

# FOODS THEY BUILD OR DESTROY

### AMAZING BUT RARELY SUSPECTED TRUTHS ABOUT THE THINGS YOU EAT

By ALFRED W. McCANN

#### CHAPTER 188

Veterinarians must be free agents—they must be subject of no official oppression—they must fearlessly carry on the constructive activities to which their oath of office assigns them—otherwise they become an actual menace to civilization—the Gill-Griessman case does much to make the people understand the gruesome consequences which grow out of political interference with public health matters.

Frank Glushenok, farmer, Route 2, Yantic, Conn., has purchased many horses from Cohen Alex during 1915 and 1916. He always had them tested by the same veterinarian, Dr. Griessman. They had always been shipped through the hands of the State officials on Dr. Griessman's certificate.

There was no reason why on gray mare, blind left eye, flea-bitten, ten years old, sixteen hands high, free from standers, should not have been shipped to him Friday, February 9, 1917.

Dr. Griessman, however, had filed charges against Dr. Gill, who pretentiously had honored all of Dr. Griessman's certificates.

While these charges remained secret Gill accepted the Griessman certificates. Within four hours after they had been made public Gill rejected them. Dr. Griessman's name had suddenly disappeared from the approved list.

The public must derive small measure of consolation from its knowledge that while it was kept uninformed concerning the relations of Dr. Gill Mr. Dr. Griessman, Dr. Griessman's certificates were "good," whereas the moment the facts were aired Dr. Griessman's certificates became "worthless."

The politics that thus discriminated against a servant of the people who appreciated the meaning of his oath of office knew when it announced its excuse for rejecting his certificate that he was a qualified member of the New York Veterinary Medical Association.

It knew that he had been passed by the Board of Censors of the New York State Veterinary Medical Association.

It knew that he had been legally licensed and legally registered.

It knew that he had served with Professor Williams of Cornell on the prosecuting committee of that association.

It knew that on the strength of his certificates and tagged, strapped, and authorized for shipment hundreds of horses from New York State to all the other States of the Union.

It knew that the inner circle had never been able to muzzle him; had never been able to rest easy upon the reliance that he would stand by, side.

## NOW FREE FROM PAIN

### Woman Cured by Lydia E. Pinkham's Vegetable Compound after Three Years Suffering.

Buffalo, N. Y.—"I am the mother of four children, and for nearly three years I suffered from a severe trouble with pains in my back and side and a general weakness. I had professional attendance most of that time but did not seem to get well. As a last resort, I decided to try Lydia E. Pinkham's Vegetable Compound which I had seen advertised in the newspapers, and in two weeks noticed a marked improvement. I continued its use and am now free from pain and able to do all my household work."

Mrs. B. B. ZIELINSKA, 216 Woltz Ave., Buffalo, N. Y.

Women who recover their health, naturally tell others what helped them. Some write and allow their names and photographs to be published with testimonials. Many more tell their friends.

If you need a medicine for women's ailments, try Lydia E. Pinkham's Vegetable Compound. Write Lydia E. Pinkham Medicine Co. (confidential) for anything you need to know about these troubles.

Miller's Antiseptic Oil Known As Snake Oil

Will Positively Relieve Pain in Three Minutes

Try it right now for Rheumatism, Neuralgia, Lumbago, sore, stiff and swollen joints, pains in the head, back and limbs, corns, bunions, etc. After one application pain disappears as if by magic.

A new remedy used internally and externally for Coughs, Colds, Croup, Sore Throat, Diphtheria and Tonsillitis.

This oil is conceded to be the most penetrating remedy known. Its prompt and immediate effect in relieving pain is due to the fact that it penetrates to the affected parts at once. As an illustration, pour ten drops on the thickest piece of sole leather and it will penetrate this substance through and through in three minutes.

Accept no substitute. This great oil is golden red color only. Every bottle guaranteed, 25c, 50c and \$1.00 a bottle, or money refunded. Write to Geo. A. Gorgas' Drug Store, Harrisburg—Adv.

## CREME AILAS

Non-greasy Toilet Cream — Keeps the Skin Soft and Velvety in Rough Weather. An Exquisite Toilet Preparation, 25c.

GORGAS' DRUG STORES  
14 N. Third St., and F. R. R. Station

## FLORIDA "BY SEA"

Baltimore to JACKSONVILLE (Calling at Savannah)

Delightful Sail  
Fine Steamers, Low Fares, Best Service, Plan Your Trip to Include "Finest Coastwise Trips in the World"

Illustrated Booklet on Request. MERCHANTS & MINERS' TRADING CO. W. P. TURNER, G. P. A. Baltimore, Md.

lent and inactive, while the wires of special privilege, dishonesty, and incompetence were being pulled for the benefit of a few at the expense of the many.

It knew that on the strength of his rejected certificates \$3,169.32 of the State's money had been paid to fifteen horse owners during 1916 alone.

It knew that his certificates had been approved on eighty-seven occasions involving the testing of 217 horses between the dates of January 2, 1915, and February 8, 1917.

It knew that no question had ever been raised regarding his integrity.

It knew that he was exactly the same sort of veterinarian February 9, 1917, as he had been since the regents of New York admitted him to practice July, 1909.

It knew that he had annually registered himself pursuant to law showing his continued good standing in his profession.

It knew that an annual certificate had been issued to him by the State authorities since the date of his admission to practice.

Yet it suddenly discovered, or pretended to discover, that Dr. Griessman's name was not on the "approved list."

The boldness of this effort to discipline a man who refused to play politics in the performance of his public duties reveals more than any other one episode within my knowledge the brazen contempt manifested by politicians either for public decency or public utility.

In the Russianizing of one department of State government the abuse of authority in injuring a citizen who dares to criticize the tyrannical acts of his superiors menaces the integrity of every person of the veterinary profession.

It is to the veterinary that we must look for the protection of the health of our animal industry.

Yet the Gill-Griessman episode serves notice upon all veterinarians that they are not fire agents; that they are subjects of official oppression; that they must not, dare not, and can not carry on the work for which their special education equips them and to which their oath of office commands them.

### Says High Wage For U. S. Sailors Will Handicap America

New York, March 12.—Higher wages paid sailors on American as compared to English merchant ships will handicap this country at the close of the war in its competition with England for commercial supremacy of the seas, according to Dr. George Sidney Webster, of the American Seamen's Friend Society.

Dr. Webster's opinions are based on observation in a number of American ports and especially in the port of New York where a large sailor's home is maintained on the North river waterfront.

"The increased merchant ship production in this country," says Dr. Webster, "will not of itself give the United States a commercial supremacy of the seas, although in 1916 the output for probably the first time in history approximated that of Great Britain."

This increased production will not entirely fly under the American flag, but even a large percentage of the ships which should be under American ownership will be under foreign registry at the end of the war, when the protection afforded by the American flag is no longer necessary and the lower wages paid on foreign ships will offer a great inducement for foreign registry."

Germany's Dream of Empire Not Ended

London, March 14.—"Germany's aim to extend her dominion from Antwerp to the Indian Ocean is by no means defeated and will not be defeated until the end of the war," said Earl Curzon, member of the British War Council and former viceroy of India, in the House of Lords the other day in reply to a question by Lord Bryce, former ambassador to the United States.

Lord Curzon said that while the Turks still are in possession of 26,000 square miles of territory in Persia, the Russian troops are barring their further advance in that country.

Persia was the scene of trouble soon after the outbreak of war. The popular theory in this country is that it was engendered by German agents with a view to furthering Germany's dream of a dominion from the Atlantic coast to the Indian ocean.

In explaining the state of things in the near East, Lord Curzon said that the prospect of German success in Persia was best in August last, but that since that date it had greatly lessened so that now the situation there was almost satisfactory to the British government.

To aid the Russians in clearing out the Turks, Lord Curzon said reinforcements are now being sent from India and that it was hoped to restore order there before many months.

"We seem to be in a fair way," continued Lord Curzon, "to be consolidating the position against the Ottoman power. I cannot say that the situation is altogether free from anxiety. Turkish troops have still to be turned out from the western portions of Persia. The southern part and shores of the hinterland of the Persian gulf are still in a state of disorder, and the trade routes are not yet all opened. But I think we may say that the worst is over, and the particular link Persia has supplied in this great German chain of ambitions has been forcibly twisted aside, if it has not been broken."

### King Decorates Irish Chorus Girl For Pluck

London, March 14.—The Dublin rebellion of Easter Monday last year was recalled at Buckingham Palace the other day when the King decorated with the Military Medal Miss Louise Nolan, a chorus girl, for heroism in dragging wounded officers and soldiers to safety under heavy fire.

The inscription on the medal read: "For bravery in the field."

Miss Nolan was coming home from her music lessons in Dublin on Easter Monday when she heard firing and saw wounded men lying in the street. Throwing down her music roll she ran to them and dragged them to safety. Although soldiers were killed beside her, the girl returned to help more wounded and then ran through a hail of bullets to get bandaged for them.

Describing her visit to Buckingham Palace to receive her reward, Miss Nolan said: "A gentleman came to tell me what to do and how to courtesy to the King. He was very nice and then my name was called and I was shown into a beautiful room which was all in red and there I saw the King. He pinned the medal on my dress and shook me warmly by the hand, and I took good care to give him a good shake of the hand in return. I was very proud to hear him speak my name."

### PLAYGROUND FOR COLUMBIA

Columbia, Pa., March 14.—A rumor has gained credence here that a big stock company, now in process of organization, proposes to erect a modern playhouse, or picture show, that will have a seating capacity of 600 to 800 people.

### RUSS MAKE OWN SAWS

Petrograd, March 14.—A thousand wood-saws per month are being manufactured at the new government factories in the Ural region. Russia has hitherto obtained all her wood saws from Sweden.

### SAID THAT COLUMBIA AND LANCASTER CAPITAL IS BEHIND THE PROJECT.

It will be located in the center of the town, in the business section, and is to be equipped with every modern appointment. It is

### WOOD-SAWS PER MONTH ARE BEING MANUFACTURED AT THE NEW GOVERNMENT FACTORIES IN THE URAL REGION.

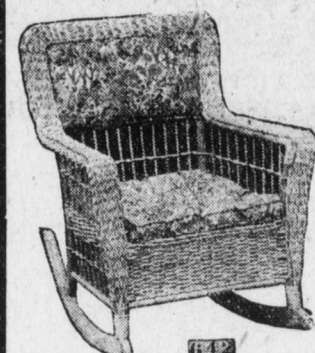
Russia has hitherto obtained all her wood saws from Sweden.

Burns & Co. "Where Your Mother Bought Her Furniture" Burns & Co. Invite You Here

# ANNUAL SPRING OPENING SALE

A presentation of the newest and most desirable patterns in good furniture and fine floor coverings that will far outclass any previous Spring Opening that we ever held. We invite you to come on the opening day while our great assortments are complete and look through with us. See the beautiful new rugs and linoleums—look over the new 1917 styles in furniture—note the low prices—have us reserve the articles you are going to need this Springtime. You need not pay us all cash on what you buy—your credit is good for any amount. Open a charge account with this big firm of house furnishers—Buy all the home comforts you need NOW and pay us in easy monthly payments LATER.

### A Fibre-Reed Rocker or Chair . . . . \$9.50



The chair and rocker are covered in good quality tapestry that will give excellent service; suitable for the home (in any room) or for your porch. Has well padded back and seat, broad arms and is very roomy. The price is special for our Spring Opening Sale.



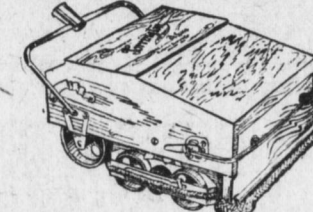
Very desirable colorings are shown here at the Spring Opening Sale. Suitable for any room where inexpensive rugs are required; all sizes.

### Reed Sulky \$5.49



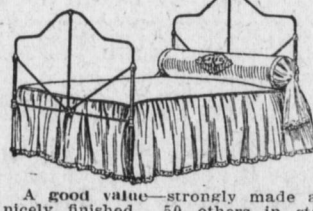
An Excellent Value Roomy & Very Springy

### The "Reliance" Vacuum Sweeper



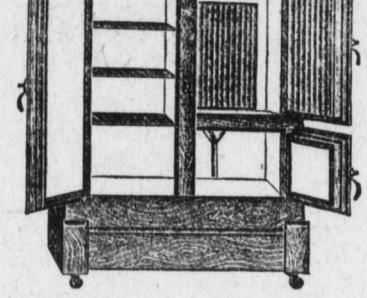
On Easy Club Terms Mahogany finished and well made, at a special Opening Sale Price. Others \$7.50 AND UP

### White Iron Bed \$4.98



A good value—strongly made and nicely finished. 50 others in steel, wood or brass at any price you want to pay. A good Mattress, at \$6.50.

### Spring Showing of 1917 Refrigerators



Our big 1917 line of dependable Refrigerators are here for Big Opening Sale. All sizes and styles are represented. Prices are "way down" as we placed our order for our entire stock over seven months ago—long before the heavy advance in prices. Better come in now and select yours, for at our extra low prices, many of the most desired sizes will move out fast, and later will not be obtainable. Come in to-day—choose the style you wish—pay us in easy weekly or monthly payments.

### Oak Dresser \$10



Has Plate Mirror and Roomy Drawers.

### A "Fireside Style" Tapestry Covered



Rocker or Chair \$22

A large, full spring seat, wing style fireside rocker or chair, covered in good quality tapestry; special for the big Opening Sale

### A Safe Place For Your Winter Clothes \$13.50



Colonial Style--Large 42 Inch Size 75c Weekly

Strongly built of odor Red Cedar—a sure protection for costly furs and garments against dampness and the destructive moth.

### See Our New "Pullman" Revolving Seat Davenport \$35 and up



The "Revolving Seat" feature (found in these fine Davenports only) make them more desirable than the old style, because with two motions they are instantly converted into a full size bed. Tapestry and leather upholstery, with golden, fumed, or mahogany frames are here for the Opening Sale all on easy terms.

## You Can Now Well Afford to Have a Cozy Home of Your Own "The Ideal" 3 Room Outfit \$125

Gives You Everything You Need to Keep House On Liberal Terms



### The Bed Room

The sleeping room furnishings are a full size steel bed, a golden oak Dresser with plate mirror, a Rug for the floor; an all steel spring and a good durable Mattress.

### The Dining Room

This room outfit consists of a Round Top 6-ft. Extension Table, 6 Dining Chairs, a roomy Buffet with mirror, and a room size Rug for the floor.

### The Kitchen

Finishing includes an even baking range with pipe; kitchen table with drawer, and two hardwood chairs. This room outfit can be omitted and furnishing for a livingroom substituted, if you so desire.

### 9x12 Tapestry Rugs Good Colorings \$15

# Burns & Co.

FURNITURE, FLOOR COVERINGS

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### "White Wonder" Kitchen Cabinets at \$21-\$25 to \$36 \$1 a Week