

Display Will Include Day's Dietary Needs

"Minerals and the Dietary Pattern" is the subject of a nutrition exhibit to be held in 209 Home Economics from 1 until 5 p. m. Tuesday.

Calcium foods will be displayed in one part of the exhibit, each amount of calcium showing one-tenth of a day's requirement for the adult man. According to Dr. Henry C. Sherman of Columbia University, calcium is the most deficient nutrient in the present American diet, and is essential to good bones and teeth, longevity, and general well-being.

Dietary rules of the National Nutrition Program have been followed in setting up a pattern which will illustrate "must" foods and include suggested menus. Each item in the day's menu will be analyzed in order that the nutritional value may be observed.

Three experimental rats which have been eating ordinary foods will be on display. One rat thrived on a "natural foods" diet with a daily quart of milk as its basis. Another received a "good American" diet, including a pint of milk a day. The third rat was placed on a "poor American" diet with a half-cup of milk a day.

Contrasts show that generous portions of milk prove beneficial to the individual's general health and appearance.

This exhibit is directly connected with the national defense movement in that proper proportions of minerals in the diet insure good health.

Authorities hold that civilian health in this war is as vital to American morale as military victories.

Display is open to the public, according to Miss Marian L. Carr, assistant professor of home economics.

Temple University coeds are aiding in Navy War Relief by wearing Navy Pins. Insignia are of two types, a pin made of sterling silver and decorated with a red anchor on a white background with a small star. The word "Navy" is inscribed in gold. Pins sell for \$1.25.



First Summer War Stamp Sales Net \$10

ner defense stamp sale of the Summer, conducted in McAllister Hall lobby and Atherton Hall dining room, netted \$10.25 in 10 and 25 cent stamps yesterday. Senior honorary members will continue dormitory sales each Thursday, Pauline Crossman '43, president, announced.

Of the total receipts, \$4.35 was collected in McAllister Hall by Lila A. Woolery, while Marjorie L. Sykes with \$2 and Louise M. Fuoss with \$3.90 brought the Atherton Hall total to \$5.90.

Margaret K. Sherman and Miss Crossman will sell in Atherton Hall Thursday, and Patricia MacKinney will conduct the sale in McAllister Hall.

Women In Sports

By M. J. WINTER

Although quite a bit has been said about co-recreation at Penn State, there still hasn't been enough done. The one commendable contribution has been WRA Co-Rec Day.

Holmes Field, adjacent to White Hall, is primarily an athletic field for coeds. Yet, it is not used all the time. Co-recreation is allowed only when sponsored by the School of Physical Education or WRA.

From time to time other groups have tried to obtain permission to use Holmes Field. Either they have been told simply that it was impossible, or, after a great deal of red tape, permission has been grudgingly granted.

Because an increasing number of groups have asked permission to use the field, an ultimatum has been handed down by the powers that be—"No unsponsored co-recreation on Holmes Field."

There are several explanations for this ruling. Unorganized co-recreation will make the field too crowded, at times endangering the lives of students with baseballs, arrows, and golf balls whizzing over and around them. Classes will be interrupted by groups using the field.

However, it seems unlikely that so many will take advantage of Holmes Field as to make it dangerous. It would be utterly impossible for such a situation to arise if students were required to sign up with WRA a week ahead for use of the field.

How about getting behind a little co-recreation good feeling? Let's have open house on Holmes Field.

'I'm Normal!' —15-Year Old

"I'm normal, honest!" This is the way that 15-year-old Janet F. Dixon reassures persons who edge away from her on finding that she is the only freshman coed enrolled in chemical engineering.

After one year of high school chemistry, Janet was fascinated with the subject to the extent that she immediately choose it as her college major. Her ambition, according to a recent interview, is to "putter around" in a chemistry laboratory after graduation.

"Most coeds feel lucky with the five to one ratio, but I beat them all since I have most of my classes with 22 men," Janet gloated.

A sports enthusiast, Miss Dixon is a member of WRA swimming and rifle clubs. Having worked on her high school paper, Janet shows an interest in newspaper publication.

Another of her interests lies remote from engineering. She has a musical taste that ranges from Brahms, Beethoven, and Bach to Gould, Gershwin, and Grofe.

When asked if she felt a little out of place among the average students here and the new influx of Summer women, Janet said, "I may be the youngest freshman coed, but it certainly doesn't seem like I ought to be in high school. You're only as old as you feel," she added.

Pi Lambda Theta Will Give Picnic

An evening picnic will be sponsored by Pi Lambda Theta, national women's education honorary, in Hort Woods at 5:45 p. m. Wednesday.

The social committee, including Jean F. Fisher '43, chairman, Sara M. Bailey '43, and Sarah Blackwell, graduate student, is planning games and a mixer to acquaint the picnickers with one another. Esther M. Hall '43 is in charge of refreshments.

L. Jeanne Kaiser '43, president, announced that all visiting Pi Lambda Theta members and other interested persons are invited to attend.

Haidt Calls For Coed Tournament Sign-Ups

All registrations for the Summer session women's sports tournament should be turned in to Student Union before 5 p. m. Tuesday, Miss Marie Haidt, in charge of recreational activities, announced.

Women's tourneys include tennis singles, bowling, badminton singles, table tennis, archery, golf and softball. Softball games will be played daily at 7 p. m. near White Hall.

CLASSIFIED SECTION

LOST—Woman's brown wallet in vicinity of Home Ec Building and College avenue. Reward. Call 3166.

LOST—Small white leather, zipper coin purse between Chem. Engineering and the H. Ec. Building. Keys, money. Reward. Call 36 Atherton Hall. 1tch 3 M.

Rides Wanted

RW—Harrisburg or vicinity. Leave anytime Thursday. Call Bailey, Collegian office.

RW—York, Harrisburg or vicinity. Leave Thursday. Return Sunday. Call Smyser or Keef at Collegian office or 3331. 2tcomp

RW—Harrisburg. Leave Friday, 5 p. m. Call Dave, 4636.

2tpr 2, 3 M.

Honorary To Entertain Sponsor At Dinner

Theta Sigma Phi, women's national journalism honorary, will entertain Mrs. Donald W. Davis, new sponsor, at dinner at 6 p. m. Tuesday.

New pledges—Seniors Lillian M. Brandt and Elaine Rosenbloom; and Juniors Jane H. Murphy, F. Doris Stevenson, and Mary Janet Winter, will be introduced to Mrs. Davis at the dinner.

Next meeting of the honorary will be in the Alpha Chi Omega suite at 5 p. m. Tuesday, July 14, according to Emily L. Funk '43, president. Members will discuss plans for their Matrix dinner given annually for College BMOC's.

We, The Women Campus Frosh Get "Pat On Back"

Freshman women should be commended for their attendance "almost to a woman" at their recent mass meetings for nomination and election of their WSGA Senator and WRA representative. Upperclass women should perhaps take note. Frosh evidently believe in the adage, "If you want a thing done well, do it yourself." Keep it up "green bows."

WSGA and WRA, however, feel sadly neglected by a small but could-be-influential band of about 15 frosh whose homes are in town. This group does not seem to realize that although they are not under dormitory jurisdiction, all coeds upon registration automatically become members of these two ruling bodies and are expected to cooperate with their respective programs.

First signs of disinterest from those coeds were their absence from WRA's Sports Rally and the mass meeting for nominations last week.

As part of a freshman orientation program—to benefit, not haze new coeds—WSGA has ruled that freshman women wear green hair ribbons. Here again town coeds have ignored student government by refusing to wear customs all the time.

It's a rumor that Freshman Council will take definite action on this issue at their next meeting on Thursday.

Suggested punishment has been removal of certain social privileges such as barring admittance to big College Dances.

We recommend that coeds guilty of custom violation "come across" and erase any hard feelings between them and WSGA. —H. R. K.

V-Weekend

(Continued from Page One) tribution to the holiday will do a repeat performance at 7 p. m. Saturday. "Dantz-a-poppin," a cross between a "battle of music" and the unpredictable Hellzapoppin, climaxes the regularly-scheduled events during the Army-Navy Relief holiday.

"Sandwiched into the weekend's program will also be a presentation of "News Collegian Couldn't Print," a mammoth parade, and the crowning of "Coed of Today." Additional plans are still "in the making," according to Rabinowitz.

Dames To Give Picnic

Summer Dames, national organization for the wives of all Summer graduate students, will hold a picnic at Recreation Hall from 5 to 7 p. m. Wednesday. Reservations should be made with Mrs. Ralph Johnson, president, phone 2446. Members' families are invited to attend.

Board To Poll Hike Interest

Hiking interest among coeds will be polled by WRA Executive Board, it was decided at a meeting last night. Members will contact dormitory councilors, hall presidents, and sorority groups.

If results are favorable, plans will be made to further co-recreation hikes to Mt. Nittany and other nearby places, according to F. Doris Stevenson '44, WRA publicity chairman. Transportation facilities to Whipples' Dam for swimming parties will also be investigated by Miss Stevenson.

Grace L. Judge '44, WRA treasurer, was appointed by the executive board to be chairman of Eastern District Convention of the Athletic Federation of College Women which will be held on the campus next Spring.

Future WRA Summer plans will continue through July and August. The program includes a cabin party for Archery and Dance Clubs on July 17, golf tournament July 20, and co-rec archery July 22. Another Co-Rec Weekend, July 24 through July 26, will include a weiner roast, golf, tennis, and bicycle supper hike. A Bridge Club party will be held July 28.

August activities include a scavenger hunt August 4, co-rec golf August 8, handicap Golf Club tournament August 10, co-rec archery August 12, and a cabin party August 15.

WSGA Frosh Council Elects Stahlnecker

Freshman Margaret Stahlnecker was elected secretary of WSGA Freshman Council at a Council meeting yesterday. As president of her unit, Miss Stahlnecker represents second floor west Women's Building.

Freshman dating rules were clarified at the meeting by Patricia Diener '45, Council chairman. Miss Diener emphasized that coeds may date on campus only on week days until 5:30 p. m. She also pointed out the importance of abiding by dormitory quiet hours.

Council sub-chairman will be elected Thursday, July 9. The sub-chairman automatically becomes freshman WSGA Judicial committee representative.

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