| THE RAFTSMANB® JOU唯NAL． |  |  |  |  |  |
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| THE JOURNAL． <br> CLEARFIELD，PA．，DEC． $29,1858$. |  |  |  |  |  |
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| pie on Christmas day，will please accept our praiseworthy，and if any others should follow |  |  |  |  |  |
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| insane from ex tigne atid hunger צ |  |  |  |  |  |
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| the intolerable itching that follows frost－bittentoes，it is necessary to totally exclude the airfrom the affected part．If it is not accompa－nied with swelling，gum shellac dissolved in |  |  |  |  |  |
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| alcohol applied so as to form a complete coat， is the easiest remedy that we know of．It |  |  |  |  |  |
| Is the easiest remedy that we know of．It dries soon，and docs not adhere to the stock－ ings，and generally lasts until the fect are well． |  |  |  |  |  |
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| the diseased part，and keep，it moist，allowing the recuperative power of nature to do the rest． |  |  |  |  |  |
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| $\begin{aligned} & \text { Way to provent it is to exercise vigorously un- } \\ & \text { til perspiration is induced, when the sufforer } \\ & \text { shoult keep up the warnith by full cluthing or } \end{aligned}$ |  |  |  |  |  |
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| fairly canght，the cold must be endured，but it is ulways modified by avoiding excesses of all |  |  |  |  |  |
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| which he has been immued－as he himselfsays－without cause and where he has beentreated with the greatest inhumanity．It ap－ |  |  | 为 |  |  |
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