combination of simple laxative herbs with pepsin sold by druggists under the name of Dr. Caldwell's Syrup Pepsin, is highly recommended as a gentle laxative that acts easily and quickly, without griping or discomfort. It contains no opiate, narcotic, or habit-forming drug; spleasant to the taste, and a most effective household remedy. Mothers find it especially desirable as a laxative for children.

You can buy Dr. Caldwell's

dren.
You can buy Dr. Caldwell's Syrup Pepsin from your druggist for fifty cents. Get a bottle and have it in the house when needed. A trial bottle, free of charge, can be obtained by writing to Dr. W. B. Caldwell, 456 Washington St., Wontfeelle, Illineis.

DOCTORED FIVE YEARS IN VAIN HE SAYS

Couldn't Even Get Temporary Re-lief and His Work Was a Burden

SAYS TANLAC HELPED HIM

"Finally after hearing so many good reports about Tanlae I started taking it and to my joy it helped me right away. My stomach was quickly restored to health, my bowels became regular and now I feel better in every way than I have in years."

Tanlae, the famous reconstructive tonic, is now being introduced here at Gorgas' Drug Store who have secured the exclusive sale of this massive was digitated.

cured the exclusive sale of this master medicine in Harrisburg.

Tanlac is also sold at the Gorgas Drug Store in the P. R. R. Station; in Carlisle at W. G. Stephens' Pharmacy; Elizabethtown. Albert W. Cain; Greencastle, Charles B. Carl; Middletown, Colin S. Few's Pharmacy; Waynesboro, Clarence Croft's Pharmacy; Mechanicsburg, H. F. Brunhouse.—Adv.

Positively Relieve Pain in

Try it right now for Rheumatism. Neuralgia, Lumbago, sore, stiff and swollen joints, pains in the head, back and limbs, corns, bunions, etc. After one application pain disappears as if

Gohl, Rinkenbach & Rouse OPTOMETRISTS & OPTICIANS



I am writing this letter in the Y. M. C. A. tent, and let me state I am for them first, last and always. I never knew what great work they were doing until I entered the Army. You can imagine how good it must feel to be able to walk into a place thousands of miles from home and feel perfectly at home. Be able to sit down and read or write letters, hear someone playing good old ragtime on a piano and further be able to buy candy and tobacco. There, too, during the day they have baseball games and track meets between the various companies and at night band concerts, lectures and entertainments. My advice is that one of the best ways you can help the boys "abroad" is to "back up" the Y. M. C. A.

Finds Hoys From Home
Was handed quite a surprise the first day I was aboard ship when I ran into two boys from home. I thought I was going to be the first Lebanon boy to set foot in France, but had to divide the honor with the other two. There are a number of State College boys in camp and last light we rounded them up and had a reunion. One of the secretaries at the Y. M. C. A. is a classmate of mine and he had a dinner for us at his home. We sure had a mighty pleasant evening talking over old times, and, best of all, we had a real square meal.

I sure do miss those old pinochle

and, best of all, we had a real square meal.

I sure do miss those old pinochle games at the Lebanon Club. There are quite a few of the "boys" in the outfit that can play pinochle and we play quite often, but they aren't like the games at the club. Please remember me to all the boys at the club and tell them I am in the best of health and hope to see some of them over here before long. Write whenever you can and if possible send me some Lebanon papers.

"For five years I tried in vain to get rid of my stomach trouble," says W. H. Harmon, of 135 E. Baptist street, York, Pa. "I went from doctor to doctor, but couldn't get any relief and I tried medicine after medicine without result.

"The pains in my stomach kept getting worse and worse for I got so bad that I couldn't get the gas off of my stomach. I was so constipated that I had to be constantly takinx laxatives, I lost my appetite and had become so nervous that I couldn't sleep and I could feel my-self growing weaker. It was awful indeed.

"Finally after hearing so many good reports about Tanlac I started taking it and to my joy it helped me right away. My stomach was quickly restored to health, my bowels became regular and now I feel better

Letter List

LIST OF LETTERS REMAINING IN

the carriers, FRANK C. SITES, Postmaster.

WOMAN REGAINS SIGHT Duncannon, Pa., Oct. 29.—After puncannon, Pa., Oct. 29.—After paracts on both eyes, Mrs. Abran eger, of this place, is now able to after having a slight operation formed by a Philadelphia special

DR. DUMBA COMES TO LIFE Dies in Auto Crash
Wilmington, Del., Oct. 29. — The
wife of Governor Townsend was

RUSSIAN ADMIRAL MISSING
Petrograd, Oct. 29. — Admiral
Vladislavoff, who was in command of
the submarine flotilla during the German operations against the Russian
islands in the Baltic, has disappeared,
It is believed he fell overboard from
a submarine.

During Dr. Ellenberger's absence Dr. Phillips will occupy his offices from 6.30 to 8.30 p. m. Other hours including Sunday by ap-



TILLIAM H. TAFT, former President of the United States, has VV joined the staff of the Public Ledger as Contributing Editor, the connection becoming effective on November 1.

Philadelphia PUBLIC

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