WEDNESDAY EVENING,

HARRISBURG TELEGRAPH

Reading for Women and all the Family

# The Four of Hearts A Serial of Youth and Romance By Virginia Van De Water

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She could not marry Gerald Stew-

That was the conviction that impressed itself upon Cynthia Long's mind after she parted from Milton

VanSaun. In stead of going directly to her uncle's house, she crossed Fifth



**ONE PINT** 

SALAD

COOKING

CORN PRODUCTS REFINING CO. GEN'L OFFICES NEWYORKUSA

Every uniform that came in the door gave me cause to worry until

<text>

Apparently the German

conversed among themselves, but there was no hilarity or rough-hous-ing of any kind. there was no marry or rougn-nous-ing of any kind. As I sat there within arm's reach of those German officers and realized what a chance they had to capture an escaped British officer, I could hardly help smiling to myself, but when I thought of the big risk I was taking, more or less unnecessarily, I began to wonder whether I had not acted foolishly in undertaking it. Nevertheless, the evening passed off uneventfully and when the show was over I mixed with the crowd and disappeared, feeling very proud of myself and with a good deal more confidence than I had enjoyed at the start.

the start.

the start. I had passed a night which will live in my life as long as I live. The bill of fare and program and a "throw-away" bill advertising the name of the attraction which was to be presented the following week, which was handed to me as I came out, I still have and they are among the most valued souvenirs of my ad-venture.

The United States Food Administration Says Every spud is a bullet. A German

eats 16 quarts of potatoes a week. An American less than 3 quarts. Speed

By Associated Press American less than 3 quarts. Speed up on the spuds—and save the wheat to win the war! Try this receipt on the family: Shepherd's Pie—Two-cups leftover meat or fish cut-in small pieces; one cup gravy or soup stock thickened with 1 tablespoon barley flour or 1-2 tablespoon rice flour; 1-2 teaspoon salt; 1-4 teaspoon pepper. Put the diced meat or fish in baking dish, add sauce, cover top with mashed potato. Drush with milk or fat and bake 20 to 30 minutes. Potato Souffle—Four cups mashed potato; 1 tablespoon melted butter or di; 2 tablespoon melted butter of the stamps. It was addressed to sauce, nover top with mashed potato. Potato Souffle—Four cups mashed potato; 1 tablespoon melted butter or di; 2 tablespoon melted butter of the stamps. It was addressed to sauce or top with mashed potato. Potato Souffle—Four cups mashed potato; 1 tablespoon melted butter or di; 2 tablespoon for the sale was in prepa-tor and service to-day between the the stamps. It was addressed to or the sale was in prepa-tar mai service to-day between washington. The sale was in prepa-tar mai service to-day between the sale was in prepa-tar mai service to-day between the sale was in prepa-tar mai service to-day between the sale was in prepa-tar mai service to distanter the sale was in prepa-tar mai service to dista the sale was in prepa-tar mai service to dista the sale was in prepa-tar mai service to dista the sale was in prepa-tar mai service to dista the sale was in prepa-tar mai service to dista the sale was in prepa-tar mai service to dista the sale was in prepa-tar mai service to dista the sale was in prepa-tar mai service to dista the sale was in the sale was in prepa-tar mai service to dista the sale was in the sale was in the sale was in the sale was in the sale was the sale was in the sale was the sal

salt; 1-4 teaspoon pepper; yolks of two eggs; whites of two eggs. Mix all in the order given, beat thoroughly and last fold in the stiff-ly beaten white. Pile in baking dish and cook until mixture puffs up and browns on top. browns on top.

to-day. No notices have been sent Wanamaker Mails First Letter in Air to Capitol

to day. No notices have been sent to any subjects of the Central Pow-ers as ordered by the Attorney Gen-eral's Department of the United States. A number of aliens from the countries with which the United States is at war have made declara-tions of intention to apply for na-turalization. By Associated Press

NO ADVANCE IN PRICE SORE THROAT or Tonsilitis-gargle or Tonsilitis—gargle with warm, salt water then apply-

VICK'S VAPORUB



Now that schools are teaching the cooking value of Mazolaoil pressed from Corn—our daughters

> MAZOLA seems to have been discovered simply to add to the reputation of American home cooking-in spite of the shortage of many food staples.

will be better cooks than ever

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flavors from one food to another. Saves animal fats. For sale in pints, quarts, half gallons and gallons. For greater economy buy the large sizes.

There is a valuable Cook Book for Mazola users. It shows you how to fry, sauté, make dressings and sauces more delicious, make light digestible pastry. Should be in every home. Send for it or ask your grocer. FREE. Corn Products Refining Company, P. O. Box 161, New York Selling Representative-National Starch Co., 135 South 2nd St., Philadelphia, Pa.

were similarly fixed and when they offered their bill to the waiter, he handed it back to them with a re-mark which I took to mean that he couldn't make change.

Can Tip in Any Language Can Tip in Any Language Right there I was in a quandary. To offer him my bill after he had just told the officers he didn't have change would have seemed strange. and yet I couldn't explain to him that I was in the same boat and he would have to come to me again later. The only thing to do, there-fore, was to offer him the bill as though I hadn't heard or noticed what had happened with the Ger-mans, and I did so. He said the same thing to me as he had said to the officers, perhaps a little more sharply, and gave me back the bill. Later on, he returned to the table with a handful of change and we closed the transac-tion. I gave him 25 centimes as a tip—I had never yet been to a place where it was necessary to talk to do that. During my first half hour in thet

where it was necessary to take to use that. During my first half hour in that theater to say I was on pins and needles is to express my feelings mildly. The truth of the matter is I was never so uneasy in my life. Every minute seemed like an hour, and a doken times I was on the point of getting up and leaving. There were altogether too many soldiers in the place to suit me, and when the German officers seated themselves right at my table J thought that was, however, the lights went out shortly afterward and in the dark I felt con-siderably easier. siderably easier.

siderably easier. After the first picture, when the lights went up again, I had regained my composure considerably and I took advantage of the opportunity to study the various types of people in the place.

the place. From my seat I had a splondid chance to see them all. At one table there was a German Medical Corps officer with three Red Cross nurses. That was the only time I had ever seen a German nurse, for when I was in the hospital I had seen only men orderlies. Nurses don't work so near the first line trenches. Enloys the Stimutor

**Enjoys** the Situation The German solders at the differ-ent tables were very quiet and or-derly. They drank bock beer and

Crullersor Doughnuts cup sugar eggs tablespooni poonfuls teaspoonfuls baking powder cups sour milk with ½ teaspoon with ¼ teasp oda added salt spoon van