the IM program, track and field.

The runners from Alpha Chi Sigma actually played a defensive action in the final week of the IM program by finishing fifth to stay ahead of five other contenders.

Dutch Sykes' IM program which runs from the first week of school in September to the last bell in late May contains 17 individual tournaments. At the end of the year, fraternity points are compiled and the winner receives the IM All-Point Award trophy. Last year, Alpha Chi Sig finished fifth.

The new champions won only one tournament, tennis doubles, to earn 85 of their winning 857 but finished strong in the other sixteen. They were second in touch football (110), golf medal (50), tennis singles (50), badminton (80), and volleyball (105).

Second place went to Phi Delta Theta (812) which nipped Beta Theta Pi (771) in a stretch drive on the strength of the championship performance turned in by their golf team.

Phi Delta picked up 125 points, for the golf win while Beta had to be content with 30. Phi Delta also won the touch football crown (150).

Beta earned most of its points on the strength of the handball singles championship (165) by varsity quarterback Al Jacks.

Tau Kappa Epsilon (747) edged Delta Upsilon (745) for the number four spot. The TKE's again won the swimming crown (125) and also garnered the handball doubles title (110) for their big points. DU won the boxing title (170).

Alpha Sigma Phi was the only other entry beside TKE and Phi Delta to win two titles. The Alpha Sigs won in both basketball (175) and volleyball (120).

Alpha Zeta won the golf medal (55), Phi Epsilon Pi won the tennis singles (145), Alpha Tau Omega won in soccer (155), Alpha Chi Rho won in horseshoes (85), Sigma Chi won in bowling (208), Sigma Nu won in wrestling (185), and Alpha Phi Delta took the track and field title (134).

The other places in order were: 6. Sigma Nu, 701; 7. Alpha Sigma Phi, 673; 8. Alpha Zeta, 587; 9. Sigma Chi, 580; 10. Phi Epsilon Pi, 543; 11. Kappa Delta Rho, 541; 12. Alpha

Tau Omega, 533; 13. Sigma Alpha Epsilon, 530; 14. Sigma Phi Epsilon, 509; 15. Delta Sigma Phi, 506; 16. Phi Kappa Sigma, 502; 17. Pi Kappa Phi, 495; 18. Theta Xi, 435; 19. Theta Chi, 429; 20. Delta Chi, 424.

21. Chi Phi, 402; 22. Alpha Gamma Rho, 398; 23. Phi Mu Delta, 390; 24. Phi Sigma Kappa and Beta Sigma Rho, 383; 26. Beaver House, 379; 27. Alpha Chi Rho, 370; 28. Acacia and Lambda Chi Alpha, 365; 30. Theta Delta Chi, 364; 31. Theta Kappa Phi, 359; 32. Delta Tau Delta, 358; 33. Pi Kappa Alpha, 357; 34. Phi Sigma Delta, 335; 35. Tau Phi Delta, 330; 36. Phi Kappa Tau, 328; 37. Phi Gamma Delta, 326; 38. Kappa Sigma, 324; 39. Alpha Phi Delta, 308.

40. Phi Kappa Psi, 306; 41. Phi Kappa, 300; 42. Delta Theta Sigma, 297; 43. Triangle, 289; 44. Zeta Beta Tau, 287; 45. Sigma Alpha Mu, 278; 46. Alpha Kappa Lambda, 265; 47. Sigma Pi, 253; 48. Pi Lambda Phi, 190; 49. Alpha Epsilon Pi, 140; 50. Sigma Tau Gamma, 105; 51. Omega Psi Phi, 83; 52. Pi Sigma Upsilon, 35; 53. Kappa Alpha Psi and Alpha Phi Alpha, 30; 55. Alpha Rho Chi, 19.

3 All-Staters Join Freshman Football Squad

Among the 4500 new students on campus today are three outstanding Pennsylvania high school gridiron heroes—two of them are All-State backs and the third is an All-American high school choice.

They are Swyersville's Bob Washko, West Scranton's Don Jonas and Centerville's Bob "Red" Worrel. Washko and Jonas are the two All-Staters while Worrel made the first team of the all-American squad selected each year by the Wigwam Wisemen of America.

Jonas is a three year varsity standout from the Scranton district where he won the Lackawanna Football Conference scoring championship last year. Jonas also lettered at basketball and baseball.

Worrel has had college scouts drooling for the past four years as he led little Centerville to four divisional titles in the WPIAL.

In a single game last year, the 200-pound Redhead single-handedly upset a high school rival by gaining 318 yards, averaging 14.8 per carry. Centerville won, 31-14.



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