

TO GET ITS BENEFICIAL EFFECTS  
ALWAYS BUY THE ORIGINAL AND GENUINE

# SYRUP OF FIGS AND ELIXIR OF SENNA

MANUFACTURED BY THE  
CALIFORNIA FIG SYRUP CO.

The original and genuine Syrup of Figs and Elixir of Senna, known throughout the world as the best of family laxatives, for men, women and children, always has the full name of the California Fig Syrup Co. printed on the front of every package. It is for sale by all leading druggists everywhere, one size only, regular price 50 cents per bottle. The imitations sometimes offered are of inferior quality and do not give satisfaction; therefore, should be declined.

**Increased Cigaret Smoking.**  
"Are we becoming a cigaret nation?" asks the United States Tobacco Journal. This query is prompted by the statistics of the cigar and cigaret industries for the first three months of the year. The figures show that the output of cigarets in that period exceeded by more than 50,000,000 the output of cigars. The figures are, respectively, 1,856,369,228 and 1,797,322,811. In March alone there was a decrease of more than 5,000,000 in full-sized cigarets throughout the United States and an increase of more than 109,000,000 in cigarets. It is unexplained whether this condition is a result of the high prices of food, compelling the cigar smoker to take to cigarets, or is a burning protest against the legislation in many states against the paper rolls.

Rumors have been rife that the constitution of young Japan is degenerating year after year, says the Eibun Tsushinsha, but they are firmly denied by the authorities.

## AFTER SUFFERING ONE YEAR

Cured by Lydia E. Pinkham's Vegetable Compound

Milwaukee, Wis. — "Lydia E. Pinkham's Vegetable Compound has made me a well woman, and I would like to tell the whole world of it. I suffered from female trouble and fearful pains in my back. I had the best doctors and they all decided that I had a tumor in addition to my female trouble, and advised an operation. Lydia E. Pinkham's Vegetable Compound made me a well woman and I have no more backache. I hope I can help others by telling them what Lydia E. Pinkham's Vegetable Compound has done for me." — Mrs. EDMA LMSB, 833 First St., Milwaukee, Wis.

The above is only one of the thousands of grateful letters which are constantly being received by the Pinkham Medicine Company of Lynn, Mass., which prove beyond a doubt that Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, actually does cure these obstinate diseases of women after all other means have failed, and that every such suffering woman owes it to herself to at least give Lydia E. Pinkham's Vegetable Compound a trial before submitting to an operation, or giving up hope of recovery.

Mrs. Pinkham, of Lynn, Mass., invites all sick women to write her for advice. She has guided thousands to health and her advice is free.

**BLAIR'S PILLS.**  
CELEBRATED ENGLISH REMEDY FOR GOUT AND RHEUMATISM. SAFE AND RELIABLE. AT YOUR DRUGGIST.

**PATENTS** Watson E. Coleman, Washington, D.C. Books free. Highest references. Best results.  
P. N. U. 22, 1910.

**DROPSY** NEW DISCOVERY; gives quick relief and cures worst cases. Book of testimonials and 50 Days' treatment free. Dr. H. H. GREEN'S 5075, Box 2, Atlanta, Ga.

**Things Get Better.**  
In spite of all the confusions and thwartings of life, the habits and resiliences and the counterstrokes of fate, it is manifest that, in the long run, human life becomes broader than it was, gentler than it was, finer and deeper. On the whole—and nowadays almost steadily—things get better. This is a secular amelioration of life, and it is brought about by good will working through the efforts of men.—H. G. Wells.

**Baby's Scalp All Crusted Over.**  
"Our little daughter, when three months old, began to break out on the head, and we had the best doctors to treat her, but they did not do her any good. They said she had eczema. Her scalp was a solid scale all over. The burning and itching was so severe that she could not rest, day or night. We had about given up all hopes when we read of the Cuticura Remedies. We at once got a cake of Cuticura Soap, a box of Cuticura Ointment and one bottle of Cuticura Resolvent, and followed directions carefully. After the first dose of the Cuticura Resolvent, we used the Cuticura Soap freely and applied the Cuticura Ointment. Then she began to improve rapidly and in two weeks the scale came off her head and new hair began to grow. In a very short time she was well. She is now sixteen years of age and a picture of health. We used the Cuticura Remedies about five weeks, regularly, and then we could not tell she had been affected by the disease. We used no other treatments after we found out what the Cuticura Remedies would do for her. J. Fish and Ella M. Fish, Mt. Vernon, Ky., Oct. 12, 1909."

**Small German Savings Banks.**  
There are many small savings banks in Germany which accept deposits of 10 pfennigs (2½ cents). Thirty per cent of the people in Prussia have savings accounts. Travelers are struck by the absence of beggars. The government permits no person to solicit alms.—Indianapolis News.

**People Talk About Good Things.**  
Sixteen years ago few people knew of such a preparation as a Powder for the Feet. To-day after the genuine merits of Allen's Foot-Ease have been told year after year by grateful persons, it is indispensable to millions. It is cleanly, wholesome, healing and antiseptic and gives rest and comfort to tired aching feet. It cures while you walk. Over 30,000 testimonials. Imitations pay the dealer a larger profit otherwise you would never be offered a substitute for Allen's Foot-Ease, the original foot powder. Ask for Allen's Foot-Ease, and see that you get it.

Rice production in the United States grew from an average of less than 100,000,000 pounds per annum a few years ago to an average of 500,000,000 pounds per annum in recent years, and reached over 600,000,000 pounds in 1908.

**For Red, Itching Eyelids, Cysts, Styes, Falling Eyelashes and All Eyes That Need Care, Try Murine Eye Salve.** Aseptic Tubes, Trial Size, 25c. Ask Your Druggist or Write Murine Eye Remedy Co., Chicago.

Europe's forest school—at Charlottenburg, Dresden, and Elberfeld, in Germany, also at Borstal Wood, near London—are attracting the interest of physicians and teachers.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules, easy to take. Do not gripe.

The Navy league of Germany has a membership of 1,031,329 and its funds amount to \$3,395,950.

## Farm Topics

### SUCCESSFUL PIG GROWER.

Our experience in saving the pigs and getting them started right has been for about fourteen years.

The first thing necessary to be a successful hog raiser is to get ready in a right way. I build my houses so the sow can keep warm if the thermometer stands at zero. I breed my sows to farrow in February and in August. In the fall I sow about three patches of rye and when it gets up good I let my pigs run on it until about Christmas, then I take them off for the spring litter. When the pigs are about one month old I begin to give them warm cream separator milk, and by the time they are nine or ten weeks old I have them ready to wean and push to a finish at seven or eight months.—Warren J. Smith, in the Indiana Farmer.

### SILAGE IN LIEU OF PASTURE.

Referring to feeding corn silage the year round, Hoard's Dairyman says that when land is too expensive to pasture, that is, when silage from an acre will feed three or four cows while an acre of pasture will feed only one or two cows, the silo becomes one of the most economical as well as the best methods of preparing succulent feed for cows the year round. We believe that a silo is one of the best methods of supplementing short pasture during the dry time in summer. Silage is not equal to good June pasture, but we do not know of a better substitute. There is no question but that more milk can be produced per acre by the use of the silo than from an acre of grass.

This is just the thing a good many dairy farmers have yet to fully realize, that corn silage can always be relied on for producing milk, and especially is the thing to carry milk production through dry seasons when there is no grass pasturage.

### FEEDING COWS FOR PROFIT.

A practical dairy farmer in Canada, referring to his experience, in the Farm and Dairy, lays down the following rules for dairy feeding at the greatest profit:

First, build a summer silo and grow more corn, using ensilage to supplement pastures in summer.

Second, take fifteen acres of land (on a hundred-acre farm) near the buildings. Divide into three fields. Follow a three-year rotation thereon.

First year: Corn, an early variety. Feed in August and September.

Second year: Mixed grain, oats, peas and barley (four bushels per acre) seed down ten pounds red clover, four pounds timothy per acre. Cut quite green in July. Do not allow to lodge.

Third year: Clover cut in late June and early August.

Do not hesitate to feed this fifteen acres of crop in the summer, even if things should look blue for the winter forage supply. Let no consideration prevent its utilization at the proper time, not even an abundance of grass. It will always pay to feed such forage in summer.

### MIXING CATTLE BREEDS.

There is a good deal of force in the following, on the subject of crossing breeds, by a correspondent of the Breeders' Gazette. He says:

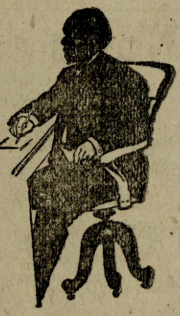
The tendency of the American farmer in the past has been to hybridize all his farm animals. Even his hens all became a mixture after a year or two. Especially has this been the case with farmers in the Eastern States. Those who had Jersey cows have crossed and re-crossed with Holstein-Friesian bulls until they have got neither one nor the other, and some of them come very near to nothing. Some farmers seemed to think they could outwit the Almighty by crossing the Jersey with the Holstein and so get the large flow of the Holstein with the rich milk of the Jersey. The difference between the two breeds is too great. Nature was shocked and dumbfounded. The result has been in many cases the small yield of the Jersey coupled with the poor quality of the Holstein.

There is a vast difference between a good Holstein and a poor one, both in quality and quantity of milk. Jerseys also differ very much in regard to quantity of milk. A herd of first class Jersey cows is as good as a gold mine to a farmer who knows how to handle them for best results and improve them by judicious selection. The same can be said of the Holstein. The breeder of Holstein cattle is quite apt to condemn the Jersey cow, and the breeder of the Jersey is apt to condemn the Holstein. There are noble specimens in each breed, and the breeders, the men who handle the animals, are responsible for so many poor ones. It is the result of carelessness, lack of judgment, taste and discrimination.

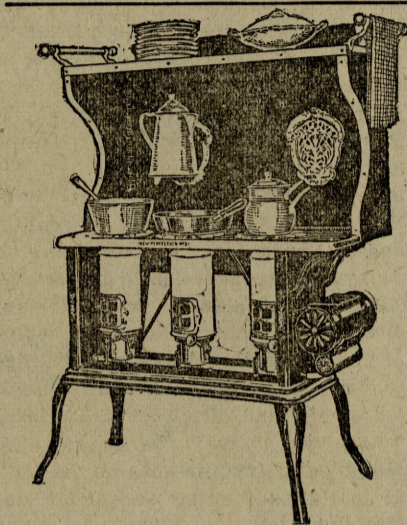
The Shorthorns are rapidly coming to the front and the milking strain of this breed will doubtless supplant many of the mongrel Jerseys and Holsteins that now occupy the land.

## Women's Secrets

There is one man in the United States who has perhaps heard more women's secrets than any other man or woman in the country. These secrets are not secrets of guilt or shame, but the secrets of suffering, and they have been confided to Dr. R. V. Pierce in the hope and expectation of advice and help. That few of these women have been disappointed in their expectations is proved by the fact that ninety-eight per cent. of all women treated by Dr. Pierce have been absolutely and altogether cured. Such a record would be remarkable if the cases treated were numbered by hundreds only. But when that record applies to the treatment of more than half-a-million women, in a practice of over 40 years, it is phenomenal, and entitles Dr. Pierce to the gratitude accorded him by women, as the first of specialists in the treatment of women's diseases.



**DR. PIERCE'S FAVORITE PRESCRIPTION**  
Makes Weak Women Strong,  
Sick Women Well.



## No Heat Except Where Needed

Dishes hot—food well cooked—kitchen cool. No underdone food—no overheated kitchen in summer. Everything hot when wanted. Heat under perfect control and concentrated.

The blue flame is all heat—no smoke—no odor—no dirt. These are

some of the advantages in using the

## New Perfection WICK BLUE FLAME Oil Cook-stove

It has a Cabinet Top with shelf for keeping plates and food hot. Drop shelves for the coffee pot or saucepans, and nicked towel racks.

It has long turquoise-blue enamel chimneys. The nickel finish, with the bright blue of the chimneys, makes the stove very attractive and invites cleanliness. Made with 1, 2 and 3 burners; the 2 and 3-burner stoves can be had with or without Cabinet.

CAUTIONARY NOTE: Be sure you get this stove—see that the name-plate reads "NEW PERFECTION."

Every dealer everywhere; if not at yours, write for Descriptive Circular to the nearest agency of the

**The Atlantic Refining Company**  
(Incorporated)

## MAPLEINE

A FLAVOR that is used the same as lemon or vanilla. By dissolving granulated sugar in water and adding Mapleine, a delicious syrup is made and a syrup better than maple. Mapleine is sold by grocers. Send 2c stamp for sample and recipe book. Crescent Mfg. Co., Seattle.

### Man and Brute.

The leading distinction between dog and man, after and perhaps before the different duration of their lives, is that one can speak and the other cannot. The absence of the power of speech confines the dog to the development of his intellect. It hinders him from many speculations, for words are the beginning of metaphysics. At the same blow it saves him from many superstitions, and his silence has won for him a higher name for virtue than his conduct justifies.—Robert Louis Stevenson.

### The Weak and Helpless.

Those men who try experiments on the eyes of little orphan girls, sometimes blinding them for life, are cautious persons. They are wise in selecting friendless children, for no angry parent will call them into account. The weak and helpless are the safest victims. Hence orphans and dogs for the vivisector's table. Is there to be no punishment for these medical degenerates who can deliberately and in cold blood inflict blindness upon friendless children?—Life.

### IT WEARS YOU OUT.

**Kidney Troubles Lower the Vitality of the Whole Body.**  
Don't wait for serious illness; begin using Doan's Kidney Pills when you first feel backache or notice urinary disorders. W. W. Gosden, 711 ½ E. Marshall St., Richmond, Va., says: "My doctor said I had inflammation of the bladder. My limbs swelled to twice their real size and it seemed as if there were thousands of needles sticking into them. I had been bedfast for three months when I began using Doan's Kidney Pills. Soon I was in better health than in years."

Remember the name—Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.



For Quarrymen, Miners, Farmers and All Men Who Do Rough Work

This means you. Made of steel. Lighter than leather. Outwear the shoes. They save you money. Easily attached. Any cobbler can put them on or your shoe dealer has shoes already fitted with them. Send for booklet that tells all about them.

**UNITED SHOE MACHINERY CO.**  
BOSTON, MASS.

## FREE Send postal for Free Package of Paxtine.

Better and more economical than liquid antiseptics FOR ALL TOILET USES.

## PAXTINE TOILET ANTISEPTIC

Gives one a sweet breath; clean, white, germ-free teeth—antiseptically clean mouth and throat—purifies the breath after smoking—dispels all disagreeable perspiration and body odors—much appreciated by dainty women. A quick remedy for sore eyes and catarrh.

A little Paxtine powder dissolved in a glass of hot water makes a delightful antiseptic solution, possessing extraordinary cleansing, germicidal and healing power, and absolutely harmless. Try a Sample, 50c. a large box at druggists or by mail.

THE PAXTON TOILET CO., BOSTON, MASS.

Women need on the average about nine-tenths the nourishment requisite for men.