

WHEATLESS MEAL NECESSARY EACH DAY, SAYS HEINZ

Must Reduce Consumption of White Flour to Help Win World War

Philadelphia, Nov. 22.—Following his declaration of two days ago that every household in the state of Pennsylvania should observe seven wheatless meals each week, Howard Heinz, federal food administrator for the state, said to-day:

"Some good women have raised the question whether the idea of seven wheatless meals during the week is feasible or necessary. I am glad that this has come up, because it is important. I will reply that the plan is practical and it is certainly necessary. The time has come when we must reduce our consumption of white flour and must submit to self-sacrifice and perhaps suffering, just as our Allies in Europe and our boys at the front are enduring privations.

"War bread should be eaten as often as possible and should be served at other meals. In order to save the wheat situation in Europe it will be necessary for us to save one-third of our flour barrels at once. France raised only thirty-five per cent. of her normal wheat crop this year and the nation is now on rations. She will require 500,000 tons of cereals to last until the next crop. Italy is far behind normal and has asked for 200,000 tons of food products of all kinds each month. England has reduced her normal wheat consumption by one-half. Germany, on the other hand, is in fair shape. She has had a fine potato crop and she will at least have as much bread as during the past year. She is even getting some of her wheat from neutral countries, which, because of lack of feedstuffs, killed her animals and exported them to Germany.

It is true that India has her normal crop of wheat and Australia and Argentina have a surplus, but the lack of shipping makes it impossible to get the wheat to our shores. The burden falls upon America. We must help to save the wheat until there is enough shipping to properly distribute the wheat crop."

BUSY PROGRAM

Sergeant John Blake, publicity manager of the recruiting force of the Harrisburg district, has arranged a busy schedule to stimulate recruiting throughout the district the rest of the week. Last night he lectured to a booster meeting at Lebanon, and to-night will meet the Committee of Forty in charge of recruiting at Chambersburg. Saturday he will go to Reading, where he will address a monster recruiting demonstration in charge of the recruiting station. Last night he addressed 2,000 of the Allentown Ambulance brigade, who will demonstrate camp life in the streets of Reading.

NEW AMERICAN PARTY

A pre-emption application for the American party for the First Representative district of Dauphin county was filed to-day with Prothonotary Henry F. Holler. The signers are: J. F. Shannon, Jr., 441 South Sixteenth; T. J. Shannon, 1507 Swatara; C. B. Stafford, 209 Chestnut; A. M. Brandt, 439 South Sixteenth; Warren Phillips, 232 Brook; J. A. Fox, 1507 Swatara; R. W. Cummings, Hummel street, all of Harrisburg.

PLAN FOR BIG RALLIES TO GET ARMY RECRUITS

Parades Will Close the Rapid-Fire Campaign Next Month

Harrisburg men who come under the next draft now have until December 15 to choose their branch of service and escape the ruling of the draft boards. Lieutenant Leshner, in charge of the United States Army recruiting station, who kept the city out of the first draft, said this morning the recruiting office will make a great effort to secure the necessary recruits to fill the next quota for the national army. Five hundred men are needed to accomplish this.

Sergeant John Blake, publicity agent of the recruiting station, according to his statement this morning has planned a number of activities to secure the necessary recruits. The first week of December there will be a big recruiting parade, he said. A feature of the parade will be a company of men who "want to be shown." Along the line of march any man about to enlist, or desirous of enlisting, if the service looks attractive, will be asked to fall into line, and without binding themselves to enlist, signify their intention of enlisting if the recruiting officers can make the army life look attractive enough.

Another enlisting plan will be a sectional canvass of the city in an effort to secure drafted eligibles for enlistment who might be holding back in the expectation of escaping the draft through the enlistment of other men. There will be either two or three citizens' meetings, it was announced.

SICK WOMAN HAD CRYING SPELLS

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Enhaut, Pa.—"I was all run down and weak inwardly. I had female troubles and nervous feelings and my head bothered me. I would often have crying spells and feel as if I was not safe. If I heard anyone coming I would run and lock the door so they would not see me. I cried several doctors and they did not help me, so I said to my mother, 'I guess I will have to die, as there is no help for me.' She got me one of your little books and my husband said I should try one bottle. I stopped the doctor's medicine and took Lydia E. Pinkham's Vegetable Compound. It soon made a change in me and now I am strong and do all my work."—Augusta Baughman, Box 86, Enhaut, Pa.

Why will women continue to suffer day in and day out and drag out a sickly, half-hearted existence, missing three-fourths of the joy of living, when they can find health in Lydia E. Pinkham's Vegetable Compound? If you would like free confidential advice address Lydia E. Pinkham Medicine Co., Lynn, Mass.



German Newspaper's Views on Neutrals

Frankfort-on-Main, Germany (via Amsterdam)—The Frankfurter Zeitung, like other German organs, has been making much of the new regulations drawn up by America and

Great Britain with regard to neutral traffic with a view to tightening the blockade, and one of its recent articles on the subject contained some palpable hints to neutrals in general, and the Scandinavian countries in particular.

Neutrals, it writes, are really getting into a dangerous position, and are confronted with a prospect of

hard times if they do not want to dishonor themselves by submission. There are, however, reprisals which they can adopt. There are neutral ships in Entente harbors, but there are also Entente vessels in neutral waters; neutrals are in pressing need of supplies, but their assistance is not altogether valueless to England's

heavily-burdened economic system; moreover, they hold the land route to Russia. Germany's self-sacrificing readiness to assist to the best of her ability these neutrals who pursue a truly neutral policy offers them, at the same time, strong support, even though neutrals' natural circumstances always make it appear ad-

vantageous not to break completely the bonds that link their countries with the west. * * *. If, however, neutrals do not desire to deliver themselves up completely to our enemies, they must not, like the greater part of the Left in Sweden, seek salvation in submission, but must do their utmost to render their

economic system as independent of the west as possible. And in this direction all possibilities are not yet exhausted. The guiding rule for each must be: We will act as if we ourselves were at war, and were blockaded by the enemy. Germany has set the example—all they need is to be in earnest.

7 and 9 S. Market Square

LIVINGSTON'S

7 and 9 S. Market Square

SATURDAY IS POSITIVELY THE LAST DAY

OF OUR

Semi-Annual Economy Event

Your opportunity to purchase the very finest of wearables in Men's, Women's, Misses', Boys' and Girls' at prices within reach of everyone, will be found at our Semi-Annual Economy Event — Everything in our entire stock included in this remarkable sale.

700 COATS | ECONOMIZE-BY-BUYING-YOUR-FALL-COAT HERE | COATS 700

Record Breaking Sale

For Saturday Only

\$15.00 and \$16.50

Women's and Misses' COATS

Regular and extra sizes — Genuine Silk Plush, Velour Coats, Kersey Coats, Pebble Cheviots, Oxford Cloth, Fancy Mixtures

\$9.98



Real Money Savings on These Beautiful COATS for Women and Misses

Regular Coats \$18.00 & \$20.00

Fine Velours, Silk Plush, Pom Poms, Broadcloths — Convertible Collar — Trimmed or untrimmed — Navy, Black, Green, Plum, Gray, Burgundy, Beetroot, Sand, Olive, Oxford, Etc. Regular \$18.00 and \$20.00 Coats

\$11.98



Extraordinary Values

Very finest the markets afford sell usually at \$30 and \$35.

Finest Chiffon Broadcloth

Pom Pom, Silk Plush, Velour, Fur Trimmed, Kerami trimmed—

Regular Coats \$30.00 and \$35.00

Sizes 14 to 56 Bust

\$19.98



Great Reductions Women's and Misses' SUITS

100 Suits placed on special sale — Serge Diagonal, Cord and Gabardine — All shades and all styles — Value to \$20.00,

\$11.98



Wonderful Savings in Women's and Misses' SUITS

Chiffon Broadcloth, Wool Serge, Poplin, Velour, Gabardine, Oxford Cloth — Beautifully trimmed others perfectly plain tailored cuts — Suits that sold up to \$35.00—

\$17.98

New Fall DRESSES

A slaughter in prices—Silks, Serges, Taffetas and Combinations — All colors, all styles, all sizes — Dresses that sold to \$16.50 — Sizes 14 to 48—

\$9.98



Wonderful Opportunity to Save Money on Stunning DRESSES

Serges, Satins, Crepe de Chine, Taffetas, Poplin and Combinations of all kinds—

\$22.50 Value

\$14.98

Buehler Bros. CUT RATE MARKETS

SATURDAY, NOVEMBER 24 432 MARKET STREET

Morning Specials Until 11 A. M.

PRIME RIB ROAST	18c
SIRLOIN STEAK	18c
PORTERHOUSE STEAK	18c
PINBONE STEAK	18c
ALL-DAY SPECIALS	
SLICED LIVER	12 1/2c
HOMEMADE SCRAPPLE	12 1/2c
HOMEMADE MINCEMEAT, Pound	10c
BEEF POT ROAST	16c
PRIME CHUCK ROAST	18c
CHOICE RUMP ROAST	20c
BOILING BEEF, Pound	14c
LAMB SHOULDER FOR ROASTING, Pound	20c
CHOICE VEAL ROAST, Pound	20c
VEAL CHOPS, Pound	25c
LAMB CHOPS, Pound	25c
FRESH LINK SAUSAGE, Pound	23c
CALF HEARTS, BRAINS, KIDNEYS, SPARE RIBS—ANYTHING AND EVERYTHING TO EAT IN MEATS.	
BUTTERINE Buehler Bros.' Special, lb.	30c
Lincoln, lb.	27c
EGGS—GOOD, dozen	45c

Big Money Savings in Our Men's and Boys' Department

Just Received 1000 Men's and Young Men's Suits and Overcoats

New Shades	New Styles	New Creations	Big Savings		
\$15.00 Men's and Young Men's Suits	\$9.98	\$15.00 Men's and Young Men's Overcoats	\$9.98
\$18.00 Men's and Young Men's Suits	\$11.98	\$16.50 Men's and Young Men's Overcoats	\$11.98
\$20.00 Men's and Young Men's Suits	\$14.98	\$20.00 Men's and Young Men's Overcoats	\$14.98
\$25.00 Men's and Young Men's Suits	\$15.98	\$25.00 Men's and Young Men's Overcoats	\$15.98
\$30.00 Men's and Young Men's Suits	\$19.98	\$30.00 Men's and Young Men's Overcoats	\$19.98

Positively the best selection of Men's Clothing in Town, at the greatest savings.

Wonderful Savings in Boys' Suits, Overcoats and Mackinaws

\$4.00 Boys' Suits, \$2.49	\$6.50 Boys' Overcoats	\$3.98
\$5.00 Boys' Suits, \$2.98	\$7.50 Boys' Overcoats	\$4.98
\$6.50 Boys' Suits, \$3.98	\$8.50 Boys' Overcoats	\$5.98
\$7.85 Boys' Suits, \$4.98	\$10.75 Boys' Overcoats	\$6.98
\$8.85 Boys' Suits, \$5.98	\$15.00 Boys' Overcoats	\$8.98
\$10.50 Boys' Suits, \$6.98	\$6.00 Mackinaws	\$3.98
	\$7.50 Mackinaws	\$4.98
	\$8.85 Mackinaws	\$5.98
	\$10.00 Mackinaws	\$6.98
	1000 Pairs of Boys' CORDUROY PANTS	\$1.50 Value

The New Trench Models New Colors 5 to 18 Years

5 to 17 Yrs 98c 5 to 17 Yrs

Men's Pants 500 Pairs of Work & Dress Pants Worth to \$3.50 \$1.98

Men's Dress Pants 500 Pairs of Value to \$6.00 \$2.98

Little Girls' Coats

1 to 6 Years Old All Colors All Styles \$3.00 Coats, \$1.98 \$4.50 Coats, \$2.49 \$5.00 Coats, \$2.98 \$6.50 Coats, \$3.98



Misses' and Girls' Coats

Ages 7 to 16 Years Corduroy, Plush Velvet, Velours, Etc. New Styles—New Colors \$7.85 Coats \$4.98 \$8.85 Coats \$5.98 \$10.50 Coats \$6.98 \$12.75 Coats \$7.98 \$15.00 Coats \$9.98

Women's, Misses', Girls and Infants' Sweaters

Navy, Brown, Black, Rose, Copen Corn, Tan, Orange, Olive, Oxford, Sand, Green, Red, Gray, Garnet—in all styles. 200 Sweaters Placed on Special Sale \$1.50 SWEATERS \$1.98 \$2.00 SWEATERS \$1.49 \$3.00 SWEATERS \$1.98 \$4.00 SWEATERS \$2.49 \$5.00 SWEATERS \$2.98 \$6.50 SWEATERS \$3.98 \$7.85 SWEATERS \$4.98 \$8.85 SWEATERS \$5.98 \$10.50 SWEATERS \$6.98

Clearance of Our Entire Stock of Women's, Misses' and Children's Hats

\$1.50 HATS 98c \$2.00 HATS \$1.19 \$2.50 HATS \$1.69 \$3.00 HATS \$1.98 \$4.00 HATS \$2.29 \$4.50 HATS \$2.69 \$5.00 HATS \$2.98

1000 LADIES' WAISTS Placed on Special Sale

\$1.50 WAISTS 98c \$2.00 WAISTS \$1.49 \$3.00 WAISTS \$1.98 \$4.00 WAISTS \$2.49 \$5.00 WAISTS \$2.98

We Were Fortunate in Buying a Large Stock of Women's, Misses', Children's and Infants' FURS

All Sorts of Furs — All Sorts of Styles \$3.50 Children's Furs \$1.98 \$4.00 Children's Furs \$2.49 \$5.00 Children's Furs \$2.98 \$6.50 Children's Furs \$3.98 \$7.85 Children's Furs \$4.98 \$5.00 Separate Scarfs or Muffs, \$2.98 \$6.50 Separate Scarfs or Muffs, \$3.98 \$10.00 Separate Scarfs or Muffs, \$6.98 \$18.00 Separate Scarfs or Muffs, \$11.98 \$15.00 Women's and Misses' Sets, \$9.98 \$18.00 Women's and Misses' Sets, \$11.98 \$20.00 Women's and Misses' Sets, \$14.98 \$25.00 Women's and Misses' Sets, \$15.00 \$30.00 Women's and Misses' Sets, \$19.98 \$40.00 Women's and Misses' Sets, \$25.00