Woman Lends \$20,000,000 to British Government

London, April 18. — The largest woman subscriber to the war loan in England is Miss Emily Tablot, of Galmorgan. Miss Talbot, who is 77 years years old, is the daughter of C. R. M. Talbot, who sat in the House of Commons for sixty years and died in 1890, leaving a fortune estimated at £8,000,-000 to his daughter. Her land holdings of over 40,000 acres include several thousand acres of valuable coal deposits, and nearly the whole of Port Talbot railway and docks.

Miss Talbot's contribution to the war loan is estimated at £4,000,000. This is quite characteristic of the woman, who has been known to go to great lengths to avoid publicity in connection with her philanthropies. Her favorite device to avoid publicity is to contribute a comparatively small sum to a charity in her own name and then add two or three much larger donations anonymously. Thus, her open subscription to the war loan was for 580,000, although in roundabout ways it has become known that she is the holder of about fifty times that amount.

Miss Talbot, despite her age, keeps her hand on her own business affairs, and her property has greatly increased in value during her twenty-seven years' stewardship. She has a London house on Cavendish Square, but spends a considerable part of her time in Wales.

Don't Let Soap Spoil Your Hair

When you wash your hair, be careful what you use. Most soaps and prepared shampoos contain too much alkali, which is very injurious, as it dries the scalp and makes the hair brittle.

The best thing to use is just plain mulsified cocoanut oil, for this is pure and entirely greaseless. It's very

cheap, and beats the most expensive soaps or anything else all to pieces. You can get this at any drug store, and a few ounces will last the whole family for months.

Simply moisten the hair with water and rub it in, about a teaspoonful is all that is required. It makes an abundance of rich, creamy lather, cleanses thoroughly, and rinses out easily. The hair dries quickly and evenly, and is soft, freesh looking, bright, fluffy, wavy and easy to handle. Besides, it loosens and takes out every particle of dust, dirt and dandruff.

DRINK WATER TO AVOID SICKNESS

Glass of hot water before break-

stomach, liver and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the phosphated hot water is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, billious spells, stomach trouble, rheumatic stiffness; others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store. This will cost very little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.

"Pape's Diapepsin" relieves stomach distress in five minutes.

"It is not probable that a successor will be elected until next Tuesday. Commissioner Gorgas becomes acting Mayor by law until the vacancy is filled.

Dr. Ezra S. Meals was born at Bendersville, Adams county, July 28, 1851. a son of Samuel and Elizabeth Rice more more a pronounced crank on the subject of internal sanitation.

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Dr. Ezra S. Meals was born at Bendersville, Adams county, July 28, 1851. a son of Samuel Meals, His father, Samuel Meals, spent his entire life in his native township and was a blacksmith by trade. For twenty-five years he was justice of the peace.

LADIES! DARKEN

MEN WHO WILL RUN RAILWAYS OF U. S. DURING WAR



TO BE HELD FRIDAY

will be assisted by the Rev. Dr. Robert Bagnell, pastor of Grace Methodist Church, and the Rev. W. R. Picken, of Shippensburg, a brother-in-law. Burial will be made in the Harisburg cemetery. Six officers from the city police force will be active pallbearers, and honorary pallbearers will include one representative from each organization of which the Mayor was a member. Council will probably attend the serv-

Academy of Medicine, Dauphin County

Academy of Medicine, Dauphin County Medical Society, and probably the Harrisburg Lodge of Eliks will take some action as a/mark of respect and extend their sympathy to the family.

Sons at His Side

Lingering near death for hours, Mayor Meals passed away at 12:50 o'clock this morning, with his sons Harry and Dale, a nurse and hospitul physician at his bedside. Since early yesterday afternoon he was unconscious.

Glass of hot water before breakfast daily keeps the doctor away.

Sanitary science has of late made rapid strides with results that are of untoid blessing to humanity. The latest application of its untiring research is the recommendation that it is as necessary to attend to internal sanitation of the drainage system of the human body as it is to the drains of the man body as it is to the drains of the flows.

Those of us who are accustomed to feel dull and heavy when we arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, the state of the most noticeable of these in the traffic force. Realizing the increasing dangers at street intersections.

RID STOMACH OF GASES, SOURNESS, AND INDIGESTION

is too valuable; you mustn't injure it

is too valuable; you mustn't injure it with drastic drugs.

Pape's Diapepsin is noted for its speed in giving relief; its harmlessness; its certain unfailing action in regulating sick, sour, gassy stomachs, Its quick relief in indigestion, dyspepsia and gastritis when caused by acidity has made it famous the world over.

Wenty-five years he was justice of the peace.

Dr. Meals received his early education in the public schools of Bendersville, later attending the Gettysburg Normal School and the Tyson Academy, of Flora Dale, Pa.

He began the study of medicine with Dr. E. W. Mauma, of Bendersville, reading with him for one year, Later he studied with his brother, Ira J. Meals, at Mill Creek, Huntingdon county.

Use Grandma's Sage Tea and Sulphur Recipe and Nobody Will Know.

Keep this wonderful stomach sweets are in your home—keep it handy—get a large fifty-cent case from any get and course and forms gas a large fifty-cent case from any get and course and forms gas causes headache, disclasses and forms gas cau



TIMELY HINTS FOR THE HOME GARDENER

Cultivation of the Home Garden

Washington, D. C., April 16 .- The ! ful in early spring not to dig the importance of thorough and continuous ground when the soil is too moist, so cultivation in the home vegetable gar- he should be careful later in the seaden is pointed out in a new farmers' son not to cultivate too soon after den is pointed out in a new farmers' son not to cultivate too soon after bulletin of the United States Department of Agriculture, No. 818. "The Small Vegetable Garden." After the seeds have sprouted or after the plants have been set in their permanent location, continued cultivation becomes the excess moisture from a rain has the excess moisture from a rain has the excess moisture from a rain has quire attention, however, as soon as the excess moisture from a rain has soaked in or partially evaporated. Unless the ground is stirred at this time a crust will form almost inevitably. Such a crust, besides restricting the plants, prevents the access of air and also facilitates the loss of moisture through evaporation.

have been set in their permanent location, continued cultivation becomes necessary.

The gardener should never permit the surface of the soil to become a baked or even to form an appreciable crust. Constant stirring with hand tools or a wheel cultivator should be practiced between the rows and about the plants. Such a stirring permits the air to penetrate the soil, where it facilitates chemical action and bact terial activity, destroys weeds which otherwise would utilize large amounts of plant food, and, finally, conserves the moisture supply. The rake is perhaps the gardener's most valuable tool in cultivating. This can be passed backward and forward over the ground in the plants give evidence of suffering the plants, prevents the access of air and also facilitates the loss of moisture that the country of plant food, and, finally, conserves the moisture supply. This can be passed backward and forward over the ground the plants give evidence of suffering the plants, prevents the access of air and also facilitates the loss of moisture the plants, prevents the access of air and also facilitates the loss of moisture the plants, prevents the access of air and also facilitates the loss of moisture the plants, prevents the access of air and also facilitates the loss of moisture the plants, prevents the access of air and also facilitates the loss of moisture the plants, prevents the access of air and also facilitates the loss of moisture the plants, prevents the access of air and also facilitates the loss of moisture the plants, prevents the access of air and also facilitates the loss of moisture the plants, prevents the access of air and also facilitates the loss of moisture the pl

tions in the business district, the

tions in the business district, the Mayor increased the force and decided on a thorough study of systematic despatching of vehicles at the crowded corners.

This was followed by orders to all traffic officers to use a uniform signal system in opening streets, together with slight changes in other rules to make the entire scheme a success.

Mayor Meals often said while in office his greatest aim was to have satisfactory municipal government, and spent hours at a time in conferences with the late Chief of Police J. Thomas Zeil, the present Chief, then Lieutenant Wetzel and Captain Thompson, who was given charge of the traffic work.

Waged Successful Campaign

The Mayor's efforts to please won for him many friends. His ready wit and kindly interest in the many people he knew made him one of the most successful ever waged by a candidate for office. At the primary election the Mayor received more than fifty per cent. of the total votes cast for the office and at the general election his name appeared alone on the ballot.

At is not probable that a successor

Urged to Plant Corn in

Urged to Plant Corn in Place of Usual Tobacco

The Hague, Netherlands, April 18.

With twenty-four million dollars worth of tobacco, or 500,000 bales, still lying in the Island of Java awaiting shipment to the Dutch market, and with every prospect of shipment being long delayed, an urgent admonition has gone forth to the natives there from the Dutch Governor General to plant corn and other food products in place of their usual tobacco crop.

Last year the Java tobacco crop

Wielded about 776,000 bales, a record figure. As a result of an abnormally heavy rainfall, this yearls crop tallty in England last year was the lowest in the history of the country, being 91 per 1,000 births. Based on an estimated population of 36,250-400 in England and Wales, the birth rate 14.0 and the marriage rate 15.4 per 1,000.

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No War Clause Yet

THE PENN MUTUAL LIFE INSURANCE COMPANY **PHILADELPHIA**

E. R. ECKENRODE, General Agent 604 Kunkel Building, Third and Market Sts.

Bell Phone 1316

HARRISBURG, PA.

April 17, 1917.

Important Notice

To the Insuring Public:

The Company has in preparation a war clause to become effective at an early date. In the meantime, and until further notice, the following rules will be observed with reference to new issues:

Single men age 25 and under

Single men age 26 to 29 inc.

Married men age 25 and under

Married men age 26 to 29 inc. No Term Insurance

If not a member of the National Guard or enlisted in any of the branches of the Army or Navy, limit total insurance in company to \$2,500.

No Term Insurance

If not a member of the National Guard or enlisted in any of the branches of the Army or Navy, limit total insurance in company to \$5,000.

No Term Insurance

If not in the Guard or any military or naval organization, limit total insurance in the company to \$10,000.

No Term Insurance

If not in the Guard or any military or naval organization, limit total insurance in the company to \$20,000.

Without obligation, please send additional Date of Birth

Yours respectfully

E. R. Eckenrode

General Agent

Making a Friend of Your Newspaper

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Why do you make friends with one man and merely have a speaking acquaintance with another who outwardly has just as many points to recommend him?

Simply because one has tastes in common with yours, while the other has habits that do not appeal to you.

Yet you pass no snap judgment on your friends to be; you weigh them well before you invite them to your home to meet your family. And you would very speedily put an end to the visits of any man who dropped in each morning to give your wife and children the details of the latest scandal, to show them pictures of scantily clad women, to teach them slang and practical jokes, or who ranted loudly and inaccurately about momentous ques-

Would you encourage the visits of such a man?

You would NOT.

But have you ever looked at your daily newspaper in that light? Have you ever considered the character of the influence it is exerting over your family? If not, there is no better time to begin than right now.

Of Philadelphia's newspapers that one which is the choice in the "worthwhile" homes is The Record. A newspaper that for nearly fifty years has been known as "Always Reliable," because it is clean, dependable, safe, sane and sensible.

It is a newspaper well worth cultivating and worthy of the respect of thinking men and women,

> Tell your newsdealer to serve it to you regularly or notify us and we will attend to it for you.

THE PHILADELPHIA

THE PERSON NAMED OF THE PERSON NAMED AND INCOME BEING DESCRIPTION OF THE PERSON NAMED AND DESCRIPTION

RECORD BUILDING

PHILADELPHIA