

Munyon's Paw Paw Pills coax the liver into Munyon's Paw Paw Pills coax the liver into activity by gentle methods. They do not scour, gripe or weaken. They are a tonic to the stomach, liver and nerves; invigorate instead of weaken. They en-rich the blood and enable the stomach to get all the pills contain no calomel; they are soothing, healing and stimulating. For sale by all druggists in 10 and 25c sizes. If you need medical advice, write Mun-yon's Doctors. They will advice to the best of their ability absolutely free of Charge. MUNYON'S 53d and Jefferson Sts., Philndelphia, Pa.

Munyon's Cold Remedy cures a cold in one day. Price 25c. Munyon's Rheumatism Remedy relieved in a few hours and cures in a few days. Price 25c,

High Prices for Stale Food. When we pay fancy prices for fresh eggs, fresh fish or fresh fowls, we ought to get fresh eggs, fresh fish or fresh fowls. Even as the 'aborer is worthy of his hire, the purchaser is entitled to value received," or some-thing approaching it. He is as much entitled to protection against cold storage magnates who sell him stale food as against canners who commit the same fraud.—New York Press. High Prices for Stale Food.

# A PROFESSIONAL NURSE

# Tells of Five Years' Sufferings With Kidney and Bladder Troubles.

Mrs. Mary Campbell, 1312 Jackson St., Phila., Pa., says: "For five years I doctored for kidney disease and got



# every sufferer I see."

Remember the name-Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Ample Wardrobe. In the Russian campaign the per-



Utilizing Straw.

Owing to its abundance straw is added to barnyard manure, but it can be made more serviceable if made fine with the feed cutter before being used. While straw may soon rot after being mixed with manure, yet in a fine condition it is a much better ab-sorbent and can be forked into the manure with advantage. When loading and spreading manure there is a saving of labor when handling that which is fine, and the manure will be more valuable because the loss of ammonia will be arrested by the use of suitable absorbent materials .- Epitomist.

# How to Tell a Fresh Egg.

It is easily possible to tell the difference between a fresh egg and a cold storage egg without breaking the shell, and dealers in the District of Columbia who sell stored eggs for "strictly fresh" ones may be prosecuted and convicted, according to statements to-day of Dr. Harvey W. Wiley, the Government's chief chem-ist, at the "high cost of living" hearing being conducted by a House subcommittee.

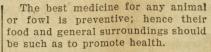
Dr. Wiley had a large number of fresh eggs and some of the cold storage variety. Dropping them into a large vessel of water containing ten per cent. salt solution, the fresh eggs immediately sank to the bottom and the refrigerated ones floated on the surface. When asked how he knew the eggs were fresh, Dr. Wiley replied that one of his inspectors saw the hens lay them yesterday.

# Feeding Lambs.

One of the most inviting and profitable of the animal industries now is the feeding of lambs for the city markets. A few feeders are undertaking this line of feeding with great success. No other young animal makes so large and profitable a growth as the lamb, no other young animal begins to feed profitably so early as the lamb does. Lambs are very little trouble to feed; all they need is a rail or board pen open at the bottom sufficiently for them to crawl under; set this pen in the pasture. They should be fed meal in a V-shaped trough. The ewes cannot enter but I could will try to and thus encourage the lambs to go in; they will soon learn to eat, and the appetite will increase ties. Since using rapidly with their growth. As newly weaned lambs as a general thing bring the highest price in the market, this method of disposing of the lambs is to be encouraged .- A Reader, in the Indiana Farmer.

Alfalfa Will Grow Everywhere.

While experts have been declaring that alfalfa would only grow in certain soils and in certain climates it has proven adaptability to nearly all climates and almost all soils. It produces with a rainfall as scant as four-In the Russian campaign the per-sonal baggage of Napoleon's brother, Jerome Bonaparte, contained 60 pairs of boots, 200 shirts and 318 pocket handkerchiefs. The transportation of his wardrobe entire required several heavy wagons, while his whole cam-paigning, kit stretched over half a teen inches, and in the Gulf States twelve tons. An authenticated photograph in possession of the writer The movement of the drifting ice of shows a wonderful alfalfa plant



It is disputed as to whether to feed soft food in the morning or evening, but the general tendency now seems to favor morning feeding of mashes.

One of the best feeds for poultry is green bone. It stimulates health and egg-production, and can be secured cheaply at any meat market. Don't neglect it!

If your chicken house roof leaks, fix it or get out of the poultry business. Chickens are as well off outdoors as in a house that permits drafts and dampness.

A few tobacco leaves crushed in the bottom of each nest will be a great help in exterminating vermin both in the nest and on the bodies of the hens which visit the nest.

It is rank nonsense to allow the droppings to lie in the house week in week out, engendering disease and and breeding lice; and then the poultryman wonders why his hens don't lay

Look out for a supply of grit during the winter months. It is scarce then because the ground is frozen, but it is of more vital importance. than in the summer. Hens must have teeth.

The man who keeps on year after year breeding the best in his chosen variety, regardless of the public fancy for new breeds, will get good prices for his birds oftener than he will miss them. — From "Timely Poultry Hints," in the Epitomist.

## McEwen's Decision.

Not long ago Justice McEwen sat on a cow case: that is a case involving money due one man for boarding the cow of another. The wrangle was as to what the board was worth.

One attorney called three or four liverymen and got their testimony on the cost of boarding a horse. Of course the opposing counsel objected and declared such testimony to be incompetent on the ground that the cost of boarding a horse is not the same as the cost of boarding a cow.

This the other attorney conceded, but he explained that he was going to follow up the testimony of the liveryman with expert testimony to show how much less, if any, it costs to keep a cow than a horse.

"Oh, if you are going to work on that plan," put in McEwen in judicial tones, "you might as well start in with elephants and work down to cows by gradual stages."-Cleveland Leader.

# Price of Food.

A Calcutta correspondent writes: Quite one of the most serious questions confronting India at the present time is the ominous rise in the price of food, quite apart from famine; and also the rise in the cost of living. It is difficult to ascertain the cause, which is variously held to be the shortage of crops, the extension of jute cultivation at the expense of rice, the currency operations of government, and the extension of manufactures and a rise in the ideal of living 

# **CONVINCING PROOF**

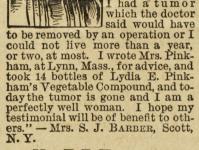
# Lydia E. Pinkham's Vegetable Compound

What is the use of procrastinating in the face of such evidence as the following letters represent? If you are a sick woman or know one who is, what sensible reason have you for not giving Lydia E. Pinkham's Vegetable Compound a trial? For 30 years we have been publishing such testimonial letters as these-thousands of them -they are genuine and honest, too, every one of them.

Mrs. S. J. Barber says:



table Compound is the best medicine in the world for women—and I feel it my duty to let others know the good it has done for me. Three years ago I had a tum or which the doctor



Mrs. E. F. Hayes says:

6 6

"I was under the doctor's treatdoctor's treat-ment for a fibroid tumor. I suffered with pain, sore-ness, bloating, and could not walk or stand on my feet any length of time. I wrote to Mrs. Pinkham for ad-vice, followed her vice, followed her directions and

took Lydia E. Pinkham's Vegetable Compound. To-day I am a well woman, the tumor was expelled and my whole system strengthened. I advise all women who are afflicted with tumors or female troubles to try Lydia E. Pinkham's Vegetable Compound." — Mrs. E. F. HAYES, 1890 Washington St., Boston, Mass.

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No sick woman does justice to herself who will not try this famous medicine. Made exclusively from roots and herbs, and has thousands of cures to its credit.

Mrs. Pinkham invites all sick women guided thousands to health free of charge. Address Mrs. Pinkham, Lynn, Mass.



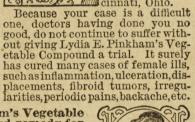
"No one knows what I have suf-fered from fe-male troubles, neuralgia pains, and backache. My doctor said he could not give

hy doctor save me anything to cure it. Through the advice of a friend I began to use Lydia E. Pinkham's Vege-table Compound, and the pain soon disappeared. I continued its use and am now in perfect health. Lydia E. Pinkham's Vegetable Com-pound has been a God-send to me as I believe I should have been in my grave if it had not been for Mrs. Pinkham's Vegetable Com-pound has been a God-send to me as I believe I should have been in my grave if it had not been for Mrs. Pinkham's Vegetable Compound." -Mrs. GEORGE MAY, 86 4th Ave., Paterson, N.J.

Mrs. W. K. Housh says:



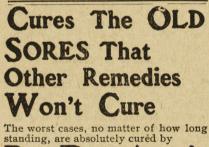
"I have been completely cured of a severe fe-male trouble by Lydia E. Pink-ham's Vegetable Compound, and want to recom-mend it to all suffering women." - Mrs. W. K. HOUSH, 7 East-view Ave., Cin cinnati, Ohio.







the Far North is about two miles a day.

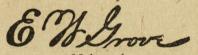


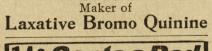
**Dr.Porter's** 

Antiseptic Healing Oil Discovered by an Old Railroad Surgeon. All Druggists positively refund money if it fails to cure. 25c, 50c & \$1.00 Paris Medicine Co.

Paris Notenter, 2000, 000 (2010) Gentlemen: We are requested to say to you that a prominent citizen here-an old soldier-has had a run-ning sore on his leg for a number of years and your DR. PORTER'S ANTISEPTIC HEALING OIL cured him He is prepared to make a sworn statement to this effect. to make a sworn statement to this effect Signed) WYCKOFF BROS., Druggists

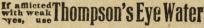
Made by











raised in the (irrigated) desert of southern California, sixty feet below

sea level, that measured considerably more than ten feet in height. Satisfactory crops are raised, but on limited areas as yet, in Vermont and Florida. New York has grown it for over one hundred years in her clay and gravel; Nebraska grows it in her western sand hills without plowing, as does Nevada on her sage-brush desert. The depleted cotton soils of Alabama and rich corn lands of Illinois and Missouri each respond generously with profitable yields to the enterprising farmer, while its accumulated nitrogen and the sub-soiling it effects are making the rich land more valuable and giving back to the cropworn the priceless elements of which it has been in successive generations despoiled by a conscienceless hus-

bandry .-- From Coburn's "The Book of Alfalfa."

## Farm Notes.

A well fowl needs no medicine, Don't doctor and dope unnecessarily. The breeder is a bigger factor than the breed in modern poultry culture.

The very best stock will not be long in degenerating if not properly fed and cared for.

Sweet apples that are not salable are greatly relished and an excellent feed for the fowls.

Scald out the drinking vessels every few weeks; it kills germs and prevents diseases from starting.

The poultry house is more convenient, more easily cleaned and more easily kept cleaned if everything in it is readily movable.

Regularity in feeding and other with poultry, and especially don't forget to be regular in cleaning up.

# A Poet's Club.

To the long list of London clubs there must now be added the Poet's Club, which has been formed for the purpose of revivifying the neglected art of verse making. Henry Simpson is the first president and the members already elected include Mr. and Mrs. Walter Crane, Horace Wyndham, Mr. Atterbury, Miss Helen Haylor and Frederick Moore.

World's Congress to Suppress Noise. When the first international congress for the suppression of street noises is called to order in Berlin in June, 1910, there will be representatives, according to a statement made by Mr. Bordengreen, of the Society for the Betterment of London, from the United States, England, Ger-many, Austria, Holland, Belgium,

Switzerland and Denmark.

# Lectures on Farming.

Columbia University has been quick to recognize the general wave of interest in agriculture, and is providing courses in scientific and economic farming. It arranged for a course of lectures on economic agriculture by prominent men, who can speak with authority on various phases of agriculture.

## Dense Populations.

Next to Saxony, the most densely populated parts of the German Empire are the Rhine province of Prus-sia, with 238 inhabitants per square kilometre, and the principality of Reuss the Elder, with 223 per square general management is important kilometre. The average for the entire empire is 112 per square kilome-

tre.

# Food and Efficiency.

Whenever the diet of soldiers, sailors, prisoners is reduced much below the average that men usually eat, though this is nearly double what Fletcher and Chittenden deem neces-sary, weakness and illness supervene. Men cannot do good work and eat less than what instinct has taught man-kind to eat in the past.—Independendent.

# Piles Cured in 6 to 14 Days. Paze Ointment is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c

French Inheritance Law. According to French law a certain reserve is established which no testator can bequeath away from his offspring. A Frenchman with one child can dispose of half his property according to his pleaure; the other half must inevitably pass to the child.

Dr. Pierce's Pleasant Pellets cure consti-pation. Constipation is the cause of many diseases. Cure the cause and you cure the disease. Easy to take.

A vegetable cheese is being made in an experimental way in England from the casein contained in soya beans.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflamma-tion, allays pain, cures wind colic, 25c a bottle.

November was the coldest as well as the wettest month in the history of the Isthmus of Panama. The maximum temperature in the sun at Culebra was only 96 and the average temperature was below that of any previous month on record.

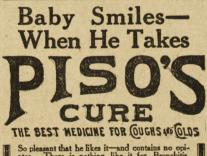
Itch cured in 30 minutes by Woolford's Sanitary Lotion. Never fails. At druggists.

The coal production of France is insufficient for her needs, although in the last 10 years it has increased from 80,000,000 to 86,000,000 tons.

Coal in Japan. There is not less than 1,200,000,000 tons of coal deposited in Japan. This coal is now being mined at the rate of 14,000,000 tons a year. The coal seams usually vary from three to eight feet thick, and are mostly so conveniently situated that they can be worked by incline.

St. Petersburg will establish a large ozone plane to purify the city's water supply, drawn from the germladen Neva.

The largest shipbuilding establishment in Japan is the one at Nagas-aki, founded by the government in



So pleasant that he likes it—and contains no opi-ates. There is nothing like it for Bronchius, Asthma and all troubles of the throat and lungs. A Standard Remedy for half a century. All Druggists, 25 Cents



"I have suffered with piles for thirtysix years. One year ago last April I be-gan taking Cascarets for constipation. In the course of a week I noticed the piles began to disappear and at the end of six weeks they did not trouble me at all. Cascarets have done wonders for me. I am entirely cured and feel like a new man." George Kryder, Napoleon, O.

Pleasant, Palatable, Potent, Taste Good.] Do Good. Never Sicken, Weaken or Gripe. 10c, 25c, 50c. Never sold in bulk. The gen-uine tablet stamped C C C. Guaranteed to cure or your money back. 820