

the "Collegian" has big doubts about the student body as a whole. So does athletic-director Golden, who comes forward with a few timely sentiments that speak for themselves. They seem well worth our attention and we will quote "Pop's" words verbatim:

"Who is the man that breaks down in his business or professional life? The man who is too busy hustling after the almighty dollar or a professional reputation to give a few moments of his time daily to the proper care of his body. There is nothing one can do that will return greater dividends, not alone in health and the exuberant joy of living, but in actual dollars and cents, and no matter how keen the intellect, how logical the reason, how highly developed the brain, they are all dwarfed if not accompanied by a vigorous, healthy body that will properly nourish the brain and nerves.

"The well rounded man, strong mentally, morally and physically, whose every organ is doing its work harmoniously, is the man best fitted to succeed and get the greatest enjoyment out of life.

"How often one hears of prominent lawyers, bankers and men at the head of large corporations being suddenly stricken with nervous breakdown, heart failure, apoplexy, etc. Men who should have been in their prime in their chosen line of work, and would have been, had they but given some attention to the machine which was making possible, through mental and physical force and activity, the mighty achievements they were striving for.

"Every student should have some knowledge of physical training, not as an end in itself, but as an essential means towards the equipment of the individual for present work and that in which he may engage in the future.

"Can any sensible student after a moment's thought so handicap himself in his life's work as not to take

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