

War Department Says Officers Must Exercise

The war has demonstrated that physical fitness is one of the essential qualities of an efficient officer. It is now equal in weight with intelligence and leadership...

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the hat manufacturer, with their last season's soft hats and have them rebuilt into the very latest styles. We Make Old Hats Look New

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days and holidays for physical exercise and each officer, unless excused for physical disability, shall then engage for a period of not less than two consecutive hours in one or a combination of the following forms of exercise...

To further insure that all officers are fit, it is ordered that they shall be examined annually by a board of Medical Officers. Moreover, any commanding officer may order a subordinate up for such examination...

COULDN'T FOOL THIS KID Johnny paid his first visit to a farm the other day. All his life he had lived in the heart of a city, and when he suddenly came in sight of a haystack he stopped and gazed earnestly at what appeared to him as a new brand of architecture...

EMBARGO ON WHEAT Kansas City, Mo., Sept. 5.—A temporary embargo on wheat shipments to Kansas City was declared yesterday to relieve congestion on the tracks. Elevators here, it is said, contain about 12,500,000 bushels of wheat...

Better Than Bolshevism

The International Sunday School Lesson for September 7 is "The Kingdom of God."—Matt. 13:31-33, 44-50.

By WILLIAM T. ELLIS

A sense of humor, a sense of fairness and a sense of patriotism would save all the world from the blight of Bolshevism.

For Bolshevism is unworkable, over any large area and over any long period of time, because it is merely autocracy turned bottoms up.

Birth Pangs or Death Throes Jeremiah is plentiful in the Near East today, and frequently I have listened to most of the British officers, expounding a rather popular theory that civilization is about to revert to barbarism; and that, as one man expressed it, all ten years the world will be back where it was three hundred years ago.

This raised the basic question. Are the pains which society is now suffering birth-pangs or death-throes? Is what is good in process of dying, or is something still better now being born?

Something new and wonderful is coming to pass which may be called by many beautiful names, but the truest of them is the kingdom of God. An all-wise, all-powerful, all-benevolent Being is working out his glorious purposes for man.

The earth is undergoing a sort of divine housecleaning. The rubbish which has accumulated so much rubbish (some of which we ignorantly esteem to be priceless heirlooms), there is a quantity of rubbish to be raised, and vast quantities of rubbish to be sent to the trash heap.

Getting the Big Idea One who tries to keep his vision clear to study the times in which he lives is troubled by the prevalence of petty programs, and by the failure of so many persons to discern the real bigness of the issue involved.

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Our God is marching on. Characteristics of the Kingdom When a person nowadays grows out of his former small ideas and what a growing time for mankind the past five years have been!

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mon good commands their support. They are 'all for one and one for all.' There is no socialism like that of the kingdom of heaven; for it alone provides the new spirit of love, without which all other social schemes collapse.

CALL THE DOUGHBOYS? France is wondering by what name she will remember the American soldiers, and French newspapers are debating the claims of "Doughboys" as against "Yanks."

SAND SAVES HOME Philadelphia, Sept. 5.—Sand brought from the seashore by children of the family saved the home of Mrs. Susan Canavan, 2155 North Leithgow street, from being destroyed by fire last night.

WRONG TRACK "Some fellows have no heart," said a tramp to his chum, as they were starting out for the day's journey. "I've been telling that man I'm so dead broke that I have to sleep outdoors."

WANT PASTOR RETURNED New Cumberland, Pa., Sept. 5.—An unanimous vote for the return of the pastor, the Rev. C. H. Helges, was taken at a congregational meeting held in the Church of God, on Wednesday evening.

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ALL PRESENT It was evening at the edge of a little French village—the only thing visible above the mud. The men, deeply disgusted, had been called out for "retreat."

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PRACTICAL PROBLEM "Make hay while the sun shines," said the offhand philosopher. "That kind of advice is easy," commented Farmer Cornsone. "What you want to nivent is some method of getting a crop in during the three or four weeks of steady rain."



A Real American Bread "American-Maid"

NOT a "Victory" bread. Thank goodness, those war days are gone—but a victorious bread because of its "winning" qualities. It has gone "over the top" with a rush because back of every claim for it is a perfect, finished loaf that combines all the qualities of a perfect food and a delicacy so often lacking in mere bread.

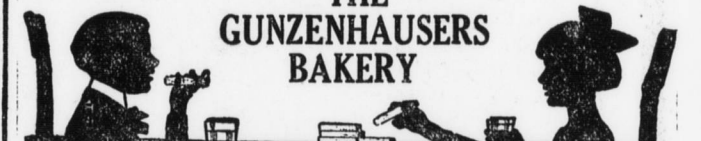
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Today is none too soon. Buy a loaf.

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Advertisement for Dr. Phillips, Dentist. Includes text: 'Absolutely No Pain', 'My latest improved appliances, including an oxygenized air apparatus, makes extracting and all dental work positively painless and is perfectly harmless (Age no objection)'. Address: 320 Market St. HARRISBURG, PA.

Advertisement for NUXATED IRON MASTER STRENGTH AND BLOOD BUILDER. Text: 'Don't Accept Substitutes'

Large advertisement for Hershey's Superior Ice Cream. Includes image of a Hershey's ice cream box and text: 'YOU will not disappoint the little one when you take home with you HERSHEY'S SUPERIOR ICE CREAM. He will be looking for you and will instantly recognize the box. Be sure your dealer has it. It means much to your family. Made by Hershey Creamery Co. Harrisburg, Pa.'

Advertisement for Livingston's clothing. Includes text: 'First Fall Specials', '100 Boys' Suits for \$4.98', 'School and Dress wear in 12 different styles of cloth. Sizes 6 to 18 years.' Also lists 'Special Offering of Women's and Misses' FALL DRESSES' with various styles and prices.

Advertisement for Livingston's clothing. Includes text: 'Special Friday and Saturday 300 Children's & Girls' DRESSES \$1.98'. Also lists '500 Men's and Young Men's Fall and Winter Suits' with prices. Includes images of children and men in suits.

Advertisement for Livingston's clothing. Includes text: 'Hundreds of New Fall Skirts', 'NOW ON DISPLAY - AT ATTRACTIVE PRICES FOR FRIDAY AND SATURDAY'. Lists various skirt styles and prices.

Advertisement for Livingston's clothing. Includes text: 'Men's Trousers for Work and Dress', 'Men's New Fall Hats', 'Boys' School and Dress Pants'. Lists various items and prices. Includes images of men in suits and boys in pants.