PERSHING CHEERED IN NANTES

By Associated Press

Nantes, France, Feb. 4.—General J. J. Pershing, commander-in-chief of the American forces in France, arrived here last evening. He was received at the station by the civil and military authorities and was cheered by a large crowd. After a short stay in the city he left for Tours, where he will inspect American contonments and depots.

Additional Classified Ads on Opposite Page

AUTOMOBILES

FOR SALE — 1916 Hollier Touring car, 8-cylinder. Just been overhauled. If interested, call at Hess Garage, Hershey, Pa.

OLD AUTOS
Wanted; used, wrecked or oldtimers, in any condition. See me before sacrificing elsewhere. Chelsea Auto Wrecking, A. Schiffman, 22, 24, 26 North Cameron street. Bell 3633.

FOR SALE
One twelve-cylinder Pathfinder, new Cord tires; one Ford Roadster; one Inter-State, five-passenger; one Chalmers Touring; two one-ton Ford Trucks.
The above cars are all in excellent condition. Prices low.
CONOVER MOTOR CO., INC., 1334 Howard Street.

ONE NEW CONESTOGA TRUCK—Covered body; 1,000 lbs. capacity; a bargain. Inquire of Philadelphia Quick Lunch.

FORD ROADSTER, 1915, for sale. George Borondi, 1202 Christian street, Harrisburg, Pa.

FOR SALE
1917 Reo, 5-passenger.
1918 Dodge, 5-passenger.
1912 Stanley Steamer.
Ford Runabout.
Ford Light Delivery.
SIBLE'S GARAGE, 301 Cumberland Street.

STOLEN — 1917 Ford Touring Car STOLEN. Motor No. 1720364, slight crack on left side of cylinder head, front tires U. S. Usco tread, rear, Nonskid Firestones, Gray-Hawley Cutout. Car thought to be in vicinity of Harrisburg. Liberal reward. W. H. Fleming, Glenmore, Pa.

FOR SALE — Overland Touring Car, $350. One-ton Buick, $400. Inquire Ober Bros., 37 North Cameron Street.

1917 FORD CARS — Touring, $385.00.
Harley-Davison Twin, with sidecar, $250.00.
Get acquainted with me. Save money on any used machine wanted. Simon Horst, Linglestown, Pa.

FOR SALE — Buick Roadster, Al shape. Bargain for some one. A. Schiffman, 22-24-26 North Cameron.

KEYSTONE AUTO TOP CO. — All sorts of auto top and cushion work done by experts; also repair work. Reasonable rates. 72-78 South Cameron street.

WM. PENN GARAGE
204-6 Muench street. Limousines for funeral parties and balls; careful drivers; open day and night. Bell 1564.

SUNSHINE GARAGE — Auto repairing by an expert. Road jobs a specialty. Charges reasonable. Both 'Phones. Sunshine Garage, 27 North Cameron street.

SECOND-HAND TRUCKS and pleasure cars for sale. Ford ton trucks, Auto-Car 2-ton trucks and one 7-passenger Haynes Touring Car. All cheap to quick buyers. International Harvester Co. Truck Department, No. 519 Walnut street.

WANTED — All kinds of used auto tires. We pay highest cash prices. No junk. H. Esterbrook, 912 North Third street. Dial 4990.

Garages, Accessories and Supplies

MAGNETOS — All types; 4 and 6 Bosch high tension, Elshmann, Dixey, Splitdorf, Mea, Remy and different makes of coils, carburetors, etc. A. Schiffman, 22-24-26 North Comeron Street. Bell 3633.

WELDING, AUTO AND MACHINE PARTS
Frames Straightened and welded. Heavy Cast Iron Our Specialty. Expert Welders. Work Guaranteed. CAPITAL CITY WELDING CO. 1538 Logan St. BELL 4396J

AUTO RADIATORS of all kinds repaired by specialists. Also fenders, lamps, etc. Best service in town. Harrisburg Auto Radiator Works, 805 North Third street.

AUTO TIRE BARGAINS

30x3½	$14.72
31x4	22.68
32x3½	17.28
32x4	23.00
34x4	26.00
33x4½	27.50
35x5	15.00
32x3	12.56

DAYTON CYCLE CO., 912 North Third Street.

MOTORCYCLES AND BICYCLES

FOR SALE — 3-speed motorcycle, electrically equipped; good lines; new storage battery. Can be seen at Ches. Smith's Bicycle Shop, 1815 North Third street. A bargain at $100.

BICYCLE REPAIRING BY AN EXXPERT ALL WORK GUARANTEED. DORY SHANER WITH ANDREW REDMOND, 1507 NORTH THIRD ST.

WANTED

WANTED — To adopt a baby girl, 9 months to 3 years. A good home, with Christian training and good educational advantages. Will consider an illegitimate. Address M., 7035, care of Telegraph.

LEGAL NOTICES

MY wife, Mrs. Bruce M. Winter, having left my bed and board without just cause, I hereby notify all persons not to harbor nor trust her on my account, as I will not pay any debts contracted by her.
(Signed) BRUCE M. WINTER.

NOTICE — Letters Testamentary on the Estate of SOLOMON SANTO, late of Harrisburg, Dauphin County, Pa., deceased, having been granted to the undersigned, all persons indebted to said Estate are requested to make immediate payment, and those having claims will present them for settlement.
COMMONWEALTH TRUST CO., Executor, 222 Market Street, Harrisburg, Pa.

NOTICE — Letters of Administration on the Estate of Gertrude F. Miller, late of Harrisburg, Dauphin County, Pa., deceased, having been granted to the undersigned residing in Harrisburg, Pa., all persons indebted to said Estate are requested to make immediate payment, and those having claims will present them for settlement to
JEROME R. MILLER, Executor, No. 2024 Green Street.
Or I. P. BOWMAN, Attorney.

LEGAL NOTICES

NOTICE — Letters of Administration on the Estate of Robert B. Mateer, late of Harrisburg, Pa., Dauphin County, Pa., deceased, having been granted to the undersigned residing in Harrisburg, 900 North Third street, all persons indebted to said Estate are requested to make immediate payment, and those having claims will present them for settlement.
J. FRANK PALMER, Administrator.
Or to JOHN E. PATTERSON, Attorney-at-Law.

MARKETS

New York, Feb. 4.—Wall Street—Firmer tendencies ruled in all sections of the list at the opening of to-day's stock market. U. S. Steel, Motors, Leathers and numerous specialties made gains ranging from large fractions to a point. Further recovery was observed in stocks recently under bear pressure, especially high-grade oils and investment rails. Conspicuous among the latter were Canadian Pacific and Chesapeake and Ohio, each gaining a point. Early quotations for Liberty Bonds were irregular.

Advances in U. S. Steel, various motors, leathers, American Sugar, American Smelting, Baldwin Locomotive and oils were generally enhanced during the first hour, steel rising to 91, its best quotation since last week's cut in the extra dividend. International Nickel continued strong, in disregard of yesterday's lower rate of dividend and specialties as a class profited by further short covering. Profit taking and heaviness of Marine pfd. reduced some of the more substantial gains at noon, when the market became extremely dull.

NEW YORK STOCKS

Chandler Brothers and Company, members of New York and Philadelphia Stock Exchanges—3 North Market Square, Harrisburg; 336 Chestnut street, Philadelphia; 34 Pine street, New York—furnish the following

American Beet Sugar	68¾	68¾
American Can	46¾	47⅛
Am. Car and Foundry Co.	29¼	89
Amer. Loco		60
Amer. Smelting	71fff	71⅜
American Sugar	113	111¼
Anaconda	59⅛	59⅜
Baldwin Locomotive	67½	68
Bethlehem Steel	59⅞	59¾
California Petroleum	23¾	24⅜
Canadian Pacific	158	158¼
Chesapeake and Ohio	55⅜	55¼
Chicago, R. I. and Pacific	22¾	22¾
Corn Products	47¾	48fff
Distilling Securities	54¾	54¼
General Motors	129½	130
Goodrich, B. F.	61	61
Great Northern Ore, subs.	38⅝	38⅝
Hide and Leather	17⅞	18⅛
Hide and Leather, Pfd	88½	88¾
Inspiration Copper	44¼	44¼
International Paper	35⅝	35¼
Kennecott	32¾	32⅞
Lackawanna Steel	66¾	66¾
Maxwell Motors	21	31⅜
Merc. War Ctfs	22⅜	21⅝
Merc. War Ctfs, Pfd.	97	95¾
Mex Petroleum	167	167½
Miami Copper	22¾	22¾
Midvale Steel	41⅞	41¾
N. Y. Central	73	73
N. Y., N. H. and H.	28¾	28
Penna. Railroad	44¼	44¼
Railway Steel Spg	73	73
Ray Con. Copper	20⅛	20⅛
Reading	78⅛	78⅝
Republic Iron and Steel	73¼	73¼
Southern Pacific	98¼	98
Southern Ry	26⅝	26⅜
Studebaker	50¾	51¼
Union Pacific	127	127¼
U. S. Rubber	76	76⅛
U. S. Steel	90⅝	90½
Utah Copper	70⅛	70⅛
Virginia-Car. Chem	53⅜	53½
Westinghouse Mfg	41¼	41¼
Willys-Overland	25⅜	24⅞
Western Maryland	10¾	10½

PHILADELPHIA PRODUCE

By Associated Press

Philadelphia, Feb. 4. — Wheat — No. 1, soft, red, $2.20; No. 2, red, $2.24; No. 3, soft, red, $2.24.

Corn — The market is dull; No. 2, yellow, as to grade and location, $1.38@1.45.

Oats — The market is steady; No. 2, white, 63@68c; No. 3, white, 66@66½c.

Bran — The market is dull; soft winter, in 100-lb. sacks, $52 per ton; spring, in 100-lb. sacks, $50 per ton.

Butter — The market is steady; western, creamery, extras, firsts, 48c; nearby prints, fancy, 52@54c.

Refined Sugars — Market steady; powdered, 8.45c; extra fine granulated, 9c.

Eggs — Market higher; Pennsylvania and other nearby firsts, free cases, $12.60 per case; do., current receipts, free cases, $12.30 per case; western, extra firsts, free cases, $12.40 per case; do., firsts, free cases, $12.15 per case; fancy, selected, packed, 47@48c per dozen.

Cheese — The market is dull; New York and Wisconsin, full milk, old, 35@37c; do., new, 32@37c.

Live Poultry — Market higher; fowls, 34@36c; spring chickens, 33@35c; fowls, not leghorns, 32@36c; white leghorns, 34@37c; young, softmeated roosters, 32@33c; old roosters, 21@22c; staggy, young roosters, 27@28c; spring chickens, not leghorns, 30@32c, white leghorns, 29@30c; broilers, fancy, 40@42c; larger, 34@35c; roasting chickens, 30@36c; ducks, Peking, 40@42c; do., old, 30@35c; Indian Runners, 38@39c; spring ducks, Long Island, 34@36c; turkeys, 34@36c; geese, nearby, 30@32c; western, 30@32c.

Dressed Poultry — Firm; turkeys, spring, choice to fancy, 44@45c; do., western, choice to fancy, 43@44c; turkeys, fresh killed, fair to good, 38@42c; turkeys, common, 30@35c; old, turkeys, 38@48c; fowls, fresh killed, choice to fancy, 33@34½c; do., small sizes, 28@30c; roosters, 27c; western roasting chickens, 25@26c; western broiling chickens, 42@44c; ducks, western, 38@40c; Pekin ducks, 38@40c; old ducks, 30@32c; Indian Runners, 36@37c; spring ducks, Long Island, 30@40c; geese, 26@30c.

Potatoes — Market dull and weak; New Jersey, No. 1, 80@90c per bushel; do., No. 2, 50@52c per basket; do., 100-lb. bags, No. 1, $2.50@3.00 extra quality; do., No. 2, $1.50@2.25; Pennsylvania, No. 1 100 lbs., $1.80@2.00; do., per 100 lbs., fancy $2.05@2.10; New Jersey, No. 1, 100 lbs., $2.15@2.50; do., No. 2, 100 lbs., $1.25@1.75; western, per 100 lbs., $1.85@2.00; New York state, per 100 lbs., $1.75@1.90; Maine, per 100 lbs., $1.50@1.90; Delaware and Maryland, per 100 bag, 90c@$1.10; Michigan, per 100 lbs., $1.55@1.70; Florida, per barrel, $2.60@2.90; Florida, per bushel, hamper, 75@85c; Florida, per 150-lb. bags, $1.50@3.00; North Carolina, per barrel, $1.50@4.00; South Carolina, per barrel, $1.50@4.00; Norfolk, per barrel, $3.25; Eastern Shore, per barrel, $2.00@2.75; fancy, Macungie, No. 1, per barrel, $2.90@3.10; do., No. 2, per barrel, $1.25@1.50.

Flour—The market is quiet; winter straight, western, $10.25@10.50 per barrel; do., nearby, $9.50@10.00 per barrel, Kansas straight, $10.50@10.75; per barrel; do., short, patents, $10.75@11.20 per barrel; spring, short, patents, $10.80@11.35 per barrel; do., spring patents, $10.50@10.75 per barrels, spring firsts, clear, $9.40@9.75.

Hay—The market is dull; timothy, No. 1, large and small bales, $30.50@31.00 per ton; No. 2, $29.00@29.50 per ton; No. 3, $25.00@26.00 per ton.

Clover — Light mixed, $28.50@29.00; No. 1, do., $26.50@27.50; No. 2, do., $25.00@26.00.

Tallow — The market is dull; prime city, in tierces, 8¼c; do, special, loose, 9c; prime country, 7½c; dark, 6½c; edible, in tierces, 11½@12c.

CHICAGO CATTLE

Chicago, Feb. 4. — (U. S. Bureau of Markets). — Hogs — Receipts, 45,000; market fully 10c higher than yesterday's average; pigs mostly 50c higher. Bulk of sales, $17.40@17.85; butchers, $17.65@17.95; light, $16.75@17.60; packing, $16.50@17.50; throwouts, $16.00@16.50; pigs, good to choice, $13.25@16.25.

Cattle — Receipts, 13,000; market mostly 15c to 25c higher; calves 50c higher. Beef cattle, good, choice and prime, $16.65@20.25; common and medium, $10.50@16.65; butcher stock, cows and heifers, $7.00@14.75; canners and cutters, $6.00@7.00; stockers and feeders, good, choice and fancy, $10.75@14.25; inferior, common and medium, $8.25@10.75; veal calves, good and choice, $14.25@14.75.

Sheep — Receipts, 22,000; market opening strong on all classes; lambs, choice and prime, $16.80@16.90; medium and good, $15.50@16.80; culls, $12.00@14.20; ewes, choice and prime, $10.50@10.75; medium and good, $9.25@10.50; culls, $5.00@8.00.

Schuylkill Anthracite Mines in Full Operation; Will Store the Surplus

Reading, Pa., Feb. 4.—Reports from the Schuylkill coal regions today show that conditions are practically the same as they were yesterday as far as the production of anthracite is concerned. The Reading Coal and Iron Company's mines are all in operation and shipments will be made as usual. What is not absorbed by the market will be stored at Abrams and Landingville. The dumps at Landingville will hold 1,500,000 tons and the one at Abrams at least as much more.

Spangler Wants House Committees to Hurry

After consideration of the prohibition amendment resolution the House approved the Senate amendments to the deficiency bill without comment and Speaker Spangler reiterated his call to chairmen of committees to hold meetings and dispose of bills. "I hope that committees will start to work at once; we want action on the bills so that the business of the session can be expected," said be.

The House adjourned until 11 a. m. Wednesday as a mark of respect to General Charles T. Menoher, commander of the Rainbow Division, who will return to his home city of Johnstown to-morrow and who will be greeted by Governor Sproul.

Dr. N. C. Schaeffer Passes 70th Birthday

Dr. Nathan C. Schaeffer, State Superintendent of Public Instruction, yesterday celebrated his 70th birthday. The office force at the capitol presented him with a large basket of roses and lilacs. Dr. Schaeffer has been in the state service nearly 36 years.

Reichstag Building Is Heavily Guarded

Berlin, Feb. 4.—In the face of the clear intention of the extremists to oppose the meeting of the national assembly, the government is taking strong military measures, both in Berlin and Weimar. Troops have been re-enforced in the newspaper quarter of Berlin, and heavily manned armored cars stand day and night before the Reichstag building in readiness to proceed to any threatened point.

MRS. CATHERINE J. BURK

Mrs. Catherine J. Burke, aged 65 years, died last night at her home, 1612 Hunter street. Funeral services will be held Thursday afternoon at 2 o'clock, the Rev S. Edwin Rupp, pastor of the Otterbein United Brethren Church, officiating. Burial will be in the Prospect Hill Cemetery. Mrs. Burk is survived by her husband, John J. Burk, and the following children: Joseph E., Evons E., James M., Mrs. Elsie Donecker, and Mrs. Devona Ackerman.

MRS. MARY A. CARSON

Mrs. Mary A. Carson, wife of W. S. Carson, died at her home, 230 South Second street. She was aged 73 years. Mrs. Carson was born in Harrisburg and lived here all her life. She is survived by her husband, a daughter, Mrs. Margaret Stephenson, and a son, Walter L. Wallace, also three grandchildren. Funeral service will be held Thursday afternoon at 3 o'clock, the Rev. Ellis N. Kremer, pastor of the Reformed Salem Church, officiating.

SAMUEL H. BRUCKHART

Funeral services for Samuel H. Bruckhart, 430 Hummel street, who died suddenly yesterday morning, will be held at the residence tomorrow evening at 7.30 o'clock. The body will be taken to Silver Springs Thursday for burial. Mr. Bruckhart was aged 62 years. He is survived by his wife, three sons and a daughter.

FRANK C. SHUSTER

Funeral services for Frank C. Shuster, 707 Showers avenue, will be held to-morrow afternoon at 1.30 o'clock. Burial will be in the Harrisburg cemetery. Mr. Shuster was aged 32 years. He is survived by his wife, Clara. He died Friday at his home. He was widely known and had many friends in Harrisburg.

MISS RACHAEL H. NISLEY

Funeral services for Miss Rachael H. Nisley, daughter of Mr. and Mrs. Martin Nisley, 1846 State street, will be held to-morrow afternoon. Burial will be in the East Harrisburg cemetery. Miss Nisley was aged 24 years. She died Sunday at her home. She was very popular in the city and had many friends who mourn her loss.

3,507 TROOPS HOME FROM WAR

By Associated Press

New York, Feb. 4.—Bringing the Forty-fourth and Sixtieth regiments, coast artillery corps of the regular army, and 158 casuals and nurses and civilians—3,507 in all—the transport Cedric arrived here to-day from Brest.

AFTERNOON FLASHES OF GENERAL EVENTS

By Associated Press

Hazleton, Pa. — Further curtailment went into effect at the anthracite mines, of the Lehigh field to-day, as a result of dullness of the market.

Philadelphia. — About 2,000 textile workers of this city were locked out when they reported for work to-day. The workers are those who have been demanding a forty-eigh-hour week, and who quit yesterday when they had completed an eight-hour-day.

St. Louis. — Walter Mayer, catcher on the Boston American team, has been purchased by the St. Louis American League club, President Phil Ball, of the Browns, announced to-day.

Tokio. — The Belgian Minister today presented the Order of Queen Elizabeth to thirty-seven women war workers. Among those who received the decoration were three Japanese princesses, including Princess Fushimi, and five American women, Mrs. Coleman and Mrs. Swift, of Tokio; Mrs. Mey, of Yokohama, and Mrs. Colbran and Mrs. Wellhaven, of Seoul, Korea.

Amsterdam. — General Baron Von Hammerstein, according to a dispatch from Berlin, has been appointed to succeed General Von Winterfeldt as the leading military delegate on the German Armistice Commission. General Von Winterfeldt resigned on January 27 on the allegation that his dignity had been offended.

Y CAMPAIGN IS UNDER WAY

[Continued from First Page.]

liam Bowman, E. S. Herman and H. M. Butler, national field commissioner.

Goal Is 1,500 Members

It was decided that the suppers scheduled for to-night and Thursday night will be eliminated. Those planned for to-morrow night and Friday night will be held. It was originally decided that reports would be made every night during the week until Friday night, but the new action was taken to cut down expenses.

The goal is 1,500 members. The present membership is now 1,229. February 1, approximately 600 memberships expired and the drive is on to secure renewals of these memberships and to secure an additional 300 applications. There is small doubt in the minds of the workers that this will be secured. The captain of one of the teams reported last night he had secured two memberships by wire from New York City, and other are coming in in proportion.

Plans for a "Homemade Vaudeville Show," to be the grand finale of the campaign for members, were made at a conference of Henderson Gilbert and John F. O'Neil, masters of ceremonies held yesterday afternoon. Prominent local talent will figure in the program and it is promised that the festivities will be the "greatest ever." No details of the program could be announced this morning, but it was stated there will be a number of surprises in the line of local talent.

Berlin Spartacans Seize Koenigsberg Buildings

By Associated Press

Copenhagen, Feb. 4.—A majority of the government buildings in Koenigsberg, East Prussia, have been seized by Spartacans from Berlin. The governor of East Prussia has declared a state of siege in the Thorn district and instituted court-martial.

CATTLE YARDS EXEMPT

After receiving an opinion from City Solicitor John E. Fox in which he said it is not likely the court would sustain an assessment and tax on cattle yards owned in this city by the Pennsylvania Railroad Company because they maintained them only to comply with Federal laws and not for any business profit, the Board of Revision of Taxes and Appeals, organizing after council meeting this morning, decided to exempt the property. The assessed valuation of the yards is $12,160.

7,600 Soldiers to Return

By Associated Press

Washington, Feb. 4.—Departure from France of nine ships which will dock at New York, Philadelphia or Newport News in the next three weeks with approximately 400 officers anw 7,200 men, from the American expeditionary force, was announced to-day by the War Department.

RUBBER STAMPS
SEALS & STENCILS
MFG. BY HBG. STENCIL WORKS
130 LOCUST ST. HBG. PA.

WANTED TO BUY OR RENT
House in good condition with modern improvements in central location. Give full particulars, terms or rental in first letter. Address Box C 1919, care Telegraph.

Richard F. Einstein
has resumed active management of the
Einstein Agency
Insurance and Bonds
SPOONER BUILDING
9 N. Market Square
Bell Phone 3745

Desirable Property For Sale or Rent
Two large modern buildings. Both two-story, 100x85 and 100x50
The largest building contains 17,000 sq. ft. of space while the smaller building covers 10,000 sq. ft.
This is an exceptional opportunity for an ideal factory location. You have plenty of space, excellent lighting and prompt shipping facilities. Located only one block from railroad center.
Or will rent all or part of building.
Call or Write
B. F. HOFFMAN,
7th and Camp Sts.
Harrisburg, Pa. Bell 928

Y. M. C. A. Committee Plans For Fathers' and Sons' Program

At a meeting of the boys' work committee of the Y. M. C. A., to-day plans were made for the celebration of Fathers' and Sons' week in Harrisburg, February 11 to 17. The committee decided to ask all churches to hold special services for fathers and sons the Sunday of February 16. The committee also arranged for a special meeting in the association rooms on that day.

Dr. Frank B. Kann was made chairman of a committee to have charge of a fathers' and sons' "Play Night" at the association on Saturday evening, February 15, and J. William Bowman, John Fox, Weiss and Arch. Dinsmore will plan for a dinner for February 17, to which all fathers accompanied by their sons, whether or not they are members of the "Y" may attend. The tickets will sell for $1.25 per pair and the dinner will be served in the diningroom of Chestnut street hall.

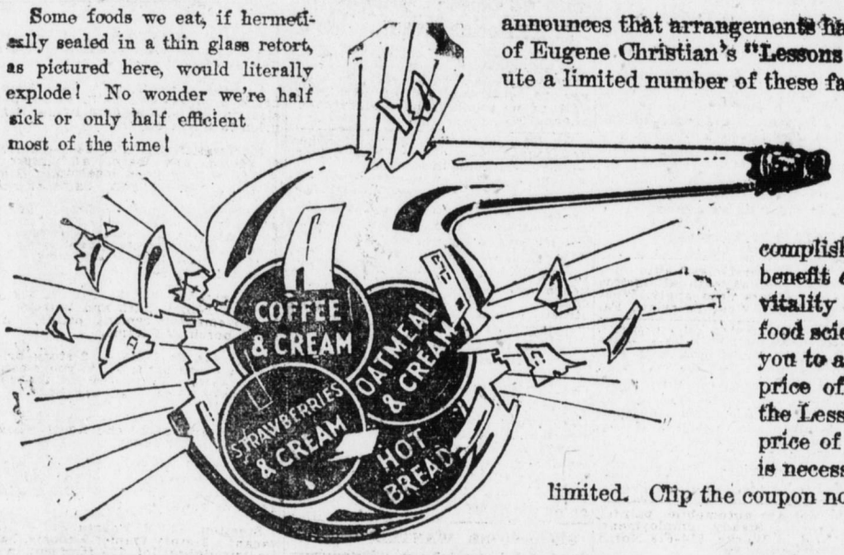
New members of the boys' work committee named for the coming year are: Frank Foose, Prof. F. E. Downes, Dr. Charles B. Fager, L. F. Neefe, E. S. Nissley, Captain E. J. Stackpole and G. M. Steinmetz.

RENT PAYER
This Is Your Chance to Own Your Own HOME
On Small Payment in CASH and Balance on EASY TERMS
Nos. 527, 529, 531, 535, 537 and 539 South Sixteenth Street—two-story bricks; six rooms and bath.
Nos. 539, 541, 543 South Fifteenth Street—two-story bricks; six rooms and bath.
Nos. 538, 540 and 543 South Seventeenth Street—eight rooms and bath.
Nos. 3217 and 3221 Derry Street—bricks; eight rooms and bath.
These homes have porches and all modern improvements, paved streets, near car line, and will be sold in payments that will meet your income.
S. W. FITZGERALD
REAL ESTATE AGENCY 34 S. 3rd STREET

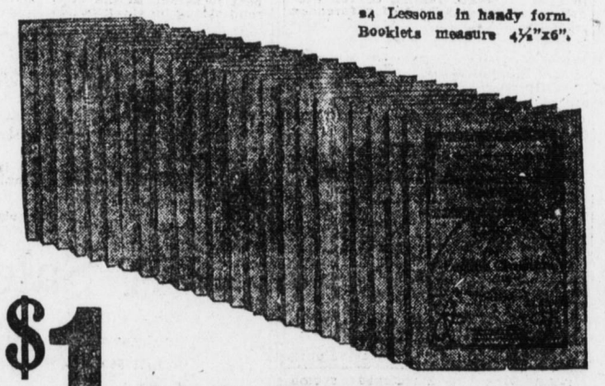
Harrisburg Telegraph

announces that arrangements have been made with the publishers of Eugene Christian's "Lessons in Corrective Eating" to distribute a limited number of these famous Lessons at the specially reduced price of $1, instead of the regular price of $3. The Telegraph urges every reader to grasp this opportunity, for it knows from the vast good accomplished by the Lessons, that it will benefit every reader in health, vigor and vitality to follow the advice of the noted food scientist. The coupon below entitles you to a set of the Lessons at the normal price of $1. More than 200,000 sets of the Lessons have been sold at the regular price of $3. Prompt action on this offer is necessary, for the supply of Lessons is limited. Clip the coupon now.

Some foods we eat, if hermetically sealed in a thin glass retort, as pictured here, would literally explode! No wonder we're half sick or only half efficient most of the time!



FOODS THAT EXPLODE



84 Lessons in handy form. Booklets measure 4½"x6".

There are many foods, harmless in themselves, which when eaten in combination with other harmless foods produce a chemical reaction in the stomach and literally explode. If you could look into your stomach right after breakfast, lunch or dinner any day, you would understand the cause of over 90% of all sickness, why most men are less than 50% efficient and why the average life of man is only 39 years.

Food is the fuel of the human system—it furnishes the motive power for the day's work. Yet not one in a hundred knows the chemistry of food or the effects of different foods in combinations. Some of the meals we are constantly eating have the same effect on our system as dynamite, soggy wood, mud and a little coal would have on a furnace. No wonder we often lack the vital energy necessary to overcome every obstacle in our fight for success! No wonder so many of us are constantly being held back when we should be forging ahead! The trouble is that we're trying to run our fuel-engine system simply can't get any power out of.

$1 Only $1 (With Coupon) to Our Readers. Act Quick and Save $2

Correct Your Eating Habits

Do you know what foods make you fat. What make you thin? What foods cause nervousness? What cause fermentation—acidity—constipation? Before you can eat for health you must know something about foods and their relation to your system. In his "Lessons in Corrective Eating" Eugene Christian gives you the vital information you need. His Lessons contain actual menus for breakfast, dinner, supper, curative as well as corrective, covering every condition of health and sickness from infancy to old age. A few of the Lessons subjects are printed to the left. Read—think—act!

Some of the Subjects Covered In the Lessons

How wrong eating causes disease.
How foods establish health by removing causes of disease.
Scientific eating explained, sample menus.
Nervousness—cause and cure, sample menus.
Harmonious combinations of foods.
How to select, combine and proportion your food according to age, sample menus.
How to select, combine and proportion your food according to occupation and season of year, sample menus.
Obesity, cause and cure, sample menus.
Emaciation, cause and cure, sample menus.
Tea, coffee, liquor, tobacco, etc.
Superacidity, fermentation, gastric catarrh and ulcer, intestinal gas and auto intoxication.
What to eat and omit for all stomach and intestinal orders.
Appendicitis — cause and cure, sample menus.
Curative menus for each season of year for manual laborer and sedentary worker.

COUPON SAVES YOU $1

Remember, we have only a limited number of Lessons to offer. It will be "first come, first served," while the lessons last. Clip the coupon now and mail or bring to our office with only $1. The coupon takes the place of a five dollar bill for you. Use it at once—NOW.

THE HARRISBURG TELEGRAPH
216 FEDERAL SQUARE

HARRISBURG TELEGRAPH
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OFFICE OF COUNTY CONTROLLER
Harrisburg, February 4, 1919.
ELECTION BALLOTS AND SUPPLIES
SEALED BIDS OR PROPOSALS will be received by the County Controller, Room 13, Court House, Harrisburg, Pa., until 10 o'clock A. M., Friday, February 7, 1919, for printing and furnishing forty-three thousand, more or less, official ballots and eleven thousand, more or less, specimen ballots. The official ballots to be bound in books of one hundred (100) each, for the ensuing Special Election to be held Tuesday, February 25, 1919. All ballots, official and specimen, must be delivered at the Commissioners' Office by 12 o'clock noon, Wednesday, February 19, 1919, proof of ballots having been first submitted to and approved by the County Commissioners. Certified checks payable to the order of the Dauphin County Commissioners, in a sum equal to fifty (50) per cent. of the bid price, must accompany each bid or proposal. The successful bidder will have five days' time after the award of the contract to file his bond for the full bid price and execute contract for the same.

Full information as to the number of official and specimen ballots required for each voting district can be had from the Commissioners.

Also at the same time and place sealed bids or proposals will be received for 128 complete sets of election supplies, which shall include the necessary penalty cards and cards of instructions; candidates names to be printed on the tally sheets, return sheet statements, triplicate return sheets, etc. All supplies to be delivered at the County Commissioners' Office by 12 o'clock noon, Wednesday, February 19, 1919. Certified checks payable to the order of the Dauphin County Commissioners in a sum equal to fifty (50) per cent. of the bid price must accompany each bid or proposal. The successful bidder will have five days' time after the award of the contract to file his bond for the full bid price and execute contract for the same.

All bids will be opened in the County Commissioners' Office at 11 o'clock A. M., Friday, February 7, 1919.

The Commissioners reserve the right to reject any or all bids.
HENRY W. GOUSH, County Controller.