

Reading for Women and all the Family



WHEAT SAVERS

Breakfast Breads Sponsored by Food Administration Are Good With Cornmeal, Oatmeal and Buckwheat.

New friends are waiting to be entertained at your tables. "Cornmeal," "Oatmeal," and "Buckwheat" have been content to "fill in" the cast, but now they are demanding recognition of their social status. The United States Food Administration stands as sponsor and urges that you put these names upon your Food Friend list.

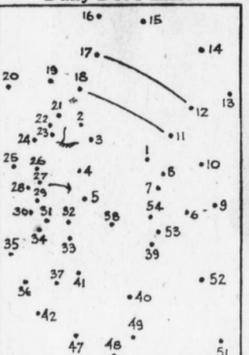
Cereal Muffins
1 1/2 cups flour, 1 cup cooked oatmeal, 4 teaspoons baking powder, 1/2 cup milk, 1/2 teaspoon salt, 1 egg, 1 tablespoon vegetable oil. Sift together the dry ingredients. Add the milk, beaten egg and melted fat to the cooked oatmeal. Beat in thoroughly. Finally add the sifted dry ingredients. Mix well. Bake in greased muffin pans about 30 minutes in a moderately hot oven.

Other cooked cereals, mashed potatoes or squash may be used in this receipt. If the dough is too soft add a little more flour.

Spoon Bread
2 cups water, 1 tablespoon corn meal, 1 cup skim milk, 2 eggs, 1 cup oatmeal, 2 teaspoons salt.

Mix water and cornmeal and bring to the boiling point and cook 5 minutes. Beat eggs well and add with the other ingredients to the mush. Beat well and bake in a well-

Daily Dot Puzzle



Draw from one to two and so on to the end.

Bringing Up Father



Copyright, 1917, International News Service

By McManus

greased pan for 25 minutes in a hot oven. Serve from the same dish with a spoon. This receipt makes enough for six.

Buckwheat Muffins
2 cups buckwheat, 1 1/2 cups milk, 4 teaspoons baking powder, 1 egg, 3/4 teaspoon salt, 1 tablespoon melted shortening, 2 tablespoons molasses.

Sift together the dry ingredients. Combine the milk, beaten egg, melted fat and molasses. Add the liquid to the dry ingredients. Mix well and bake 25 to 30 minutes in a moderately hot oven.

Use flour or 1 cup of barley meal and 1 cup of wheat flour may be used in this receipt if the liquid is reduced to 1 to 1 1/4 cups.

Advice to the Lovelorn

ALL TRIFLES!
DEAR MISS FAIRFAX:
I was engaged to a young man several months ago. Last month a friend invited me and my fiancé to a party. I asked his sister to come along. My friend did not approve of the sister's actions and, when they arrived home, called her attention to it.

She accuses me of telling her brother and despises me. She caused so much trouble that we finally agreed to part, as I could not tolerate it any longer.

He is easily influenced and listens to his family's tales. I do not take an interest in him any more, as he did not know enough to uphold me. Do you think it was right for him to listen to such trifles?
ELIZABETH.

I don't see of what this girl could have accused you legitimately. I suppose she was humiliated by her brother's reproof and felt that you had suggested to him that his sister needed a little advice. But a thing of this sort ought not to be sufficient to part two people who care for each other. You should not judge him quite so harshly for his failure to defend you. A great many men have a way of listening to their own people and going to almost any extreme to avoid unpleasantness at home.

THE YUKON TRAIL

By William MacLeod Raine

(Continued)

"Looks like," agreed Jones. His voice was uneven with excitement. The Scotch-Canadian lit another match in the flare of it he saw that the still grill cutting off the alcove was open and that the door had been blown from the safe.

The marshal clutched the arm of the banker. "Did you see—that?" he whispered.

His finger pointed through the darkness to the other end of the room. In the faint gray light of coming day, Macdonald could see a huddled mass on the floor.

"There has been murder done. I'll get a light. Don't move from here. Jones. I want to look at things before we disturb them. There's no danger. The robbers have been gone for hours."

By the light of another match the mine-owner crossed the room into the sitting room of the cashier. Presently he returned with a lamp and let its light fall upon the figure lying slumped against the wall. A revolver lay close to the inert fingers. The head hung forward grotesquely upon the breast.

The dead man was Milton. His employer saw nothing ridiculous in the twisted neck and sprawling limbs. The cashier had died to save the money entrusted to his care.

Macdonald handed the lamp to the marshal and picked up the revolver. Every chamber was loaded. "They beat him to it. They were probably here when he reached home. My guess is he heard them right away, got his gun, and came in. He's still wearing his dress suit. That gives us the time, for he left the club about midnight. Soon as they saw him they dropped him. I wouldn't have had this happen for all the money in the safe."

"How much was there in it?" "I don't know exactly. The books will show. I'll send Wally down to look them over."

"Shot right spang through the heart, looks like," commented Jones following with his eye the course of the wound.

"Wish I'd been here instead of him," Macdonald said grimly. His eyes softened as he continued to look down at the employe who had

paid with his life for his faithfulness. "It wasn't an even break. Poor old fellow! You weren't built for a job like this, Robert Milton, but you played your hand out to a finish. That's all any man can do."

He turned abruptly away and began examining the safe. The silver still stood stacked in one large compartment. The bank notes had escaped the hurried search of the robbers, but the gold was practically all gone. One sack had been torn by the explosion and single pieces of gold could be found all over the safe.

Macdonald glanced over the papers rapidly. The officer picked up one of dozens scattered over the floor. It was a mortgage note made out to the bank by a miner. He collected the others. Evidently the bandits had torn off the rubber, glanced over one or two to see if they had any cash value, and tossed the package

into the air as a disgusted gambler does a pack of cards.

"You don't know that Holt took the team himself?" "Come to that, I don't. But he had a key to the barn where the sled was. Holt has been putting up at the hotel. I reckon it is easy to find out if he's still there."

Macdonald's keen brain followed the facts as the nose of a bloodhound does a trail. Holt, an open enemy of his, had reached town only two days before. He had bought one of the best and swiftest dog teams in the North and had let slip before witnesses the remark that Macdonald would soon find out what he wanted with the outfit. The bank had been robbed after midnight. To file open the grill and to blow up the safe must have taken several hours. Before morning the dogs of Holt had taken the trail. If their owner were with them, it was a safe bet that the sled carried forty thousand dollars in Alaska gold dust.

So far the mind of the Scotsman followed the probabilities logically, but at this point it made a jump. There were at least two robbers. He was morally sure of that, for this was not a one-man job. Now,

if Holt had with him a companion, who of all those in Kuslak was the most likely man? He was a friendly, crabbled old fellow. Since coming to Kuslak old Gideon had been seen constantly with one man. They had been with each other at dinner and had later left the hotel together. The name of the man who had been so friendly with old Holt was Gordon Elliot—and Elliot not only was another enemy of Macdonald, but had very good reasons for getting out of the country just now.

The strong jaw of the mine-owner stood out saliently as he gave short, sharp orders to men in the crowd. One was to get the coroner, a second Wally Selfridge, another the United States district attorney. He divided the rest into squads to guard the roads leading out of town and to see that nobody passed for the present.

The coroner took charge of the body and Wally of the bank. The mine-owner and the district attorney walked up to the hotel together. As soon as they had explained what they wanted the landlord got a pass-key and took them to the room Holt had used.

(To be Continued)

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(To be Continued)

MILLIONS USE IT TO STOP A COLD

"Pape's Cold Compound" ends severe colds or gripe in few hours.

Relief comes instantly. A dose taken every two hours until three doses are taken will end gripe misery and break up a severe cold either in the head, chest, body or limbs.

It promptly opens clogged-up nostrils and air passages in the head, stops nasty discharge, or nose running, relieves sick headache, dizziness, feverishness, sore throat, sneezing, soreness and stiffness.

Don't stay stuffed-up! Quit blowing and snuffing! Ease your throbbing head! Nothing else in the world gives such prompt relief as "Pape's Cold Compound," which costs only a few cents at any drug store. It acts without assistance, tastes nice, causes no inconvenience. Be sure you get the genuine.—Adv.

SOUTTER'S 25c DEPARTMENT STORE

Buy Here Not Alone Because Prices Are Lower, but Because Qualities Are Better

Odd Lots of Merchandise at Odd Prices For Tomorrow Will Provide Many Bargains Here For You and Enable Us to Clear Stocks of Many Small Lots

at 1c at 3c at 5c at 7c at 9c at 11c

- Skein of Embroidery Floss
- Aluminum House Numbers
- Yard Val Lace (slightly soiled)
- Pack of Hooks and Eyes
- Children's Knit Caps
- 2 Pieces Ironing Wax
- Boys' Dutch Blouses
- Pair Shoe Laces
- Cuff Pins
- Infants' Brown Hose (small size)
- Base Forms (slightly soiled)
- Children's Handkerchiefs
- Shoe Music
- Cotton Towel Laces
- Venise and Oriental Laces
- 6 Wire Clothes Hooks
- Ladies' plain white Handkerchiefs
- Children's Clothes Racks
- Odd Dishes
- Rings
- Barrettes
- Bias Binding
- Stamped Bills
- Cushion Cords
- Shoe Trees
- 9 inch Crocheted Doilies
- Yard of Linen Lace
- Odd Plates
- Embroideries (slightly soiled)
- Ladies' Vests (slightly soiled)
- Pin Sets
- Shoe Polish
- Kid Cutlers
- Side Combs
- Ladies' Neckwear (slightly soiled)
- Children's Cloth Caps
- Ball of C. M. C. or R. M. C. Crochet Cotton, white, ecru and colors
- Plain White Huck Towels (guest size)
- Children's Middy Blouses
- Belts
- Men's Collars
- Ladies' Handkerchiefs (slightly soiled)
- Children's Hats
- Old Platters
- China Salad Dishes
- Plain White Turkish Towels

at 13c at 17c at 19c

- Yard 36-inch Sport Stripe Skirting
- Yard 27-inch White Ratine
- Yard 27-inch Figured Voiles
- Stamped Scarfs (slightly soiled)
- Children's Flannelette Skirts
- Hemstitched Huck Towels, Plain White
- Yard 36-inch wide Long Cloth
- Yard of 27-inch wide Plain White Check
- Lawn
- China Vases
- Taffeta Ribbons
- Pound of French Style Creams
- Boxed Stationery
- Brassieres
- Ladies' Black Tights, small sizes
- Children's Black Fleece Lined Pants (small sizes)
- Dressing Combs
- Picture Frames
- Men's Suspenders
- Ladies' Hose, ribbed top, size 8 1/2
- Yard 36-inch wide Curtain Marquisette
- Fancy Turkish Towel (guest size)
- Yard Fancy Sport Stripe Skirtings, 36 inch wide
- Yard Fancy Figured Pongee, 27 inch wide
- 1/2 Yard Silk and Cotton Crepes, all colors
- 18-inch Drawn Work Covers

at 35c at 39c

- Ladies' Soiled White Aprons
- 3-4 Yard Square Rubber Sheeting
- Men's Gloves
- Yard Striped Mohair Skirting, 32-inch width
- Extra Heavy Turkish Towels, Colored Borders
- Net Stocks and Jabots
- Extra Large Size Pillow Cases, 50x36
- Extra Large Fancy Turkish Towels
- Yard Plain Colored Pongee, 36-inch width
- Odd Fancy China
- Fancy China Smoking Sets
- Children's Vest and Pants Hand Mirrors
- Ladies' Hats
- Yard 36-inch wide Cretonne, Mercerized Finish
- Ladies' Boudoir Caps
- Yard Part Linen Toweling Crash
- 18x18 Mercerized Napkins
- Yard 36-inch Wide Sport Stripe Skirting
- Corset Cover Embroideries
- Taffeta Ribbons
- Pound Chocolate Candy Babies
- Pound Cream Raspberries
- Pound Peppermint Cream Wafers
- 1/2 Pound Wintergreen Cream Wafers
- Children's Aprons
- Ladies' Colored Aprons
- Children's Knit and Velvet Caps
- Ladies' Soiled White Aprons
- Dressing Combs
- Pin Cushions
- Men's Hose

at 45c at 21c at 23c at 25c at 29c at 33c

- China Mayonnaise Sets
- Fancy Stripe Turkish Towels
- Stamped Made Up Children's Dresses
- Stamped Made Up Children's Gowns
- Yard Part Wool Dress Goods, 36 inch width
- 1/2 Yard Silk Shirtings, 32-inch width
- Yard Natural Color Sport Stripe Pongee, 36 inch wide
- Yard Silk Muslin, plain and silk dot, 32-inch width
- Ladies' Soiled White Aprons
- 42x36 Bleached Pillow Case
- China Powder Boxes
- Taffeta Ribbons
- Bracelets
- Hair Brushes
- Fancy Garters
- Hand Mirrors
- Shoe Trees
- Hair Switches
- Yard of 36-inch wide Long Cloth
- Ladies' Vests and Pants (seconds)
- 45x36 Pillow Cases, best quality

SOUTTER'S
1c to 25c Department Store
Where Every Day Is Bargain Day
215 Market Street
Opposite Courthouse



Resinol stopped that itching instantly

The prompt relief which the first application of Resinol usually brings is a great surprise to sufferers from eczema and similar itching, burning skin affections. And better still, this gentle, healing ointment rarely fails to clear away such troubles completely. Physicians prescribe it regularly.

EASY, SAFE WORK

The 400 satisfied workers of the Blough Manufacturing Company have good reason to be content with their work.

The machines are easy to operate and are constantly kept in the very finest condition by an expert machinist who sees to it that they run regularly and accurately.

There is not the slightest danger while operating the machines. They are safe for a child to operate.

The efficiency of the machines and the splendid way in which the goods are brought to the workers and the skill which the workers acquire are factors which make the work very attractive and remunerative.

The entire plant is kept in a strictly sanitary condition and is well lighted and heated every moment. The working hours are the best.

Daily Fashion Hint

Prepared Especially For This Newspaper



PROOFS FOR EVENING WEAR.

Conditions have not reached the prohibition stage as far as social affairs are concerned, especially when so many dances and receptions have a charitable side at this season. The pretty dance frock to the left is made of white satin trimmed with beading and embroidery. The sleeves are of net with plicated edges. Medium size requires 6 yards 36-inch satin, with 1/2 yard net.

Embroidered chiffon cloth forms the tunic and vest of the second model. The outer waist and foundation skirt are of self-colored satin. Tiny ball fringe finishes the dainty sleeves. To reproduce the model in average size requires 4 yards 36-inch chiffon cloth and 2 1/2 yards 36-inch satin.