

gestive than in facts, muscular and motor. Reality is not "sicklied o'er with the pale cast of thought," but is instinct with energy, with will. The most diverse writers preach the common gospel: "Reality is will;" "Will is work." Schopenhauer, Lotze and Paulsen; Carlyle, Arnold and Robertson; Munsterberg, James and Ladd, all unite (despite the most far-reaching differences) in the emphasis of the motor side of our being, in the thought, "Doing is also an organ of knowing."

The muscular system constitutes a surprisingly large proportion of the bodily weight. The available figures indicate that from 46 to 47 per cent. of the total bodily weight is composed of muscles. This would seem, at once, fact and prophecy as to nature's view of the import of the muscular. Matthew Arnold says conduct is three-fourths of life, and whether the exact fraction be accepted or not the preponderance in the direction indicated will be. In fact, were we inclined to generalize, it might be maintained that the so-called modern education, manual, industrial and technical, as well as the resurrection and glorification of athletic ideals, are signs that the gospel of muscle has taken complete possession of our lives.

The analogy between athletics and life is not a new one. To the Greeks life was a game, and games their life. They constituted a bond of unity among all parts of Greece. Wars ceased, says Grassberger, while the athletes contended for the honors of undying fame. The very walls of cities, the victors' birthplaces, were down upon their triumphal entry, only to be at once rebuilt. Pindar traces the pedigree of noted athletes as far as possible, thence by myth attaches them to the gods, as sons. President Hall says: Pile up all our modern enthusiasm for the muscular, and our intense appreciation of the beautiful, and you have some notion of the glorification by the best of the Greeks of athletic views of life. Paul, although not thought of as having any athletic prowess, was saturated with its conceptions. Life is a contest for mastery over contending forces, a game in which victory perches upon the banner of the truly courageous and faithful. How many a neophyte has preached his first sermon from that characteristic