

INSTRUCTIONAL CENTER FOR HEALTH OFFICIALS BEING HELD AT MT. ALTO

Doctors and Nurses Live in Tents and the Routine of the Day Has a Military Tinge to It

In an interesting article on the fixed health policy of Pennsylvania, printed in the Philadelphia Press, George F. Kearney, writing from Mont Alto says:

"We either earn our right to see life in a more glorious way or the world rolls on, carrying us along with it. To-day there may be many an idealist who dreams of the future of his dreams because he has never cared to earn the stuff that his dreams are made of. That can never be said of the medical profession, for if ever there was a man who just-

ified himself during the war and has truly earned that right to a most enlightened viewpoint with which to face the future it is the medical man.

This is a profession that threw everything into our late struggle for the triumph of democracy, and out of the great heated crucible of war has come an entirely different sort of a physician eager to meet the problems of the future in an intensely more consecrated way. This fact is being brought very near home to us, for it is generally conceded that

Pennsylvania in its newly-organized Department of Health is to lead the nation in a great movement to make the health of the nation safe for the future by a most far-visions system of health control.

Pioneers in Profession
"It is surprising the number of physicians who are not returning to their private practices but are entering public health services in obedience to the new vision gained while in the Army. This certainly is strikingly true of Pennsylvania, whose State Board of Health is now drawing in the many enlightened doctors who have caught a vision of the great possibilities of preventive medicine as a satisfactory solution to our health problem from their Army experiences.

The new head of the State Department of Health is Colonel Edward Martin of Philadelphia, and his assistant is Colonel John D. McLean, also of Philadelphia. Both these men represent the very highest type of physician.

"It was inevitable that neither Colonel Martin nor Colonel McLean should return to private practice. These men have always been pioneers in their profession and the acceptance of these new posts, at certainly great financial sacrifices, was the result of the experience gained in the Army dealing with their profession and literally millions of recruits.

"They saw these thousands of young men being rejected for service in the Army because of physical defects and they saw that a great deal of this waste of man power could be eliminated by a more extensive public health program. It will be remembered that over 33 per cent. of the men examined for the draft were rejected for physical defects—a most alarming testimony of the unhealthiness of the nation.

"And so we gradually see shaping up in our Commonwealth a new program of health which has been fa-

lignantly called the "Martin plan." The new Department of Health, now invested with the most extraordinary powers by a new act of Legislature, is fortunate in having as its head so interesting a personality as Colonel Edward Martin, and it is the very breath of his genial personality and that glowing enthusiasm which he radiates that makes his most as-toundingly revolutionary ideas so de-lightfully possible.

"Dr. Edward Martin is a happy mixture of elf and man. His wit is as refreshing as it is stinging. He is a man with an immense love of people and with an immense capacity of making friends and keeping them. He will always sweep on through life with the high spirits of a man of genius and he invariably inspires an immense amount of confidence.

"The first great step that the Department of Health has taken, at the suggestion of Dr. Martin, has been the establishment of an instructional center for public health officials at the famous sanatorium for the treatment of tuberculosis at Mount Alto. The first camp was held from June 25 to July 2. The second camp will continue until July 15.

Schedule of Day
The camp is run on military lines. The doctors and nurses live in tents arranged in regular company streets. A reveille is sounded every morning at 6.30 and all the students are required to attend the general assembly at 6.45. For fifteen minutes setting up exercises are held under the direction of Dr. William C. Miller, the genial host of all who come to Mount Alto. Taps blow at 10.30 in the evening and between reveille and taps there are many calls to lectures, meals and recreation. A large lecture tent has been set up and the students are given a thorough and strenuous course of lectures to brush up their knowledge on various medical problems and also to present the new methods being rapidly introduced into the department. In order that the various members of the health service of the State may get to thoroughly understand the "Martin Idea" the delightful Colonel himself spends most of his time at Mount Alto and Colonel McLean is constantly

present. "It is the first time that it has ever been thought possible to bring together all the health workers of the State in order to give them a unified vision of the task that is before them. There is at the present time about 6000 workers in the State Health Department. It is part of the Martin plan to recruit about 6000 workers to enlist ten volunteers in the new State health program which will ultimately mean a working corps of 60,000 workers to push forward the program. "And you must meet 'Danny' Coogan, for if you stay only an hour with the kid and of Mount Alto you will find him the hero of these children. "Danny" Coogan was for fourteen years with the Phillies and was one of the most brilliant of all ball players in the major leagues. He was for seven years the physical director and baseball coach at Cornell and he was most recently the man who put Governor Sprout into fit trim for his executive duties.

Hero of the Kids
Danny loves children and the children love him. The sunshine and the wonderful air of Mount Alto do their part, to be sure, but the love of this veteran of many a closely-played baseball game puts the last and final touch on the treatment. He puts them through a series of setting up exercises every day and he directs their play program so that they will get the maximum amount of joy and yet he guides the routine of the day so that they do not over-exert themselves. It has been found out that the best cure for tuberculosis is action with plenty of the opportunity for recreative relaxation. Everybody is given something to do at Mount Alto, for tuberculosis, like the devil, finds mischief for the idle hand. So even if it is sweeping the floor of the dormitory or sawing or carrying wood, everybody at Mount Alto has some set task to perform.

The Pennsylvania Legislature this year has been exceedingly generous in its appropriation, for we are told at Harrisburg that they have an immense confidence in the new State Health Commissioner, and they are willing to back him to the limit. This accounts for the fact that Pennsylvania is being looked upon as the pioneer State in this new nation-wide movement.

"With this resource at its command the Health Department stands ready to launch an immense campaign for the awakening of the consciousness of the people of Pennsylvania that health is a commodity that their State government is anxious to buy for them, and that the only thing needed is co-operation. The Department of Health has been granted almost arbitrary powers in the exercising of its functions, and the people must be prepared to expect certain rulings that will very seriously interfere with the apparent rights of the individual. A farmer will learn, for instance, that he has not the right to keep a cow in his dairy that plainly is a victim of tuberculosis, for the milk which is sent forth into the community is going to seriously menace the health of the consumer.

"Take such a difficult problem as the little country school. It is the belief of Colonel Martin that a great many of these institutions are a serious menace to the health of the children. He is eager to get rid of the little wooden school house, heated by big stoves in the winter and miserably ventilated at all times. With no plumbing, these schools often are the trading place for disease, and it is not long before all the children have come in contact with its infection simply because of the lack of sanitary conditions and also the lack of enlightened guidance on the part of the lone teacher who does not have an organization behind her. This new health department is going to discourage the county school boards from maintaining the little isolated school houses. Instead they are going to encourage the larger institutions to which the children of outlying districts can be brought by means of auto-bus transportation. It can be seen that this will involve all sorts of political and social difficulties that will require an immense amount of patience and firmness upon the part of the health authorities.

"No more important part of the work will be the serious education of the public on all matters of health. When a family is stricken individually that family should immediately call and immediately the doctor is called to treat the stricken one. In rare cases the doctor is able to recommend certain changes in the routine of the household and certain readjustments to the sanitary conditions of the home to prevent the spread of that disease.

"The new Department of Health is going to have the privilege of dealing with a community in the same way that the enlightened doctor deals with a household. If a certain farmer insists on keeping an extensive pig farm in the center of a city or town the health inspector of the future has been empowered both by law and by public opinion to close that pig farm if it can be shown that it is a menace to health. And if a certain town dumps its waste into a stream which another town further down

COLD STORAGE ACT APPROVED

Supersedes the Law of 1913 and Makes a Straight Twelve Months' Storage Period

Announcement was made at the Governor's office here yesterday of the approval of the bill establishing a new code of regulation for cold storage warehouses, effective at once. The new act supersedes the law of 1913, which it was also sought to change in 1915, when the bill was vetoed.

The cold storage bill, which was presented on March 31 and was the cause of much debate in the House, establishes a twelve months limit for food of all kinds. The old law had various periods for meats, eggs, butter and other foods. Various definitions are made, quarterly reports required, a \$50 license fee required and a prohibition of storage or sale of unwholesome food are contained in the act as well as a requirement that every open container or wrapper of foods in cold storage must be marked "cold storage goods." The penalties are changed, the new limits being \$200 and \$300 according to offense with provision for jail sentence.

The Governor also approved the bill providing that second class cities shall have five assessors and an additional one for each seventy-five thousand inhabitants over 200,000 as shown by the preceding census. The salaries are fixed at \$1500 for the first 200,000 inhabitants with an additional \$500 for each additional 75,000.

Another bill signed amends the school code so that all fourth class districts shall have medical inspection and also that medical inspection in all schools shall include the teeth of pupils as well as sight, hearing and other possible disabilities.

uses for its drinking water, all this must be readjusted. And if an epidemic sweeps the State or any part of the State this Department of Health is going to be placed arbitrarily in control of the situation to do whatever it cares to as far as the closing of churches, schools and even stores goes. Conditions that are a menace to the health are to be met in the future in much the same way that they were met in military life by concerted action. The man in service was not allowed to remain ill in his barracks to infect his comrades, nor will the sick civilian of the future be allowed to remain in society to infect his community.

It seems like a simple problem as we briefly sketch it with the inspiration that has been set by the deliberation of the nation-wide conferences that were held at Atlantic City but it actually is a complex, up-hill job with a strong battle against the ignorance and the downright selfishness of a few who are not averse to their full responsibility to society. We have the confidence, however, in entering this new era of health that Pennsylvania leads the nation under the guidance of a most enlightened and energetic leader.

WHY INVESTIGATE?
"What's that you say?"
"There's too much futile investigation going on."
"That's right. Eat your hash. Never mind what's in it."—Kansas City Journal.

Use McNeil's Pain Exterminator—Ad



Roofing Economy

You buy automobile tires for mileage,—and roofing for its lasting qualities. When you buy a tire you are not governed by the look or "feel" of it, nor by its price. You are interested in the service that it will give you. Your first thought is, "What has it done?" Apply a little "Tire Philosophy" to the roofing that you expect to make a permanent part of your factory building.

RUBER-OID ROOFING

was first put on the market by The Standard Paint Company more than a quarter of a century ago. It has lasted on many roofs more than 20 years. Ru-ber-oid is exactly the same product today that it has always been. Ru-ber-oid has never been manufactured to "meet a price". It has always been the best product that we could manufacture. The felt base from which Ru-ber-oid is made, and the saturating and coating compounds, were the subjects of exhaustive experiment and test before they were finally adopted for use. All processes in the manufacture of Ru-ber-oid are carried on with the greatest care, and all compounds are constantly tested to insure absolute uniformity. Phone us for samples and prices. We shall be glad to tell you more about Ru-ber-oid Roofing.

There is but one Ru-ber-oid. The Standard Paint Company makes it.

- | | | |
|---|--|--|
| HARRISBURG
Henry Gilbert & Sons
CHAMBERSBURG
Zog Hardware Co.
ELIZABETHTOWN
J. W. Zaross
GETTYSBURG
Adams County Hardware Co.
HANOVER
C. Mott & Co.
HUMMELSTOWN
J. M. Bridgman
HUNTINGDON
C. H. Miller Hardware Co.
LEBANON
Geo. Kreuse Hardware Co.
LEWISTOWN
The Francis Co. | MAHANAY CITY
Sanner Hardware Co.
MECHANICSBURG
J. W. Miller
MIDDLETOWN
C. Ober
MILTON
D. Glinger's Sons
MINERSVILLE
Sanner Hardware Co.
MT. CARMEL
Sanner Hardware Co.
MT. UNION
F. J. Briggs
MT. WOLF
Geo. A. Wolf & Sons
NEWPORT
C. T. Rice | NEWVILLE
S. E. Sheak & Son
PALMYRA
A. C. Ober
POTTSVILLE
Wm. Burchley & Son
SHAMOKIN
Sanner Hardware Co.
SHIPPENSBURG
J. W. McPherson & Sons
SUNBURY
Sanner Hardware Co.
TREMONT
Sanner Hardware Co.
WAYNESBORO
Beck & Benedict |
|---|--|--|

ASTRICH'S 308 MARKET ST.

July Clearing Sale Of Women's Underwear Affording Unexpected Savings

Every woman who needs undergarments will do well to take advantage of this unusual opportunity to secure the finest garments made at such greatly reduced prices.



The Summer and early Fall bride-to-be should not miss such an important selling event as this.

The Famous Vanity Fair Silk Undergarments At Greatly Reduced Prices

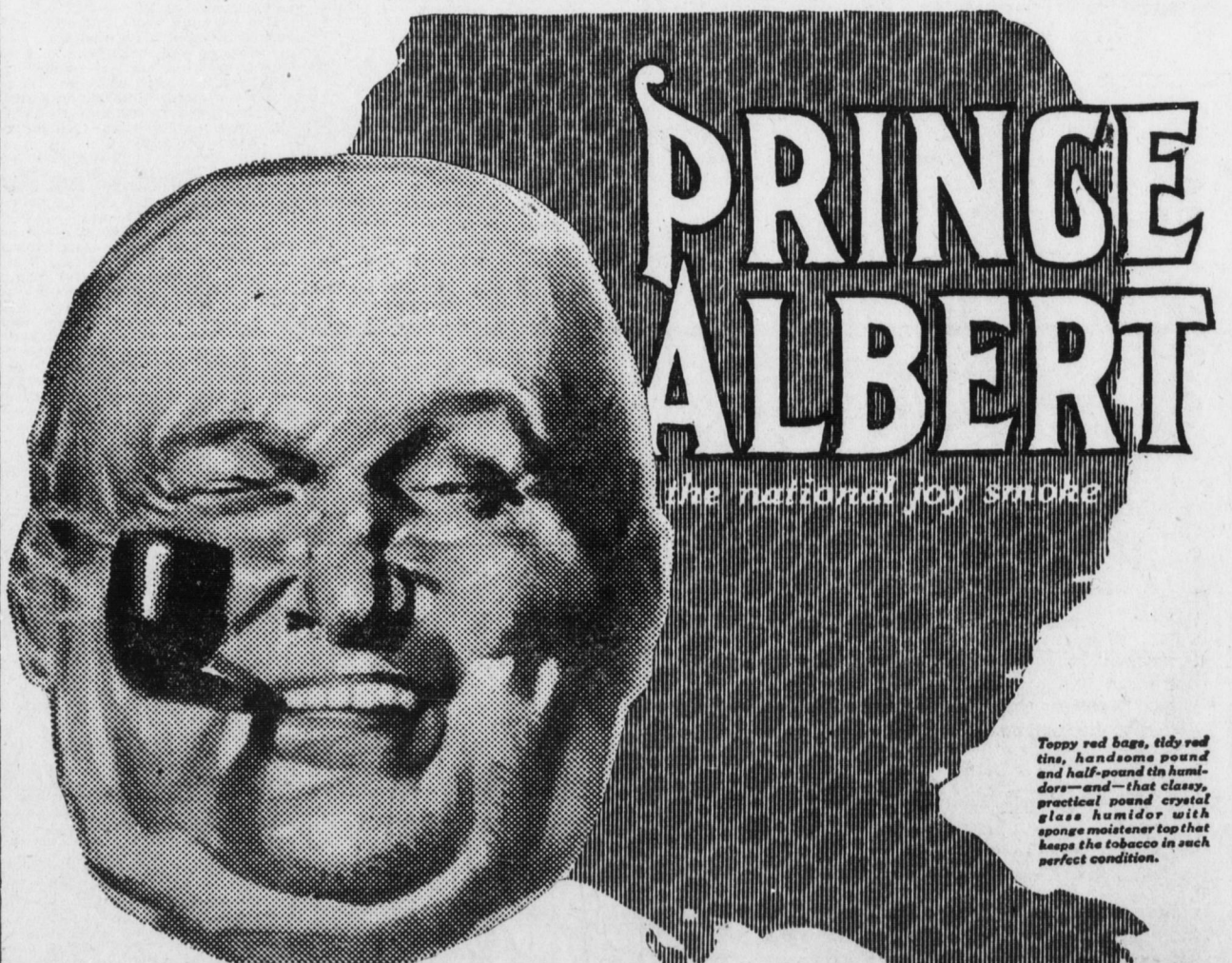
- | | | | |
|--|--------|---|--------|
| Vanity Fair SILK VESTS, with shoulder straps that won't slip down—opera or camisole tops—flesh only—values to \$3.00, sale price, | \$2.25 | Vanity Fair Night Gowns—jersey silk with Vanity lace trimmings—values to \$12.50, sale price, | \$8.98 |
| Vanity Fair Silk embroidered or plain all silk shoulder straps that can't slip—cut to stay up—flesh only—values to \$3.50, sale price, | \$2.98 | Vanity Fair Silk Knickers and Bloomers, with double back, reduced—values to \$3.50, sale price, | \$2.98 |
| Vanity Fair SILK VESTS—extra quality—non-slip—shoulder straps—values to \$4.00, sale price, | \$3.25 | Values to \$4.00, sale price, | \$3.25 |
| Vanity Fair "Step-In" CHEMISE of flesh silk, with baby blue satin ribbon trimming—not pulled over but stepped into—values to \$5.00, sale price, | \$3.98 | Values to \$4.50, sale price, | \$3.50 |

- | | |
|---|--------|
| Wash Satin and Crepe de Chine Camisoles—lace and embroidery trimmed—white or flesh—values to \$1.50. Sale Price | 98c |
| Crepe de Chine and Wash Satin Camisoles, dainty lace and ribbon trimmed—values to \$2.25. Sale Price | \$1.49 |
| Crepe de Chine and Wash Satin, Georgette and Crepe de Chine Camisoles—values to \$2.50. Sale Price | \$1.98 |
| Batiste and Voile Chemise—white and flesh—ribbon and lace trimmed—values to \$1.50. Sale Price | 98c |
| Batiste, Crepe de Chine, Voile and Wash Satin Chemise—flesh or white—values to \$2.50. Sale Price | \$1.88 |

- | | |
|---|-------------------|
| Chemise of fine quality batiste—flesh or white—lace trimmed—embroidered and ribbon run—regularly \$2.50. Sale Price | \$1.79 |
| Chemise of batiste—flesh or white—lace trimmed—ribbon run—values to \$2.25. Sale Price | \$1.49 |
| Canary Bloomers of fancy batiste, mull and wash silks—flesh only; values up to \$2.50. Sale Price | \$1.98 |
| Bloomers of flesh, white, blue, lavender, and fancy batiste and voile; reduced to | \$1.25 and \$1.98 |
| Mercerized Lisle Hose—full seamed—black, white, brown, navy, cordovan—regularly 75c. Sale Price .. | 48c |

All Philippine Underwear Reduced

- | | |
|---|---|
| Hand embroidered Philippine Chemise: Values to \$3.00. Sale Price, \$2.66 | Hand embroidered Philippine Night Gowns: Values to \$3.00. Sale Price, \$2.66 |
| Values to \$3.75. Sale Price, \$2.88 | Values to \$4.50. Sale Price, \$3.66 |
| Values to \$4.50. Sale Price, \$3.66 | Values to \$5.50. Sale Price, \$4.66 |
| Values to \$5.50. Sale Price, \$4.66 | Values to \$6.00. Sale Price, \$4.98 |



PRINCE ALBERT

the national joy smoke

Tony red bags, tidy red tins, handsome pound and half-pound tin humidors—and—that classy, practical powder crystal glass humidors with sponge moistener top that keeps the tobacco in such perfect condition.

If you haven't rung-in on the joys of a jimmy pipe with Prince Albert for packing you certainly want to get introduced inside the next hour! Talk about a pal-party! Why, it's like having a pass on a park merry-go-round early in June! For, Prince Albert has brought pipes into their own—led three men to the utmost tobacco happiness where one man smoked a pipe before! P. A. has blazed the trail for thousands who figured they would have to do "Kitchen Police" on pipe smokers the rest of their lives! Thousands more have taken the tip to roll their own with Prince Albert! So, climb into the P. A. pipe or makin's cigarette pastures and have a session! You'll soon get wise, all right, that Prince Albert never did bite the touchiest tongue in your township—and, it's a brace of aces against a two-spot that it never will fess yours! Read on the reverse side of every Prince Albert package that P. A. is made by our exclusive process that cuts out bite and parch! Give Prince Albert the speed-o taste-test and tongue-test if you want to sing-smoke-songs-at-sunrise! R. J. Reynolds Tobacco Company, Winston-Salem, N. C.

