

Reading for Men and all the Family

More Corn Bread

One of the first war breads to become popular was corn bread. With every steaming piece of spoon bread lifted from the casserole, the patriotic housewife feels the proud glow of a well-armed bayonet charge at the enemy. Every time a piece of corn bread is served at the table with a whitish color and a suspiciously sweetish taste, she feels that though she has made a personal attack on the enemy, the weapon was a little blunted by that the charge didn't quite go off.

Maybe using a large part white flour was a compromise with Mr. Husband who "can't stand to eat a corn taste." And maybe the added spoonful of sugar was to make it more palatable to Johnny and Susie who tease for "that bread that tastes like cake."

Every little bit helps, however, and it has been this partial substitution of other cereals that has gradually accustomed the conservative family to a wartime bread. Now, however, it is "fifty-fifty." That is, the housewife must buy as much of other cereals as she buys wheat, but it is left to individual taste and discretion how this shall be used. Some may be served as a vegetable, such as hominy and rice, and others as a flour admixture for breads and pastries. But all this will stabilize the effort to save food and apportion the saving fairly among all classes of consumers.

Accustom your family to more and more of another cereal in their bread and if corn breads are still a favorite with them and the meal is easily available in your locality, give them varied kinds of corn bread as often as possible.

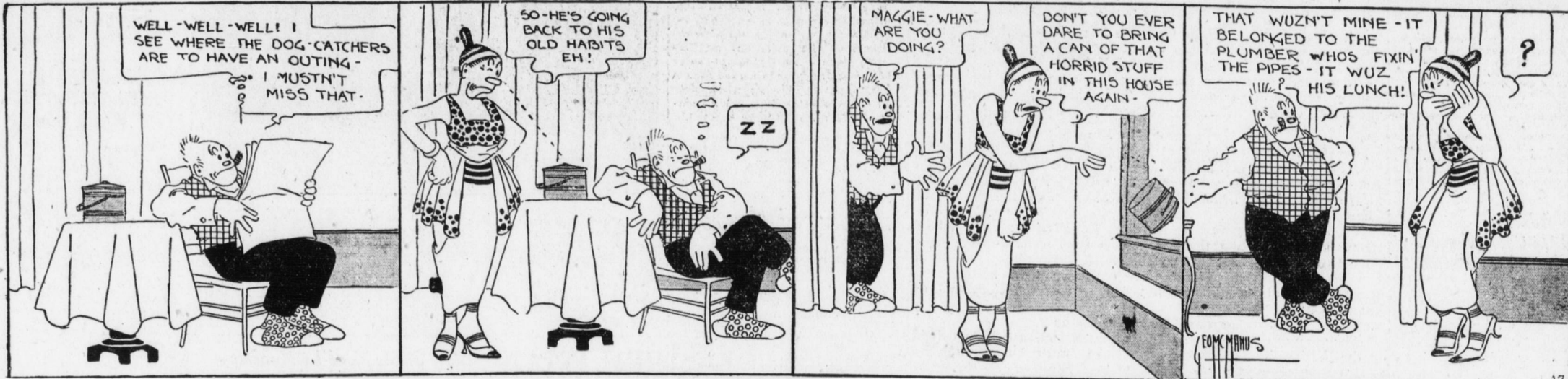
How to Remove Wrinkles

A Simple, Safe and Reliable Way

Those who have become prematurely wrinkled, whether from trouble, worry or ill health, know full well that there is no measure they have lost. There is no measure, however, of any woman injuring her chances of social or financial success by carrying around these marks of time. Neither is it necessary to be treated by an expensive beauty specialist. Right in your own home and without tireless massage or face steaming you can remove your wrinkles and bring back to your cheeks the rosy bloom of girlhood.

Simply get a little amonized cocoa cream from your drugist and after washing your face with warm water apply this as you would an ordinary cold cream. Leave on for a few minutes and then wipe off with a soft dry cloth. You will be delighted to see how it brightens up the skin, clears the complexion and erases the wrinkles and crow's feet. It seems to contain just the nourishment the skin requires to keep it pink and healthy. Besides it gives to the complexion that fresh and charming appearance which always makes a woman look young and attractive.

Bringing Up Father



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By McManus

bread is that a liquid fat may always be used, such as a vegetable oil. The following recipe is for corn bread without egg:

Eggless Corn Bread
 2 cups cornmeal
 1 teaspoon salt
 2 teaspoons fat
 1 1/2 cups boiling water

Pour the boiling water over the other materials. Beat well. When cool, form into thin cakes and bake thirty minutes in a hot oven. Makes fourteen biscuits.

These crisp little biscuits are good with butter or gravy. Eat them with your meat and vegetables.

"Her Boy," at Tender Age, Joined the Army

San Francisco, Cal.—The telephone rang in Army recruiting headquarters.

"I'm afraid my boy, Harold, has run away and enlisted," said a voice. "He didn't come home last night."

Search of the records showed the mother's fears were well founded. There in black and white was the enlistment card:

"Harold Cohn, 2201 California street; age—39."

THE RETURNED SOLDIER
 Regina, Sask.—Sweeping changes in connection with the handling and care of returned soldiers are being made, which, if carried out, will mean the passing out of existence of the Military Hospitals Commission recently renamed the Invalid Soldiers Commission. It is proposed that the work being done by this body shall be taken over by civilians entirely who will carry on the work of re-education and vocational training hitherto done by the Invalid Soldiers Commission or as it is better known, the Military Hospitals Commission. A new unit will be organized to deal with men securing their discharge.

THE FOUR OF HEARTS

A SERIAL OF YOUTH AND ROMANCE
By VIRGINIA VAN DE WATER

CHAPTER XXXIV
 "What is the matter?" Cynthia asked, astonished at her cousin's agitation. "Why should I take off my hat down here? I will run up and leave it and my coat in my room."

"No, dear—please do as I say!" Dora insisted in a nervous whisper. "I will explain later."

She had already seized Cynthia's hatpins in her trembling fingers and had begun to draw them out, glancing apprehensively toward the stairs as she did so. Although at a loss to account for this strange behavior, Cynthia did as she was asked and removed her hat and coat hastily.

"Now go into the library and see Gerald," Dora ordered. "I will whisk your things away up to your room. I will be back after a while."

Before the other could protest, Dora had pushed Cynthia toward the open door of the library and had hurried swiftly and noiselessly down the hall to the rear stairs.

What was all this? Cynthia wondered, and what was all the mystery about? Cynthia marvelled. Well, it was none of her business to question at this juncture. All she could do was to comply with Dora's appealing request.

Pushing aside the portieres, Cynthia entered the library. As usual, an open fire blazed on the hearth, and in front of it stood Gerald Stewart. As he came forward to greet her, she saw that his face was very pale.

"Good afternoon," she spoke in a matter-of-fact tone as she could muster. "Dora sent me in here."

"She has told you"—he began, then checked himself as she shook her head.

"Dora told me nothing."

"Have you seen Mrs. Livingstone?" he questioned.

"Yes," she answered, "I have seen Aunt Amanda going up the back stairs. Her thoughts flew back to the talk she and her aunt had had a couple of hours ago."

Both in the dark—Stewart suspected—that she must have seen how much I care." He stopped, frowning hopelessly in his embarrassment—his face, just now so pale, flushing hotly.

Cynthia, watching him, felt a sudden confirmation of her recent-formed theories.

"I am sorry, Gerald," she said, humbly, "that matters have gone so far and that I did not know. Had I

Daily Fashion Hint

Prepared Especially For This Newspaper



can be carried on for years without being "in love" so called. I am a good chum and wish to be on that basis with all the office men, but sometimes they make me feel that the tenderer side is all they can see. Shall I stick it out?

PERPLEXED.
 By all means stick it out, Perplexed. You will find the worth while men of the staff where you are employed perfectly willing to be frank, warm friends with you, rather than lovers. It is quite possible for two people of the opposite sex to have a warm friendship without allowing the tender emotion to creep in. Be frank with the men at your office; don't object to a little teasing, and don't be a prude. On the other hand, maintain a ladylike reserve, and show them that they cannot take liberties with you. They will grow to respect your feelings, and help you in every way to attain your ambition to become proficient in newspaper work. And you will find that there are no people in the world so fair and considerate once they grow to like you, as newspaper men.

Women of America

War may destroy a little of your comfort. But if you win, your honor will be preserved. If the Kaiser wins—you know the fate of Belgium. There is the truth. What can you do? Just do what the United States Food Administration asks you to do. It's not hard, but it is necessary.

Eat only as much as you really need.

Buy only three pounds of sugar per person per month.

You may have as much corn syrup, molasses sorghum, honey and

maple syrup as you like).
 Use not more than one pound of fat per person per week.
 Use not more than two pounds of meat per person per week.
 Use cheese, pinto beans, soy beans, nuts and fish.
 Use up every drop of milk.
 Give the children whole milk.
 Don't use more than 2-4 pounds of wheat flour per person per week. Make this amount less if you can.

This amount of wheat flour includes the amount you use in bread. All bread, homemade or baker's should contain 20 per cent. of cereals other than wheat.
 Use other cereals as much as desired.
 Don't do any deep fat frying.
 Don't eat between meals.
 Don't eat midnight suppers.
 Don't hoard food.
 Deny yourself pastry.

Famous in a Day For Her Beautiful Complexion, Oatmeal Combination Does It

A Free Prescription Does Its Work Overnight. You Can Prepare It At Your Home

New York: It is my own discovery and it takes just one night to get such marvelous results, says Mae Edna Wilder, when her friends ask her about her wonderful complexion and the improved appearance of her hands and arms. You can do the same thing if you follow my advice she says: I feel it my duty to tell every girl and woman what this wonderful prescription did for me. Just think of it. All this change in a single night. I never tire of telling others just what brought about such remarkable results. Here is the identical prescription that removed every defect from my face, neck, hands and arms. Until you try it you can form no idea of the marvelous change it will make in just one application. The prescription which you can prepare at your own home is as follows: Go to any grocery and get ten cents' worth of ordinary oatmeal, and from any drugstore a bottle of derwillo. Prepare the oatmeal as directed in every package of derwillo and apply night after night. The first application will astonish you. It makes the skin appear transparent, smooth and velvety. I especially recommend it for freckles, tan, sun spots, coarse pores, rough skin, ruddiness, wrinkles, and, in fact, every blemish the face, hands and arms are heirs to. Your neck or chest is discolored from exposure, apply this combination there and the objectionable defect will disappear as if by magic. It is absolutely harmless and will not produce or stimulate a growth of hair. No matter how rough and ungainly the hands and arms, or what abuses they have had through hard work and exposure to sun and wind, this oatmeal-derwillo combination will work a wonderful transformation in 24 hours at the most. Thousands who have used it have had the same results I have had.

Note: To get the best effect be sure to follow the complete directions contained in every package of derwillo. You have no need to get derwillo and oatmeal. You need nothing else and it is so simple that anyone can use it; and is so inexpensive that any girl or woman can afford it. The manufacturer and druggists guarantee that there will be a noticeable improvement after the first application or they will refund the money. It is sold in this city under a money refund guarantee by all druggists, including H. C. Kennedy and J. Nelson Clark.—Advertisement.

EDUCATIONAL

School of Commerce
 AND
Harrisburg Business College
 Group Building, 13 S. Market St.
 Bell phone 453, Dial 4333
 Bookkeeping, Shorthand, Steno-type, Typewriting, Civil Service.
 If you want to secure a good position and hold it, get thorough training in a standard school of Established Reputation. Day and Night School. Enter any Monday.
 Fully accredited by the National Association.

How Any Woman Can Remove Hairy Growths

(Beauty Culture)
 It is not longer necessary for a woman to visit a beauty specialist to have superfluous hairs removed, for, with the aid of a plain delatone paste, she can, in the privacy of her own home, remove even a stubborn growth in a very few minutes. The paste is made by mixing some water with a little powdered delatone. This is applied to the hairs and after 2 or 3 minutes removed and the skin washed, when it will be left hair and hairless. Be sure you buy real delatone.

Daily Dot Puzzle

Seventy-six lines quickly trace, You'll see my sweetheart's lovely face. Draw from one to two and so on to the end.

Advice to the Lovelorn

DEAR MISS FAIRFAX:
 I am a girl holding my first position with a newspaper in a good sized town. I want to really learn journalistic work for I love it, but it's hard to be the only girl reporter among so many of the other sex. I am willing to be teased, but not too personally but feel I am too young to settle down yet, and anyway, I don't believe I'd ever want to marry a man with whom I'd ever worked, for it would seem too prosaic. Don't you believe that warm friendships are possible between men and women and that a good comradeship

DECREASE IN DRINKING

Ottawa, Ont.—Police Chief Ross states that there has been considerably less drunkenness in the city of Ottawa since the Province went dry. There were 296 less arrests for drunkenness during the twelve months immediately following prohibition than the year immediately preceding prohibition. Disorderly conduct charges also decreased appreciably. Had Hull, which is in the Province of Quebec and just across the river from Ottawa been also in the dry column, the statistics would have been even more favorable as regards the prohibition movement.

PRICE OF BARLEY

Winnipeg, Man.—The maximum price on May barley was fixed at \$1.39 per bushel by the council of the Winnipeg Grain Exchange, Canadian maximum for grain as now fixed are as follows: Wheat, \$2.29 a bushel, oats, 99 cents, and barley, \$1.39 a bushel. No maximum has been fixed on flax, which has fetched \$1.09 on the Winnipeg market.

LOW PRICE LEADERS ROBINSON'S WOMAN SHOP 20 NORTH FOURTH ST.

NEAR THE YOUNG WOMEN'S CHRISTIAN ASSOCIATION

A Big One Day Drive IN A CLEAR-AWAY OF NEW SPRING Suits, Coats, Dresses, Waists and Skirts A Great Opportunity For the Last Minute Shopper

To the woman or miss who has delayed her buying, this is an opportunity that she should welcome—an old-time bargain feast at the old-time prices. We're simply going to show you in a one-day drive how reasonable we can sell beautiful outer garments in spite of prices going up, and all because of our low expenses.

Let nothing keep you away if you are interested in a SUIT, COAT, DRESS, WAIST, CLOTH or SILK SKIRT or PETTICOAT. By all means come here to-morrow and let your own eyes be the judge.

- Tomorrow---Thursday Is the Day**
- SUITS at .. \$17.75
 - SUITS at .. \$19.50
 - COATS at .. \$14.75
 - COATS at .. \$18.75
 - COATS at .. \$22.50
 - DRESSES at .. \$9.75
 - DRESSES at .. \$14.50
 - COATS at .. \$22.50
 - DRESSES at .. \$18.50
 - WAISTS at .. \$1.92
 - WAISTS at .. \$2.88
 - SKIRTS at .. \$5.88

PLEASE NOTE—All garments sold in this one-day drive and requiring alterations will be delivered in time for Easter.

EXTRA SPECIAL
 Heavy Saten PETTICOATS ... 79c
 Of fast color, neat—good color—fitted tops. Pretty dust ruffles.

WAISTS at .. \$2.92
 Beautiful blouses in crepe de chine, Georgette, tub silks; newest shades. All regular sizes.

SKIRTS \$5.88
 Stunning stripes and plaids—handsome plain colors. ALTERATIONS FREE—in time for Easter wear.

Remember These Prices For Thursday Only

G. R. KINNEY CO., Inc. 19 and 21 North Fourth Street