

Reading for Women and the Family



Life's Problems Are Discussed

BY MRS. WILSON WOODROW
This is a true story, not in the least exaggerated, and it is about some one you know as well as I do—the Woman Always in a Hurry.

She had come in town for the day, supposedly to enjoy herself, and she was armed with a long shopping list. Although it was early, she was in a fidget until we got off. I glanced over the list.

"We ought to get this finished up in about an hour," I said. She looked dismayed.

"Oh, less than that!" she cried. "I couldn't possibly give an hour to it. I have such a lot of other things that must be done."

We hurried through a big department store. Vells came first on the list. She looked over the selection before her, questioned the saleswoman, and just as I thought she was going to make up her mind which she wanted, she exclaimed:

"Oh, I must get my gloves! I can't stop to decide on these veils now. I'll come back later."

We had just reached the glove department, when she paused indecisively and said: "I believe I'd save time if I bought my blouse first."

We dashed off to the waist department. There she had difficulty in making up her mind which waist she preferred, and suddenly remembered table linen.

Then, in the middle of the salesman's discourse on the various qualities of linens, she thought of curtains. Finally, after flying up and down in the elevator, she turned to me

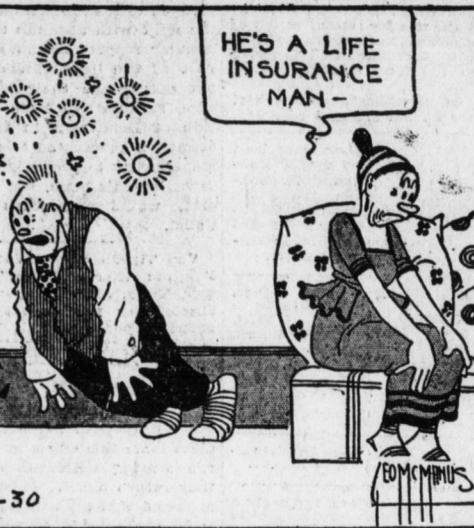
and said firmly, and I thought a little accusingly: "Now, listen to me. The only way to do a thing is to go about it methodically. We'll make a fresh start. I will go back and get my veils, and then the gloves, and then the blouses, and keep on right through the list."

But, alas, it was the same thing over. She never started to buy one thing that she didn't feel the pull of another and the taxi got zig-zagging recklessly through the streets and about vast buildings in a second of time.

She was as thin as a rail, with a tense, strained expression, and her hair was getting gray before it ought to, and she had all sorts of fine, little wrinkles that her age did not warrant, and her voice was jerky and uneven. She told me that her health was not very good, she slept badly and was constantly losing weight. The doctor couldn't tell just what was the matter with her, he had prescribed medicine and change, but neither had done her any good.

I am not a doctor, but I knew what was the matter with her. She had the hurry-disease. It is also curable. The patient invariably has the idea that unless she is hurrying scurrying every minute like a frightened rabbit the end of the world is coming. The cure is difficult, but unfalling. If she—it is usually a "she"—can be induced to turn and face the end of the world, look it in the eye, so to speak, and then say resolutely: "All right, come along, I don't care!" she is already started on the way toward recovery.

Bringing Up Father



A GENTLEMAN TO SEE YOU SIR

I SUPPOSE IT'S ONE OF THEM FOUR O'CLOCK TEA LIZARDS

JUST AS I GET COMFORTABLE SOME ONE HAS TO CALL ON ME—

IT'S MY FAULT—DEAR YOU HAVEN'T BEEN LOOKING WELL LATELY AND YOU KNOW YOUR HEART IS WEAK—

DIDN'T I TELL YOU I DIDN'T WANT ANY DOCTOR CALLIN' ON ME?

THIS ISN'T A DOCTOR—

HE'S A LIFE INSURANCE MAN—

5-30

THEIR MARRIED LIFE

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"Helen, I want you to go shopping with me just as soon as I come to New York, will you?" said Carrie, amiably.

Helen and Warren were out at Carrie's for Sunday and Carrie had been unusually friendly during the visit.

Helen, who had actually lost some of her distrust of Warren's sister, responded eagerly enough. "Indeed yes, I shall be glad to, Carrie. What are you planning to shop for?"

"Oh, several things, I want some spring clothes, and Roy needs some new things. I'm not going to take him with us, though, so that we can plan to have the entire day to ourselves."

Warren was beaming at the cordiality between Helen and Carrie as he drew long puffs from his after-dinner cigar. Fred lay back in his easy chair and there was an air of peacefulness about the room.

Warren's father, who was living with Fred and Carrie, had gone upstairs for an after-dinner nap.

"Fred owes me a birthday present, too," went on Carrie, archly.

"That's right," Fred grinned, good naturedly.

"And we haven't given you anything yet," said Helen, feeling it incumbent upon her to allude to a gift.

"Why, Warren, I haven't," assented Warren, "I thought about it, but you were ill that week and I forgot to remind Helen."

Helen flushed. She did wish that either she could remember the birthdays in Warren's family or that they would cease exchanging gifts; it did seem so unnecessary.

"Well, I'll tell you how we'll fix it," Warren drew his wallet from his pocket and beginning to handle the bills within. "Here, draw out a ten-dollar bill, 'go and get yourself something with this.'"

"Why, Warren," squealed Carrie delightedly, "so much? Why, that's awfully generous, isn't it?" turning to Helen.

Warren wants to be generous I'm not going to consider the cost. I'll buy something really nice with it, and you can help me select it. Helen's glance at this time was bright with the old expression of triumph. She was a woman and knew quite well how she herself would have felt under the circumstances if Fred had done such a thing. Therefore she was glowing in the fact that once more she had triumphed over Helen in regard to Warren's attachment to his family.

Helen, with an effort to control herself, forced a fairly natural and enthusiastic response, but the spirit of the day was ruined for her. Once more the old bitter enmity between the families were uppermost.

On the way to the station that evening Warren turned to Helen and remarked shortly, "I should think you would make more of an effort to control your jealousy. You acted like a fool this afternoon."

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Conservation Dinner a la Carte

The Food Administration offers here several choices for each part of your dinner: Mutton roast, mutton steak with vegetables, mutton chop, pork sausage, Hamburg steak, baked fish, creamed fish, stuffed beef heart.

Wholesome and Ryelless Bread 1 cup liquid, 4 tablespoons fat, 4 tablespoons syrup, 2 eggs, 6 teaspoons baking powder, 1 teaspoon salt, 1 1/4 cups corn flour, 1 1/2 cups ground rolled oats.

Barley Muffins 1 cup whole wheat or graham flour, 1 cup barleymeal, 1/4 teaspoon salt, 2 teaspoons baking powder, 1/2 teaspoon soda, 1 1/4 cups sour milk or buttermilk, 1 egg, 2 tablespoons fat.

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The U. S. Food Administration Says

Whenever wheat flour is used, when rye, cornmeal or barley might have been substituted for it, either in part or wholly, the wheat is being wasted—it isn't going to feed a soldier as it should. Here are some of the receipts from the United States Food Administration:

Soy Beanmeal Cup Cakes 3/4 cup fat, 1/2 cup sugar, 1 egg, 3/4 cup soy beanmeal, 3/4 cup flour, 2 1/2 teaspoons baking powder, 1/2 cup milk.

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COMMITTED FOR TRIAL

Hardy Dickerson, colored, alleged to have murdered Albert Lettner on May 18, at his hearing before Mayor Keister last evening pleaded "not guilty," but on the testimony of his wife he was committed to the Dauphin county jail for trial at the June session of court. Dickerson's wife asserts that her husband did the fatal shooting.

A Simple Way To Remove Dandruff

There is one sure way that has never failed to remove dandruff at once, and that is to dissolve it, then you destroy it entirely. To do this, just get about four ounces of plain, common liquid arvon from any drug store (this is all you will need), apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips.

By morning most if not all of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it, no matter how much dandruff you may have.

Silk Shirts Hand Laundered. There is a lot of pains with silk shirts—use clean water and Ivory soap—wash and iron them by hand—look after buttons, etc.; we are just as particular with the family wash. ELLIS LAUNDRY SERVICE

Graduation Gifts that are DISTINCTIVE. When you purchase an article at Claster's it will be a little different—a little better in quality—a little more artistic.

Governor Addresses Graduates of New York Bible School. New York, May 30.—Governor Martin G. Brumbaugh delivered the commencement address to thirty-seven young men and women who graduated from the Bible Teachers' Training School, 541 Lexington avenue, on Wednesday night.

Beecham's Pills. will rapidly improve your complexion by arousing the liver and putting stomach and blood in good order.

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NAPOLION ONCE SAID "A Footsore Army is an Army Half Defeated." Men in Training Camps, in Cantonments, in the Army and Navy suffer from blisters and sore spots on their feet.

Free Pile Remedy. E. R. Page, Marshall, Mich. Please send free trial of your Method to: . . . . .

Refrigerators At Reduced Prices \$8.00 to \$50.00. We have just received a car load of Refrigerators that should have reached us at least six weeks ago. This Is the Famous McDougall Kitchen Cabinet--Has No Superior. We received a car load lot of these cabinets about four weeks ago.