



# Reading for Men and all the Family



## Life's Problems Are Discussed

By Mrs. Wilson Woodrow

A girl has written me a letter which has interested me enormously, not only because of the unique character of the writer thus revealed but also because the work for which she feels she has a vocation is somewhat out of the beaten path. She says: "Dear Mrs. Woodrow: I am going to ask you a great big favor, and I wonder if you will help me by granting it. "I am going to make my confession, and it is kind of hard. This is it: I am so uninteresting that sometimes I could cry. I say to myself, 'Oh, if I only knew how to become interesting!' "I am sure, or at least I hope, that you won't say what a woman I have loved and admired for years said when I told her of my great longing: 'Go to the library, my dear.' "I don't want to go there. I want you to help me by telling me how I can see more of people and get to know them. Don't you imagine that a lot of people would gladly pay a dollar for one evening when they wanted to go out and see some amusement, if they could find some one who would look after their homes and children for them—say one night a week? It would do them a world of good. "Oh, again, there must be people who want some one to do their errands for them, and then if they expected company and they simply had to have a girl for an afternoon or evening I would do those things so gladly. "I don't know how to go about it, though, but if you will tell me how I will do something great for you and help you every way I can." "My dear child, it is very sweet of you to feel that sense of reciprocity, but don't bother about your obligation to me. I am here to try to tell you the things you want to know, that is what I am paid for. It is also my great pleasure if I can be of any assistance to you. "But where did you get that queer, amusing idea that you are uninteresting? However, there is no use in wondering how it found lodgment in your brain. There is only one thing to do now, and that is to throw it on the mental ash-heap where it belongs. "Your letter shows initiative, enthusiasm and generosity, a spirit of adventure and determination to follow the promptings of your own nature. It is a combination which, coupled with perseverance, cannot fail to bring you success. "Therefore, I continue to wonder what has made you cry over being uninteresting. Perhaps you are a little shy, or perhaps you are naturally more of an observer than a talker and feel at a disadvantage socially. I do not know, but I can assure you positively that you are mistaken in your estimating yourself. In fact, when all the little chatters that you now envy are still merely chatters, you will be an extremely interesting woman, because you have that quality which G. Wells has defined as "the courage of the imagination." "I hear that there is a real demand for just the sort of service you desire to give. In these days of the high cost of living and when wages are soaring almost out of sight many women, especially those with little children, are clamoring for a visiting mother's helper who will assist them in their household duties and look after the children one or two or three afternoons a week and also upon an occasional evening. "Of course you will have to have excellent references. It might be a good thing for you to secure the recommendation of some first-class

## Bringing Up Father



agency, or of the Young Woman's Christian Association. "Then I would advise you to put a card in the elevator or some of the larger apartment houses in desirable localities. You could probably make arrangements of the sort with the superintendent of the houses, as it is obviously to the advantage of the tenants. "And dress your part. You wish to impress people with the fact that you are a thoroughly capable and responsible person. Then look it. "When you make your application wear a simple suit, a plain hat and low-heeled shoes. That doesn't mean to look dowdy or shabby, but efficient, business-like, ready for the work in hand. "Radiate a scrupulous neatness. "And women who want to be sure that they are leaving their little children in kind, competent hands will simply snatch at you. "You need have not given up the mistaken lady's advice and told you to go to the library. A library only gives of its treasures to those who instinctively seek them. Your inward impulse is toward action, not to study and meditations. Then follow it. "Well-trained, intelligent mothers' helpers can command very high pay for their services."

## WAR STAMP MEETING

Liverpool, Pa., June 24.—A War Savings Stamp meeting will be held in the Square to-morrow evening at 7:30 o'clock. Postmaster George J. Sharp, who has sent out personal invitations to every family in town, will preside. Dr. George H. Johnston and B. Stiles Duncan, of Duncannon, will address the meeting.

## THE PLOTTERS

Chapter III.  
Copyright, 1918, Star Co.

"Oh, I am so glad to have you come!" Mrs. Butler said the words excitedly. Then, drawing Douglas into her own room (she had insisted on having a small room in this place until her daughter came from the East), she closed the door behind her. "Sit down," she ordered. "Let me talk to you. I am worried to death about John. As I told you, he got so angry with Mr. McAndrew that I was actually frightened. It was all because he got hold of some scientific book that he wanted to read—and the doctor said that it would tax his brain too much. I am at my wit's end, and don't know what to do. I have tried physicians here and everywhere at home. "I came on out to this place thinking the change would do my boy good. But he becomes more and more nervous all the time. Oh, Dr. Wade, can't you help me? I will hand John over to you entirely, if you think you can cure him."

## THE LETTER LIST

LIST OF LETTERS REMAINING IN THE Post Office at Harrisburg, Pa., for the week ending June 22, 1918.

Women's List—Mrs. Marion Alexander, Mrs. S. W. Cooper, Mrs. Laura Hadley, Mrs. Bell Hall, Mrs. Chas. A. Hartman, Mrs. Mary Herring, Mrs. D. Hubert, Mrs. Carrie B. Jones, Mrs. Ada Landis, Bessie Lyster, Mrs. C. H. McElwee, Mary Nafzinger, Mrs. Wm. Payne, Miss E. L. Peterson, Mrs. R. E. Reynolds, Mrs. Ed. Redmond, Mrs. C. E. Reich, Louisa Reister, Elva Sheffer, Mrs. Ethel Snavely, Jennie Snyder, Malma Smith, Alice J. Thomas, Mrs. L. Veine, Mayme Walters, Mrs. J. L. Weller, Mrs. James Weston, Iva White.

Men's List—Levie Black, T. Cunkie, Herbert Ferguson, John Fleming, Daniel Gilbert, Dr. A. M. Green, A. E. C. Heil, Geo. Hendricks, Sam. Johnson, Samuel Jones, Walter Knights, Henry Krouse, A. J. Lewis, William McLean, Walter McLean, John, Gilbert Mumma, T. D. Nasser, W. B. Reisinger, C. Robert, Charles E. Shaffer, W. P. Shoop, L. M. Solorzano, Emmitt Snyder, Wilmer Tupp, Herman Whitehall, Edward Williams.

Foreign—Theodor The Scribner, Elminda Aeri, Filippo Natale fu Giovanni, Rabbi J. L. Heller, T. S. Ridder, Singing Terrell.

Firms—Lewis & Co., S. B. Solenberger & Sons.

Persons should invariably have their mail matter addressed to their street and number, thereby insuring prompt delivery by the carrier.

FRANK C. SITES, Postmaster.

## How to Conserve

Canning and Packing For Winter's Use Explained in Detail by National War Garden Experts

PACKING THE JARS

A great handicap in home canning is the lack of understanding as to the condition of the jars. When the jars, both inside and out, in every groove, and all about the top fasteners, are as clean as table glassware, they are in condition for canning use.

When the blanched product is ready, empty into a deep dish or basin. Take a hot jar from the jar-warming bath, place a clean wet rubber on top, put a wide-mouthed funnel in the neck, and, using a large spoon, fill the jar with the fruit or vegetable. To shake down the pack lift the jar and hit the bottom with palm of hand. A spoon or spatula is useful to press down the products in the jar. Soft fruits and berries can be packed as closely as possible without crushing. In general pack to within one-half inch of the top. This point is covered fully in the canning and drying book which the National War Garden Commission, Washington, will send for a 2-cent stamp to cover postage.

In filling jars with such vegetables as carrots or asparagus, hold the jar

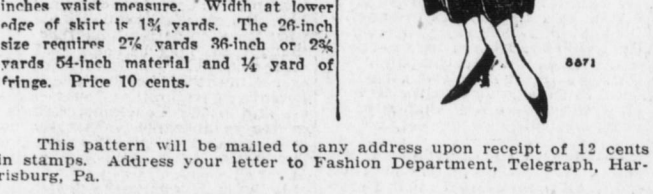
## FASHION'S FORECAST

(By Annabel Worthington)

From the standpoint of utility it would be hard to surpass this simple but very smart three piece skirt. It is particularly becoming to slender figures because it is gathered all around at the slightly raised waistline. The skirt has two large gores, and at the left side there is an inset piece, over which the edges of the front and back gores lap. An attractive wide circle with a throwover sash at the side is worn with the skirt. The closing is at the left side front. A fancy pocket is stitched at the other side.

The lady's three piece gather skirt pattern No. 8871 is cut in five sizes, 24 to 32 inches waist measure. Width at lower edge of skirt is 1 1/2 yards. The 26-inch size requires 2 1/4 yards 36-inch or 2 3/4 yards 54-inch material and 1/4 yard of fringe. Price 10 cents.

This pattern will be mailed to any address upon receipt of 12 cents in stamps. Address your letter to Fashion Department, Telegraph, Harrisburg, Pa.



## TO ALL WOMEN WHO ARE ILL

This Woman Recommends Lydia E. Pinkham's Vegetable Compound—Her Personal Experience.

McLean, Neb.—"I want to recommend Lydia E. Pinkham's Vegetable Compound to all women who suffer from any functional disturbance, as it has done me more good than all the doctor's medicine. Since taking it I have a fine healthy baby girl and have gained in health and strength. My husband and I both praise your medicine to all suffering women."

—Mrs. John Koppelman, R. No. 1, McLean, Nebraska.

This famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, has been restoring women of America to health for more than forty years and it will well pay any woman who suffers from displacements, inflammation, ulceration, irregularities, backache, headache, nervousness or "the blues" to give this successful remedy a trial. For special suggestions in regard to your ailment write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its long experience is at your service.—Adv.

## Daily Dot Puzzles

Trace the dots carefully and you'll see a great Titmouse.

Draw from one to two and so on to the end.

## MAINE SHOEMAKER

Tired All Time, Did Not Want to Work, How He Regained Strength

Sanford, Maine.—"I suffered so much from a run-down, nervous condition and stomach trouble that I never felt like working and had tried almost everything without relief. The first bottle of Vinol however helped me and it has built me up so I feel better now than I have for a long time."—Chester D. Haines.

There is no secret about Vinol. It owes its success to beef and cod liver peptones, iron and manganese peptones, and glycerophosphates, the oldest and most famous body building and strength creating tonics.

George A. Gorgas, Kennedy's Medicine Store, 321 Market St.; C. F. Kramer, Third and Broad Sts.; Kitzmiller's Pharmacy, 1325 Derry St., and druggists everywhere.

## BELLANS

Absolutely Removes Indigestion. Druggists refund money if it fails. 25c

## BLISS NATIVE HERB TABLETS

GREATLY RELIEVE RHEUMATISM

Many sufferers from rheumatism acute or chronic, have been greatly benefited by the regular use of Bliss Native Herb Tablets. Every day brings us letters from people in different localities testifying to the good they have derived from this standard preparation. Being free from harmful drugs, they do not injure the stomach, but on the contrary purify the blood, cleanse the kidneys, and act on the liver.

R. M. Bressie of Oklahoma states:—"After suffering severely from rheumatism for about five years, was persuaded to give Bliss Native Herb Tablets a fair trial. I purchased a box, and after

## South Street

Near Second  
Alspure Ice Station

FOR the benefit of ice consumers living in the vicinity of Second and South Streets we have opened a "Jitney Ice Store" in that locality.

Thousands of consumers are now buying their supply at our Alspure Ice Stores. They save money for themselves and at the same time release men and equipment for war purposes.

- Ice Stations are now located at:
- South Street (near Second)
  - 3rd & Delaware Sts.
  - 3rd & Boas Sts. (rear)
  - Green & Basin Sts. (near Reily)
  - 4th near Hamilton Sts.
  - 114 S. Dewberry St.
  - 5th & Woodbine Sts.
  - 6th & Hamilton Sts.
  - 7th & Woodbine Sts.
  - Forster & Cowden Sts.
  - 13th & Walnut Sts.
  - 13th & Swatara Sts.
  - 15th & Chestnut Sts.
  - 18th & Forster Sts.
  - 27th St., Penbrook, Pa.

Hundreds of automobiles come to these ice stores and take ice with them. You are sure of your ice when you want it; from these stores. No waiting on the ice man.

The saving of 40 per cent to 50 per cent in price is a big factor.

United Ice & Coal Co.  
Main Office, Forster & Cowden Sts.

NO ADVANCE IN PRICE

**CROUP**

Spasmodic croup is usually relieved with one application of

**VICK'S VAPORUB**

25c—50c—\$1.00

**ONE PINT**

**MAZOLA**

REG. U.S. PAT. OFF. A PURE SALAD AND COOKING OIL

**CORN PRODUCTS REFINING CO.**  
GEN'L OFFICES NEW YORK, U.S.A.

**Corn Meal Muffins**

1 cup corn meal  
1 cup flour  
1 teaspoon salt  
1/2 cup sugar  
1/2 cup milk  
1/2 cup shortening  
1/2 cup Mazola

Put the ingredients together, before any they are thoroughly mixed. Add the milk and stir into a batter. Bake in a muffin pan for 15 minutes. The muffins are delicious.

There is a valuable Cook Book for Mazola users. It shows you how to fry, saute, make dressings and sauces more delicious, make light, digestible pastry. Should be in every home. Send for it or ask your grocer. FREE.

Corn Products Refining Co., P. O. Box 161, New York  
Selling Representative—National Starch Co., 135 South 2nd St., Philadelphia.

**The favor of the family goes to Mazola—the oil from corn—because of the wonderful flavor of the foods cooked in it**

THIS pure wholesome oil has gained a new appreciation for fried and sauted foods in thousands of American homes.

Because it makes them so light, crisp and easy to digest.

None of that soggy or greasiness which so often spoils fried foods.

It is ideal for shortening, too. Does not have to be melted—saves time, gives perfect results.

Try it with your next salad dressing. You will find that it is easier to mix than an olive oil dressing.

Wonderfully economical—can be used over and over again as it does not carry flavor or odor of one food to another—even fish and onions.

For sale in pints, quarts, half gallons and gallons. For greater economy buy the large sizes.

**Gray Hair**

Gray Hair Health

A preparation for restoring natural color to gray or faded hair, for removing dandruff or a balding scalp. It is not a dye. Success sized bottles at all dealers, ready to use. Price 50c. Newark, N. J.

Buy a Home Plot in WEST ENOLA  
Harrisburg's Scenic Suburb  
\$75 to \$200. \$5 down. \$1 a week  
Five Cent Carfare

West Enola Land Co.  
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