

Reading for Women and all the Family



Little Talks by Beatrice Fairfax

'A man's work is from sun to sun says an old proverb.

icns-I've forgotten their splendid titles—evidently do not agree with the proverb. According to their rat-

the proverb. According to their rating, a woman may cook, wash, iron, sew, sweep, dust and bring up a family of children—yet she must write herself down: "Occupation none," when she registers, preliminary to voting.

This accounts for the magnificent scorn of an Irish lady who has written me a letter. I conclude she is Irish because she signs helself "Kate O'Malley," and I don't believe any one but an Irish woman could put things with such indignant forcefulness. ness.
Among other things she says: "So

Among other things she says: "So I went to register and found myself put in the same class with tramps and rich loafers. Me that was often on me feet all day long over the wash tubs, or the kitchen stove, and then up half the night besides, looking after sick children. "Two of them, now grown to be fine, strapping lads, are in France fighting. And they'd be the first to pull off a scrap if they knew their old mother was set down by the law she'd always respected as a vasprant. ""Occupation—None." Well, the



The judicious use of a delatone paste insures any woman a clear, hairless skin. To prepare the paste, mix a little of the powdered delatone with some water, then apply to the objectionable hairs for two or three minutes. When the paste is removed, and the skin washed, every trace of hair will have vanished. No pain attends the use of the delatone and it will not mar the most sensitive skin, but to insure results, see that you get real delatone.

Yes; S. S. S. Is Purely Vegetable

Nature's Safe Blood Treatment Known for 50 Years as the Best Remedy for Rheumatism, Catarrh, Scrofula. Skin Discases

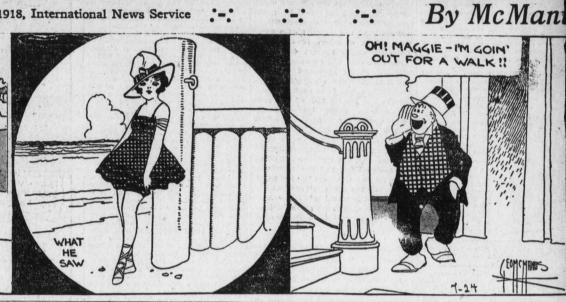
Scienitsts have discovered that the forest and the field are abundantly supplied with vegetation of various kinds, that furnish the ingredients for making a remedy, for practically every ill and ailment of mankind. Medicines made from roots, herbs and barks which Nature has placed at the disposal of man, are better than strong mineral mixtures and concoctions. Mineral medicines work dangerously on the delicate parts of the system, especially the stomach and bowels, by sating out the lining membrane, and so the lining membrane.

Producing chronic dyspepsia and often entirely rulning the health. S. S. S. is made entirely of gentless and barks, possessing properties that build up all parts of the system, in addition to removing all impurities and poisons from the blood. S. S. S. is a safe treatment for Rheumatism, Catarrh, Scrofula. Sores and Ulcers, Skin Diseases, Blood Poison, and all disorders of the blood. It cleanses the entire system and it's permanent. Get everywhere as the greatest blood articles work dangerously on the delicate parts of the system, especially the stomach and bowels, by eating out the lining membrane.





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Over 500,000 Men

one of great economy for the nospitals. The work of cultivation has
been done upon the prescriptions of
the medical surgeons so that a double purpose is accomplished. The
garden work provides relaxation for
the men after their strenuous times
on the battlefront and their painful
anxiety in the hospital wards. The
diversion acts as a recreative
agency in bringing back the men to
normal mental and physical state.
The gardens are worked entirely
by convalescents. Not a single dollar has been spent for hired labor.
The Army has undertaken a comprehensive plan of Army provisioning
along these lines. The American Red
Cross also is co-operating by the establishment of smaller plots in the
centers where convalescents are
sent.

Fill Empty Bottles



WATERLINE

washington, July 24.—More than half a million men are now in the United States Navy, Secretary Daniels announced yesterday. In addition to these employes of navy yards and the various bureaus of the Naval and the various bureaus of the Naval ilishment up to 534,000 persons.

In accordance with the provisions of the naval appropriation act recently passed by Congress, the national naval volunteers, comprising 785 officers and 14,028 men are now combined with the Naval Reserve Force, Secretary Daniels stated to pay postage.

Advice to the Lovelorn

I think it would have been well had you told him in your very first letter; that you were engaged; since you did not, surely you owe it to this soldier to be honest with him. Not honest in a brutal, ugly, cruel way—but honest with a fine simplicity that will do much to make him respect you, and that won't give him a feeling of heartbreak and friendlessness over in France.

Cocoanut Oil Fine For Washing Hair

If you want to keep your hair in good condition, be careful what you wash it with.

Most soaps and prepared shampoos contain too much alkali. This

wash it with.

Most soaps and prepared shampoos contain too much alkali. This dries the scalp, makes the heir brittle, and is very harmful. Just plain mulsified coccanut oil (which is pure and entirely greaseless), is much better than the most expecive soap or anything else you can use for shampooing, as this can't possibly injure the hair.

Simply moisten your hair with water and rub it in. One or two teaspoonfuls will make an abundance of rich, creamy lather, and cleanses the hair and scalp thoroughly. The lather rinses out easily and removes every particle of dust, dirt, dandruff and excessive oil. The hair dries quickly and evenly, and it leaves it fine and silky, bright, fluffy and easy to manage.

You can get mulsified coccanut oil at most any drug store. It is very cheap, and a few ounces is enough to last everyone in the family for months.

ily for months.

UNDERTAKER
Chas. H. Mauk
PRIVATE AMBULANCE PHONE

Canning Without Sugar

The United States Food Administration is asking every one to buy for household use no more sugar than is absolutely necessary. This is asked in order that there will be some for canning. But fruits should be canned without sugar if possible. Here are some suggestions:

Make Fruit Leather

Make Fruit Leather
Mash ripe fruit (berries, cherries, figs, apricots, peaches and blue plums may be used) to a pulp, spread on lightly-oiled platters and dry in the sun or dryer. When dry, sprinkle with sugar, and pack away in jars or very tight boxes lined with wax paper.

stead of candy or with cream che and nuts for dessert. Fruit lead may be soaked in water and for pies, shortcakes, puddings sauces. When intended for this pose omit the sugar. Bottle fruit Juice without of and save it for jelly until sugar more plentiful. Many fruits can be dried. T

will save sugar. apples or winter pears.

Fifteen Jewish youths who le tion to-morrow evening at

Heal your



skin-trouble you'd try it without a second thought! Well, many doctors throughout the country are prescribing it to heal sick skins, and have been doing so for years.

So why not take the combined advice of all

Equip Your Porch With

Vudor Ventilating **Porch Shades** When you

use VUDOR Ventilating Porch Shades, you can have any degree of privacy you like, protection from the sun and perfect ventilation through the pat-ented Ventilator woven in the top of every VUDOR



Vudors Are the Only Shades

Made With Ventilators 4 ft. wide x 7 ft. 6 in. drop. . \$2.75 5 ft. " x 7 ft. 6 in. drop. . 3.75 6 ft. " x 7 ft. 6 in. drop. . 4.50 x 7 ft. 6 in. drop.. 6.00 x 7 ft. 6 in. drop. . 8.00 x 7 ft. 6 in. drop. . 10.00

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