

ESSENTIAL AND WAR STRIPPED RELIGION

The International Sunday School Lesson for April 7 Is "Jesus Sets Men Free"—Mark 7:1-37 By WILLIAM T. ELLIS

North America has not yet learned that the war is certain to throw into the discard most of the millinery and etiquette and minor usages and incidental trimmings of church life. In this purging experience religion becomes stripped to reality. Seen by the glare of the star-shells on the battlefields of France, denominational distinctions seem strangely petty; what essential religion looms ever so great. Some persons find it hard to give up the incidental ceremonies of religious practice; for always, as in the case of the old Jews, religion tends to petrify into forms and ceremonials, even where the substance has become non-existent.

KNOW POSLAM'S RARE POWER TO HEAL ECZEMA

You can make no mistake in using Poslam, first and for all, to treat Eczema or any skin disease. It is the remedy that has cured thousands of cases. Apply it right on the raw places that burn and itch; they will be pacified, soothed, cooled, and will no longer harass. Poslam has been considered a rare "find" by many who never knew just what to use to secure real and lasting relief for alling skin. Shortest way to eradicate Pimples, Itches, Inflammation.

"HAD A TORPID LIVER Appetite Was Gone— Was Weak,"

Says Mr. E. Robinson, 1225 Williams street, Harrisburg. "I was full of ailments, my liver was torpid, my stomach bad, my appetite was gone, just had to force myself to eat, had cramps and the pain would get around the heart and I felt worried. I was weak and had to force myself to keep going, my head ached, my nerves were bad and I was no good. Sanpan changed all that and now I am as good as ever and a booster for Sanpan. This reliable spring medicine is being introduced at Keller's Drug Store, 465 Market street, Harrisburg—adv.

Doctor said, "Bio-feren had done wonders for her."

Case 1724—School teacher; Residence—Kentucky; severe operation; left her weak, anemic, nervous, low vitality. Physician recommended Bio-feren. Two weeks' treatment showed remarkable improvement. Doctor reported, "Bio-feren had done wonders for her."

Another case—Pennsylvania, reports: "I have taken about one-half of the Bio-feren pellets and trust confess that I feel like new."

A Kentuckian woman says: "I have taken Bio-feren regularly and feel much benefited. I can use my arms much better. However, can not get my hands to my head sufficiently to comb my hair, but I feel that I will soon be able to do that."

"You want the vigorous health and ruddy beauty that is dependent on strength, nerves and red blood. Everybody does. Read those reports above, again. You, too, if you are dragged down in health and strength because of overwork, worry, nerves, and similar causes can rebuild your health and strength with Bio-feren. It is not a stimulant. It is a builder—a builder of better health.

Bio-feren contains some of the best ingredients known to the medical world, and is indicated for the treatment of run-down conditions due to overwork, worry, anemia, melancholia, nervous debility, healthy following infectious diseases, convalescence from acute fevers, etc.

There is no secret nor mystery about Bio-feren. Every package shows the elements it contains. Ask your physician about it, or have him write and we will send him complete formula.

And don't forget that Bio-feren is sold only on condition that you will return the empty package and allow us to refund your purchase price for any reason, you are not fully satisfied. Please bear that in mind for it is very important.

Bio-feren sells at \$1.00 for a large package. Your druggist can supply you or we will send it direct upon receipt of \$1.00; six packages for \$5.00, should you have any trouble in securing it. The Saniac Remedial Company, Masonic Temple, Cincinnati, Ohio.

Porch Steps

OF ALL PLACES where lumber is desired free from resin and pitch it is your porch steps.

That's a place your friends are apt to sit on a warm summer evening.

You don't want their clothing to stick and the paint peel off.

We know just the kind of lumber that is best for porch steps.

United Ice and Coal Co.

Lumber Department Forster and Cowden Streets

Returns to Camp Hancock After Furlough Home

His most worship Him in spirit and in truth. Lip religion is not important than being right. The fundamental consideration for every life is that the heart shall be right with God. This is not effected by religious demeanor and prescribed practices; on the contrary, out of the heart flow the fruits of a true religion.

Clean Hands or Clean Lives The debate which is set forth in this present Sunday school lesson arose from the fact that the disciples of Jesus do not observe all the strict Pharisaical rituals. In truth, nowhere in the world do the busy, out-of-door folks, the plain people, follow all the minutiae of the ritual of their religious teachers. The peasant women in Moslem lands go about unveiled. The orthodox Chinese do not say their prayers daily nor perform the prescribed ablutions; the Chinese peasant neglects his god-shelf, and the Chinese farmer is delinquent in daily offerings before the shrines. These peasant fishermen who followed Jesus were neglected of the city of the Hindus is so sacred that even if an infidel dies on its soil he has hopes of paradise. Yet Benares, the city, is fairly nauseous. Mecca, toward which every Moslem turns when he prays, and whither two hundred thousand pilgrims go every year, is the greatest breeding place for cholera known to medical science. They all represent, like the fastidiousness of the Pharisees, the religion whatever to real cleanliness and observances are exalted to first place. The old Jews of the time of Christ had overlaid the law of Moses with their tradition until religion had become a burden too heavy to be borne. The exactions of the rabbis ran down into every department of human interest and into every hour of the life of the faithful.

The Reformer Dissents Clearly and fearlessly Jesus took issue with all this. He knew that the tendency of all religion is to deteriorate into a set of formal observances. The heathen faiths that environed Israel, even as the heathen faiths to-day, prescribed practices and ritual instead of spiritual faith. So the brave Teacher from Nazareth did not hesitate to indict the experts in religious ceremonialism before the new era of spiritual religion. His claims as teachers. In this, as always, the principles he laid down hold for all time.

One wonders and wonders just how much of our present detailed traditions of the traditions of the elders—and how much of the machinery of religion, will have to give way before the new era spirit of Jesus speaking to our time in the thunders of battle? Already the magazines are raising fundamental questions as to the adequacy of our pulpit teaching for the times. All of us are ready to drop nonessentials; but there is no thought of person, what- ever his creed, who is not eager to know the mind of God for mankind. The platform of the Reformer upon which all the races will one day come, is "God is a spirit, and they that would worship Him, must worship Him in spirit."

Safe Home Treatment for Objectionable Hairs

(Doudor's Secret) The electric needle is not required for the removal of hair or fuzz, for with the use of plain delatone the most stubborn growth can be quickly banished. The electric needle, with water and a little of the powder, then spread over the hairy surface. In about two minutes it is rubbed off and the hair, which is what the treatment not only removes the hair, but leaves the skin free from blemish. Be sure you get genuine delatone.

David H. Ellinger Retires as Chief of Records in Red Men After 14 Years



SERGT. GEORGE R. SHUNK

David H. Ellinger, for fourteen years chief of records of the Warrior Eagle Tribe No. 340, I. O. O. F. M., has retired. His recent illness will prevent his usual activity. At a meeting last night members of the tribe passed a resolution expressing regrets on "Davy" Ellinger's retirement and referring to him as a faithful, efficient and untiring official. The best wishes of all members went along. This tribe recently elected and raised up chiefs for the ensuing term.

Woman Thought Dead Sees Coffin Brought Into Room; Is Saved

Woodland, Cal.—Had it not been for a colored "mammy" who detected signs of life, Mrs. Gustav Kunze would have been buried alive. Conscience of the undertaker, Mrs. Kunze to-day related for the first time how it felt to lie absolutely quiescent, knowing that her grave was being dug, that she had been prepared by the undertaker for burial and that all the funeral arrangements had been completed. The doctor, before embalming had become a necessary adjunct to the undertaking business, but Mrs. Kunze, who is prominently known here, had never related the story to even her most intimate friends.

This happened on Sunday. Funeral arrangements were made for 10 o'clock on the following Wednesday morning. In the meantime the undertaker arrived and the young girl was laid out and all the grueling details of burial preparation were made. Even the coffin was brought in the same room in which she was laid out.

Oil Makes Country School Teacher Rich

Eldorado, Kan.—From a poor struggling country school teacher to a possessor of \$125,000 is the leap Charles Buskirk made when he sold his one-sixteenth interest in the Great Southern Oil Company, which has valuable holdings in western Greenwood County, to Jones Brothers, of Independence, Kan., for \$1,250,000.

THAT CHANGE IN WOMAN'S LIFE

Mrs. Godden Tells How It May Be Passed in Safety and Comfort

Fremont, O.—"I was passing through the critical period of life, some, which I surely proved to be. I feel better and stronger in every way since taking it and the annoying symptoms have disappeared." Mrs. M. Godden, 925 Napoleon St., Fremont, Ohio.

Such annoying symptoms as heat flashes, nervousness, backache, headache, irritability and "the blues" may be speedily overcome and the system restored to normal conditions by this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound.

For a Chafed Skin Over 100,000 people have proven that nothing relieves the soreness like Sykes Comfort Powder. One box proves its extraordinary healing power. Pleshy people take notice. 25c at the Vinol and other drug stores. The Comfort Powder Co., Boston, Mass.

Eight Colonels Complete Hard Training Course

Camp Hancock, Ga., April 5.—With the month of April here, officers and men at Camp Hancock are looking forward to the return of the regimental commanders from the western training camps, where they have been during the past two and a half months. The news of their return is being looked forward to daily, although it is probable that another week or fortnight will elapse before an announcement is made.

There are eight of the Camp Hancock "colonels" in the west. All left to attend the officers' training school at Fort Sam Houston, Texas. They are: Colonel George C. Rickards, One Hundred and Twelfth Infantry; Colonel George E. Kemp, One Hundred and Tenth Infantry; Colonel Edward C. Shannon, One Hundred and Eleventh Infantry; Colonel Millard Brown, One Hundred and Ninth Infantry; Colonel Hamilton D. Turner, Tenth Field Artillery; Colonel William McKee, One Hundred and Seventh Field Artillery; Colonel Asher Miner, One Hundred and Ninth Field Artillery, and Colonel Maurice E. Finney, Twenty-eighth Division Headquarters and Military Police.

School Superintendents Are Scheduled For Addresses

Dr. F. E. Downes, superintendent of city schools, and Professor Frank E. Shambaugh, superintendent of county schools, will be speakers next Thursday at the season of Schoolmen's Week at the University of Pennsylvania.

WE SELL FOR LESS

SALKIN'S GOLDEN RULE DEPT. STORE 428-430 Market St. WAISTS: One lot of Fancy Silk Waists in all the leading shades, and an excellent quality silk; take your choice of the lot at \$1.97. One lot of Voile Waists in nobby embroidered styles; nifty collar and cuffs; wonderful value; take your choice at \$1.17. One lot of swell Georgette Crepe Waists, in flesh and white, in stunning models; take your choice at \$2.38.

Great Values Saturday Here In Garments For Women and Misses

Another Showing Trimmed Hats. Ready For Saturday. Values to \$5.98. ONE LOT ONE LOT \$2.98 \$3.98. SUITS: Beautiful Spring shades in serge and poplins, in all the leading shades and clever styles, \$11.90. Wonderful styles in serge, crepe, poplin, etc., in plain and pleated models, all shades at, \$14.90. DRESSES: A wonderful lot of silk taffeta and poplins in striped and plain colors, special at \$9.90. COATS: Smart new Spring models in serges, in all the latest and best shades, are special at \$9.90. CHILD'S COATS: Shepherd checks, striped cords, serges and silk poplins, in the very best styles, at \$5.90. COATS: These are in serges and poplins and taffeta and are the most stunning styles of the day. \$14.90.

Men, Look \$10 We Can Sell You Suits at \$15.00 and \$15.00

Great Assortments Ready. Lot Women's Novelty Boots—havana, brown, ivory tops; \$7.50 value; pair, \$4.85. Lot Ladies' White Canvas Shoes—9-inch top; high or low heel value \$2.50. \$1.85. Ladies' Patent and Gun-metal shoes—button and lace; \$4 value; Saturday \$2.98. Ladies' Vel Kid Comfort Shoes—Hand-turned soles; comensense, plain or tip; \$4 value; Saturday, \$2.98.

Great Specials All Over the Store On Saturday

Silk: Crepe de chine; in all shades; \$2 value; Saturday, \$1.68. Toweling: Red border; heavy grade; 12c value; Saturday, 8 1/2c yd. Hosiery: Boys' and girls' stockings, 25c value; Saturday, 17c pr. Wash Suits: Boys' wash suits, fancy trimmed; Saturday, 75c. Skirts: Ladies' percale and white cut-outs; Saturday, 38c. Dresses: Children's wash dresses, sizes 6 to 14 years; Saturday, 47c. Dresses: Women's wash dresses, of ginghams, pretty styles; Saturday, \$1.98. Hosiery: Ladies' black hose; 19c value; Saturday, 12 1/2c pr. O. N. T. Thread: Known all over; Saturday, 4 for 15c. Underwear: Ladies' Gauze Union Suits; 75c value; Saturday, 47c. Sweaters: Ladies' silk sweaters; all shades; \$8.00 value; Saturday, \$4.68.

Tendency to Constipation? USE THIS LAXATIVE!

Dr. Caldwell's SYRUP PEPSIN The Perfect Laxative. Dietitians advise a "careful diet," but that is troublesome to most people; physical culturists advise "certain exercises," which is good if one has both the time and the inclination. Doctors advise diet and exercise and medicines. The question is, shall it be a cathartic or purgative medicine? Or a mild, gentle laxative? Thousands have decided the question to their own satisfaction by using a combination of simple laxative herb with pepsin known to druggists as Dr. Caldwell's Syrup Pepsin. A small dose gives a free, easy movement of the bowels. It is the best substitute for nature herself. In fact, since the ingredients are wholly from the vegetable kingdom it may truthfully be said it is a natural laxative. Its positive but gentle action on the bowels makes it an ideal remedy for constipation. The dose is small, and it may be taken with perfect safety until the bowels are regulated and act again of their own accord. The druggist will refund your money if it fails to do as promised.