

Reading for Women and all the Family

How to Conserve

Canning and Packing For Winter's Use Explained in Detail by National War Garden Experts

CANNING LIMA BEANS
Lima beans should be canned the same day on which they are picked. This point is covered fully in the canning and drying book which the National War Garden Commission, Washington, will send to you on request. A 2-cent stamp to cover postage should be enclosed.

The beans should be in prime condition, and shelled and sorted carefully. The large ones are often canned for succotash. After shelling do not wash. Blanch five minutes. Cold dip and pack in jars, taking care not to break the skins. Broken beans will cause a cloudiness in the liquid. Add one level teaspoon salt to each quart and pour in boiling water to cover. Put on rubber and seal tight at once level. The commission will be glad to answer any questions written on one side of the paper and sent in a self-addressed stamped envelope.

ALDERMAN HILTON DOES HIS BIT FOR WAR

Alderman E. J. Hilton claims to be the happiest man in Harrisburg these days. The alderman has a son, William G. Hilton, on board a submarine chaser and "Bill," as he is popularly known throughout Harrisburg, has sent his father a new cigar holder, direct from Bordeaux. "Taint that I like to smoke," said the alderman between puffs, "but it's because 'Bill' sent me the holder." Young Hilton has been in foreign waters for a long time. He is a graduate of Technical High school and has a host of friends here.

MONTO SALESMEN ARE ENTERTAINED

A match between Edward Styles, for years a golf champion of Pennsylvania, was a feature of the Monto salesmen's visit to the club today. The salesmen who sell the products of the Moorhead Knitting Company, are at the home plant for a three days' conference.

To-morrow they will go to Hershey to see the model chocolate town and a game of baseball will be played between the salesmen and the mill team.

LEMON JUICE TAKES OFF TAN

Girls! Make bleaching lotion if skin is sunburned, tanned or freckled

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White, shake well, and you have a quart pint of the best freckle, sunburn and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of Orchard White for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles, sunburn, windburn and tan disappear and how clear, soft and white the skin becomes. Yes! It is harmless.

Bringing Up Father



THE PLOTTERS

A New Serial of East and West
By Virginia Terhune Van de Water

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CHAPTER XI

John Butler sat motionless for some time after Elizabeth Wade had gone into the house. He was thinking very hard.

This past week on the farm had done wonders for him, he reflected. He was more light-hearted than he had been since leaving college. Yes, existence here was delightful.

Yet, as he mused, he realized that while his experiments on the Wade farm had been intensely interesting, he had not until this past hour felt the keen enjoyment of life of which he was now conscious. Could his interview with this girl have made this difference?

Of course she had nothing to do with it, he declared impatiently. Until to-night he had not even considered her enough of importance to talk to—not until he had roused her anger. By Jove—but she had looked pretty then—with her cheeks flushed and her eyes flashing!

He recalled that at the time of his arrival he had regretted the presence of a young person in this household. He had seen her from his window and had supposed, from her appearance, that she was of his own class, and had been vexed at the thought that he would have to be on terms of equality with her.

Later, when he had been introduced to her and had learned that she was the young cousin of whom the farmer's wife had spoken, his annoyance had vanished. His only interest in her then had been that she reminded him of someone he had met—but of whom he could not remember. After which the farm and work had banished her from his thoughts.

Yet here, to-night he had been talking to her as if she belonged to his own world, in spite of the fact that she was Mrs. Amos Chapin's cousin and protégée.

What difference did that make? he argued. Suppose the girl was of humble origin and had not had such advantages as his sister had, might it not be well worth knowing?

Mentally he compared her with his sister. Surely this girl from Mauch Chunk was quite as refined in speech and bearing as was Alicia

Butler. She certainly was far prettier.

A Favorable Comparison
"She's lovely!" he exclaimed involuntarily.

A guarded moment at the end of the veranda brought him to his feet, and in three strides he was at the spot whence came the sound. But nobody was in sight, although Nig, the half-witted Pole's great dog, was sniffling around the corner of the house. Doubtless he had been lying in the cool earth of the flower beds, and his rising from there had caused the rustle which Butler had heard.

The man had started back toward his seat when a sudden yelp from the dog and a rough "Get out of here, you darned beast!" broke upon the silence of the night. A moment later Amos Chapin appeared at the foot of the steps.

"What's that Talak with that dog of his," he explained, frowning angrily. "And I'll be blest if the animal didn't snap at me as I passed him!"

"I guess, but I didn't want to make sure. I told him the other day I'd shoot that brute if he didn't keep him from under foot."

"Was Nig with Talak?" Butler questioned. "I saw the dog roaming around here just now, but he was alone."

"Well he was with his fool-master when I met him," Amos affirmed. The pair are inseparable. Talak chases the dog up when he works in the field, but at other times he has him with him all the while unless I interfere. He's an awful fool!"

"I gave him a kick that he'll not forget soon. Talak swore at me, I guess, but I didn't want to make sure. I told him the other day I'd shoot that brute if he didn't keep him from under foot."

John Butler made no rejoinder. He was no farmhand, but a director of scientific farms; hence it would be foolish for him to resent the slur he might suspect lurked in the farmer's speech.

Perhaps Amos realized that his words were rather indiscreet, for he spoke again after a minute or more amicably.

"Not Too Much Money
"You see, Wade hasn't any too much money anyway, and he don't feel like putting much of it into the farm. If I owned it, like he does, I'd not mind paying money out. Surely, he added more cautiously, "if he can afford to have an expert like you come here, he could hire more farmhands."

Butler spoke impetuously. "You are mistaken, Mr. Chapin! Dr. Wade pays me nothing. I am here for the experience. The life in the open air and privilege of directing things as I please are worth much to me at this junction. I cannot explain—but the business end of the affair is perfectly satisfactory to both Dr. Wade and myself."

His manner was stiff and Chapin replied gruffly: "Oh I know it's none of my business! I'm only the one that's stood by young Wade through all these years when the place didn't pay. But I don't intend to lose by this deal would not quarrel just now. Too much was at stake."

"I did not fancy," he said, coldly, "that Dr. Wade will let you lose. He is not that sort of a man—as I happen to know—being his friend."

The implied reproach had the desired effect. Chapin dropped the subject and after exchanging a few remarks as to the heat of the past day and the likelihood of rain to-morrow, the pair said good-night on apparently good terms.

But the conversation had made each secretly more antagonistic toward the other than before.

(To Be Continued)

TRUTH THAT TESTS THE TIMES

The International Sunday School Lesson For July 14 Is "Reading God's Word." Acts 8:26-39; Ps. 19:7-11.

By WILLIAM T. ELLIS

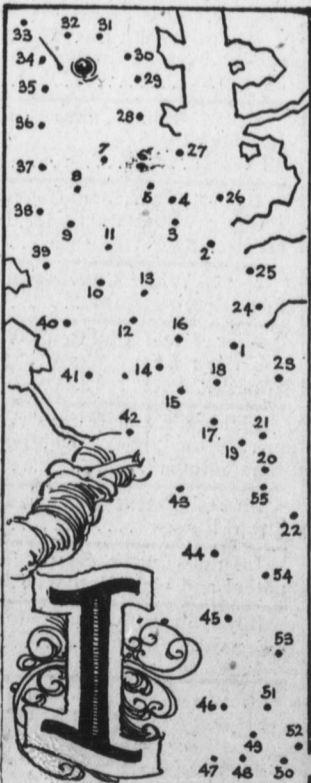
Over in Britain a visitor is impressed by the remarkable emphasis that is laid upon the leadership of President Wilson. It is not in the United States, but among our allies, that one finds the clearest recognition of the place that this modest civilian and ex-schoolteacher has made for himself as the interpreter and voice of civilization's highest conceptions and convictions. He has rendered articulate for all the allied nations the profoundest sentiments that animate them in this gigantic struggle. All the world around, in benighted Russia and far Caucasian, Woodrow Wilson is a name known and trusted and honored.

Whence comes this power and wisdom? No school of professional diplomacy trained this man. He is not witnessing the flowering of any deep-seated plan for world-domination. No combination of warriors or statesmen has put him into his unique position at the forefront of mankind. Whence, then, is the explanation? The answer is at hand. President Wilson is a Scripture-saturated son of the manse. His ideals are those of the Bible. He has dared to apply the principles of Jesus to international relations. The origin of the new standards of mankind, and of the essential aims of the allied nations in this war, is nothing less than the Bible.

Upon this point, of the peculiar place of the Bible, President Wilson has put himself clearly and repeatedly on record. One may find his words hanging upon the walls of Young Men's Christian Association reads all over France. Consider the pertinency of this quotation, from him: "I am sorry for the men who do not read the Bible every day. I wonder why they deprive themselves of a score of times suddenly beams with a new meaning. There is no other book that I know of, of which this is true; there is no other book that yields its meaning so personally, that seems to fit itself so intimately to the very spirit that is seeking its guidance."

Behind War's Wheels
The world war colored our entire thinking. We see everything in relation to this all-transforming struggle. When we seek to look dispassionately upon the conflict itself, and to discern its real causes and issues, we behold that it has become a war for ideals that have come into the world with the New Testament. The common thinking of civilization has become so saturated with the teachings of Jesus that men deem His standards of righteousness and

Daily Dot Puzzle



I is for Indigo Bunting—
Draw from one to two and so on to the end.

Perishing and Gladstone

Boys especially need to be impressed with the attitude of really great men toward the Bible and religion. They should hear, as I have heard, Lloyd George, the Free Churchman, publicly asking his fellow Christians to pray for him; or Admiral Beatty calling the British nation to prayer. General Pershing's message to his soldiers in France is also a message to the world:

"Hardship will be your lot, but trust in God will give you comfort; temptation will befall you, but the teachings of our Saviour will give you strength. Let your valor as a soldier, and your conduct as a man, be an inspiration to your comrades, and an honor to your country."

William E. Gladstone uttered this testimony to the workability of the Bible:

"What crisis, what trouble, what perplexity of life has failed or can fail to draw from this inexhaustible treasure-house its proper supply? What profession, what position is not daily and hourly enriched by these words which repetition never weakens, which carry with them now, as in the days of their first utterance, the freshness of youth and immortality? When the solitary student opens all his heart to drink them in, they will reward his toil, and in forms yet more hidden and withdrawn, in the retirement of the chamber, in the stillness of the night season, upon the bed of sickness, and in the face of death, the Bible will be there, its several words how often winged with their several and special messages, to heal and to soothe, to uplift and uphold, to invigorate and stir. Nay, more, perhaps, than this; amid the crowds of the court, or the forum, or the street, or the market-place, where every thought of every soul seems to be set on the excitement of ambition, or of business, or of pleasure, there, too, even there, the still small voice of the Holy Bible will be heard, and the soul, aided by some blessed word, may find wings like a dove, may fly away and be at rest."

ATTEND S. S. PICNIC
Samuel Meads, chairman of the "stunt" committee, was in charge of the program of the Ridge-Avenue Methodist Sunday school picnic held yesterday at Paxtang Park. Races and other stunts formed an interesting feature of the program. Members of the "Teen Age" department were the guests of honor.

Back to Old Fashions
It took the lightning flashes of the world states which they were drifting. One province in Canada had, all unknown to its British-born citizens, come within one per cent of being controlled by an unsympathetic foreign immigration. The story of how Germany had entrenched herself at the world's strategic centers is now a familiar tale. The old standards that can be called nothing less than pagan had likewise insinuated themselves into our common life. Few Christians suspected how far our day had gone toward the enthronement of un-Christian ideas and usages. Free love, infidelity, anti-patriotism, industrial and social anarchism, were now perceptible, the peril of civilization. The brutalized German theory that strength has no obligations to weakness, and that the superman or egotist is above all moral restraints, had found its way into much of our literature upon "success." Likewise, made-in-Germany theology, which we now see to be increasingly arrogant, untruthworthy and unfruitful, was steadily undermining the faith of Christendom.

Now, humbled and contrite, we perceive that the old, old paths of honor and sincerity and brotherliness and reverence, which the Bible proclaimed as the way of life, are the only sure and safe way to the standards of the New Testament. The simplicity of goodness; the integrity of our homes; the chastity of our characters; the worth of country and flag; the child-like faith in God; the fellowship with His Saviour Son;—these have emerged anew as the desirable goals of life.

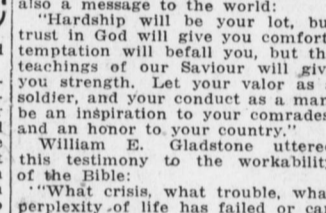
Myriads of minds are giving thought to the reconstruction of the world after the war. All aim, whether consciously or not, at conforming it to the high and altruistic standards of the New Testament. And a first factor in the rehabilitation of society is the careful training of the young in the study of the Bible. Despite its hundred years of usefulness, the Sunday school never has had such a work as lies before it to-day. National and international conferences on a new world order may sound more important; but the Sunday school teachers have the real work to do. A plain, practicable plan for meeting all the fresh problems that the war has thrust into our thinking is to teach boys and girls, men and women, to follow the

fashion of Jesus, as set forth in the Bible.

NO ADVANCE IN PRICE
CATARRH
For head or throat
Catarrh try the
vapor treatment
WICK'S VAPORUBA
25c-50c-\$1.00

COLD PACK METHOD IN 12 SHORT STEPS

No. 4
NATIONAL WAR GARDEN COMMISSION



After blanching vegetables and fruits are plunged into cold water. This is the cold dip. It hardens the pulp and sets the coloring matter, says the National War Garden Commission, Washington, D. C. Watch for step No. 5, and send the Commission a two-cent stamp for free canning book.

Police in Ireland Seize Many Guns Out in Country

London—A press association dispatch from Dublin says the police of Ballinasloe, county Galway, have raided farm houses within a radius of 50 miles, seizing hundreds of guns and arms of various descriptions. The raids were carried out simultaneously and extended into the adjoining counties of Roscommon and Kings. There was no resistance, except in a few instances where the presence of arms were denied, but the weapons afterward were surrendered. The country people were surprised, not expecting such drastic action in view of the recent proclamation of Viscount French, lord lieutenant of Ireland, calling for recruits.

There also were a number of arrests in the outlying districts in connection with alleged opposition to the discharge of police duties and carrying out of the recruiting proclamation.

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Women who are suffering as she was should not drag along from day to day without giving this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial. For special advice in regard to other ailments write to Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its forty years experience is at your service.

For a Chafed Skin

Over 100,000 people have proven that nothing relieves the soreness like Sykes Comfort Powder. One box proves its extraordinary healing power. Fleeshy people take notice. 25c at the Vinal and other drug stores. The Comfort Powder Co., Boston, Mass.

Sensible Apparel For Summer at Comfort-Giving Prices

Every department teems with smart, cool apparel for women and misses at prices that insure purse as well as body-comfort.

Gingham Dresses
Wide in variety of models and color tones; modestly priced at \$3.95 to \$8.95

White Dresses
Voiles, Jap Crepe, organdie and net, in many dainty models. \$7.95 to \$21.95

Fancy Dresses
Colored Voiles in stripes, checks, bars and figures. \$4.95 to \$11.95

Hundreds of Dainty New Georgette Waists
Georgette Crepe Waists, beaded and hand embroidered; square, round and shawl collar; in all the new shades. \$3.95, \$4.95, \$5.95 to \$12.95

SKIRTS - SKIRTS - SKIRTS - SKIRTS
Gabardine Skirt Specials
Wash gabardine skirts, button front, belted models, all sizes to 39; \$5 value special. \$3.95

Satin Skirt Specials
White wash satin skirt, elastic waist, two pockets, neatly trimmed; \$5.00 value. Special. \$3.95

Scores of pretty skirts in many models in gabardine, silk, tricot and pure ramie linen, at prices as pleasing as the garments themselves. Come and make comparisons.

What Lydia E. Pinkham's Vegetable Compound Did For Ohio Woman.

Portsmouth, Ohio.—"I suffered from irregularities, pains in my side and was so weak at times I could hardly get around to do my work, and as I had four in my family and three boarders it made it very hard for me. Lydia E. Pinkham's Vegetable Compound was recommended to me. I took it and it has restored my health. It is certainly the best medicine for woman's ailments I ever saw."—Mrs. Sara SHAW, R. No. 1, Portsmouth, Ohio.

Mrs. Shaw proved the merit of this medicine and wrote this letter in order that other suffering women may find relief as she did.

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Ladies Bazaar
8-10-12 S. FOURTH ST.
Quality, Style, Variety and Lower Prices