

COLUMBIA GIRL GIVES ADVICE TO SOLDIERS

Promised to Keep Themselves Clean and Pure While Abroad Mrs. Helen Brown Gibbons, formerly of Norwood, now and for several years living in Paris, wife of Rev. Herbert Adams Gibbons, writes entertainingly to her mother of a visit to the camp of the American Expeditionary force in France. The following is an extract from the closing paragraphs of her letter: "Next morning we went to a port in France. Mother, try to remember how excited and thrilled I was when the time you and I went to Annapolis, when every midshipman was an Admiral. I have quite forgotten the idea that old age is coming upon me, because at exactly twice the age I was then, plus two years, I was twice as excited and twice as thrilled. The Y. M. C. A. people met us with two motors, and we went to lunch with Lieutenant Commander Poulailleur of the French Navy. In the afternoon we motored all around the port, and away out along the shore to see the hydroplanes. At six o'clock we were at the American camp, where two of them were Philadelphia boys. I had a tin plate of mashed potatoes and roast beef on it, and on the top of the beef was a mug of coffee. A jolly soldier boy brought over the huge coffee pot, gray enamel, with not a long spout, but a regular American one. I gave me American coffee out of it. After we finished dinner, we heard music. It came from the Y. M. C. A. building. The building isn't finished yet, just a floor and a roof, but a huge affair. As we walked over towards the side of the building a big lighted boy came up to me and held out his arm. The band was playing a waltz. 'Can you dance?' said the soldier. 'Could I help it?' I answered. And away we danced to a heavenly tune that I never heard before. The audience was growing every minute. When I ended my dance it was in a circle of at least six hundred men and that was the beginning of the evening's performance. How they cheered and clapped when I saw down the dance was finished! It was a supreme experience for Herbert to address those boys. He held their attention every second and won wide applause. As his applause died away, I sprang to my feet and said, 'Wait a minute, I have something to say to you. I must tell you that as I look at you I remember that every single one of you is some mother's baby, and I want to ask you to give three cheers for your mother.' Mother got the cheers all right. Herbert was whisked away in a motor to repeat his lecture in another town. I stayed with Al, chairman of the first hut, and he made a brief lecture to the boys in English and did it very well. The band played 'La Marseillaise' and the boys sang three cheers for our Frenchmen. "The experience of my life came when as we last night of the week, first died away, the soldiers began, first shouting, 'We want Mrs. Gibbons!' over and over again until it sounded like a hoarse yell. Of course I had to make a speech. Being totally unprepared I had to gain a little time for reflection, so I began by saying that I was not a lecturer. I can talk a lot at home however; that is why my husband has to take to the lecture platform to get a chance. First of all I want a song from you boys. They gave me a touching soldier's tune about 'Mother.' Then another tune called 'Keep the Home Fires Burning.' These were absolutely new to me, and from them I got my inspiration. I referred to the mother and the sweetheart at home, and I turned the thing around and asked the boys what they were doing to equal the sacrifice of their home fires. Then I gave them a stiff lecture on sex hygiene. It took courage, but I swayed those men, and at least twenty that I could see broke down and wept. I feel very humble about it, but Herbert says that I probably did more good than ever before in a single day of my life. I must have sung my waltz with one hundred and fifty men after the affair. There were seven hundred that heard me speak, and when my motor slowly pulled out towards town where I was to join Herbert, forty men ran after it waving their hats and shouting fervent promises to keep themselves clean and true. They crowded round me, I may add, showing the pictures they had of their best girls. It was too propitious for tears. I hardly stop at night for I was so moved myself by this wonderful thing that had happened. I am tempted to become a preacher to the troops, for I had not a set address and the message got there. —Columbia Spy.

HERE'S CHANCE TO HELP THE POSTAL EMPLOYEES

Below is a blank which when filled out according to instructions given in it, and mailed to Congressman A. S. Kreider will be of great aid to the employees of the postoffice department in their efforts to secure a re-adjustment of salaries. Postal employees have had no increase in salaries in the last ten years, during which time living expenses have advanced more than during any other period of the world's history. Any friend who has in the postoffice, letter carrier or postoffice clerk will greatly appreciate your interest in clipping this blank from the paper, filling in your name and sending it to Congressman Kreider at Washington.

Help the Postal Employees FILL IN THIS BLANK AND MAIL TO YOUR CONGRESSMAN Honorable _____ House of Representatives, Washington, D. C. Dear Sir:—As one who appreciates the justice of the plan of the letter carrier and postal clerks for a 25 per cent. increase in salary...

Name _____ Address _____ Note—By clipping the blank form printed above and mailing to your representative in Congress and to the chairman of the House and Senate Committee on Post Offices and Postroads, you can give aid in securing for the postal employees the salaries you know they deserve.

RHEUMATIC ACIDS ARE DANGEROUS

Says neutralize and wash them out by drinking strongly alkaline water. Any druggist can tell you how to make this at home. Need of visiting hot alkaline mineral springs. Chemical analysis and the microscope both point beyond any possible doubt that rheumatism, gout, sciatica, etc., are due to uric acid and its impurities. When the blood is rid of the impurities, the sufferer is rid of the rheumatism. If you are a doctor or chemist you know this, also that a drop of any strongly alkaline liquid, just as hot water melts a sugar crystal, or as heat melts a wax crystal, it naturally follows that when the tiny, sharp acid crystals in the blood are dissolved or melted, they cannot grind about in the veins, nor catch and collect in the minute blood vessels of joints or tissues where they so often cause swelling and acute agony. It is astonishing how few persons are taking the medical profession's word and understand that the water drinking must reach the kidneys by first being absorbed into the blood, and that if the water is not highly magnified, it is not absorbed. No wonder they hurt! Flushes the kidneys when being expelled, taking with it the acids and impurities it has absorbed while in the blood. This is why the strongly alkaline waters of famous hot springs are so effective. Rheumatic and uric acid sufferers can easily prove this to their complete satisfaction and without stirring a single step from their own homes. Every morning, for a week or two, a glass of hot water in which a half-teaspoon of a level teaspoonful of the ordinary refined alkali salitrates (powder form), which are available for supply from stock or easily order for you. Its taste is pleasant, its cost very slight, indeed, and it probably is as good as anything you can use for the purpose. Afterward you will not be likely to have much patience with rheumatic friends if they continue to suffer after you have told them about this. Among local druggists who have been found on inquiry to carry the alkali salitrates, are: G. A. Gorgas, Keller's Drug Store, G. A. Gorgas, Clark's Medicine Store, so it will prove a simple matter to obtain to give this remarkable treatment a trial.

NEURALGIA For quick results rub the Forehead and Temples with WICKS VAPORUB

Tells How to Stop a Bad Cough Surprising results from this home-made syrup. Easily prepared and costs little. If you have a severe cough or chest cold accompanied with soreness, throat tickle, hoarseness, or difficult breathing, or if your child wakes up during the night with croup and you want quick help, just try this pleasant tasting home-made cough remedy. Any druggist can supply you with 2 1/2 ounces of Pinex (60 cents worth). Pour this into a pint bottle and fill the bottle with plain granulated sugar syrup. Thus prepared, you have a pint of really remarkable cough remedy—one that can be depended upon to give quick and lasting relief at all times. You can feel this take hold of a cough in a way that means business. It loosens and raises the phlegm, stops throat tickle and soothes and heals the irritated membranes that line the throat and bronchial tubes with such promptness, ease and certainty that it is really astonishing. Pinex is a special and highly concentrated compound of genuine Norway pine extract, and is noted for its speed in overcoming severe coughs, throat and chest colds. Its millions of enthusiastic users have made it famous the world over. There are many worthless imitations of this noted mixture. To avoid disappointment, ask for 62 1/2 ounces of Pinex with full directions and don't accept anything else. It is guaranteed to give absolute satisfaction or money promptly refunded. The Pinex Co., Ft. Wayne, Ind.

Vigilantes War Notes

Here are some excerpts from an article written by Clarence Barrow, the attorney for organized labor, and issued by the American Alliance for Labor and Democracy: The war won't cost the poor man a cent. It may cost poor men's lives. But more men will be killed in industry and by such disease as tuberculosis. The toll will be upon land and upon capital. Labor has more to win than anyone else. The rich people have been giving up much. They will come out poorer than they went in. The rich man will pay nearly all the cost of the war, because he is the only man who has the money to pay. Wall Street never made Germany violate Belgium. Wall Street did not tell Germany to sink the Lusitania. Wall Street did not bring on the submarine warfare. Germany or America must win. No workman can afford to be neutral. Labor must say what side will have its full support. The pacifist is a chaser of shadows, says the American Alliance for Labor and Democracy. He must have his paper declarations. He cannot be nappy without them. He will make a great fuss if he cannot have them. If the pacifist can only have a

Good Talks Feature Session of Perry Farmers' Institute

Liverpool, Pa., Dec. 20.—With practically the entire world looking upon the American farmer to supply the greater part of foodstuffs during the coming year, more than usual interest was manifested in the sessions of Perry County Farmers' Institute held in Liverpool December 18, this week, with County Chairman C. M. Bower, of Blain, presiding. Talks on soil improvement alfalfa and potato culture by William M. Patton, of Mosgrove; orchards, marketing of fruits, spraying and pruning by E. H. Fassett, of Meshoppen; and home sanitation and country life by Mrs. E. G. Grove, of Williamsport, were features of much interest during the various sessions of the institute.

SIX MEMBERS IN SESSION

Liverpool, Pa., Dec. 20.—On Sunday the Lutheran Sunday school floated a service flag containing six stars for Harvey Long, Emmett Barnes, Norman I. Will, Ralph Williamson, Wesley DeHaven and James House, who are now in war service. The latter two at this time are "somewhere in France."

Moving Pictures Used to Aid Red Cross Campaign

Mechanicsburg, Pa., Dec. 20.—Activity in the Red Cross Christmas drive continues in this place and new members are continually being added to the list. Many business houses and families are coming in the 100 per cent. class. Solicitors are pushing ahead and hope to reach the quota. At a meeting of the publicity committee arrangements were completed for a community chorus and music by the Singer Band on Christmas Eve. Work is progressing on the 4,000 surgical bandages promised to Colonel Murphy in France at the workrooms of the Red Cross. Last evening moving pictures were shown near the square to a large audience on the street. Another series will be shown again to-morrow and on Monday evening.

TREES FOR HARRISBURG

Liverpool, Pa., Dec. 20.—H. L. Derr and sons, Valentine and John, of Harrisburg, were in Liverpool the latter part of last week buying and cutting Christmas trees. Several hundred trees were cut by them and transported by motor truck to Harrisburg.

Boy Punctures Heart in Sharpening Pencil; Dies

New Brunswick, N. J., Dec. 20.—John Brill, 9-year-old pupil at St. John's School here, punctured his heart while sharpening a pencil yesterday at the school and died instantly. The boy was holding the pencil against his breast, and the knife slipped as he hurriedly sharpened the lead.

CLEANING REVOLVER IS KILLED

Lancaster, Pa., Dec. 20.—Raymond Simmons, 16 years old, was accidentally killed by a revolver which he was cleaning. He told his mother that he was cleaning his weapons to enlist, and a few moments later she heard a shot and found him dead on the floor.

Centenarian Dies From Too Much Work

Lewistown, Pa., Dec. 20.—Mrs. Tobin Krentzman, 100 years old, died suddenly from heart disease Tuesday night following a hard day's work. Deceased was a native of Russia and is survived by nine children, fifty grandchildren and twelve great-grandchildren. Moses, her eldest son, resides in Petrograd and is 80 years old. Mrs. Krentzman could read without glasses and could do as much housework as any of her granddaughters at the time of her death.

MANY BOYS TO ATTEND

The reception for Boy Scouts to be held at the Y. M. C. A. Friday evening promises to be a big affair. Acceptances are pouring in from scout troops of the city to Arch H. Dinmore, boys' working secretary of the association.

All States Sharing in Federal Road Aid

All the states of the Union have availed themselves of the opportunity of participating in the benefits of the Federal Aid Road act, which appropriated \$75,000,000 for the construction of postroads and \$100,000,000 for forest roads, according to the report of the Director of the Office of Public Roads and Rural Engineering, United States Department of Agriculture. That the passage of the act has stimulated roadbuilding is shown by the fact that in 1916 there were approximately \$41,000,000 of state funds expended for all highway purposes, and it is estimated that in the calendar year 1917 the aggregate expenditures of state funds for this purpose will be at least \$60,000,000. A number of the states have made specific appropriations to meet Federal aid dollar for dollar. Among these are New York, Illinois, Michigan, Rhode Island, Nevada, Iowa, Florida and Vermont. Secretary of the association, is responsible for the plan, and parents are enthusiastic over it.

Give Something Electrical This Christmas

Advertisement for Frantz Premier Electric Cleaner. Includes an illustration of a woman cleaning a floor and text describing the product's benefits for home use.

Advertisement for Dauphin Electrical Supplies Co. featuring various electrical appliances like electric washers, heaters, and vacuum cleaners. Includes illustrations of these items and promotional text.

Advertisement for Harrisburg Electric Supply Co. with the headline 'Make This an Electrical Christmas' and a list of products including toasters, heaters, lamps, and vacuum cleaners.

Advertisement for Harrisburg Light and Power Co. with the headline 'Everybody Wants—This Year—Something Practical and Useful' and a list of electrical products.

Advertisement for H. J. Wolford, Third and Harris Sts., featuring the headline 'New West End Store' and a list of products for Xmas and general use.

Advertisement for E. Blumenstine, 14 South Court St., with the headline 'LIGHT YOUR CHRISTMAS TREE Electrically' and a list of Christmas lighting products.