

# Reading for Women and all the Family

## Life's Problems Are Discussed

By MRS. WILSON WOODROW  
 Drink, the moralist will tell you, is the cause of a great part of the crime, evil and misery in the world; and in the same category, although probably in a lesser degree, he will list envy, jealousy, hatred, covetousness and passion.

I am not certain, though, that the greatest cause of evil and unhappiness, the arch-instrument of Satan, is not just—friends.

Deliver me from my friends! That has been the cry of all the ages, since the day that Eliphaz, the Temanite, and Bildad, the Shuhite, and Zophar, the Naamathite, set out to visit Job in his affliction, and thereby to furnish a parable upon the value of friendship for all the years to come.

"Miserable comforters are ye all!" Job finally burst out upon them, stung by their snug self-righteousness, and that is the way many of us have felt under the tactless or malicious friendship of those who come to console with us in our hours of sadness and adversity.

True friendship is one of the most precious things in the world, and like everything precious is very, very rare. But what crimes are committed in its sacred name.

I leave a letter from a young man in Brooklyn, which offers a fair example:

"Dear Mrs. Woodrow: I am a young married woman, whose husband is a traveling salesman, and is obliged to leave on a four or five months' business trip every spring. My husband and I are very congenial and we have the greatest faith and confidence in each other; but

## Bringing Up Father



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By McManus



## The Golden Seal Luncheonette

helped to gain for us the liberal patronage we now enjoy, but this patronage is retained for us by the unusually fine quality of the food and service, as well as the reasonable prices at

Novel combination luncheons from 20c to 35c.

A la Carte Service also.

Open from 8 A. M. to 7 P. M.

City Health Tests prove our Ice Cream the best in the City. Try some at the Fountain—take some home.

RIGHT Glasses Will Save Your Eyes

Distressing headaches and dizziness will be but a memory. A delightful change from dim vision to good vision. Our experience, skill and accuracy assure you of satisfactory service.

**R.D. Pratt**  
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 AND  
**Harrisburg Business College**  
 Troup Building, 15 S. Market St.  
 Bell phone 485; Dial 4303

## "Outwitting the Hun"

By Lieutenant Pat O'Brien



and her complete belief in his fidelity. When the friends find her indifferent to their "sympathy" and their mocking they will very speedily quit it.

Let her remember, too, that those who carp most bitterly against success are the unsuccessful, that those who deride the possibility of happy marriage are the unhappily married. In the calm security of her own happy union, can she not afford to pity these "sympathetic" friends and smile at their efforts, rather than to be stirred by them?

There are still too many fastnesses where the seriousness of the food problem has not yet seemed to penetrate. They are found in our big cities and in our richest agricultural valleys just as often as in the mountains of Kentucky.

The ignorance of the poor Kentucky woman is pitiful and formidable, but the indifference of the other woman is lamentable and unpardonable. Unless the conservation cry is heard and heeded by all women, the food problem of America will not be solved.

## Daily Fashion Hint

Prepared Especially For This Newspaper



**IN BLACK AND WHITE.**  
 Beautiful indeed is this black and white foulard frock with the draped tunic mounted on a foundation of black satin. Deep pointed revers of satin turn back from a vest of white crepe georgette, and the bare sleeves are cuffed with black satin. Medium size requires 6 yards 40-inch foulard, with 2 1/2 yards black satin and 2 yards lining for upper part of foundation skirt.

## The Potatoes in the Revolutionary War

By Lieutenant Pat O'Brien

During the Revolutionary war, General Francis Marion was one of the bravest fighters on the American side. He and his soldiers lived in the thick forests of South Carolina.

The story is told that one day an English general sent a young soldier out to find General Marion and deliver to him a message. The messenger found the general and the men about to eat their supper and he was asked to join them.

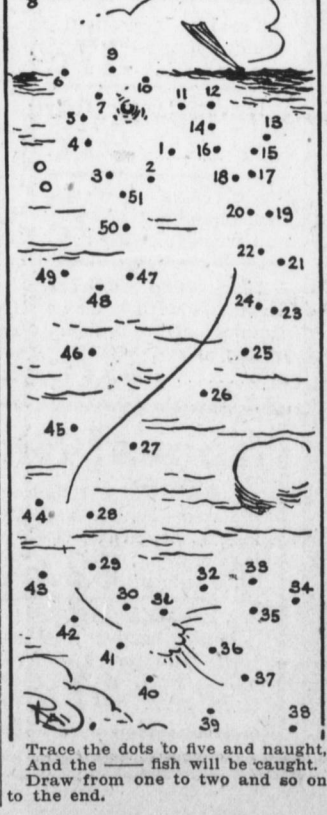
When the plates were passed, they proved to be huge chips cut from a large tree near the campfire. The English soldier looked at these strange plates and began to wonder what the food would be.

For the next six days I figured that I was in Germany, and I was living on nothing but cabbage, sugar beets and an occasional carrot, all ways in raw state, just as I got them out of the fields. The water I drank made me sick, and I had to get it from a canteen and pools. One night I lay in a cabbage patch for an hour lapping the dew from the leaves with my tongue!

From my map I estimated that I was about thirty-five miles from the coast when I made my leap from the train, and I figured that two hundred and fifty miles was nearer the extent of the journey ahead of me.

My invariable program at this stage of my journey was to travel steadily all night until about 6 in the morning, when I would commence to look around for a place wherein to hide during the day. Low bushes or woods back from the road, as far as possible from the traveled pathway, usually served me for this purpose. Having found such a spot, I would drop to my knees, try to sleep, My overcoat was my only covering, and that was usually soaked through either from the rain or from swimming.

## Daily Dot Puzzle



## Hearing the Food Cry

A woman living in the Kentucky mountains told a social worker recently, "I hear there is an awful feed going on somewhere. Is it true?"

The fact that there is a war is only just beginning to penetrate those mountain fastnesses.

A woman in one of the rich agricultural districts of an eastern state is still serving meat every day in the week and white bread every meal. Since the "fifty-fifty" order in buying flour was issued, she was heard to remark: "My pantry shelf is getting loaded down with that breakfast foodstuff that I have to buy nowadays and the only way I can get rid of it is to feed it to the chickens."

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## Advice to the Lovelorn

By BEATRICE FAIRFAX

I am in great sorrow due to the fact that I have lost my best friend and adviser, my mother.

I have met a very intelligent young man who is interested in me and has asked permission to call at my home. I consented, but am at a loss to know how to entertain him in my present circumstances, as mentioned above.

## Advice to the Lovelorn

It was a mighty fortunate thing for me that I was not a smoker. Somehow I have never used tobacco since my father died. I am now repaid for whatever pleasure I had foregone in the past as a result of my habits in that particular, because my sufferings would certainly have been intensified now if, in addition to lack of food and rest, I had had to endure a craving for tobacco.

## Advice to the Lovelorn

Don't be frightened about "entertaining" this young man. Try probably like you for your sweetest, modest and fine character. Don't make any effort to impress him or struggle to find things to talk about. Instead make a little study of him. Find out what his interests are, what work he is doing and see if he isn't lonely and at a loss, just as you are. Try to give him friendship and understanding and sympathy, and let him talk to you. Probably he will enjoy expressing himself just as much if not more than he would enjoy hearing you express yourself. Men like to talk about themselves—let him do it.

## Why Lose Your Hair

The Cause is Dandruff and Itching; The Remedy is CATARRH

Quickly Ended by a Pleasant, Germ-killing Antiseptic

The little Hyomel inhaler is made of hard rubber and can easily be carried in pocket or purse. It will last a lifetime.

Into this inhaler you pour a few drops of magical Hyomel.

This is absorbed by the antiseptic gauze within and now you are ready to breathe it in over the germ-infested membrane where it will speedily begin its work of killing catarrhal germs. Hyomel is made of Australian eucalyptol combined with other antiseptics and is very pleasant to breathe.

It is guaranteed to banish catarrh, bronchitis, sore throat, croup, coughs and colds or money back. It cleans out a stuffed up head in two minutes. Sold by H. C. Kennedy and druggists everywhere.

Complete outfit, including inhaler and one bottle of Hyomel, costs but little while extra bottles, if afterward needed, may be obtained of any druggist.—Advertisement.

## BUY LIBERTY BONDS

Beautiful new styles of splendid all-wool cloths—finely tailored—presents suit values you cannot afford to miss. Priced at

16.95, 19.95, 24.95, 29.95 to 47.75

They represent a net saving to you of from five to fifteen dollars on each suit. Select yours early. All colors—all the newest materials. Sizes 16 to 51.

## Arriving Beautiful New Blouses

Watch For Our Big Blouse Event

## Charming New Dresses

12.95, 14.95, 17.95, 24.75 to 39.75

## Ladies Bazaar

8-10-12 S. FOURTH ST. Harrisburg's Garment Institution.

## Demand For Bar Silver

Makes Price 99 1-4 Cents

New York, April 23.—The Government's plan to melt several hundred millions of silver dollars now in the treasury vaults, fixing an arbitrary price of 91 cents, again has stimulated demand for that metal in the local market.

Two weeks ago bar silver was quoted at 91 1/2 cents. By degrees it has climbed to within a fraction of the price fixed by the Treasury Department, selling to-day at 99 1/4 cents. Dealers in silver said that the extraordinary demand from India and China is chiefly responsible for its recurrent strength.

## CYCLOPS LIST INCREASED

Washington, April 23.—Two additions to the passenger list of the missing naval collier Cyclops were announced yesterday by the Navy Department. They are: Gunner Chaffetz C. Staley, U. S. N., 1367 Sunnyside avenue, Chicago; Carpenter John M. Gray, U. S. N., 509 North Poplar street, Grand Island, Neb.

## VON HERTLING MEETS BELGIAN

Amsterdam, April 23.—Chancellor Von Hertling, according to a Berlin dispatch has received General Von Falkenhausen, the governor general of Belgium, at Main Headquarters.

## SEVENTH SON TO ENLIST

Greenville, S. C., April 23.—Vivian M. Manning, the seventh son of Governor Manning, of South Carolina, to offer his services to the United States.

## WOMEN TO MEET IN YORK

York, Pa., April 23.—Announcement is made that the State Federation of Women's Clubs will hold its annual meeting in York next October.

## Do you ever have the "blues"?

That discouraged feeling often comes from a disordered stomach, or an inactive liver. Get your digestion in shape and the "blues" will disappear. You will soon be cheerful, if you take

## BEECHAM'S PILLS

the people's remedy for life's common ailments. They act thoroughly on the stomach, liver and bowels, and soon regulate and strengthen these important organs. Purely vegetable—contain no harmful drugs. Whenever you feel despondent a few doses will

Make Things look Brighter

Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 10c, 25c.