

QUEEN OLGA AN ADMIRAL.

Queen Olga of Greece is the only it?" woman admiral in the world. She is officially the commander of the second squadron of the Russian fleet, and her flagship is the cruiser Admiral Makaroff. Queen Olga was Grand Duchess Olga Constantinova of Russia. She was married to Prince William of Denmark, who, when eighteen years old, was elected King of the Hellenes and assumed the title of George I. Before the wedding Alexander III., then Czar of the Russias, appointed Olga an admiral in the Russian navy.—New York Press.

"ON" AND "OFF."

Mrs. Siddons was, on and off the stage, two different persons. On the stage she was a pythoness, nightlhypnotized into passionate emotions by the sight of the drop curtain and the boards. At her home she was, at all events to the casual observer, more than a thought too much a mere mother and British matron, loving to be seemly and of good report, shut in the tower of an unimaginative nature. Had she not been an actress, she would have made (such an observer might have said) an ideal bishop's lady. Barchester would have been glad of her.-Home Notes.

A SMART LOOKING COAT.

A smart looking coat for a girl of fourteen seen recently in a shop was made in moyen age style, of navy heavyweight cheviot.

The fronts were cut in panel effect,

"I haven't heard of that. What is

"It's very simple," I told him, "yet very efficacious. I presume that some light from the street lamp or the moon usually gets into your bedroom? Well, where it strikes the wall you will be pretty sure to find spots that stand out vividly from the dark background. Select one of these patches of brightness, one preferably not much larger than a silver dollar. Settle down comfortably in such a way that it will be within easy range of your vision without straining to see it. Then gaze at it steadily.

"Do not, however, try to stare it out of countenance, so to speak. Instead, let the muscles of your eyes relax until the spot appears to have a confused outline. At the same time, if possible, think of nothing but the one idea: 'I am going to sleep!'

"Before long, your eyes will begin to feel tired, and they will gradually close. Open them, and once more gaze at the spot on the wall. Again they will close. Again open them. Presently you will find it impossible to open them, and the next instant you will be asleep.'

Recently I again met him, and found him full of enthusiasm.

"That was a splendid scheme," he said. "I sleep like a top nowadaysam asleep almost as soon as I touch the pillow. But I can't for the life of me understand why that should have worked when everything else failed."
It "worked" for the reason that I

had succeeded in lodging in his mind the idea that it would work. Chronic which started at the armhole seams insomnia, such as my friend suffered



coat that can be belted or left loose as preferred is a smart and practical one that is to be much worn throughout the spring and summer. This model allows a choice of full sleeves



gathered into cuffs or of plain ones of the two-piece sort, and these latter can be either cut to full or three-quarter length as preferred. Pongee is the material illustrated, and the coat matches the skirt, but it will be found available for all suiting and all cloak-ing materials. Chanticleer red and royal blue serge are much liked for the separate wraps of mountain and seashore use, and the model suits such treatment as well as it does the costume and more prosaic coats of street wear. Any contrasting material can be used for collar and cuffs, but this coat is finished with messaline in matching color. Natural colored pongee with revers and cuffs of

will find the model an excellent one. The coat is made with fronts and back. It can be cut off and made somewhat shorter if preferred. The full sleeves are made in one piece each, gathered at upper and lower edges, but the plain sleeves are cut with upper and under portions. The collar is seamed to the neck edge.

bowered cretonne would make an at-

tractive summer coat. Small women

The quantity of material required for the medium size (sixteen years) is five and a half yards twenty-seven, four or three yards fifty-two inches tached to the edge. wide with three-quarter yard twentyone for collar and cuffs.

Hair Goods Prevail.

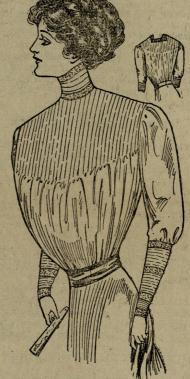
Hair goods of all kinds prevail, some single and of considerable width forty-four inches wide with three and some double, like the Greek filet. | yards of insertion.

The straight classic gown known as the "peplum" has brought into the shops for its use foulards in gown lengths which have two kinds of material, one polka dotted and the other plain. The polka dots are sprinkled over the ground of the dotted silk and make a border all around it. The silk comes in street

Tucked Blouse.

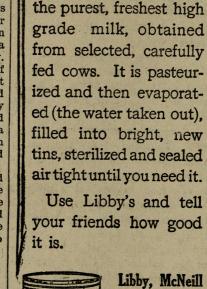
The simple tucked blouse is always a dainty and attractive one. This model can be made from any material that is adapted to lingerie treatment, and that means the thin silks and light weight wools as well as muslins. It can be made with high or square neck, and the square neck can be finished with banding or with a frill or in any way to suit the fancy. Mercerized batiste with banding of lace is the material illustrated, but muslins include embroidered and openwork sorts and all kinds of fancy effects, while silks that are adapted to such a model mean foulards, India silk and a variety of silk and cotton mixtures. The blouse suits the odd waist and the gown equally well.

The waist is made with front and backs. It is tucked to form a yoke and closed invisibly at the back. The sleeves are in one piece each gathered into cuffs, and these cuffs can be made deeper or shorter according to



the length of sleeves desired. When three and three-eighth yards forty- high neck is used a stock collar is at-

> The quantity of material required for the medium size is four and an eighth yards twenty-one or twentyfour, two and three-eighth yards thirty-two or two and a quarter yards



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Microbe of Lockjaw. Lockjaw, known to medical men as tetanus, is one of those terrible mala-dies which occasion great suffering and baffle the best attempts of the profession to successfully treat them. Commencing with stiffness of the jaw muscles, tetanus quickly goes on to produce violent convulsions, which ut-terly exhaust its victim's strength, preventing him from taking food, owing to his being unable to open his mouth; hence its more popular designation of "lockjaw." Investigations have shown that this dreadful disease is due to a microbe which commonly exists in ordinary soil and the surface mud of the streets, which habitat explains the reason why tetanus frequently attacks persons who have been injured in street accidents and had their wounds contaminated with refuse and dust from the roadway. Although no certain cure for tetanus with injections of "anti-tetanic se-

Limit of Vision.

rum."-London Telegraph.

What is the farthest limit to which the human vision can reach? Power, in his book, "The Eye and Sight," gives the ability to see the star Alcor, situated at the tail of the Great Bear, as the test. Indeed, the Arabs call it the test star. It is most exceptional to be able to see Jupiter's satillites with the naked eye though one or two cases are recorded, the third satellite being the most distinct.—Strand Mag-

Henri Rochefort seems to regard many of the "old masters" bought by Americans as being quite as worthless as some of the sprigs of no-bility bought by the daughters of rich Americans.—Louisville Courier-Jour-

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Panama Sherbet.—Soak one teaspoonful of gelatine in one tablespoonful of cold water. Make apple juice from stewed dried apples. (The quantities given in this recipe are for one pint of apple juice.) Add one cup of sugar to the juice, and bring to a boil, then pour it over the gelatine and stir until dissolved. When cold add one cup of orange juice and freeze.

in the front instead of on the shoul- from, is in many cases nothing more ders. Below the waist line at back and sides the material was pleated and headed by a strapped band, which was buttoned to the panel.

The closing was double-breasted, with a rever that could be turned back or over. There was a high turnover collar trimmed with black braid, and deep, turnover cuffs finished the

THOSE BIG HATS AGAIN.

Huge hats worn by women are still causing difficulties in theatres. In London and in New York City women are wearing hats that are almost a yard wide. Their appearance in playhouses have led to more than one legal controversy. One of the latest has arisen in London, where two women wearing especially large hats chic French gowns. entered a theatre. Because a man shouted to them, "Remove those laces, are not as suitable for very ridiculous hats!" they refused to take young girls' frocks as are the lighter, them off, as they had planned to do, finer laces. and were barred from the playhouse. They have preferred a charge of assault against the manager, and the decision of the court is expected to have an interesting bearing on big frocks. hats .- New York Press.

ESCORTS FOR NEWLY WEDS.

Though it has been said the wedding tour is hopelessly out of date and that one has to read Howells to know that there ever was one, this isn't such a prosy old world after all, for an observer of the ways of the elect says the latest idea is for the best man to provide tickets for the entire bridal party to accompany the happy pair on the first stages of the wedding trip. The maid of honor has her share of the work, for it is "up to" her to fill the car with flowers until it looks like a traveling conservatory. As one bride expressed it, "The best of it is, the flowers are sometimes fruit." When Miss Aspinwall, of Washington, became the bride of Lieutenant Comly, of the artillery, a dozen or more warriors range of colors is unusually large. escorted her to the bridal train, where her maids were awaiting her with offerings. This sounds agreeable, but it takes a best man with a well-filled purse. "What do you expect? Again we see the pleasant things are all for the rich," said a pessimistic young man, who had to decline the honor of being best man on even the plainest of the separate at the wedding of a friend last week. -New York Press.

ABOUT INSOMNIA.

Some months ago a friend informed me that he was a great sufferer from sleeplessness. He had experimented with all manner of remedies-baths, drugs, exercise, dieting -but could find no relief.

"How about the 'spot on the wall' cure?" I asked him.

The "slip-on" glove is one of the

than a habit, and may accurately be

described as the result of a frame of

mind. It is distinctly a psychical

rather than a physical malady.-H.

Addington Bruce, in the Delineator.

most popular kid gloves of to-day. Gold and silver tissue embroideries and foundations are to be pop-

Even mosaic buckles appear on the shoes, to match the buttons on the

Irish laces, or any of the heavy

Grown-ups are to wear the poke

bonnets of lingerie as well as straw. These quaint bonnets are to be worn with "my lady's" fluffy afternoon Many of the old colors have rappeared, but with a new face-an inde-

effects are seen best in the rich silks and velvets. Evening gowns are plainer than heretofore, in the sense of being without ruffles and frills and pleats, which are not essential to the beauty of the

scribable bloom or ashen tint. Such

directoire models. Among dress hats the picture shapes are supreme, and the Gainsborough and all the wide-brimmed models of its sort, with plumage as rich if not richer than ever, are conspicuous.

The new ribbons are most alluring. A very wide ribbon, probably intended primarily for sashes, comes with a fancy edge suggestive of a picot edge of a generation ago. The

Pumps have at last been superseded by the much more artistic and comfortable "sailor ties." These are similar to the pumps, but have one large eyelet, through which is tied a loose, flapping bow of wide grosgrain ribbon.

A novel form of trimming allowed coats takes the form of long rouleaux of cloth which are arranged in straight lines, alternated here and there with a series of curve-like

The new skirts recently imported from Paris show the modern version of the pull-back. The simplest model in this style is gored to fit the figure in the centre front only; the fulness being gathered to the belt line across the sides and back.



One-piece work apron garments are a fancy of the present season and with or without stock collar, with are much liked made in this way. three-quarter full or plain long This model is simplicity itself.

House gown or wrapper to be made