

Reading for Women and all the Family



Life's Problems Are Discussed

BY MRS WILSON WOODROW

I have two letters before me, one form a man and one from a woman. Both are seeking happinesswill do for them. In this they do not differ from the rest of the world. Every one is longing for happiness. Every one believes it would be his if it were not for the two towering mountains which block his pathway—the great moun-tain "If" and its counterart and

block his pathway—the great mountain "If" and its counterpart and twin, "But." We would be blithe and happy and good and gay "if" it were not for this or "but" for that.

On every side one hears the cry, "I could be perfectly happy if I only had health," or "if I only had money," or "if I only had companionship." or "if I were only free." And so we continue to postpone being happy until all the "ifs" and "buts" are surmounted. Then, we tell ourselves, we should really begin to enjoy life.

The man's letter describes a series of business disappointments. For several years Fate has persistently dealt him poor hands. He says: "I was thinking of giving it all up and starting over again at something new. Just as I had about reached this decision I read your article."

about it. Somebody some-must want my expert knowl-



HAVANA AND POINTS MEXICO FORTNIGHTLY

S. S. CO.
Foot of Wall Street, New York
Or any Railroad Ticket Office
or Authorized Tourist Agency

HAD RHEUMATIC PAINS Duty Demands

--LADIES--

you will be more than pleased to own a copy of the

Winifred Worth Crochet Book

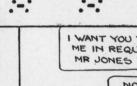
It contains 65 stunning designs. Yes, indeed, all new designs. Dandy for a new beginner. Has full and complete instructions HOW TO CROCHET.



THIS PRACTICAL CROCHET BOOK MAILED TO ANY ADDRESS FOR 15 CENTS

Send this coupon and 15 cents in stamps or silver to the Harris-burg Telegraph, and the book will be mailed to you from the New York office of the publishers. Al-low a week for its arrival.

Bringing Up Father



Copyright, 1917, International News Service



By McManus



Was Constipated—Had Catarrh,"

Says J. W. Chambers, 1118 Monroe street, Harrisburg. For years I have been bothered with constipation and nervounsess. I would get drowsy and had no ambition.

Also had rheumatic pains in my back and limbs and at times would get so stiff that I could hardly get of bed.

I had catarrh in head and throat and fell just no good for anything.

There is the fell fust no good for anything.

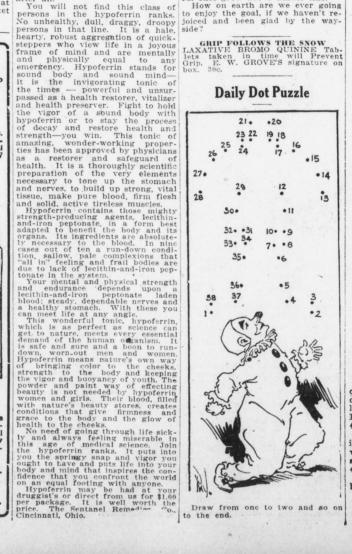
There is the fell fust no good for anything.

There is the fell fust no good for anything.

There is the first time is the first time is the first time is good me by one and now am well again. Sanpan is being introduced at Celler's Drug Store, 405 Market treet, Harrisburg.

Had Catarrh in head and throat in first times becomes a prey to ills after all.

You will not find this class of captary persons in the hypoferrin ranks. No unhealthy, dull, draggy, droopy persons in the hypoferrin ranks. No unhealthy, dull, draggy, robust aggregation of quick-steppers who view life in a joyous fame out to, and yet she isn't achieve the short make a habit of enjoying life now, we never will enjoy it. What, after all, are mountains of difficulties and last dragons or first ones? I read on the fast of the effect that the wayside and the goal are one, that the various goals we are all seek. So, if we are traveling over mountains of difficulties and the goal are one, that the various goals we are all seek. So, if we are traveling over mountains of difficulties and the goal are one, that the various goals we are all seek. So, if we are traveling over mountains of difficulties and the goal are one, that the various goals we are all seek. So, if we are traveling over mountains of difficulties and the goal are one, that the various goals we are all seek. So, if we are traveling over mountains of difficulties and the goal are one, that the various goals we are all seek. So, if we are traveling over mountains of difficulties and the goal are one, that the various goals we are all seek. So, if we are traveling over mountains





FASHIONABLE AND FREE FROM EXTREMES

If there ever was a season when fashion extremes and folly were out f place surely it is now. Therefore the designers are turning out a number of attractive, yet conservative frocks for spring and summer. The long cose tunic that is greatly in evidence is featured on the model to the left.

loose tunic that is greatly in evidence is featured on the model to the left. It is in blue cashmere trimmed with plaid silk, 2½ yards 40-inch silk and 4 yards 44-inch cashmere being required for medium size.

White challis makes up the second frock most appealingly. The skirt is gathered to the waist, sans girdle, and has the side drapery incorporated with the pockets. Double collars, one of silk, trim the neck, while the sleeves are gathered into cuffs of silk. Medium size requires 5 yards 44-inch challis and 1 yard 27-inch silk.

First Model; Pletorial Review Waist No. 7577. Sizes, 34 to 46 inches bust. Price. 20c.

Skirt No. 7602. Sizes, 24 to 40 inches waist. Price, 20c.
Skirt No. 7602. Sizes, 24 to 40 inches waist. Price, 20c.
Second Model; Waist No. 7615. Sizes, 34 to 46 inches bust. Price, 20c.
Skirt No. 7614. Sizes, 24 to 30 inches waist. Price, 20c. bust.

I know personally.

Do you think I should sacrifice my dancing for him?

BEWILDERED

A terrible sacrifice is being asked of you! No wonder you say you are bewildered. Dancing is a tremendously important thing and in this time when the whole world is writhing under the lash of tragedy, you do well to give your time to dancing. How can you claim to care for anything but gayety, diversion and completely selfish amusement? No wonder your sweetheart is paying attention to another girl. I think there is more at stake than just that you should sacrifice your dancing for the sake of your love, as you put it. I think you should teach yourself to have a sense of values—conquer your weaknesses for the sake of being a worth-wille woman. By all means "sacrifice" your dancing for the sake of developing dignity and character.

Informality

Washington, Feb. 16.—The sausage may be playing an important part toward disintegrating the Kaiser's army.

France's message to German toops that they will do well to surrender and give the password, "Kamarad Republique" is being carried to the German front lines in sausage meat and in other ways.

Small vials containing the message on oiled paper are dropped in Germany from allied airplanes and relatives who hope for peace and the surprisingly few spies have been found among their number.

Information to this effect was the message surrender and surprisingly few spies have been found among their number.

Information to this effect was the message into things they send to the troops. Many of those reciping the messages into things they send to the troops. Many of those reciping the message into things they send to the troops. Many of those reciping the message into things they send to the troops. Many of those reciping the message into things they send to the troops. Many of those reciping the message into things they send to the troops. Many of those or will be the message into things they send to the troops. Many of those or will be the message into things they send to the troops. Many of

Information to this effect was given to-day to the house committee on postal expenditures, which was hearing a representative of the committee on public information on the propaganda campaign being carried on in Germany by the allies. Propaganda pamphlets showing that the war aims of the allies are for the overthrow of the Prussian autocracy are being dropped from airplanes 200 and 300 miles behind the German front lines, the committee was told.

Germans in Switzerland, working for a German republic, are also using their own methods to have troops surrender, giving the password "Kamarad Republique." DEAR MISS FAIRFAX:

I am a young man, engineering for a construction concern. While walking to work last week a young lady slipped and wrenched her ankle. I assisted her to her home a few doors away and she invited me to call. Now I want to know would it be proper for me to do so, never having had an introduction, and while she seems very nice, I would like you to settle the question. H. T.

This is one of those informal introductions which society says we may accept. Chance and circumstance let you help this girl. Now it is showing no more than a friendly sympathy for you to call at her home and inquire about her recovery. Her mother or father will probably meet you and if you make a good impression on these older folks, who have enough experience to judge, probably you will be invited into the home. Then each of you will be able to form some estimate of the other by the standard of the family circle.

and similar skin troubles. A little zemo, obtained at any drug store for 35c, or \$1.00 for extra large bottle, and promptly applied will usually give instant relief from itching torture. It cleanses and soothes the skin and heals quickly and effectively most skin diseases.

Zemo is a wonderful, penetrating, disappearing liquid and is soothing to the most delicate skin. It is not greasy, is easily applied and costs little. Get it today and save all further distress.

The E. W. Rose Co., Cleveland, O.

A SOLDIER'S PROBLEM

DEAR MISS FAIRFAX:

Six months ago I met a young lady, and we became attached to one another. I am in the army and expect to go away in a short time. I gave an engagement ring, with the understanding we are to marry if I return. The girl is not satisfied, and begs me to marry her now. She is a dear girl, and I feel if I marry her now, I may come back so crippled I wouldn't be able to support her. I love her enough not to want to ruin her life in this way; because she will always have the chance to make a good match, and I feel if I marry her now I would be cheating her of a happier future than I may be able to give her. We are both twenty-four. I want to know whether you think I am right or wrong.

Some will think your principles





For ten cents in coin or stamps) a small pack for ten cents
(in coin or stamps) a small package will be mailed, containing some of the Remedy
made into cigarettes, also some Remedy for smoking in a pipe and a neat
little pipe. Month's supply, either form,
costs one dollar, Address THE BLOSSER COMPANY, Box 2914, Atlanta,
Ga.

ia.

NOTE—Should your druggist not arry Dr. Blosser's Catarrh Remedy n stock, he can secure it for you.

Bruggists do not supply the Trial Out-

Stratford House

East 22nd Street by 5th Avenue NEW YORK NEW YORK
A new fireproof hotel, most conveniently located. Two avenue blocks from Pennsylvania R. R. Terminai.
Single Rooms and Suites
Permanent-Transient also the new
Goldfish Restaurant

Smart and refined William S. O'Brien, Pres.



Heal Skin Diseases

It is unnecessary for you to suffer with eczema, blotches, ringworm, rashes and similar skin troubles. A little zemo,

Beautiful Bust and Shoulders

Bien Jolie Brassiere.

The dragging weight of an unconfined bust so stretches the supporting muscles that the contour of the figure is spoiled.

Die bust back where it belongs, prevent the full bust from having the appearance of flab having the appearance of flab having the appearance of flab hiness, eliminate the danger of dragging muscles and confine the graceful line to the entire upper body.

They are the daintiest and most serviceable garments imaginable—come in all materials and styles: Cross Back, Hook Front, Surplice, Bandeau, etc. Boned with "Walohn," the rustless boning—permitting washing without removal.

Have your dealer show you Bien Jolie Brassieres, if not stocked, we will gladly send him, prepaid, samples to show you. BENJAMIN & JOHNES, 51 Warren Street, Newark, N. J.