

Reading for Women and all the Family



Life's Problems Are Discussed

By Mrs. Wilson Woodrow

How much of an asset to a woman is beauty?

Almost every one, especially the plain sisters, will immediately reply: Why, it is the greatest asset she can possess. Ask a group of women which gift of the high gods they would select if theirs was the right of choice, and nine out of ten of them would unhesitatingly clutch beauty.

And yet it is so great a boon as they imagine? In these iconoclast days, when all standards are being overturned, even beauty has not escaped the searchlight, and in consequence it has been receiving some rather hard jolts.

A great American humorist has recently said that extreme good looks is the greatest of handicaps to a man, and a still bolder iconoclast has pronounced feminine beauty not only a vain and fleeting show, but a positive bar to achievement.

This man, who has had a long experience in training choruses for the stage, says, if he is quoted correctly, that beautiful women are brainless, they are foolish, frivolous and ruttie; they are vapid and selfish. These remarks interested me so much that I immediately yearned to discover just how much of an asset beauty was to a woman in the achievement of a happy and successful life, and what then was the relation of beauty to success in the various careers, professions and occupations of women.

The marriage, for instance, it must certainly be classed as a career, since it affords the most popular means of livelihood for women; and that women would inevitably be considered the most successful who makes the most advantageous match from the worldly point of view. Therefore, since men adore beauty, it is fair to suppose that the beauties would get the pick of the matrimonial market.

But right here deductive reasoning comes a cropper. The facts don't bear it out. Take a group of the richest, most influential men in any city or town in the country; then consider their wives. As far as looks go they stack up no better than the wives of an equal number of men of small means.

Pursuing these investigations let us survey a profession in which looks are supposed to count enormously—the stage. Again theories fall. Those favorites of the footlights and the screen who receive fabulous salaries because of their firm entrenchment in the heart of the great public, are far from being faultless beauties. Their appeal is above and beyond all mere splendor of the flesh. Their art is so sincere, their individuality so potent, their magnetism so compelling that they evoke the vital spark of response in the public and win its spontaneous approval and, incidentally, its gold.

The women in business who command the highest salaries or conduct large enterprises would not, in most instances, be candidates for a beauty contest; and this is no slur upon their individual good looks.

All this would seem to prove that beauty is not a 75 per cent. asset to a woman in the battle of life. But of course that perplexing question immediately pops up, what is beauty?

Solomon's definition, which in the last analysis is a masterpiece of side-stepping, "Beauty is in the eye of the beholder," naturally comes to mind. It is profoundly true. Every one has his own particular idea of beauty, and yet beyond that is the mass-mind ideal. It is not strictly speaking, a matter of well-proportioned and line, of well-modeled features and exquisitely tinted flesh, all combined in a harmonious whole.

I am not discussing prettiness or a charming appearance. That is so common here in America that we take it as a matter of course. Sheer, brain-taking beauty is my theme, and whether or not it is a valuable asset or something of a handicap.

Undoubtedly it takes a lot of brains to cope with a lot of beauty. If you want to see old age at its biggest and ugliest, you will discover it in the women who have once been fair as the proverbial peaches, and now are wrinkled.

My own opinion is that great beauties should not be asked to take their places in the rough and tumble of life. If they are to be painted by supreme artists, they should be perpetuated in marble by great sculptors. They should be pensioned by the state for training added to their fleeting loveliness to the world's vision of beauty. In doing that, have they not done all and more, that could be asked of them?

Bringing Up Father



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By McMan

25,000 GIRLS ARE ASKED TO ENROLL

Chance Given Young Women to Enter Training Schools to Become Nurses

Young women to the number of 25,000 are being asked by the United States government to join the United States Student Nurse Reserve.

The reserve has the purpose of filling the big gaps left in hospital forces by the large number of nurses from these institutions enrolling for Red Cross work on foreign fields and in camps and cantonments in the United States.

The Women's Committee, Council of National Defense, is waging the campaign to stimulate the enlistment of nurses. Under the caption, "Wanted, 25,000 Women to Enroll in the United States Student Nurse Reserve," the council says:

"The government is calling for 25,000 young women to join the United States Student Nurse Reserve and hold themselves in readiness to train for service as nurses.

"The war is creating an unprecedented demand for trained nurses. Only those who have taken the full training course are eligible for service with our forces overseas. These nurses are being drawn largely from our hospitals at home. Their places must be filled by student nurses enrolled for the full training course of from two to three years. Every young woman who enrolls in the United States Student Nurse Reserve is releasing a nurse for service at the front and swelling the home army which we must rely on to act as our second line of hospital defense. Upon the health of the American people will depend the spirit of their fighting forces.

"Age—The call is for women between the ages of 19 and 35.

"Qualifications—Intelligent, responsible women of good education and sound health are wanted—the pick of the country. A college education is a valuable asset, and many hospitals will give credit for it. Credit will also be given for special scientific equipment or for preliminary training in nursing, such as that given in special courses now being conducted by various colleges and schools. Some schools, on the other hand, do not even require a full high school education.

"Enrollment—Women will be given an opportunity to enroll in the United States Student Nurse Reserve in any one of three ways:

"(1) As engaging to hold themselves in readiness until April 1, 1919, to accept assignments to nurses' training schools. These women will be sent to the schools as fast as vacancies occur. Those of superior qualifications will be given preference, and it is, of course, possible, that not everyone who enrolls will be accepted.

"(2) As desiring to become candidates for the Army Nursing School recently established by authority of the War Department, with branch

schools in selected military hospitals.

"(3) As engaging to hold themselves in readiness until April 1, 1919, to accept assignments to either a civilian training school or the Army Nursing School. Those who so enroll will be called where the first need arises. The government hopes that a majority of those who enroll will thus put down their names for both.

"Nurses' Training Schools

"There are 1,579 nurses' training schools in this country. Their need is as great and imperative as that of the Army School of Nursing. At present only 1,000 of these schools will be assigned as vacancies occur.

"The enrollment card will indicate two classes of registrants—preferred and deferred. The preferred class will be those who are ready to accept assignment to whatever hospital the government directs them, although they may state what training school they prefer to attend. The deferred class is composed of those who limit their pledge of service—that is, who will not engage to go except to certain hospitals. This class is intended largely for those who, for family reasons, can not accept training at a distance from their homes. Those who register in the deferred class will be assigned only after the preferred class is exhausted.

"The government relies on the patriotism of those who enroll to fill out preferred cards if they possibly can, thus volunteering to go where they are most needed.

"Nobody will be assigned to any schools whose conditions of training are not approved by the State Board of Nurse Examiners.

"Terms of Training

"The term of training varies from two to three years, according to the requirements of the particular school to which the student nurse may be sent. No course takes less than two years nor more than three.

"The student nurse who completes satisfactorily her training in any accredited school is eligible as an Army nurse at the front and stands a chance of being assigned to duty abroad. At the same time she will be qualified to earn her living in one of the noblest professions open to women. It should be remembered, however, that her usefulness will begin not when she graduates from the training school but as soon as she enters it. Practical nursing work is a part of the work of every training school, and the student nurse is not only learning to serve but serving her country from the outset.

"The student nurse who enters the Army Nursing School will receive her board, lodging, and tuition free, and in most cases receives a small remuneration to cover the cost of books and uniforms. After graduation she has an earning capacity of from \$100 to \$300 a month. Private-duty nurses now receive an average of from \$100 to \$120 a month together with board while on duty; institution nurses from \$50 to \$250 a month together with board, lodging, and laundry; and public health nurses from \$100 to \$250 a month without maintenance. There is no danger of the earning capacity of nurses being lowered after the war ends on account of the great number who will then be qualified for the profession; the country will need all the nurses that can be trained, not only during the war but after it, especially for reconstruction work. Even if the war ends within three years, every student nurse will be able to complete her training and will be needed.

THE PLOTTERS

A New Serial of East and West

By Virginia Terhune Van de Water

CHAPTER XIX

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"And now," Butler strode up to the Pole. "What's the meaning of this?" Elizabeth Wade had covered her face with her hands. She was shivering violently.

"What does it mean, I say?" Butler repeated, his fists clenching threateningly.

"The dog scare her," the Pole whimpered, "I done nodding."

"Is that true?" John Butler whirled upon the girl. With an immense effort she recovered herself and faced him.

"I was walking alone and his dog sprang at me and frightened me."

"Well I've settled the dog for one while," Butler said, his voice vibrant with anger. "If this man has touched you, by heavens I'll kill him!"

"No, no, let him alone," the girl pleaded. In a swift vision she appreciated what dreadful thing it would be if Butler were to injure this half-witted, intoxicated creature. "Mr. Butler," timidly, "please take me home."

"Talk!" Butler warned. "If you or your dog ever frightened this lady again, I'll kill you both!"

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—Cousin Amos—engaged Talak, and if he was sent away he might be angry and disagreeable—or something," she ended lamely.

"All right the man agreed reluctantly. "I will let the matter rest for a while. But if he ever annoys you—"

"He won't," the girl assured him. Mentally she was resolving never to walk alone along the country road as long as she remained on the farm. Her companion's thoughts must have turned to the same subject, for he asked brusquely:

"Why did young Chapin let you come home alone?"

"He didn't want to," she explained. He had a puncture, and said it would take a half-hour to repair it."

Butler sniffed. "He's not expert at changing tires, is he?" he commented.

Brother Embarrasses Her

"He said he was not," the girl went on. "I wanted to come home. He offered to accompany me, but I forbade it. That's how happened to be walking alone. It was my own fault, and foolish of me to do it."

"And inexcusable of him to allow it," Butler amended.

"She tried to defend Chapin. "Don't say that," she begged. "Really he was not to blame."

"Excuse me—I forgot," Butler apologized. "I should not speak like that of your cousin."

"Yes you should—he is—he began then stopped. Her companion's eyes were fixed upon her, and even in the darkness she felt his steady gaze.

"What were you going to say?" he asked.

"Oh nothing much," she assured him. "Only—Mr. Butler—I am glad that you came along just when you did."

"So am I," he responded softly. They walked the short distance to

the farm in utter silence, each busy with unspoken thoughts and problems. When they reached the front porch of the house, and Elizabeth withdrew her hand from Butler's arm, he spoke with a gentleness he had not displayed before.

"Good night!" he said, lifting his hand to his lips. "Pleasant sleep and no dreams!"

She turned away abruptly and into the house. She felt an inclination to cry.

(To Be Continued)

BACK TO WORK AFTER 10 DAYS' LAY OFF

Now Hard to Realize He Ever Had a Sick Day

"I had nervous stomach trouble so bad that I couldn't sleep or rest," says M. M. Heister, a well-known carpenter, who lives at 1527 Mulberry St., Reading.

"I had been down and out for 10 weeks when I read in the paper where a friend of mine, Dan Adams, had been helped by Tanlac and that heartened me so that I started taking it myself.

"I began to feel better right away and I have kept getting better and stronger until now don't feel as if I had ever been sick."

"My wife got to taking it, too, when she saw how much good it was doing me and it has spruced her up a lot too and we both are glad to recommend it."

Tanlac is now being introduced here at Gorras' Drug Store.

FOR FEEBLE OLD PEOPLE

John Devitt Recommends Vinol to Create Strength and Vitality

Marion, N. J.—"I am 69 years of age and after a severe sickness, was in a weak, run-down condition. Vinol has built me up and made me strong, so now I feel real well again, and I can recommend it to others for such conditions."—John M. Devitt.

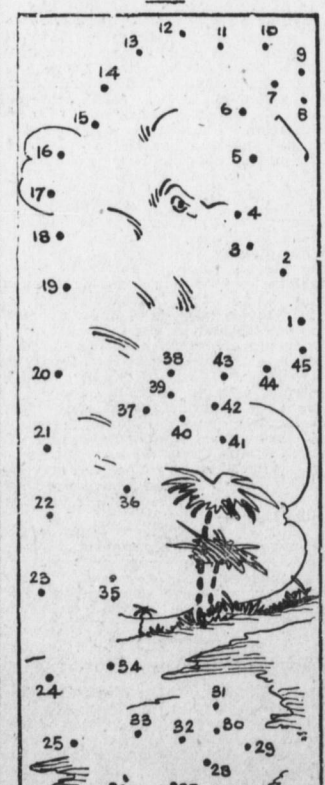
The reason Vinol was so successful in Mr. Devitt's case, is because it contains beef and cod liver peptones, iron and manganese peptones, and phosphates, the very elements needed to build up weakened, rundown system, make rich, red blood and create strength. It is perfectly wonderful what it does for old people.

George A. Gorras, Kennedy's Medicine Store, 321 Market street; C. F. Kramer, Third and Broad streets; Kitzmiller's Pharmacy, 1325 Derry street, and druggists everywhere.

Children Object, So 84 and 75 Elope

Huntington, W. Va.—J. A. Cottle, eighty-four, and Mrs. John Harper, seventy-five, are now Mr. and Mrs. John A. Cottle. The aged couple eloped from Cattlesburg, Ky., and were married here. The elopement took place because of the objection of the children.

Daily Dot Puzzle



You'll never know what's in this space. Until the dots you neatly trace. Draw from one to two and so on to the end.

HERE'S THE REASON

Don't stay indoors because your skin is unsightly

Resinol will heal it quickly

The discomfort of hearing unfavorable comments upon one's complexion, and of realizing that one's skin is unsightly, can be prevented by Resinol Ointment, which not only heals a sick skin, but protects a healthy one. Aided by Resinol Soap, it heals eczema, helps to remove other eruptions, excessive dryness or oiliness of the skin, and enables one to have a complexion that excites compliment instead of unfavorable comment.

At all dealers.

You Need Not Suffer From Catarrh

But You Must Drive It Out of Your Blood to Get Rid of It Permanently.

You have probably been in the habit of applying external treatments, trying to cure your Catarrh. You have used sprays, washes and lotions and possibly been temporarily relieved. But after a short time you had another attack and wondered why. You must realize that catarrh is an infection of the blood, and to get permanent relief the catarrh infection must be driven out of the blood. The quicker you come to understand this, the quicker you will get it out of your system. S. S. S., which has been in constant use for over fifty years, will drive the catarrhal poisons out of your blood, purifying and strengthening it, so it will carry vigor and health to the mucous membranes on its journey through your body and nature will soon restore you to health. You will be relieved of the droppings of mucus in your throat, sores in nostrils, bad breath, hawking and spitting.

All reputable druggists carry S. S. S. in stock and we recommend you give it a trial immediately. The chief medical adviser of the company will cheerfully answer all letters on the subject. There is no charge for the medical advice. Address: Swift Specific Company, 432 Swift Laboratory, Atlanta, Ga.

TRAINED HELPERS HAVE LEFT THESE GOOD POSITIONS

TRAINED HELPERS MUST TAKE THEIR PLACES

WAS IS

Bookkeeper	Training for Aviation Corps
Stenographer	In Nurses Training School
Cashier	Over There With Marines
Stenotypist	With Y. M. C. A. in France
Accountant	In Officers Training Camp
File Clerk	Doing Red Cross Work
Secretary	Yeoman in Navy

Not one bit less urgent than the needs of Civil Service are the needs of Business. Millions of men and women have given up good positions in Business to heed their country's call. Millions must take their places. Here again is your opportunity to do a patriotic service and join the Nation's productive forces. Not only is it your duty. It also is your opportunity; for never have salaries been so high or chances for advancement so plentiful.

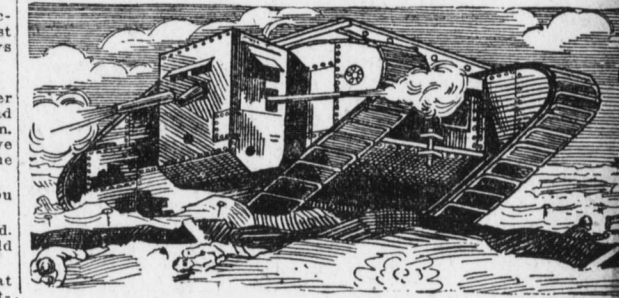
SCHOOL OF COMMERCE

Central Pennsylvania's Leading and Accredited Business College

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Bell 485 SEND FOR CATALOGUE Dial 4393

Our Dependence on Iron



In the attack—when it's time to "buck the line"—when our own boys must go "over-the-top," much dependence will be placed in the iron-tank. In the same way real men—men with a "punch"—have come to place their dependence on iron in a new form. Iron is easily assimilated within the body if taken in the form of tablets called "Iron-ic." These "Iron-ic" tablets were experimented with by Dr. Pierce and his assisting physicians at the Surgical Institute in Buffalo and are formed of iron and herbal extracts that are easily taken up by the blood. The blood corpuscles take on a rich color and the whole system feels the effect. Instead of feeling dull, dumpy, blue, "nerves on edge," tired before your work is half done, you feel rejuvenated. Fresh blood, rich in iron, courses through your body. You have "pep," vim and vigor. The nerves are fed on rich red-blood and men have the steady nerves, the wallup, the fighting force, to "carry out" a bombing raid and to take trenches, or their "bit" behind the lines. Every day, every minute of the Energy is as valuable to the chancic turning out 5-inch shells to the soldier going "over the top." The quick and easy way to energy, pep and staying quality to take "Iron-ic" tablets.

These "Iron-ic" tablets are had in 60c vials at most drug stores. If you wish to test them, send to the Surgical Institute, Buffalo, N. Y., and get a trial package. These "Iron-ic" tablets are good as Dr. Pierce's other medicine. For 50 years Dr. Pierce's Iron Pellets have been favorably known because they are harmless. of May apple, aloes, jalap, cascara, the healthiest habit in the world. Try the Pleasant Pellet you'll find you have acquired "regular as clock-work" habit.

Mothers! Be Your Child's Best Pal

Character is not born but builded. You, as a parent, are the architect of your child's character and upon character depends success.

Children should be made comrades not slaves; should be helped, not punished.

The articles by Ray C. Berry, President of the Parents' Association, headed

Making the Most of Our Children

will interest every parent. Read them, they will appear in

The Harrisburg Telegraph
Central Pennsylvania's Greatest Daily

Beginning Friday

"I'd Hate to have a mother I couldn't hug"