RAISES CASTING



By S. C. BABCOCK, M. D.

The medical books name many drugs that will move the bowels. The drug store shelves are loaded down with laxatives, purgatives and pills. The trouble with most of them is the after-effects. Constipated people know that pills work all right for a little while, but they soon lose their effect, and a change has to be made to something else. The constant taking of pills results in a form of bowel inactivity that is difficult to cure. The system becomes so accustomed to laxative drugs that the organs just won't work without them, and so the pill habit becomes as bad as constipation itself. Dr. Pierce of Buffalo, N. Y., seems to me to have the right idea. He says the bowels should first be gently moved with Pierce's Pleasant Pellets, and in the meantime laxative foods only should be eaten. Figs, prunes, olive oil, spinach, bran, vegetables and fruits are fine for constipation. Chew every bite thoroughly, eat little meat, and be as active as possible. Now, doesn't that seem sensible? Pleasant Pellets will start the bowels working right; then it is up to you to keep them right by right eating. Try Pleasant Pellets for sick headache, coated tague, billousness, dizziness, torpid liver or to break up a cold. They are just fine!

Dr. Pierce's Anodyne Pile Ointment will overcome any case that can be overcome by medical treatment. Try it right now.

Dr. Pierce's Anudric Tablets are intended for people who suffer from

PRESCRIPTION WAS WRITTEN 60 YEARS AGO

The True History of Father John's Medicine

One of the interesting places in Lowell, Mass., is the old apothecary shop on Merrimack street, established shop on Merrimack street, established in 1827. This location is still a drug store, although of course modernized in many departments. The old pre-scription books, however, have been preserved and form an interesting record covering nearly a century.



Perhaps one of the most interesting books is that of the year 1855. On one of the pages of this book, that dated June 9th, 1855, is written the original prescription for Father John's Medi-cine. This prescription was com-pounded for the Reversed Father Laboratory cine. This prescription was com-pounded for the Reverend Father John



WEST SHORE

WEIGHING TON Program of Exercises at

committee in charge included Mrs.
John Famous, Mrs. Mary Steele, Mrs.
C. L. Kautz, Mrs. S. G. Hepford, Mrs.
P. R. Bigaman, Mrs. Harry Smith,
Mrs. John Roth, Mrs. Jack Snyder,
Mrs. David Vogel and Mrs. William
Keller.

ENTERTAINS CLASS
Enola, Pa., June 11.—Mrs. Claire
Shaffer entertained the members of
the Ruth and Naomi class of the
Methodist Sunday school at her home
last week. Literary readings were
given by Miss Mary Davidson, Mrs.
Roy Bitner and Mrs. W. C. Smith,
Plans for holding the annual class
picnic at Mt. Gretna on June 26 were
saved to Mrs. C. H. Miller, Mrs.
Heckert, Mrs. Roy Bitner, Mrs. W. C.
Smith, Mrs. Roth, Mrs. George Keller,
Mrs. Mrs. Murphy, Miss Grace Heckert, Mrs. Roy Bitner, Mrs.
W. L. Troup, teacher, Mrs. Adams, Mrs. Murphy, Miss Grace Heckert, Mrs. Roy Bitner, Mrs.
Fulmer Shaffer and Charles Shaffer.

WOUNDED SODIER HOME
Duncannon, Pa., June 11.—Norman kines has returned to his home here, after one year and three days'
millterstown

Miss Mary Lohman, of Harrisburs,
Mrs. Mary James Rounsley, and
family at Altoona.

Mr. and Mrs. C. A. Pike, of Washington, D. C., are visiting Mrs. Pike's
were accompanied here by Mrs.

WILL OPEN PLAYGROUNDS
Enola, Pa., June 11.—The .P. R. R.
M. C. A. public playgrounds will be
pened for the summer to-morrow
vening, according to the plan of S.
Hepford, superintendent, the
rounds will close during the last of
ugust. A competent instructor will
placed in charge during the sumier.

HOME QUARANTINED
New Cumberland, Pa., June 11.—
The home of George Shafter, of
Market Square is quarantined, his
little daughter Emma being ill with
diphtheria and son Kenneth has an
attack of measles.

New Cumberland, Pa., June 11.— Naomi, the little daughter of Mr. and Mrs. Walter Bair, of Second street, is seriously ill with diphtheretic croup.

STEELWORKER INJURED New Cumberland, Pa., June 11.—Elmer Sunday, of Fifth street, who is employed at the Central Iron Works, Harrisburg, had his ankle badly sprained while at work. He has to walk with grutches.

BAPTISM AT EBERLY'S MILLS New Cumberland, Pa., June 11.— The Rev. C. H. Heiges, pastor of the Church of God, will conduct an im-mersion at Eberly's Mills next Sun-day afterroon.

that he recommended the medicine to his friends and parishioners. In going to the medicine, they always asked for Father John's Medicine, they always asked for Father John's Medicine and in this way the medicine got its name and was advertised.

Father John's Medicine is a safe family medicine for colds, coughs, throat troubles, and as a tonic and body builder, because it does not contain opium, morphine, chloroform, and any other poisonous drugs, or alcohol, but is all pure, wholesome nourishment.

UNUSUAL WILL CASE IN COURT

Ickesburg, Pa., June 11.—Anrual commencement exercises of the Ickesburg joint high school, will be held in the Patriotic Order Sons of America Hall on Thursday evening. Diplomas will be presented to the graduates by County Superintendert of Schools D. A. Kline, who afterwards will present diplomas to the graduates of the eighth grade. Four students will deliver orations Merrille Owens will speak on "The Flag"; Miss Laura Wibley will speak on "The New Patriotism"; Miss Margaret Kiner will speak on "Over the Top"; Frank Smith will speak on "America First."

On Wednesday evening, the high school will give a three-act play, "The Heart of a Shamrock." The baccalaureate sermon was delivered on Sunday night by the Rev. E. V. Strasbaugh in the Reformed Church.

CLOSES FOR SUMMER

Dauphin, Pa., June 11.—The Mite Society of the Presbyterian Church closed bugsiness for the summer with a picnic at "The Elm." Supper was served to the Rev. and Mrs. Robert Ramsey, Mr. and Mrs. J. D. M. Reed, Mr. and Mrs. Freeman C. Gerberich, Kathry Mr. and Mrs. Freeman C. Gerberich, Kathry Mr. and Mrs. Albert Poffenberger, Mr. and Mrs. Marlin George Mrs. Bion C. Welker, Dr. and Mrs. Bion C. Welker, Dr. and Mrs. W. P. Clark, Mrs. George W. Heck, Mrs. Bertha Hawthorn, Mrs. Alice B. Hess, Mrs. William Lyker, Miss Margaret Brooks, Miss Deibler, Miss Margaret Hawthorne, Miss Katharine Baughner, Miss Derothy Kline, Miss Helen Poffenberger, Miss Derothy Kline, Miss Helen Henghalt Poffenberger, Miss Derothy Kline, Miss Helen Henghalt Poffenberger, Miss Poffenberger, Miss Patheller Poffenberger, Mis

nent soothes, cools and heals piles in a most gratifying way. Perhaps there is no other remedy for this corturing trouble that relieves so surely and quickly. Dr. Pierce believes Angdyne Pile Ointment will be be the pennsylvania Ralicad War Relieves Angdyne Pile Ointment will be be the pennsylvania Ralicad War Relief. The soldiers were by medical treatment. Try it right now.

Dr. Pierce's Anuric Tablets are inched for people who suffer from kidney disorders—whose backs ache, and whose systems are over-run with uric acid. Nearly everybody has too much uric acid. Anuric Tablets dissolve uric acid. Anuric Tablets dissolve uric acid quickly, as they are made double strength.

PRESCRIPTION WAS

Ing, Not Hating the Better Way."

CONVALESCENTS ENTERTAINED

Encla, Pa., June 11.—Twenty-five soldiers from the United States General Hospital at Carlisle, were entertained by Russelle and English were to the Pennsylvania Ralicoad War Relief. The soldiers were brought from Carlisle by motor messengers.

The men were entertained with volume with volume with volume with volume with volume to call and instrumental numbers by Miss May She has not yet been discharged from the service. Miss Bettleyon volume teered as a nurse in 1918 and sailed for France on April 24 of the same the pennsylvania Ralicoad Wrs. Mrs. John Roth, Mrs. Jack Snyder, Mrs. David Vogel and Mrs. William Keller.

PRESCRIPTION WAS

UNEQUALED

POST TOASTIES

To eat them is to ad-

The best and fastest

selling corn flakes in America. A try tells why.

vertise them.

Marietta Soldiers Return Attractive Program For Home From Foreign Soil

Sunbury, Pa., June 11. — George C. Felton, 74 years old, a Civil War veteran, retired Pennsylvania Railroad employe, and for more than 50 years a Mason , is dead at his home here of a complication of diseases. For more than 19 years he was stationmaster at this junction point for the Pennsylvania Railroad Company, and became known to hundreds of persons throughout Central Pennsylvania. Had he lived one more week Mr. and Mrs. Felton would have celebrated their fiftieth wedding anniversary.

wemploye, and for more than 50 years a complication of diseases. For more than 13 years he was stationmaster at this junction point for the Pennsylvania Railroad Company, and became known to hundreds of persons throughout Central Pennsylvania. Had he lived one more week Mr. and Mrs. Felton would have celebrated their fiftieth wedding anniversary.

Halfax, Pa., June 11.—A party was given Monday evening for Miss Catherine Biever at her home in North Front street in honor of her foursteenth birthday anniversary. Those typesent were: Catherine Biever, Sarah Reisch, Florence Hess, Phyllis Neff, Marguerite Lebo, May Still, Kathryn Killinger, Mildred Enders, Marlin Fetterhoff, Albert Bievere, George Raymond Mick, Ida Matter and Norwood and Raymond Bowman. The same evening a party was given on the Biever lawn in honor of Winiferd and Pauline Biever, Vivian Lutz, Martha Reed, Evelyn, Mary and Etter Killinger and Sarah Biever.

BIG STRAWBEERRY CROP

Werean, Robert Krone and George Nagle.

Gerge Nagle.

GIRL SCOUTS' MEETING NIGHT

York Haven, Pa., June 11.—Tuesday night has been designated as the regular meeting night in the future of the four mergel might has been designated as the regular meeting night in the future of the local girl scouts, comprising four patrols, Captain Ruth Walton has announced the following appointments: Humming Birp Patrol, leader, Florence Jennings; assistant, Margaret Fargish. Oriole Patrol, leader, Florence Jennings; visiting committee, Edith Kline; assistant, Margaret Fargish. Oriole Patrol, leader, Florence Jennings; visiting committee, Edith Kline; assistant, Margaret Fargish. Oriole Patrol, leader, Florence Jennings; visiting committee, Edith Kline, Hazel Kottcamp, Margaret Fargish and Alda Ebersole.

NINE STITCHES IN BOY'S LEG Lewistown, Pa., June 11.—James L. Fisher, aged 13 years, a son of June 11.—James L. Fisher, aged 13 years, a son of painful injuries while building a chicken coop at his home. The Fisher boy, accompanied by William and Levely, have a standing the regular meeting nig

BIG STRAWBERRY CROP Hagerstown, Md., June 11.—The rawberry crop in this section of the Cumberland Valley is at its the Cumberland Valley is at its height, there being fifteen thousand quarts of berries offered for sale on the Hagerstown market yesterday, besides heavy shipments of berries made to the larger cities. The crop is a little short offast year.

While sweet cherries are plentiful, sour cherries are practically a failure owing to rainy weather drowning the pollen when the trees were in bloom.

WOUNDED SODIER HOME

M3 among

A food creation

that excels in

substance-

flavor and

corn flakes!

Children's Day Exercises at York Haven Church

NINE STITCHES IN BOY'S LEG
Lewistown, Pa., June 11.—James
L. Fisher, aged 13 years, a son of
J. T. Fisher, of Lewistown, received
painful injuries while building a
chicken coop at his home. The
Fisher boy, accompanied by William Hetrick, aged eleven years, was
up in the loft of the barn when
James lost his footing and fell to
the floor of the loft on a pile of
boards. The boards he was standing
on fell on him and cut a gash six
inches long in his upper thigh. It
took nine stitches to close the
wound.

Two Survivors of Famous Ninth Pennsylvania Cavalry

Lewistown Man Shoots

JUNE 11, 1919.

Himself With Revolver

Lewistown, Pa., June 11.— In ill dinner will be served in the even-





The Autocar is built to carry its load on all four wheels. With heavy burdens the strain is evenly distributed, which means economical operation and up-

The basic merit of this design produces a truck sturdy enough for heavier loads but equally as economical with light.

The National Lead Company has found the sturdy construction and economical operation of the Autocar invaluable in its business.

Chassis (11/2 to 2 tons) \$2050-97 inch wheelbase \$2150-120 inch wheelbase

We are equipped to render complete maintenance service to Autocar owners in this territory

Eureka Wagon Works

Winston-Salem, N. C.

