CANNING RULES ARE EXCHANGED BY HOUSEWIVES

YOU with hundreds of other housewives have successful methods of canning, preserving and drying foods and fruits which have either been handed down to you from generations of your ancestors or which you have evolved. This feature of the HARRISBURG TELEGRAPH is designed to help you exchange your ideas with other housewives. Send your favorite receipts and methods to the editor and they will be placed before thousands of other housewives. In this way they can be placed before the public and do the maximum amount of good.

Bean Soup—Soak three pounds of beans twelve hours in cold water. Cut two pounds of ham meat into one-fourth-inch cubes and place in a small sack. Place the beans, ham and four gallons of water in a kettle and boil slowly until the beans are very soft. Remove the ham and beans from the liquor and mash the beans fine. Return the ham and mashed beans to the liquor and add five gallons of soup stock and seasoning and bring to boil.

List of Supplies Needed

5 gallons stock.
3 pounds beans.
2 pounds lean ham.
4 gallons water.
Salt and pepper to taste.

Pack in hot glass jars or tin cans while hot. Partially seal glass jars. Cap and tip cans. Sterilize for the length of time given below for the particular type of outfit used.

Water bath .....90 min.
Water seal .....75 min.
5 pounds steam pressure.....60 min.
10 to 15 pounds steam pressure .....45 min.

EXPERIENCED CAMPER.

Cream of Potato Soup—Boil 1½ pounds of potatoes, sliced thin, and five gallons of soup stock for ten minutes. Add three ounces of salt, one-fourth teaspoonful of pepper, and one-half pound of butter, and boil slowly for five minutes. Make three tablespoonfuls of flour into smooth paste and add to the above.

List of Supplies Needed

5 gallons soup stock.
1½ pounds thin sliced potatoes (culls will do).
3 ounces salt.
¼ tablespoonful pepper(scant).
½ pound butter.
3 tablespoonfuls flour.

Cook three minutes and pack in hot glass jars or tin cans while hot. Partially seal glass jars. Cap and tip tin cans. Sterilize for the length of time given below for the particular type of outfit used.

Water bath .....90 min.
Water seal .....75 min.
5 pounds steam pressure.....60 min.
10 to 15 pounds steam pressure .....45 min.

MRS. I. C.

Cream of Pea Soup—Soak eight pounds of dry peas evernight. Cook until soft. Mash fine. Add the mashed peas to five and one-half gallons of soup stock and bring to boil. Pass the boiling liquid through a fine sieve. Make a smooth paste of one-half pound flour and add paste, ten ounces of sugar, and three ounces of salt to the soup stock. Cook until soup begins to thicken.

List of Supplies Needed

5½ gallons soup stock.
8 pounds dry peas.
3 ounces salt.
10 ounces granulated sugar.
½ pound flour.

Pack in glass jars or tin cans. Partially seal glass jars. Can and tip tin cans. Sterilize for the length of time given below for the particular type of outfit used.

Water bath .....90 min.
Water seal .....75 min.
5 pounds steam pressure.....60 min.
10 to 15 pounds steam pressure .....45 min.

MISS COOKING SCHOOL.

Vegetable Soup—Soak one-fourth pound lima beans and one pound rice for twelve hours. Boil one-half pound pearl barley for two hours. Blanch one pound carrots, one pound onions, one medium-sized potato, and one red pepper for three minutes, and cold dip. Prepare the vegetables and cut into small cubes. Mix thoroughly lima beans, rice, barley, carrots, onions, potatoes and red pepper. Fill hot glass jars or enameled tin cans three-fourths full of the above mixture of vegetables and cereals. Make a smooth paste of one-half pound of wheat flour and blend in five gallons of soup stock. Boil three minutes and add four ounces of salt.

List of Supplies Needed

¼ pound lima beans.
1 pound rice.
½ pound pearl barley.
1 pound carrots.
1 pound onions.
1 medium-sized potato.
1 red pepper.
4 ounces salt.
5 gallons soup stock.

Pour stock over vegetables and fill cans or hot glass jars. Partially seal glass jars. Cap and tip tin cans. Sterilize for the length of time given below for the particular type of outfit used.

Water bath .....90 min.
Water seal .....75 min.
5 pounds steam pressure .....60 min.
10 to 15 pounds steam pressure .....45 min.

MRS. O. E. L.

INJURY MAY CAUSE DEATH

Marietta, Aug. 1.—Albert Boltz, the nine-year-old son of Mr. and Mrs. Joseph Boltz, of Elizabethtown, who broke his arm in two places several days ago, is critically ill, and the arm was amputated to-day in the hope of saving his life as gangrene has set in.

BELL-ANS
Absolutely Removes Indigestion. One package proves it. 25c at all druggists.

Miller's Antiseptic Oil Known as
Snake Oil
Will Limber You Up—A New Creation Accomplishing Most Wonderful Results

Mrs. E. M. Montgomery, Route 1, Jackson, Miss., states: "Morphine alone would relieve me of my sufferings until I tried Miller's Oil, which gave me such quick results. I have used it for rheumatism, stiff, swelled joints, neuralgia, pains in my limbs, and after I applied it to the affected parts the pains disappeared, and I am thankful to say I have had no use for dope of any kind since. I will never be without a bottle of this wonderful oil in my home; it is a pleasure for me to recommend it to my friends and the public in this manner."

We are constantly receiving testimonials similar to the above from thousands of grateful users of this wonderful Oil. It should be in every home. Accept no substitute, for there is nothing like it. Golden, red color only. Every bottle guaranteed. 25c, 50c, and $1.00 a bottle or money refunded.

Geo. A. Gorgas, druggist.—Advertisement.

See us

We are always pleased to give you the benefit of our advice and experience when undecided about the advisability of having your brass beds, chandeliers, etc., refinished.

We never undertake a job that we know can not be done right or the cost does not justify you having it done—unless you desire it done.

We have the most up-to-date plant, employ the most skilled mechanics for replating, polishing and refinishing all art metal work, jewelry, silverware, etc.

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EDUCATIONAL

School of Commerce
Troup Building, 15 S. Market Square
Noted for thorough training in Business and Stenography. Wonderful demand for Bookkeepers and Stenographers.
CIVIL SERVICE COURSE
Be Patriotic—Save Time—Begin Now
School Open All Summer
OUR OFFER—Right Training by Specialists and High-Grade Positions. You take a Business Course but Once. The BEST is What You Want.
Bell 485 Cumberland 4393

The Office Training School
Kaufman Bldg. 4 S. Market Sq.
Training That Secures
Salary Increasing Positions
In the Office
Call or send today for interesting booklet. "The Art of Getting Along in the World." Bell phone 649-R.

UZ-IT For Corns
Easy to apply. Sure, Quick, Safe. 25c. Gorgas, Rexall Druggist, 16 N. Third St. and Penna. Station.

MAY PROSECUTE SLACKER GROOMS

Quitters Are Guilty of Misdemeanor, Declares General Crowder

Washington, D. C., Aug. 1.—Behind the petticoats of a spouse acquired for the purpose of evading draft will be no safe place for a quitter to hide. The young men who have thronged to marriage licens bureaus since July 20, in the fond hope that the government would look upon them as exempt, probably have taken the trouble for nothing.

They may even have committed a misdemeanor and be liable to prosecution. If this is so, their war brides, as aiding them in the misdemeanor, also will be liable to prosecution.

Provost Marshal General E. H. Crowder, aroused to-day by the reports of throngs of men of draft age invading the marriage license bureaus in the larger cities, made this perfectly plain. He announced:

"By section 6 of the act of May 18 (the conscription act), any person who evades or aids another to evade the requirements of this act is guilty of a misdemeanor; and local boards are authorized to warn persons who claim discharge on the ground of marriage contracted since the date of the act that both parties are liable to prosecution under this provision if, in fact, the marriage was contracted solely with intent to evade the performance of military duty."

May Amend Returns

"If necessary," said Secretary Baker to-day, "we will ask the President to so amend the returns to get at these slackers. If that is not enough, we may ask Congress for further legislation on this subject."

The provost marshal general's office to-day showed it was alive to the large numbers of exemptions claimed. It instructed each local board to continue calling up men until it had 10 per cent. more to examine than originally allotted.

The provost marshal still believes that one out of every four men examined will be found liable and fit for service, but he is taking no chances of having the supply of men called run short at the last minute.

The statement of the provost marshal general concerning draft marriages was made in response to the query of a New Jersey local board on a case in point.

"Marriage is not of itself," General Crowder replied, "a valid ground for making claim of discharge."

"A man, whose wife is mainly dependent on his daily labor for support, may claim exemption on that ground. But dependency is a matter of fact. The rule does not ask: 'Is the husband, as a matter of law, liable to support the wife?' It asks: 'Is the wife as a matter of fact mainly dependent on the daily labor of her husband for support?'"

Promise Careful Query

"Only the exemption boards can determine this fact. Where dependency is claimed and the circumstances show a marriage hastily consummated since July 20 by a man whose number is high on the available list, the actual fact of dependency must be closely scrutinized."

It is further pointed out that the exemption boards have the widest powers of determining this actual dependency. They are not bound by legal rules of evidence. They are to investigate and decide in their own way.

"The law was supposed," said Secretary Baker to-day, "immediately upon its passage, to lay its hand on the shoulder of every American of the ages specified and warn him of his liability to serve. The men who have endeavored to incur disabilities since that time will be most closely scrutinized."

WILSON CABINET FACES A SPLIT

Redfield May Resign as Result of Row With McAdoo

Washington, Aug. 1. — A Cabinet row that has been brewing for some time has broken with full force upon official Washington and bids fair to assume such proportions that at least one resignation may result. Secretary Redfield, of the Department of Commerce, has become so aggrieved at the course pursued by Secretary of the Treasury McAdoo that he is protesting vehemently, and the President may find it necessary to intervene, as he did in the Denman-Goethals row.

McAdoo will not resign. His family connections with the President, together with his well-understood political aspirations, make the suggestion unworthy of consideration. But Redfield has been the subject of numerous resignation rumors, and this contest may result in the severance of his official connection with the Government.

From the beginning of the war and even before there has been friction between the Treasury Department and the Department of Commerce, which culminated recently with McAdoo winning in the plan to provide insurance for the soldiers and sailors. Both departments wanted control. Carried into effect, this insurance plan, intended to take the place of the old system of pensions, will have great political potentialities. McAdoo's friends are grooming him for the Democratic Presidential nomination in 1920, and a Presidential candidate could not wish for a better political asset than the disposition of millions of dollars of insurance and indemnities for disability to soldiers and their families.

The Man Who Did the Work

Edwin F. Sweet, Assistant Secretary of Commerce, is credited with being the first man to work out a soldiers' insurance plan. He went at it at the instance of the Council of National Defense, got together the data and made a report to the council. Later the President, at the suggestion of interested citizens, passed the subject over to Secretary McAdoo with the request that he take the subject in hand. This was done and a scheme worked out. Now the Department of Commerce declares the Treasury Department has appropriated Mr. Sweet's ideas, worked them over and taken not only the credit that is due the Commerce Department, but also the jurisdiction which it had hoped to have.

Secretary Redfield and Assistant Secretary Sweet feel very keenly their disappointment, and while they will not be interviewed on the subject, their expressions to friends in private conversations are such as to show the tense feeling that exists between the two departments. In a bulletin just issued by the Treasury on soldiers' insurance, credit is given to Mr. Sweet, along with others, for assisting in working out the plan. Aside from this brief testimonial, the Treasury takes all the glory.

Damaged German U-Boat Interns in Spanish Port

By Associated Press

Madrid, Aug. 1.—The German submarine UB-23, which entered the roadsted of Corunna Monday in a seriously damaged condition, has reached Ferrol, twelve miles northeast of Corunna, escorted by the Spanish torpedo boat Audaz. It will be interned there.

Premier Dato told the press that the recent decree regarding the internment of belligerent submarines navigating within Spanish territorial waters will be strictly enforced.

LYNCH NEGRO IN STREET

Garland City, Ark., Aug. 1. — Andrew Avery, a negro, was lynched in the main street here last night. It was charged that he had assaulted and robbed William Woods, a contractor. An officer was returning to Texarkana with Avery when a crowd of about forty men overpowered him and took possession of the negro.

Woods has a chance for recovery it was said at the hospital where he was taken.

Fresh Gangs of Workmen Rush Construction of Big Camp For Draft Army

Admiral Md., Aug. 1. — Gangs of new workmen reinforced by eighty-three carloads of material descended upon Camp Meade yesterday and smoothed out many wrinkles in Major Proctor's brow, with the arrival of additional manpower and fresh supplies considerable impetus was injected into the task of constructing one of the largest cantonments in the country by September 1.

Castiron pipes formed part of the new material. These pipes are to be used for the water and sewage system. At first it was thought this commodity was about extinct. Government officials had begun thinking seriously of constructing an old wooden pipe line.

Despite the heat, skilled and unskilled labor toiled rapidly to unfold a modern encampment on schedule time. Already the post office building is completed and was open for business to-day.

It is estimated that within a week carpenters will be turning out finished barracks for enlisted men in five working days. More mechanics and unskilled workers are needed before the full working force of 4,000 is up to its strength. Each day a new batch of workmen goes into camp.

One of the largest laundries of its kind ever built in this country will be erected at Camp Meade. Two Baltimore men have just been awarded a contract by the Government to build a plant to take care of the laundry of the 40,000 persons expected to be in training at Camp Meade.

LANDIS FAMILY REUNION

Marietta, Pa., Aug. 1.—The bicentennial of the first Landis settlement in Lancaster county and the seventh annual reunion of this large family will be held at Lititz Springs Park. The executive committee promises the best program ever given.

CARLISLE OWLS COMING

Members of the Carlisle Ladies' Nest, No. 1716, Order of Owls, will attend the meeting of the local Ladies' Nest, to be held on Thursday night in the Cameron Building.

West End Boy With U. S. Troops in France

Mrs. William Ashley, of 610 Muench street, has just received a letter from her son, who is with the Twenty-eighth U. S. infantry in France. He wishes to let his relatives and friends know he arrived in France safely some weeks ago and expects to go to the front soon to fight for his country.

GOETHALS ASKS SERVICE

Washington, Aug. 1.—Major General George W. Goethals, who resigned recently from the office of general manager of the Emergency Fleet Corporation, called on the Secretary of War to-day and offered his services for duty with the American military forces in France.

HEADACHE STOPS NEURALGIA GONE

Dr. James' Headache Powders give instant relief—Cost dime a package.

Nerve-racking, splitting or dull, throbbing headaches yield in just a few moments to Dr. James' Headache Powders which cost only 10 cents a package at any drug store. It's the quickest, surest headache relief in the whole world. Don't suffer! Relieve the agony and distress now! You can. Millions of men and women have found that headache or neuralgia misery is needless. Get what you ask for.

U. S. PLEASED AT ALLIED ATTACK

American Army Officers Impressed at Plan of British-French Armies

Washington, Aug. 1. — The British-French assault on the German right flank has made a profound impression here, because in the judgment of many American army officers, it is directed at the most vulnerable point on the entire German front.

Complete success for the allies, sweeping the German line back from the sea along the entire Belgian coast, would be an immediate answer to the U-boat warfare. The main North Sea bases for U-boat operations would be stamped out. Behind that achievement then would stand the possibility that the entire German line in France could be endangered by a flank attack.

Reports from London or the front were still too meager last night to disclose the full scope of the new operations. Some observers here were inclined to believe, however, that unless the drive is supplemented by naval co-operation, with a landing behind the present German front, complete success is not to be expected.

Right Flank the Weak Spot

The discussion here brought out strongly the fact that many American officers who have studied the situation believe the German right flank offers the only real opportunity to bring the struggle to a decisive issue in a single campaign.

Short of that, they can foresee only a continuing repetition of the deadly business of frontal attack, which in time would wear down the German resistance, since the allied Powers have the greater resources in men and supplies. How long the wearing down process would require no official is willing to suggest, however, and it is pointed out that if U-boat activity is not sharply checked, time will work strongly against the allies.

Recent German operations have produced the impression among some observers that the assault upon the right flank has been expected by the German General Staff. The surprise attack some time ago upon a small sector of the British front, which swept the allies back beyond the Yser canal, materially strengthened that sector for the Germans.

In the renewed German assaults upon the Verdun front observers have read also an attempt to prevent an allied concentration upon the right flank.

Might Bring Holland In

In diplomatic quarters, however, the Verdun attacks are coupled also with the German advance in Galicia to furnish the stage setting for the renewal of peace suggestions through the German and Austrian Chancellors.

The purpose of the new offensive produced the suggestion yesterday that if the allied front could be extended to the Dutch frontier, the Netherlands Government might join the allies. Recent reports from neutral sources have indicated that the Germans feared some such action by their little neighbor.

Cabbage Crop Enormous; Make Sauerkraut, is Plea

Washington, Aug. 1.—The rainy spell has resulted in such an enormous cabbage crop that the agricultural department issued an appeal today for the making of sauerkraut in large quantities in the interest of conservation.

The department's reports indicate that cabbages have come into the great market centers in the last few days in unprecedented lots, and that thousands of heads are about to rot in cars and on wharves.

TWO AMERICANS KILLED

Paris, Aug. 1.—Perley Raymond Hamilton, of Clinton, Mass., and James Wilson Galley, of New Park, Pa., members of the American Field Service, were killed Saturday. They left headquarters with one of the new sections less than a month ago.

The war cross has been awarded to three members of Section 2 of the American Field Service for distinguished services—John Ames, son of Professor Ames, of the Harvard Law School; Raymond Whitney, of Bedford, Ind., and Edward Diemer, of New York City.

BANDITS GET $12,000

Spokane, Wash., Aug. 1.—Two masked men to-day held up the cashier of the First National Bank of Medical Lake, sixteen miles west of here, and escaped in an automobile after scooping $12,000 into sacks.

Bowman's

BELL 1991—2356 UNITED HARRISBURG, WEDNESDAY, AUGUST 1, 1917. FOUNDED 1871

Every Package Carried by the Customer Helps Keep Prices Down

The suggestions of the Council for National Defense in eliminating the waste and correcting the abuses of the delivery system is meeting with instantaneous success.

The Co-operation Between the Shopping Public and the Store Is Marked

and women shoppers are meeting the new conditions with cheerful helpfulness and carrying parcels in a spirit of patriotism.

In addition to the help given our government in saving men, money and gasoline to carry on the war there is another practical application of interest to you.

The cost of all merchandise has increased so rapidly that the retail merchant can no longer make usual profits and keep prices down to a reasonable level. So this co-operation is one help to counteract to a certain extent the alarming increase in the wholesale prices stores must pay.

Get the "Carry Habit" in Your Shopping

——And do not order goods sent C. O. D. unless of extreme urgency.

——Then make reasonably sure that your first choice of selection is final that exchanging will be unnecessary.

——If you have to return goods for exchange it will be necessary to return same within five business days.

——These recommendations are all requested through the Commercial Economy Board of the Council of National Defense.

Very Dressy Looking Hosiery

The Kind That Women Delight in Wearing

Whether your preference leads you to select hosiery made of silk all the way through from garter top to heel or whether you select hosiery of silk to just above the shoe tops and lisle the rest of the way, no difficulty will be entertained in making a selection from our assortments to satisfy you.

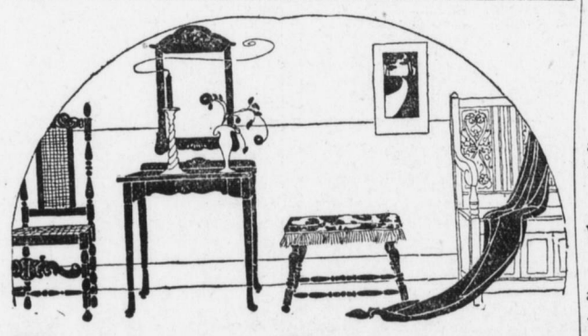
Women's thread silk boot hose, double soles, wide garter tops — colors only (samples). Pair, 65¢.

Women's thread silk hose in black and colors, double soles, high spliced heels, wide garter tops. Pair, $1.15.

Women's fibre silk and thread silk boot hose, double soles, high spliced heels. Pair, ...50¢

Women's 13-inch fibre boot hose—double soles, Pair, ...35¢

BOWMAN'S—Main Floor.



The August Furniture Sale Is Off With a Flying Start

Beautiful parlor, diningroom and bedroom suites—odd separate pieces for the living room in various woods—designs and finishes.

At Savings of From 10 to 50 Percent.

This furniture which we offer is the substantial kind.

Only the choicest of thoroughly seasoned woods are used in making it. Every joint is as carefully put together as the movements of a watch.

And this putting together is done by experienced cabinet-makers—men who are masters of their art.

Generations of substantial service can be gotten out of it.

The sale is on and will continue through the month.

——We advise as early selection as possible however, for some of the best things may be sold out early in the month.

A deposit will hold any purchase at the reduced prices for a later delivery—same will be stored carefully in our warehouse without charge.

You have the privilege of buying this furniture on the liberal club plan which will be explained to you by any of our salesmen.

BOWMAN'S—Fifth Floor.

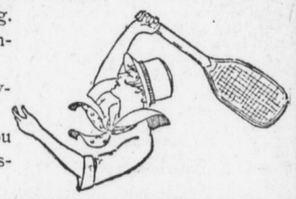
Half Holiday To-morrow

Store Hours Will Be From 8.30 O'clock A. M. to 12 O'clock Noon

Make an effort to do your Thursday shopping in the morning. Show that you are in hearty accord with the plan of giving employes a half holiday on Thursdays during the heated season.

And how much more comfortable it is to shop mornings anyway.

Try getting out to-morrow morning and see how pleased you will be with our service; a fine body of courteous, smiling salespeople to make your visit a decided pleasure.



Cool Comfort-giving Smart Voile and Organdy Waists at Very Attractive Prices

Some at Half Regular Prevai ling Figures For Like Style and Quality

The season's smartest mode is marked first by styles and materials that are cool and comfortable; second, the tendency is to the simple in line and the practical—especially the practical for the outdoor activities which are now so important in our national life.

The interesting waists we now herald at lowered prices emphasize these needs.

WAISTS AT $1.00

Waists of voile and voile and organdy combinations—trimmings of shadow lace, embroidery and hemstitching.

WAISTS AT $1.59

Cool, comfortable waists of voile and organdy—trimmed in many ways, including hemstitching, tucking, embroidery, scalloping and various kinds of laces.

WAISTS AT $1.95

The choicest and newest models represented in this showing of superior waists—fine French voile in very exclusive styles — trimmings of lace, tucks, embroidery and hemstitching. A myriad of new effects to choose from.

BOWMAN'S—Third Floor.

A Call to the Women of the Nation

President Wilson has called upon women of the Nation to the need of urgent food conservation.

He specifically urges that garden vegetables and fruits now so plenty over the land be not wasted; that it is everybody's duty to take care of what we have and save it all for future use.

This means the canning and drying of fruits and vegetables of every sort — and there is nothing but what can be saved for the time when there may be a shortage.

It is imperative to heed this call, for our soldiers and allies across the sea must be fed and we must see to it individually that we may be independent of the national resources, a great part of which will be sent abroad.

In Our Housefurnishing Basement Is An Exhibit of Everything For Preserving, Canning and Drying

Also an instructive demonstration in charge of Miss Mary Kathryn Brooke of Drexell Institute, who shows the most practical methods of canning and drying.

This is a most helpful demonstration and one which every housekeeper should attend.

Quality Shoes For Women at Attractive Prices

Newest footwear in white that speaks eloquently of the high character of the footwear we sell at moderate prices.

At $4.90 a Pair

We offer women's finest white buckskin and glazed kid high cut laced boots, pumps, oxfords and colonials.

At $2.65 a Pair

Women's white kid French heel turned sole colonials.

At 69c a Pair

For quick clearance—women's small size white duck pumps—not exchangeable.

BOWMAN'S—Main Floor.

The Clear-Away Sale of Rugs

You may never again have the opportunity to buy good rugs as cheap as we are offering the very best makes for.

You can practically choose from any size and for any use which the home might demand.

It is also a good time to buy a Whittall rug for we are closing out the dropped patterns at reduced prices and this opportunity comes but twice a year.

BOWMAN'S—Fourth Floor