## **CRIMINAL COURT JURORS DRAWN**

Names Taken From Wheel Today in Office of Sheriff Caldwell

Ninety-six names of men who will serve as grand and petit jurors at the session of criminal court be-

serve as grand and petit jurors at the session of criminal court beginning June 10 were drawn from the jury wheel to-day in the office of Sheriff W. W. Caldwell.

In the following list where no address is given the juror resides in Harrisburg.

Grand Jurors—Joseph E. Early, Hummelstown; George Havel, Middletown; George W. Warden. Ferdinand Engle, David H. Nissley, Lower Paxton township; Joseph D. Clark, Derry township; Joseph D. Clark, Derry township; Dawson C. Eppinger, Middletown; William Jackson, Steelton; Charles E. Shuey, Swatara township; Grover C. Hain, Michael Linnane, Jacob S. Farver, Conewago township; John Phillips, Middletown; Albert Creighton, Hummelstown; Homer C. Bechtel, Washington township; Robert T. Welsh, Williamstown; Thomas Shreffler, Wiconisco township; William A. Strominger, Theodore Biever, Hallfax township; John F. Sheasley, Halifax township; Truman Coble, West Londonderry township; Wesley C. Fisher, Jr., Richard M. Johnson, Steelton; Harry S. Gilbert, Millersburg.

Millersburg.

Petit Jurors—James R. Buggy,
Claude Finley, both Williamstown; **POSLAM DOES** 

When Eczema burns, itches, disciplination of the Cocalico Camp Fire Girls will have charge of this part of the parade. A meeting of the guardians of Harrisburg and outlying districts will be seen or endurable, but to cause to grow less and less each day. So effective is Poslam that a little if it will cover a large surface. It is that does the work. You do not have to wait in uncertainty for indications of improvement, to son SHOWS. Sold everywhere. For free sample vite to Emergency Laboratories, 243 Vest 47th St., New York City.—Adertisement.

mass of left-over waste material, toxins and ptomaine-like poisons,

DRINK HOT WATER AND RID

JOINTS OF RHEUMATIC RUST

Why rheumatism and lumbago sufferers should drink phos-

phated hot water each morning before breakfast

Clarence Pannell, David Lape, Richard R. Brown, Michael Clarkin, all Steelton; Frank Wolfensberger, Lower Paxton township; John F. Lenker, George J. Hutton, Harry H. Hartman, Wayne township; Horace A. Chayne, Jacob C. Kohler, Keryn Burns, Williamstown; Harvey A. Shaffer, Gratz; Francis Hawk, Wiconisco township; Charles Stipe, Middletown; John B. Strickler. South Hanover township; Ross A. O'Brine, William's S. Fisher, Dauphin; Edward Maher, Williamstown; Emanuel F. Callahan, Robert L. Henderson, Harvey J. Dowhower, Derry township; James E. Seal, Charles Crow, Royalton; Harry W. Walters; Vincent McAuliff, Lykens; George D. Tommey, Harry Ehrisman, Highspire; Charles H., Potter; Joseph Warlow, Williams township; Earl T. Gruber, Highspire; John A. Rose, Ernest Fletcher, Darwin P. Speer, Frank N. Nester, John J. Hargest, Sr.; William H. Sites, Swatara township; Eli Wagner, Derry township; Bransby F. Langlotz, Samuel Boyer, William J. Jacob K. Tennis, Londonderry township; Eli Wagner, Derry township; Bransby F. Langlotz, Samuel Boyer, William L. Jauss, Samuel Mawrey, Dauphin; Joel Herb, Halifax township; Bransby F. Langlotz, Samuel Boyer, William J. Jacob E. Berkhelmer, Swatara township; Charles F. Shower, C. D. Cramer, Daile Boarder, Middletown; Joseph Montsomery, II; William M. Boyer, Jiliam M. Boyer, Samuel Lawyer, Frank S. Anderson, Stephen Steple, Steelton; Howard Overholtzer, Lykens; William A. Alorwart, Harry F. Oves, Isaac Coble, Lower Swatara township; Samuel Lawyer, Frank S. Anderson, Stephen Steple, Steelton; Howard Overholtzer, Lykens; William A. Alorwart, Harry F. Oves, Isaac Coble, Lower Swatara township; Samuel Lawyer, Frank S. Anderson, Stephen Steple, Steelton; Howard Overholtzer, Lykens; William A. Kain, Elizabethville; William M. Boyer, Elias B. Buck, both East Hanover township.

## CAMP FIRE GIRLS TO MARCH IN BIG RED CROSS PARADE

It was announced that all the Camp Fire Girls will be asked to march in the big Red Cross parade, Saturday, May 18. Miss Dora Wickersham Coe, guardian of the Cocalico

## Noted Food Expert and Assistant



### MRS. VAUGHN'S WAR-TIME RECEIPTS

### PECAN NUT BREAD 1 tablespoon vegetable

cups buckwheat flour. 1 cup rye flour. 2-3 cup old-fashioned brown

teaspoons baking powder. cups buttermilk. 1 teaspoon soda. 1 cup pecan meats.

sugar. 1 teaspoon salt. To the buckheat, rye flour, baking opwder, sugar and salt, when thoroughly mied, xadd the remaining ingredients. Add the soda dissolved in one tablespoonful hot water last. Turn into oiled bread cover and allow to stand twenty minutes and bake in moderate

### COCOANUT CREAM COOKIES

cup cooked oatmeal.

1 teaspoon salt.
11-2 cups shredded cocoanut.
3 teaspoons baking powder.
1 tablespoon vanilla extract.
1 teaspoon lemon extract.

egg. cup sugar. 1-4 cup condensed milk. 1-4 cup water. 3 cups war flour.

Beat egg, add gradually the sugar, cooked oatmeal, cocoanut and milk, etrxact and dry ingredients. Chill. Toss on floured bread. Make into small balls. Place on baking sheet and bake in mod-

what Mrs. Vaughn told her hearers yesterday afternoon. Yet she assured them that it was only the smallest part of what she really could have told.

The Jones Family
Taking an imaginary Harrisburg family by the name of Jones, composed of husband, wife and three children, Mrs. Vaughn disclosed theoretical and practical methods of economy by means of a condition whereby the husband set aside a stipulated amount to be spent by the wife in providing for the needs of the home. She then related several instances where homes have been wrecked because of the lack of financial understanding between the husband and wife. The methods of avoiding such an inevitable result Mrs. Vaughn portrayed through the systematic housekeeping of the phantasmal Mrs. Jones. The Jones family has an income of \$150 a month. Of this sum \$45 a month is spent for food and in her demonstrations Mrs. Vaughn will show how it is done effectively even at present high prices using the recommended substitutes.

Thursday afternoon Mrs. Vaughn will conduct a closed session for women only and there will be no children under fifteen years of age admitted to the hall nor will there be any men present. Mrs. Vaughn will cliscuss at that time food in its relation to health and morals. She believes in telling the facts of life to children and in the talk to-morrow afternoon she will tell just how she would go about it. It will be a straight from the shoulder message and every mother in Harrisburg should make an extra effort to be present.

To Give Patriotic Address Friday morning at 9 o'clock Mrs. Just as coal, when it burns, leaves it. This will first neutralize and behind a certain amount of incom- then wash out of the stomach, liver, benind a certain amount of incombustible material in the form of ashes, so the food and drink taken day after day leaves in the alimentary canal a certain amount of indigestible material, which if not completely eliminated each day, becomes food for the millions of bacteria which infest the bowels. From this mass of left-over waste material, toxins and ptomaine-like poisons,

mass of left-over waste material, toxins and ptomaine-like poisons, called uric acid, is formed and then sucked into the blood where it continues to circulate, collecting grain by grain in the joints of the body much like rust collects on the hinge as shown above.

Men and women who suffer from lumbago, rheumatism or sore, stiff aching joints should begin drinking phosphated hath water, not as a means to magic relief from pain, but to prevent more uric acid forming in the system. Before eating breakfast each morning, drink a glass of real hot water with a teaspoonful of limestone phosphate in spoonful of limestone phosphate in spoonful of limestone phosphate in spoonful of limestone of all the waste, gases and sour fermentations, making one look and feel clean, sweet and fresh all and every men present. Mrs. Vaughn will discuss at that time food in its elation to health and morals. She believes in telling the facts of life to children and in the talk to-mor ow afternoon she will tell just how with a teaspoonful of limestone breakfast, is wonderfully invigorating; besides, it is an excellent health measure because it cleanses the alimentary or gans of all the waste, gases and sour fermentations, making one look and feel clean, sweet and fresh all and enthusiast on the morning links dead bath.

Those who try this for one week headaches, constituation, bilious attacks, sallowness, nasty breath and school.

The War Cooking School is becoming immensely popular with the school.

The War Cooking School is becoming immensely popular with the women of Harrisburg. They come quite prepared to absorb all that the such as a such and the same proposition and the same proposition and the facts of life to children and in the talk to-mov afternoon she will tell just how while the and mean to health and morals. She believes in telling the facts of life to children and in the talk to-mov afternoon she will tell just how when will tell just how your dead the and the and the and the and the and the and the attacks of life to childr

means to magic relief from pain, but to prevent more uric acid forming in the system. Before eating breakfast each morning, drink a glass of real hot water with a teaspoonful of limestone phosphate in spoonful of limestone phosphate in stomach acidity.

GOOD-BYE BACKACHE, KIDNEY

AND BLADDER TROUBLES

For centuries all over the world GOLD MEDAL Haarlem Oil has afforded relief in thousands upon thousands of cases of leme back, lumbago, sciatica, rheumatism, gallstones, gravel and all other affections of the kidneys, liver, stomach, bladder and allied organs. It act quickly. It does the work, It cleanses your kidneys and purifies the bload. It makes a new man, a new woman, of you, It frequently wards off attacks of the dread and fatal disease of the kidneys. It often completely cures the distressing diseases of the organs of the body, allied with the bladder and kidneys. Bloody or cloudy urine, sediment, or "brickdust" indicate an unhealthy condition.

All there is the load day. Those who try this for one week may find themselves free from sick headaches, constipation, billious attacks, sallowness, nasty breath and stomach acidity.

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The war Cooking School.

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The War Cooking School where to absorb all that we went and

SHOWS HOW COOKS
CAN SAVE FOODS

[Continued from First Page,]
gium and invaded France, said Mrs.
Vaughn.

No more graphic recital of the hideous and devilish practices of the Prussian invaders has ever been given by a speaker in Harrisburg than what Mrs. Vaughn told her hearers yesterday afternoon. Yet she assured them that it was only the smallest part of what she really could have told.

Carbuncles For Three Years

Three years ago I had blood poi-

"Three years ago I had blood poisoning and ever since then I've oeen suffering with a succession of boils and carbuncles," says Jerome P. Enders, of Riverside, Pa., who is employed in the P. R. R. Machine Shops.

"Job had nothing on me. Some of the men in the shop told me to try Tanlac and what they told me of their experience sounded so convincing that I statted taking this remarkable medicine.

"It has cleared my blood like magic, my boils are all gone; I feel fine and am working now with new energy."

## **OFF TO FRANCE**

WRECKED ON SIDING Harry C. Reigner Relates Before Sailing the Benefits He

## To the Ladies of Harrisburg Have You Noticed

That Mrs. Kate Brew Vaughn, the lecturer in the Telegraph Free Home Economics School, uses

chines the other Americans had engaged dropped toward the ground.

It is unknown what happened to tion of the enemy was impossible. The in the ring sign, showing a sent some of their best fivers to this them, but two of them apparently were in distress. No credit for vic-

# Royal Baking Powder

Teachers of cookery, and baking experts generally, use Royal Baking Powder because they know it can always be relied upon to make the finest and most wholesome food.

Experience has taught them that it is not economy to risk the loss of flour, butter and eggs by the failure likely to result from the use of an inferior Baking Powder.

## Royal Baking Powder Contains No Alum Nor Phosphate

Perfectly leavens and makes the food more delicious and wholesome.

# How Delightful to Cook With the Hoosier Help

## How Easy to Keep My Pledge to Save Food

THE Hoosier Kitchen Cabinet prevents waste in several ways. For one thing, it keeps your flour, sugar, cereals and other foods, each in its proper place—protected.

For another, it guards against waste in measuring and mixing. And it saves any woman who has it, miles and miles of steps and hours of time.

## Perfected by Many Experts

Hoosier makers have tested all kitchen cabinet devices for the past 20 years.

Important discoveries have been built right into

It has 17 exclusive features that cannot be found

in all others combined. There are places for 400 articles within arm's reach—all scientifically arranged.

The Over-Size Base with 21 per cent more space for pots and pans than the average.

The Hoosier Two-Way Sugar Bin holds twice the ordinary amount. In 40 ways, this cabinet saves vou work.

## HOOSIER

Hoosier's Council of Kitchen Scientists pronounce it as efficient as can be made. And in the whole realm of household economics, there are no women more talented than they.

## Before-War Prices—Easy Terms

Every Lady visiting the Cooking School will have an opportunity to get one of the Hoosier Beauties wonth \$45.00, providing she is the lucky one to have her card drawn at the end of the week.

Fill out card properly and deposit in box at our



312 Market Street



Other noted women on the Hoosier staff include:

Mrs. Christine Frederick, noted Household Efficiency Authority Mrs. Frank Ambler Pattison, Domestic Efficiency Engineer,

Mrs. Janet McKenzie Hill, Principal Summer School of Cookery, New Hampshire. Miss Fay Kellogg, Household Science Architect, New York.

Mrs. H. M. Dunlap, Domestic Science Specialist and Lecturer, Miss Alice Bradley, Principal Miss Farmer's School of Cookery,

Mrs. Nellie Kedzie Jones, Household Consultant, Wisconsin. Mrs. Alice B. Dresser, Consultant of Household Administration,

por your money it you are not satisfied bladder and kidneys. Bloody or cloudy urine, sediment, or brick the pure, original GOLD MEDAL the pure of after a few days use, accept the pure, original GOLD MEDAL the pure of the pure, original GOLD MEDAL the pure of the pure, original GOLD MEDAL the pure and the pure of the pure or bright and the pure or bright the pure, original GOLD MEDAL the pure or bright and the pure or bright and the pure or bright the pure, original GOLD MEDAL the pure or bright and the pure or bright the pure, original GOLD MEDAL the pure or bright and the pure or bright and the pure or bright the pure, original gold ment and thereby prevent a collision and thereby prevent a collision with the transport the transport the pure or bright the pure, original GOLD MEDAL the pure or bright the pure or bright the pure or bright the pure or bright the pure, or bright the pure or bright the pure or bright the pure