

Reading for Women and all the Family



Life's Problems Are Discussed

By MRS. WILSON WOODROW
I was having a cup of tea with some friends the other afternoon in a smart restaurant and we were amusing ourselves by analyzing the various types about us.

"Now, bring your mind to bear upon that girl over there," I said to the woman next me. "Just what is it about her that makes her seem—well, not exactly in the picture?"

My companion considered the question, and adjusting her eye-glasses put the specimen, so to speak under the microscope.

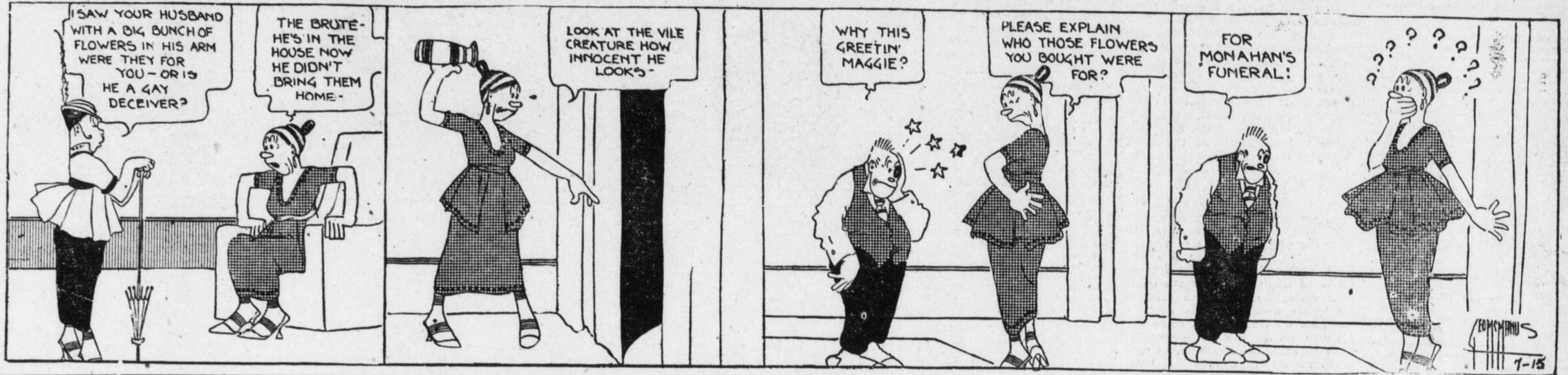
The specimen was young. She was pretty. She was expensively and elaborately gowned—too much so, in fact. But it wasn't those things which made her "different" in the wrong way.

"She isn't in the picture, because she hasn't caught up with the spirit of the to-day. She has a before-the-war air and manner. She probably hasn't waked up to the fact that there is a war, and what it means," remarked my friend presently. "Contrast her with the other girls here, and you will see it all in a minute. She looks too butterfly-y for the times."

I followed her advice and looked about me. The other girls referred to were as attractive as Butterfly. They had neither obscured their looks nor their spirits. But they didn't have that air of a lady of the field, which not only tells not, neither spins, but disdains the very thought of doing so. They didn't wear the invisible but nevertheless patent sign of the slacker—that air of a detached idleness which was a favorite and popular one before the war, but is now utterly out of date; for slackers of any kind, either male or female, are no longer tolerated.

The exigencies of the big situation to-day require that every one,

Bringing Up Father



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By McManus

man and woman alike, put his shoulder to the wheel. There seems no place on the earth for women who are neither competent nor trained. You must be useful in one way or another. One of the professions to which large numbers of women have always turned naturally is that of nursing; and as was indicated by the "drive" of a few weeks ago, it is constantly in need of more recruits.

Even a year ago the situation was different. Then only nurses of experience were desired, but the ever increasing need has caused a new and intensive system of training to be inaugurated. For girls who are anxious to devote themselves to the care of the sick and wounded, the surgeon general of the army has explained this. In his request for nurses he has said:

"An army school of nursing under the direction of the Army Medical Department has been created and branch training schools will be established in many of the military hospitals of the United States. It is proposed to admit young women between the ages of twenty-one and thirty-five years who have advantage of a high school education or its equivalent. The training will be similar to that given in the best hospital training schools. This not only offers an excellent training, but is so earnestly sought by the women of the country. No type of service is more important at this time. The need is urgent."

While caring for the sick and wounded soldiers women who enter these schools will be enrolled in classes, which will lead to a diploma in nursing should the military hospitals continue in operation

COLD PACK METHOD IN 12 SHORT STEPS



After a jar is filled it should be partially sealed. With ball top jar adjust top ball only, as shown above, says the National War Garden Commission. With screw top jar screw top on lightly with thumb and little finger. Any reader of this paper can have a free canning book by sending the Commission at Washington a two-cent stamp. Watch for No. 7.

FASHION'S FORECAST

(By Annabel Worthington)

Dainty accessories are a vital part of the smart costume, and the vest or waistcoat stands in first place this season. It is worn under suits, usually in the style shown in Fig. 1. This style has no back, for it is simply intended to add a touch of color to a dark suit. It has a smart one-button closing and is cut in two points at the lower edge. This vest has the fashionable shawl collar. No. 2 is an attractive addition to a sport costume, and it also serves as a slight protection, for it has a complete back and front. This type of vest is being made up in bright cottons, satin, flowered taffeta and other suitable materials to wear with white skirts.

The lady's and miss' set of vests No. 8879 is cut in six sizes—16, 18 years and 20, 40, 44 and 48 inches bust measure. Vest No. 1 requires 3/4 yard 36 inch material, with 3/4 yard 18 inch contrasting goods. Vest No. 2 requires 3/4 yard 36 inch, with 3/4 yard 36 inch contrasting material, and 1/2 yard 24 inch lining.

30 More Vessels Are Ordered of Japan

Washington, July 16. — The Shipping Board announced yesterday that contracts for thirty additional cargo ships had been awarded to thirteen Japanese yards, bringing the total number of new vessels ordered from Japanese shipbuilders up to fifty ships of an aggregate tonnage of 380,000.

The fifty ships will cost the United States approximately \$78,000,000. About \$20,000,000 of the amount has been expended and some of the vessels have been delivered and put into

SHIMMELL RED CROSS NEEDS WAR WORKERS

The Shimmell Auxiliary of the American Red Cross will meet between 7:30 and 10 o'clock this evening for work in their rooms at the Shimmell Building. The Shimmell Auxiliary is in urgent need of more workers, and has issued a call for all the members and their friends to be on hand this evening.

Alkali in Soap Bad for the Hair

Soap should be used very carefully, if you want to keep your hair looking its best. Most soaps and prepared shampoos contain too much alkali. This dries the scalp, makes the hair brittle, and ruins it.

The best thing for steady use is just ordinary mulsified cocoanut oil (which is pure and greaseless), and is better than the most expensive soap or anything else you can use.

One or two teaspoonfuls will cleanse the hair and scalp thoroughly. Simply moisten the hair with water and rub it in. It makes an abundance of rich, creamy lather, which rinses out easily, removing every particle of dust, dirt, dandruff or excessive oil. The hair dries quickly and evenly, and it leaves the scalp soft, and the hair fine and silky, bright, lustrous, fluffy and easy to manage.

You can get mulsified cocoanut oil at any pharmacy, it's very cheap, and a few ounces will supply every member of the family for months.

Advice to the Lovelorn

A SIMPLE MATTER
DEAR MISS FAIRFAX:
I am writing to consult you about a young man who works in an office adjoining mine who is attentive to me but whom I have never met. I seem to run into him everywhere, and it is very annoying. Now I do not like this man, but I do not wish to hurt his feelings by being too abrupt with him.

Treat this man as you would any other stranger, and if you meet him through an introduction treat him politely. He will soon see that you do not care for his attentions, and if he is a gentleman will leave you alone.

How to Conserve

Canning and Packing For Winter's Use Explained in Detail by National War Garden Experts

Fish for food as well as for pleasure, suggests the United States Food Administration to the thousands of families who spend several weeks every summer in cottages on lakes and streams. Fish as a substitute for meat has long been urged, and now that the shortage of beef is again serious it is desirable to increase the use of fish.

Fishing has an added charm when one's dinner depends on the outcome, and the sport of camp cookery should be more attractive in a game to see how many delicious ways the fresh catch can be prepared for the table.

Besides fried, broiled and stuffed fish, there are other means of preparation which adapt themselves readily to camp kitchens.

Fish Chowder
Three pounds fish, four tablespoons drippings, one medium onion, chopped fine, one quart sliced potatoes, three cups hot milk.
Skin and bone the fish and cut into inch cubes. Add the onion and trimmings with cold water and let simmer for one-half hour. Cook the onion in the fat for five minutes in a stewpan. Parboil the sliced potatoes for five minutes, then drain and add layers of fish and potatoes to the fat and onion in the stewpan. Season each layer with salt and pepper. Strain the liquid in which the fish bones have been boiling over all, and cook about twenty minutes until fish and potatoes are tender. Then add the scalded milk. If desired thicker, sprinkle a little cornmeal between each layer. The following sauces may be served with fish to add variety:

Vegetable Sauce
Add one-half cup of green peas, chopped celery, asparagus, cauliflower, or mushrooms to one cup of white sauce. Season well and serve with fish balls.

Cheese Sauce
Add one-half cup of grated cheese to one cup of white sauce. Use paprika instead of pepper in making sauce.

This pattern will be mailed to any address upon receipt of 12 cents in stamps. Address your letter to Fashion Department, Telegraph, Harrisburg, Pa.

Parowax
Parowax Means "Safety First"

When you put up preserves, jams or jellies—have Parowax on hand—ready to seal out the air and moisture and seal in the goodness and flavor. Parowax gives double protection to preserves put up by the "cold pack" method. Parowax is the pure, clean, sanitary, extra-refined paraffine.

THE ATLANTIC REFINING COMPANY

Mold Offers For One Week Only—Lifetime Gifts See Offer Below—Also Coupon

Save Sugar—Save Flour Yet Serve Luscious Fruit Desserts

Facts to Know

In these times every housewife should know Jiffy-Jell. It means rich, fruity desserts, instantly made, without the addition of sugar.

It means supreme desserts, without the use of flour or sugar, at half the cost of pastry.

It means a way to serve fresh fruit, mixed in jell, to save many ounces of sugar.

It means zesty salads made with vegetable left-overs, and jellied meat loaves made with scraps. All delightful products.

Sugar is needed now for canning. Your supply is restricted. Wastes must be utilized, flour must be conserved. So we make these offers to fit every woman see how Jiffy-Jell can serve her.

We urge you, for your own sake, to learn how folks enjoy it.

Economical Desserts Salads From Left-Overs Meat or Chicken Scraps in Aspic Jelly

Jiffy-Jell is the only product which serves these uses well. It is the only gelatine dainty with true-fruit flavors, highly concentrated, sealed in glass vials.

These bottled flavors do not lose their freshness. They give to Jiffy-Jell a wealth of fresh-fruit taste. Thus Jiffy-Jell desserts and salads taste like fruit-made dainties.

You make Jiffy-Jell by simply adding boiling water, then the flavor from the vial. One package makes dessert for six. If you whip the jell it serves twelve.

To serve fresh fruit, preserved fruit or pastry for six requires 8 to 12 ounces of sugar. Pastry requires flour in addition. The average cost is at least twice the cost of Jiffy-Jell.

Or you can mix fresh fruit in Jiffy-Jell, without adding sugar, and have a double-fruit dessert.

With Lime or Mint Jiffy-Jell you can make delicious salads, zesty and green. Use left-overs in cooked vegetables. Or use fresh vegetables.

Mix in meat scraps with these flavors and you have a jellied meat loaf. This is a delightful way to save waste.

Millions now use Jiffy-Jell as a conservation dainty. They get fruity desserts and salads of the finest sort, at trifling cost, without using sugar or flour.

We want you to know what it means to you. See how it differs from old-style gelatine products. Buy two packages to try, then send us the coupon, and we will send you molds worth more than you pay for Jiffy-Jell.

Accept this offer, for it means a test at really no cost at all.

Jiffy-Jell
For Quick, Fruity Desserts and Salads
Fruit-Juice Flavors Sealed in Glass
No Sugar Need Be Added

Goldsmith's Semi-Annual Sale of Draperies and Drapery Materials

A sale of this character will attract every thrifty housekeeper.

Only our regular high-grade stocks are offered—none bought specially for sale purposes.

In view of the constantly increasing prices for Fall the woman with a thought for economy will take advantage of this selling event at once.

Savings Range From 25% to 50%

- MARQUSETTE CURTAINS—2 1/2 yards long—hemstitched—lace edge—special for this sale \$1.89 at, per pair
- MARQUSETTE CURTAINS—Hemstitched—with linen lace edge—special for this sale \$2.39 at, per pair
- MARQUSETTE & VOILE CURTAINS—Hemstitched—lace edge and insert—special for this sale \$3.95 at, per pair
- FILET LACE CURTAINS—With linen lace edge—very attractive—special for this sale \$5.00
- LEVER'S LACE CURTAINS—New and original designs—special for this sale, at, pair \$6.50
- DOUBLE THREAD MARQUSETTE for curtains—40 inches wide—special for this sale, at, per yd. 27c
- CURTAIN MADRAS—With exquisitely colored woven designs for boudoir use—special for this sale, at, per yard 45c
- CRETONNES—Innumerable designs and colorings—special for this sale, at, per yard 50c
- QUAKER LACES—New and original patterns—new weaves—special for this sale, at, per yard 49c
- QUAKER LACES—With dainty linen lace edges—just the things for exclusive curtains—special for this sale, at, per yard 85c

450 Planes, 2,514 Liberty Motors, Output to July 5

Washington, July 16. — Four hundred and fifty American-built battle planes have been sent abroad or delivered at ports for shipment on July 5, the date of the latest complete official report reaching the War Department. In announcing this figure yesterday, Secretary Baker disclosed, also that deliveries of Liberty Motors of all classes on the same date had reached 2,514.

NEED WORKERS IN U. S. NAVY YARDS

The United States Civil Service Commission has just announced a list of men urgently needed in the various Navy Yards of the country. Approximately 500 men, of many trades, are needed at such places as Charleston, S. C., needing the greatest number of men, a total of 184. Men are also needed at Boston, Brookton, Key West, Norfolk, Pensacola, Philadelphia, Portsmouth, N. H.; Puget Sound, Wash., and Washington. High wages are offered in all of these yards.

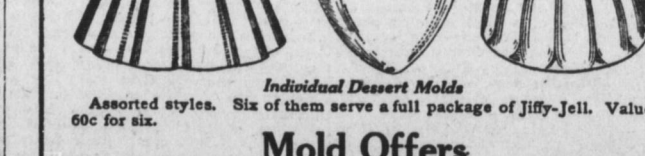
BLOOMER GIRLS AT WORK
Gettysburg, Pa., July 16.—The bloomer girl has made her appearance in Gettysburg. For some time the two furniture factories here have been having women and girls employes in their various departments of the plants, but only this week for the first time have the bloomers been seen. Three of the girls made their appearance on the streets going and coming to their work and since the novelty of the affair has worn off are making their regular trips in their new garb.

PLAYGROUND TO CLOSE
Emerald Street Playground closed at noon to-day and will remain closed until 6:40 o'clock, as a token of respect to Edward Sykes, 14-year-old son of Mr. and Mrs. Edward Sykes, 2524 Lexington street, whose funeral is being held this afternoon. Sykes was a well-known grammar school athlete.

Pure Aluminum Molds



Molds a salad for six, made with one package of Lime Jiffy-Jell with vegetables mixed in. Indented in six divisions. Value 50c.



Assorted styles. Six of them serve a full package of Jiffy-Jell. Value 60c for six.

Mold Offers

Buy from your grocer two packages of Jiffy-Jell, then send this coupon to us.

Enclose 10c—cost of mailing only—and we will send you the Vegetable Salad Mold as pictured above, in size to serve six people. The value is 50c.

Or enclose 10c—cost of mailing only—and we will mail you three Individual Dessert Molds in assorted styles as pictured.

Or enclose 20c and we will mail you six Individual Dessert Molds assorted—enough to serve a full package of Jiffy-Jell. The value is 60c per set.

10 Flavors in Vials



Mail Us This Coupon
When You Buy Jiffy-Jell in a Year Grocer

I have today received two packages of Jiffy-Jell as pictured here from _____ (Name of Grocer)

Now I mail this coupon with

10c for Vegetable Salad Mold, or

10c for 3 Individual Molds, or

20c for 6 Individual Molds. (Check which)

Your Name _____

Address _____

Be sure you get Jiffy-Jell, with package like picture, for nothing else has true fruit flavors in vials. Mail coupon to

Waukesha Pure Food Co., Waukesha, Wisconsin

EXTRA SPECIAL

The celebrated SUNFAST MATERIALS for door curtains and overdraperies—all colors—special in this sale at, per yard.....

59c

GOLDSMITH'S
North Market Square