

CANNING RULES ARE EXCHANGED BY HOUSEWIVES

YOU with hundreds of other housewives have successful methods of canning, preserving and drying foods and fruits which have either been handed down to you from generations of ancestors or which you have evolved.

Without previous experience, and with no other equipment than that to be found in almost every home, anyone, adult or child should be able to can food satisfactorily by the methods which follow.

They are a combination of the best methods found by the Government and the housewives of Central Pennsylvania. By the use of various vegetables, soups, meats, fish or practically any other food or combination of foods can be canned, as well as fruits and tomatoes.

The simple, general rules necessary for successful canning, by the one period, cold pack methods are given in the following.

VEGETABLE COMBINATIONS.—Corn and Tomato Combination.—Blanch fresh corn on the cob five minutes. Cold-dip quickly. Cut the corn from the cob, cutting it into

BELLANS Absolutely Removes Indigestion. One package proves it. 25c at all druggists.

UNDERTAKER 1740 N. 6th St. CHAS. H. MAUK BOHN PRIVATE AMBULANCE PHONES

Resorts ATLANTIC CITY, N.J. THE WILTSHIRE Virginia Ave. and Beach. Ocean view. Capacity 100. Bathing

Fireproof HOTEL WILLARD New York Ave. and Beach. Delightfully cool location. Full ocean view. Full ocean view

OSBORNE Pacific and Arkansas Aves. 300 yds. from Beach. BATHING ALLOWED FROM HOTEL

NELUNDY Virginia Ave. 2d New York Ave. and Beach. 1 minute to Steel Pier. Excellent cuisine

CONTINENTAL Tennessee Ave. near Beach. Always open. Private baths. Running water in rooms

ELBERON & Fireproof Annex. Tennessee Ave. nr. Beach. Cap. 40. Central location. Music dancing

LLEXINGTON Pacific and Arkansas Aves. Running water in rooms. Private bath. Music dancing

THE WESTMONT Ocean end Rhode Island Ave. Capacity 200. Always open. Sea water baths. Running water in rooms

Hotel Boscobel Kentucky Ave. near Beach. Bathing. Elevator. Fine table. Electric lights

Best located Popular Price Hotel in Atlantic City, N. J. NETHERLANDS New York Ave. 50 yards from boardwalk

HOTEL MAJESTIC Virginia Ave. and Beach. Cap. 200. Elevator. Private baths. Running water in rooms

Leading High-Class Moderate Rate Hotel ALBEMARLE Virginia Ave., close to Beach. Fine table. Electric lights

HOTEL SILVERTON Kentucky Ave. near Beach. Bathing. Elevator. Fine table. Electric lights

HOTEL KENTUCKY WITH FIREPROOF ANNEX Kentucky Ave. near Beach. Capacity 400. Majorities rooms with hot and cold running water

SAVOY HOTEL Surf Avenue and Beach. 200 feet from Ocean Pier. Private baths. Capacity 200. Booklet. W. H. GERSTEL, Owner and Manager

MEDDLER IS NOT A PEACEMAKER

Interesting Decision Handed Down by the State Compensation Board Today

A man who forsakes his duties and undertakes to give orders to another employee takes himself out of the course of his employment and assumes powers which do not belong to him, thereby forfeiting right to protection of the state compensation act, according to an opinion rendered by Chairman Harry A. Mackey

In the case of Pressler vs. General Refractories Company, Mr. Union, Commissioner John A. Scott laid down the policy of the board in regard to petitions to reopen agreements, saying that detailed statements proper causes are required

SELF GOVERNMENT It was hardly necessary to ask the man who had worked hardest for the passage of the Jones bill

FRUITS Soft Fruits and Berries.—These include apricots, cherries, currants, dewberries, figs, gooseberries, grapes, huckleberries, peaches, plums, raspberries and strawberries

After hulling, seeding, stemming, or skinning the fruit, place fruit in a strainer and rinse by pouring cold water over it from a strainer

Water bath 120 min. Water seal 120 min. 15 pounds steam pressure 45 min. Remove the jars; tighten the covers; invert the jars to cool and test the joints

Water bath 8 min. Water seal 8 min. 10 lbs. steam pressure 5 min. Remove the jars; tighten the covers; invert the jars to cool and test the joints

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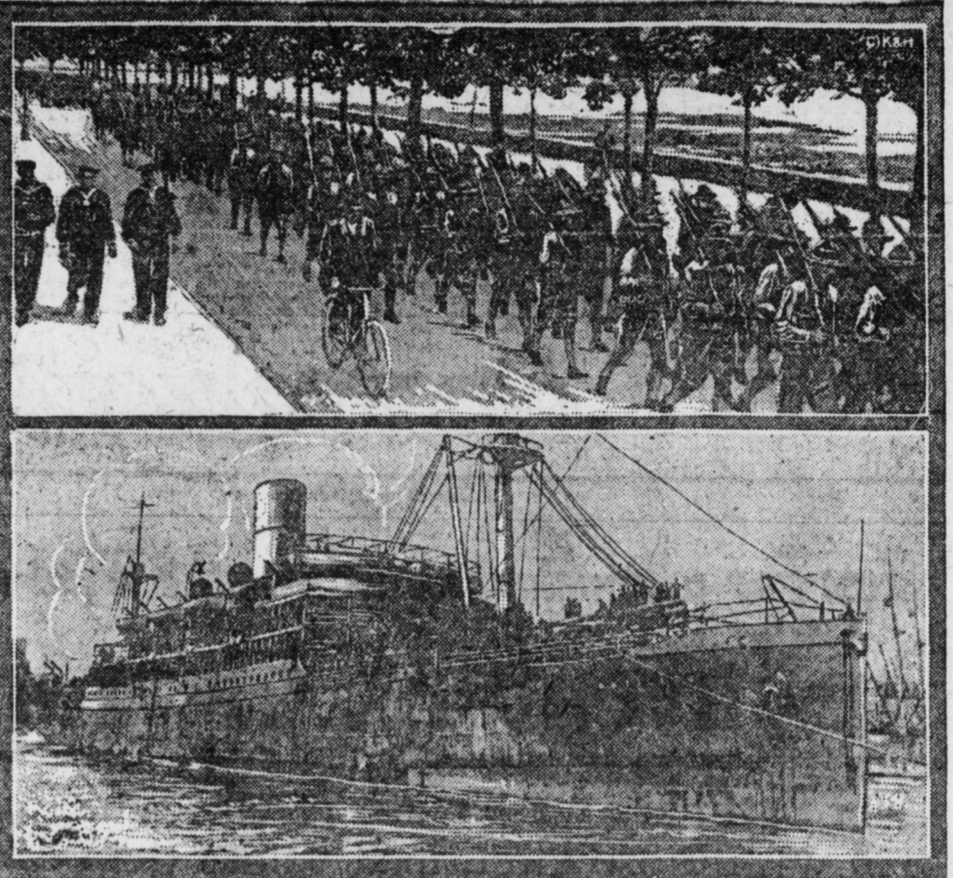
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PHOTOGRAPHS SHOWING AMERICAN TROOPS REACHING FRANCE



The upper picture shows the American troops marching to camp after they left the transport which took them to France. The lower shows the transport on which they arrived. The photograph was taken just as she was making the pier.

What Are We Fighting For?

By LAWRENCE F. ABBOTT of the Vigilantes

For hatred of the German people? No, we have too many friends and relatives in Germany and too many good neighbors and companions of German stock in this country.

For jealousy of the achievements of German science and scholarship? No, too many Americans owe perhaps the best part of their education to the German university system.

For the destruction of German music and poetry? No, too many of us as children were thrilled by the incomparable Kunderlieder, chorales and carols of the nation that gave birth to Bach, Beethoven, Brahms, Robert Franz, Schubert, Goethe, Heine and the brothers Grimm.

For the expulsion of the Germans from the University of the Philippines? No, too many of us remember joyous voyages across the Atlantic through the Mediterranean or among the islands of the Caribbean under stalwart and kindly captains who were as careful of the efficiency of their crews and the safety and comfort of their passengers as "Papa" Joffre is of the skill and welfare of his poilus.

What, then, are we fighting for? Why is practically the entire civilized world arrayed in arms or anti-panama? The answer is simple: For fifty years Germany has been the greatest military power in Europe. Originally created for defense her army has been fostered and fashioned into a supreme manifestation of nation power.

Two factors enter into the present attitude which were absent two years ago. The first is the realization that America intends to give us our independence. Never until the passage of the Jones bill were we certain that such was the policy of the United States.

It seems almost incredible that modern scientists and scholars should argue in behalf of bloody warfare like medieval kings. But such is the fact in Germany. Dr. Ostwald, a distinguished German university professor, winner of one of the great Nobel prizes in chemistry, said in a public interview early in the war that Germany was fifty years ahead of the rest of the world in culture and social organization

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Lemoine Racket Stars Defeat Harrisburg Players

Slothower and Fetterow, representing the Arvan Racket Club of Lemoine, defeated Lyle Fink and E. Sautler, of Harrisburg, in a tournament on the Lemoine courts yesterday afternoon. The scores were 11-9, 4-0 and 11-3. All three sets were closely contested, neither team having an advantage over the other. In a set of singles Fetterow defeated E. Sautler 7-5.

Grey, implored the Kaiser to sit at a round table conference and see if the dispute could not be settled by international agreement instead of by war.

Now the intellectual German is invariable in his logic. Given a certain premise, he will follow it to the bitter end no matter what it may be. And if the German premise in this war is right then every one of their deeds in the war is justified.

If war is a "biological necessity," if the "will to power" is the great motive virtue, if the strong are blessed for they shall inherit the earth, "knows no law," if military necessity is the "highest form of social efficiency," then all the acts of the German army are virtuous and splendid; the rape of Belgium, patriotic, not traitorous; the sinking of the Lusitania was heroic, not dastardly; the Zepplin bombardment of London was justifiable; the shooting of Nurse Cavell was reasonable; the ruthless devastation of Northern France was civilized, not barbaric; and it is criminal as the Germans assert, for Americans to interfere.

What, then, are we fighting for? We are fighting because we hold that the Pan-German premise is false and that the Pan-German doctrine of life which they are trying to impose by force is destructive of the world as we know it.

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10,000 ATTEND PENMAR REUNION

Annual Meeting of Lutheran of Five States Held in Blue Ridge Mountains

Waynesboro, Pa., July 27.—The thirty-first annual reunion of the members of the Lutheran churches of Maryland, Virginia, West Virginia, Pennsylvania and District of Columbia, was held at Pen Mar Park yesterday, and the attendance was placed at 10,000 persons, who went there by train, trolley and automobile, while many went on foot.

Rev. George W. Enders, of York, which made his eighteenth year as chairman. Eloquent addresses were made by the Rev. Dr. Victor Tressler, president of the general synod, who spoke on "The Reformation and the Bible," while the Rev. George S. Bowlers, D. D., of the United Synod, South and the Rev. Prof. Harvey Hoover, president of Carthage College, Carthage, Ill., spoke on "The Reformation and Practical Christianity."

Music during the day was furnished by Prof. John Bohl's Pen Mar orchestra, and the Loyalville Orphan band.

Bank Director Asked to Resign For Signing Bond

Waynesboro, Pa., July 27.—A storm of protest was raised at Lemasters when it was found that D. H. Nelkirk, vice-president of the reorganized bank, had signed the bond of Enos D. Myers, the defaulting cashier of the now defunct Lemasters Bank, and at a meeting of the directors his resignation was asked for.

The resignation was immediately presented and formally accepted. Mr. Nelkirk is a heavy stockholder of the Peoples Bank and is a wealthy farmer of the Lemasters district. There has been considerable feeling aroused because of the large sums of money lost by the transactions of the defaulting cashier and the directors deemed it wise to ask for the resignation of Mr. Nelkirk.

Advertisement for 'BOOKS REAL SHOE MAKERS' featuring a shoe sale. Includes address '217 Market St. Opposite Court House' and lists various shoe types and prices like 'Women's Evening Slippers \$1.25', 'Men's Oxfords \$2.45', and 'Boys' Play Shoes \$1.75'.