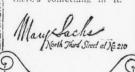


for at her last Twice-a-Ewelvemonth Sale I saved thirty dollars on a suit.

"Of course, she's said nothing about it, but my husband knows a man on the paper and he says he has seen the ad that's to appear August 2nd.

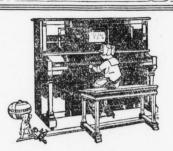
"It will mean a lot to me. It's just six months from the last one. I believe there's something in it."



City Must First Take Action
Concerning Street

Lines

Progress on the plans for the lasting Park improvement and the like, may be completed, so the lasting out the grounds planted for the new high school is a standilly mell the effect council to adopt the plant for the new high school is a standilly mell the effect of the new high school is a standilly mell the effect of the new high school is a standilly mell the effect of the new high school is a standilly mell the effect of the new high school is a standilly mell the effect of the new high school is a standilly mell the effect of the new high school is a standilly mell the effect of the new high school is a standilly mell the effect of the new high school is a standilly mell the effect of the new high school is a standilly of the new products of the new products



The Hardman Autotone Player Pianos

contain wonderful expression devices, including the Accentor, Transposor and Selector. The Autotone can be instantaneously changed to the usual type of hand-played piano. Built completely, both basic piano and player-action in one factory and guaranteed by the Hardman, Peck & Co. Player-Piano catalog mailed free on request.

## YOHN BROS.

13 N. FOURTH STREET.

# Political Printing

No printing office in this city or vicinity is better equipped than we to make your cuts and print your political announcements.

# The Telegraph Printing Co.

Printing Binding Designing Photo Engraving Die Stamping Plate Printing Harrisburg, Penna.

Our cable indicates but little advance out of the chaotic conditions in British and Continental steel trades. The seven-hour day has cut down Welsh coal output and steel producers are further at sea over uncertainty as to costs. Some steel plants have closed down. Japan is buying Welsh tinplate freely. Belgian rods have been sold at £17 5s. f. o. b. Antwerp.

Germans Hampered

German works are greatly ham-

# Fridy, Shooff, Ream, Gemmill, Casey, Broome, Fridy, Shooff, Ream, Gemmill, Casey, Broome, Firemen up: Lenard, Hatton, Frank, Fenstermacher, Malone, Copp, Millard, Miller, Dallmyer, Ressler, Shiskoff, Kase, Mace. Conductors up: Delaney. Brakemen up: Funk, Etzwiler, Boughter, Garlin, Reigel, Werdt, Jackson. Middle Divison. —The 33 crew to go first after 2 o'clock: 24, 17, 227, 253, 250, 230, 228, 248, 219, 20. Laid off—21, 107, 117, 121, 122 112, Engineers wanted for 33, 24, Firemen for 33, 24, Firemen for 33. Flagmen for 33. Brakemen for 24. Engineers up: Sweger, Rowe, Hawk, Leiter, Bomberger, E. R. Snyder, Titler, Nickles, Cook, Corder, Nissley, Firemen up: Atkins. Keiter, Shaffer,



der, Titler, Michies, Nissley, Firemen up: Atkins, Keiter, Shaffer, Keith, Bankis, R. E. Myers, Kint, Campbell, Brookhart, Acker, Kling-er, Holsinger, Kurtz, Gilbert, Nay-C. F. Sharp, 1243 S. 49th st., Phila, a contractor and builder, said: "I suffered from stomach trouble, gastritis and indigestion. At times I would so fill up with gas that I could hardly get my breath. My heart would seem to stop—then would begin to hammer. I saw where a man similarly affected had used Tanlac to advantage. I bought some and the symptoms I had passed away quickly under the Tanlac treatment."

The genuine J. I. Gore Co. Tanlac is sold here by Kramer's, Steevers' and other leading druggists.

Campbell, Brookhet, Gilbert, Naylor, Horsen, Corns, Johnson, Eley, Fenicle, Deckard, Rumberger, Baker, Manning, Hemminger, Shelly, Leonard, Roushe, Tand Hoard, —Engineers wanted for 3, 7C, 2, 15C, 3, 15C, 4, 15C, 23C, 25C.

Firemen wanted for 6C, 11C, 4, Engineers up: Morrison, Monroe, Beatty, Feass, Kautz, Shade, McCord, Ammon, Miller.

Firemen up: Dissinger, Voung, Plank, Rothe, Whichello, Dearoff, Stine, Paul, Ross, Sourbeer, Mensch, Mell, Engle, W. C. Kruger, Hensch, Mell, M

ENOLA SIDE

Philadelphia Division. — The 234
crew to go first after 3.45 o'clock:
243, 245, 214, 251, 227, 222, 211, 226,
204, 218.

204, 218.
Engineers for 251, 226, 204.
Firemen for 214.
Conductors for 245, 252, 204.
Flagmen for 204.
Brakemen for 234, 227, 204.
Conductors up: Gemperling.
Brakemen up: Delsch, Dellinger,
Vogelsong, Wilson, Trostle, Brighton,
Brightop, Buffington, Bowers, Davis,
Gardner.

ardner.

Middle Divison. —The 124 crew to o first after 12.15 o'clock: 109, 237,

Middle Divison. —The 124 crew to go first after 12.15 o'clock: 109, 237, 215, 240.

Engineers for 109.
Brakemen for 109.
Yard Board.—Engineers up: Shuey.
Myers, Guibe, Fagen, D. K. Hinkle.
Firemen up: McConnell, Boyer, A.
W. Wagner, Cashman, Lightner,
Krammer, White, Morris, Lepk, Hetrican, Metz, Taylor, Wolf, Hawbecker.

Engineers for 145.
Firemen for 137, 2nd 102, 2d 126, 3, 129, 2nd 104.

3, 129, 2nd 104.

PASSENGER SERVICE

Middle Divison. —Engineers up:
H. J. Johnson, H. Groninger, W. E.
Turbett, J. C. Crimmel, J. H. Ditmer,
W. C. Black, H. E. Cook, J. W. Smith,
F. F. Schreck, S. H. Alexander, J. W.
Burd, C. Hollenbaugh, A. C. Allen.
Engineers wanted for none.
Firemen up: R. F. Mohler, R. Herr,
R. A. Arnold, R. E. Look, H. W.
Fletcher, S. H. Zeiders, E. J. Sheesley, G. B. Huss, J. N. Ramsey, C. F.
Foust, C. L. S. H. Sheets, S. H.
Wright, W. Beacham, H. B. Thomas,
J. R. Weibley, G. W. Musser.
Firemen wanted for 29.

Philadeiphia Division. —Engineers
up: J. C. Davis, V. C. Gibbons, M.
Pleam, H. Smeltzer.
Engineers wanted for P-38, 4.
Engineers wanted for P-38 and four
extas.

extas.

Firemen up: J. S. Lenig, B. Johnson, F. H. Young, J. M. Platt, W. E. Aulthouse, A. L. Floyd.

Firemen wanted for P-36 and four extras.

Four Flavors Peppermint

Wintergreen

Cinnamon

Clove

A delicious confection

that refreshens the mouth and leaves that delightful, lingering taste.

Carefully packed in linfoil lined with wax paper.

Easily carried in your pocket

"Everlastingly Good."



## SHIKELLIMY **GREAT CAMP**

Boys Like It So Well Some Talk of Overstaying Time Allottment

The Telegraph has received two

by Slackening

The buildings are completed the heavier planting of groups of trees, because the buildings are completed the method of the property of the planting of groups of trees, that by the time the buildings are completed the planting of groups and the time the buildings are completed the planting of groups and the time the buildings are completed the planting of groups and the time the buildings are completed the planting of groups and the planting of groups are completed the planting of groups and the planting of groups are completed the planting of groups and the planting of groups are completed the planting of groups and the groups are completed the groups and the planting of groups are completed the groups and the groups are g

Standing of the Crews

HARRISBURG SIDE

Philadelphia Divison. — The 124 crew to go first after 4 o'clock: 117, 108, 114, 123.
Conductor for 108.
Brakemen for 117, 123.
Engineers up: Smith, Miller, Manning, Steff, Houseal, Mohn, Shocker, Fridy, Shooff, Ream, Gemmill, Casey, Broome.

LYKENS

Lykens, July, 30. — Mrs. James Byerly and family, of Williamsport, spent several days with her mother, Mrs. J. J. Nutt.
Visitors from outside cities say Lykens gave them several days of splendid times and scenes ever witnessed for many years.
Mr. and Mrs. John Briton, Pine street, are the happy parents of a new arrival in their family.
Mrs. Buck leaves on Thursday for Lock Haven on a visit to relatives.

This is pay day here.

Lycoming War Data

Commission Named

Larrabee, William S. Millener, G. B. Milloner, G. B. Milloner, James K. Mosser, C. La Rue Munson, Jackson M. Painter and John M. Pearsons has been appointed of for Lycoming County to co-operard Thomson, chairman; Martha C. Brittain, William P. Clarke, Charles by the Governor to collect and pre-

G War Data
Commission Named
F. Gilmore, Jessica P. Krom, Don M.
Larrabee, William S. Millener, G. B.
Millnor, James K. Mosser, C. La Rue
Millnor, James K. Mosser, C. La Rue
The local committee will also pre-

# YOUR GRIP ON LIFE

depends on the grip you have on sane food habits. You can strengthen your grip on life and health by eating Shredded Wheat Biscuit. It is delicious with berries and other fruits-a wholesome and nourishing diet for the Summer days. A welcome relief from the heavy Winter foodseasily prepared, costs but a few pennies.



We Offer For Sale UNITED STATES GOVERN-MENT SHORT TERM NOTES

Dated August 1, 1919; Due January 2, 1920-Interest Rate 41/2%

These notes can be purchased in denominations of \$500 and \$1,000, and are payable in cash at maturity.

If you have money to invest temporarily you can do no better than to buy this direct obligation of the United States.

# Dauphin Deposit Trust Co.

Harrisburg.Pa.

# Concentrated Sunshine for Your Table

THOUGH this headline may seem fanciful to you, it is founded on scientific fact that you must accept.

1832-1919

What is life, after all, but the absorption and dissemination of energy? Now, most of our energy comes from sunlight and combines with physical elements to form plant and animal life.

Y/E, thirsting for energy, convv sume it in the form of foods. It is present in all products of the vegetable kingdom, vegetables, fruits, nuts, and herbs, in varying degrees. But always it is united with a great deal of cellulose which is indigestible waste matter that provides mere bulk.

Cattle eat vegetable foods, sort out the energy-giving qualities with their four stomachs, and cast aside the rest. Their bodies are concentrated energy.

When we eat beef, we get a tremendous amount of energy in small compass. There is very little waste—our systems absorb practically every bit of beef that we eat.

rely principally upon meats for their food. Were they to repair their waste of energy by eating vegetables, the bulk would tax the capacity of their stomachs. Beef is, then, one of the most nour-

THAT is why working men

ishing foods we can eat. It is almost concentrated, energy-giving sunshine. With the price of beef lowered, it is

also today one of the most economical foods that you can buy.

And what so whets our appetites as the mere mention of a juicy, tender steak, a well-seasoned beef stew or soup, or the delicious goodness of a browned pot roast?

## Eat More Beef-It's Good for You

American National Live Stock Association National Wool Growers' Association Cattle Raisers' Association of Texas Corn Belt Meat Producers' Association of Iowa Kansas Live Stock Association Southern Cattlemen's Association Panhandle and Southwestern Stockmen's Association Nebraska Stock Growers' Association Missouri Live Stock Feeders' Association Illinois Live Stock Association

Indiana Cattle Feeders' Association West Virginia Live Stock Association Wyoming Stock Growers' Association Montana Stock Growers' Association California Cattlemen's Association Colorado Live Stock Association Idaho Cattle Growers' Association Arizona Cattle Growers' Association New Mexico Cattle Growers' Association Cattle Raisers' Association of Oregon

