"The Chicago Diet Squad" succeeded in cutting down the average cost of each meal to 8-1/3 cents in spite of the high cost of foods. And the squad waxed fat and hearty. The most expensive foods are generally the least nutritious. Two Shredded Wheat Biscuits with milk make a perfect meal, containing all the nutriment any man or woman needs for a half day's work and at a cost of four or five cents. Shredded Wheat has all the body-building material in the whole wheat grain in a digestible form. For breakfast with milk or cream, or for any meal with fruits.

"California Syrup of Figs" can't harm children and



Mother! Your child isn't naturally cross and peevish. See if tongue is Court Decree Gives Farmer coated; this is a sure sign the little stomach, liver and bowels need a cleansing at once.

taken into court by an appeal, the bottle.

Keep it hardy in your home. A little given to-day saves a sick child to-morrow, but get the genuine. Ask your druggist for a 50-cent bottle of "California Syrup of Figs." then see that it is made by the "California Fig Syrup Company."

taken into court by an appeal, the parties agreed on the facts and asked the court to determine as a matter of law whether or not such conviction was proper.

GARDNER OF MASSACHUSETTS He became State senator and mem-

SAYS HOT WATER WASHES POISONS FROM THE LIVER

Everyone should drink hot water with phosphate in it, before breakfast.

To feel as fine as the proverbial field, we must keep the liver washed clean, almost every morning, to prevent its sponge-like pores from clog-ging with indigestible material, sour

all denote liver uncleanliness. Your liver is the most important, also the much abused and neglected organ of the body. Few know its function or how to release the dammed-up body waste, bile and toxins. Most folks resort to violent calomel, which is a dangerous, salivating chemical which can only be used occasionally because

dangerous, salivating chemical which can only be used occasionally because it accumulates in the tissues, also attacks the bones.

Every man and woman, sick or well, should drink each morning before breakfast, a glass of hot water with a teaspoonful of limestone phosphate in it, to wash from the liver and bowels the previous day's indigestible material, the poisons, sour bile and toxins; thus cleansing, sweetening and freshening the entire alimentary canal before putting more food into the stomach.

Limestone phosphate does not to

the stomach.

Limestone phosphate does not restrict the diet like calomel, because it can not salivate, for it is harmless and you can eat anything afterwards. It is inexpensive and almost tasteless, and any pharmacist will sell you a quarter pound, which is sufficient for a demonstration of how hot water and limestone phosphate cleans, stimulates and freshens the liver, keeping you feeling fit day in and day out.

-Good Printing-The Telegraph Printing Co.

ARMY BLANKETS AND HOSPITALS

MONDAY EVENING.

Dr. Dixon Gives Some Pointers in Regard to Their Use For Indoors

Just because the United States army blankets are good is no reason why they are fitted for everything declares Dr. Samuel G. Dixon, the State Commissioner of Health. Dr. Dixon gives these views on the subject.

ect: United States army blankets are not United States army blankets are not economical for private or permanent hospital use. For the reader to fully appreciate this criticism he must disabuse him mind of a common fallacy that the purpose of blankets and clothing is to give heat off to the body. Blankets and clothing only retain the heat of the body by preventing it from being taken off by the general atmosphere. Therefore, you want blankets soft and pliable so that they will fall of their own weight and fit snugly to the body, so as to prevent the air from the body, so as to prevent the air from circulating between the blanket and

for any meal with fruits.

Made in Niagara Falls.N.Y.

MONDAY EVENING DANCE
The Monday Evening Dancing Club will hold a dance this evening in Winterdale with the Myers orchestra playing.

Over a hundred invitations have been issued and the event promises to be most delightful. On the committee of arrangements are Dr. S. I. Cadwallader, Dr. B. E. Wright, W. A. Caley and Mr. Morton.

CHILD GETS SICK,
CROSS FEVERISH
IF CONSTIPATED

Look at tongue! Then give fruit laxative for stomach, liver, bowels.

Or any meal with fruits. Hebody, so as to prevent the air from the body. The blanket is woven so closely and becomes so rigid when thrown over the bedy that it fails to fall in close, but stands out and permits an air space between itself and the body. This interferes with it sheat-retaining qualities to the extent that after practical application in our large hospitals in the Commonwealth of Pennsylvania we find in the cold high mountain regions woven blankets instead of having to use five army blanket as made originally so that it would be strong and could be used in active campaigns, where it had to be carried on the soldiers' backs, or on saddles of horses, or in the supply wagon. Owing to the fact that they were made of all wool, had long lives, and were made in a substantial way, they soon found their way into general use, particularly into hospital use, and more especially into hospital use, and more especially into hospital use, and more especially into hospital way. The State Department of Health of Demasselvania has its blankets made ac-

The State Department of Health of Pennsylvania has its blankets made according to the following specifications:

Double blankets to be not less than 50 inches long by not less than 60 inches wide when finished. Weight to be 4½ pounds per pair when finished. Warp—To to of cotton, long staple. To be well carded and evenly spun, of No. 14 yarn, 43 threads to the inch. Filling—To be blend or mixture or not over 20 per cent. cotton. Balance to be pure wool, staple good and true, 22 picks to the inch in finished product. Color to be medium gray.

Border—No border.

Binding—Each pair of blankets to The State Department of Health of

Border—No border.

Binding—Each pair of blankets to be bound on the ends with a 2-inch gray mohair binding. To have two rows of stitching 1-4 inch apart and to count about six stitches per inch.

Embroidering—Each pair of blankets to be embroidered with the letters P. S. C. S. 4½ inches high. To be in center of blanket.

Note—A blanket showing the general design and construction is on file in the Philadelphia office.

Right to Kill Deer When

cleansing at once.

When listless, pale, feverish, full of cold, breath bad, throat sore, doesn't cat, sleep or act naturally, has stome ach-ache, diarrhoea, remember, a gentle liver and bowel cleansing should always be the first treatment given.

Nothing equals "California Syrup of figs" for children's ills; give a teaspoonful, and in a few hours all the foul waste, sour bile and fermenting food which is clogged in the bowels passes out of the system, and you have a well and playful child again. All children love this harmless, delicious "Truit laxative." and it never fails to effect a good "inside" cleansing. Directions for babies, children of the system, and you have a well and playful child again. All children love this harmless, delicious "Truit laxative." and it never fails to effect a good "inside" cleansing. Directions for babies, children of all ages and grown-ups are plainly on the bottle.

Keep it handy in your home. A little given to-day saves a sick child to-morrow, but get the genuine. Ask your druggist for a 50-cent bottle of "California Syrup of Figs." then see

bile and poisonous toxins, says a noted physician.

If you get headaches, it's your liver. If you wake up with a bad taste, furred tongue, nasty breath or stomach become rancid, it's your liver. Sallow skin, muddy complexion, watery eyes all denote liver uncleanliness. Your liver weekly for February 3.

BUT THIS IS HOW HE DID IT

IF YOUR SON CAN'T GET A POSITION HERE WHY DON'T YOU SEND HIM WEST - MY SON STARTED WEST LAST WEEK TO LOOK FOR A JOB AND BEFORE HE WAS GONE TWO DAYS HE FELL INTO SOMETHING SOFT!



PERSONAL --- SOCIAL

State Librarian Speaks to Commonweal Tonight

THOMAS LYNCH MONTGOMERY

"The Use of Leisure Hours" is the subject of a talk to be given before the

subject of a talk to be given before the Commonweal Club this evening by State Librarian Thomas Lynch Montgomery in John Y. Boyd hall of the Y.-W. C. A. at 7.45 o'clock.

The lecture, free to everyone interested, will be illustrated with some specially prepared lantern slides. Mr. Montgomery, who is well known as speaker of force and interest, is well qualified to speak on this subject from a wide and intimate association with the world's best literature.

Miss Persis Stewart of Philadelphia is visiting Mr. and Mrs. Paniel G. Long, of Market street.

Mr. and Mrs. Frank L. Cook, of 1005 North Front street, leave to-morrow for their Southern estate in Ormond, Florida.

Mrs. F. T. Romberger and Mrs. James E. Lentz, of Elizabethville, spent yesterday in Harrisburg.

William Emery of Pottsville spent the week-end among Harrisburg friends.

Mr. and Mrs. Newton Hollis have gone to Canadaigua. N. Y.

man, whose principal occupation is closed and an antive course are constantly and the second in the

you can just lift it off with the fingers.

No pain, not a bit of soreness, either when applying freezone or afterwards and its descrit even in the left this evening at 7.30 from his home. Mr. Hirsch fell in front of his made and its descrit even in home. Mr. Hirsch fell in front of his made and its descrit even in Mr. Hirsch fell in front of his made and its descrit even him. Mr. Hirsch fell in front of his made and reduces swollen joints.

Never be without this great house-hold remedy, for there is nothing so good for sprains, strains, sore muscles, selling bruises stiff neck and back-ning from work. He sustained injuries that resulted in death. The body will be taken to Mifflim by Undertaker lift off, so easy, It is wonderful! Seems magical, It works like a daid burlait will be made. He is held aid burlait will be made. He is skin. 25 cents. Any first-class druggist can supply you.

Mrs. Leroy Albright, Riverside; Leen Naomi, David J., Annie E. and Samuel H. Hirsch, 623 Schuylkill street, will be hold remedy, for there is nothing so good for sprains, strains, sore muscles, welling bruises stiff neck and back-will be dath. The body will be taken to Mifflim by Undertaker held and burlait will be made. He is skin. 25 cents. Any first-class druggist can supply you.

Funeral services for Samuel H. Hirsch, 623 Schuylkill street, will be hold remedy, for there is nothing so good for sprains, strains, sore muscles, selling bruises stiff neck and back-will be dark to draw the agony from sore, painful, burning feet. Be sure it's GINGER-held and burlait will be made. He is sustained injuring feet. Be sure it's GINGER-held and burlait will be made. He is sustained injuring feet. Be sure it's GINGER-held and burlait will be made. He is sustained injuring feet. Be sure it's GINGER-held and burlait will be made. He is sustained injuring feet. Be sure it's GINGER-held and promptly stops reluming for the surface. Thousands successfully use to draw the agony from sore, painful, burlaing feet. Be sure it's GINGER-held and prom

Mrs. Sharpe Honor Guest at Tea With Mrs. Boas

Mrs. Joshua W. Sharpe, of Chambersburg, was guest of honor Saturday afternoon at a charmingly appointed tea given by Mrs. Henry D. Boas and Mrs. Helen M. Espy at their residence, 505 North Front street.

The tea table, decorated with spring flowers, was presided over by Mrs. John W. Reily and Miss Mary Jen-

Among those who had the pleasure of greeting Mrs. Sharpe, a former resident, were Mrs. Robert A. Lamberton, Mrs. John H. Weiss, Mrs. William B. Hammond, Mrs. Charles H. Bergner, Mrs. W. W. Galbraith, Mrs. Stilson Hutchins, of Washington; Mrs. Levi Aldricks, Mrs. Samuel W. Fleming, Mrs. Robert McCreath, Mrs. George Douglas Ramsey, Mrs. Henry McCormick, Mrs. Anne Wallace McLain, Mrs mick, Mrs. Anne Wallace McLain, Mrs. Walter P. Maguire, Mrs. A. J. Herr, Mrs. Ralph W. Mersereau, Mrs. Edward Z. Gross, Mrs. Martin Cumbler, Mrs. George Etter, Mrs. W. O. Hickok, Miss Helen Wailace, Miss Rebecca Cox, Miss Mary B. Robinson, Miss Martha W. Buehler, Miss Eleanor Shunk, Miss Nancy Shunk, Miss Catherine I. Egle and Miss Susanna Fleming.

Miss Persis Stewart of Philadel-phia is visiting Mr. and Mrs. Daniel

the week-end among Harrisburg friends.

Mr. and Mrs. Newton Hollis have gone home to Canadaigua, N. Y., Father, Held For Murder,
Wants Epileptic Child
Sent to State Hospital

Harry G. Miller, of near Hummelstown, charged with the murder of his town, charged with the murder of his town, clarged with the murder of Green street.

Mrs. Eloise Barker and Miss Cleo Barker of Jersey City are guests of their aunt, Mrs. H. D. Weiler of State street, is entertaining Mrs. Clara Hall Kuhn of Cashtown, to-night at her street, is entertaining Mrs. Clara Hall with the murder of his street, is entertaining Mrs. Clara Hall with the murder of his town, charged with the murder of his street.

Mrs. Charles Kuhn of Vernon with the murder of his town, charged with the murder of his street.

Mrs. Charles Kuhn of Cashtown, to-night at her street, is entertaining Mrs. Clara Hall with the murder of his street.

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Mrs. Charles Kuhn of Cashtown, to-night at her street, is entertaining Mrs. Clara Hall with the murder of his street.

Mrs. Charles Kuhn of Cashtown, to-night at her street, and Mrs. Newton Hollis have gone for the murder of his street.

Mrs. Charles Kuhn of Cashtown the her with the murder of his street, and Mrs. The hall with the murder of his street, and Mrs. The hall with the murder of his street.

New Earning Record on Pennsylvania Railroad; December Is Slow Month

Both gross and net earnings of the Pennsylvania Railroad system for 1916 were the largest for any single par in the long history of the company. The gross revenues of lines east and west for the year ran up to a total of \$441,010,417, an increase of \$69,267,973, or 18.6 per cent. over 1915. The net earnings were \$109,-342,005, a gain of \$20,999,265, or 23.7 per cent. over 1915. For the year gross carnings of the Pennsylvania Railroad Company, which directly operates the lines east of Pittsburgh and Erie, were \$230,-278,533, an increase of \$3,532,563,056, or twenty-four per cent. over the preceding year. For December there was a contraction in business as compared with immediately preceding month. System growth for that month increased more than \$1,600,000 over last year, but fell off more than \$1,000,000 as compared with November. It was the smallest volume of gross reported since last April. Net earnings decreased \$1,734,850 as compared with December, 1915, and to the lowest total reported since last February.

AUGUSTUS FEABODY GARDNER Both gross and net earnings of the

AUGUSTUS FEABODY GARDNER In the battle of politics Gardner takes off the politician's armor of

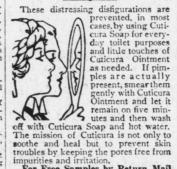
"So I have been afraid, all these dozen years, to turn around and say to the National Guard in my district: We cannot depend on the greater part of the National Guard to do effective service in time of war against really trained troops.' In all the dozen years I have known that fact, till this minute, I have not said so."

"But now, owing to the blessed fact

PORE CLOGGING PIMPLES AND BLACKHEADS

Funds and Savings),
Deposits, saving fund (Exclusive of Trust Funds),
Deposits, Commonwealth of
Pennsylvania,
Due to banks, Trust Cos.,
etc., not reserve,
Dividends unpaid,
Treasurer's and certified
checks outstanding,
Other liabilities not included in above,

Easily Prevented by Use of Cuticura



impurities and irritation.

For Free Samples by Return Mail address post-card: "Cuticura, Dept. 26, Boston." Sold everywhere.

OVERWORKED MINISTER

Tells How Vinol Restored Strength and Vitality.

money if they are not satisfied.
George A. Georgas, Druggist; Kennedy's Medicine Store, 321 Market
street; C. F. Kramer, Third and Broad
streets; Kitzmiller's Pharmacy, 1228
Derry street, Harrisburg, Also at the
leading drug stores in all Pennsylvanis

Saxol Salve REMOVES SKIN AFFECTIONS One package proves it. Sold and guaranteed by above Vinol druggist,

Frost Bites

Are your fingers, toes or nose nipped? Are you suffering from excruciating pain every time you come into a warm room? Do your fingers unnecessarily tingle or your nose itch? All of these annoying symptoms can be easily overcome by an application of

Forney's Frost Bite Lotion

Apply it to the affected part. It restores the circulation and samulates new life in the frosted tissues 25¢ per Bottle

Forney's Drug Store SECOND ST., NEAR WALNUT that my congressional district is amazingly onesided, I shall make bold to say what I really think."
Diogenes could have found a financially honest man in a minute. The protraction of his labors must have been due to the fact that he was looking for a mentally honest man. Gardner certainly comes a whole lot nearer qualifying than most of us.—From a description of Mr. Gardner by William Hard, in Collier's Weekly for Feb. 3.

BANK STATEMENTS REPORT OF THE CONDITION OF THE COMMERCIAL TRUST COM-

258,956 40 Loans upon call with collateral,...

Time loans with collateral,...

Joans secured by bonds and 34.838 00 T loans secured by bonds amortgages,
mortgages,
Loans without collateral,
Bonds, stocks, etc.,
Mortgages and judgments of
record,
Office building and lot,
Furniture and fixtures,
Overdrafts, 65,780 42 47,810 43 52,852 50

Coverdrafts, s... 143

Total, ... \$757,763 92

LIABILITIES \$757,763 92

Capital stock paid in \$125,000 00

Surplus fund, 62,500 00

Undivided profits, less expenses and taxes paid, 1,035 12

Individual deposits subject to check (Exclusive of Trust Funds and Savings), 147,146 12

Time Certificates of Deposit, (Exclusive of Trust Funds and Savings), 102,729 79

Deposits, saving fund, (Exclusive of Trust Funds, 103,729 79

Deposits, Commonwealth of Fennsylvania, Deposits, Commonwealth of Fennsylvania, 160,411 26

Fennsylvania, ... 25,000 00

Due to butks, Trust Cos., 160,411 26

Freasurer's and certified checks outstanding, 1308 22

Billis payable on time, Mortgages and notes sold and guaranteed, 123,455 30

Other liabilities not included in above, 108 84

Total, \$757,763 92 32,028 50

Total,\$757,763 92
State of Pennsylvania, County of Dauphin, ss;
I. W. M. Groff, Treasurer of the
above named Company do solemnly
swear that the above statement is true
to the best of my knowledge and belief. Signed) W. M. CROFFE Total, \$1,543,575 37

Capital stock paid in, \$250,000 00
Surplus fund, 100,000 00
Undivided profits, less expenses and taxes paid, 17,903 76
Individual acposits subject to check (Exclusive of Trust Funds and Savings), 17,903 76
Time Certificates of Deposit (Exclusive of Trust Punds and Savings), 114,673 69
Deposit, Exclusive of Trust Punds and Savings), 114,673 69

\$250,000 00 100,000 00 1100,00

Dividends unpaid. 45,000 00 BANK STATEMENTS

Treasurer's pand certified checks outstanding. 9,238 22 Other liabilities not included in above. 9,031 01

Total. \$1,543,575 37

Amount of Trust Funds \$38,624 76 Cash balance. 13,034 67

Overdrafts. 15,034 67

Total Trust Funds. CONFOR

Overdrafts, 169 77

Total Trust Funds, 18102,829 20

CORPORATE TRUSTS

Total amount (i. e. face value) of Trusts under deeds of trust or more growth of the trust of of t Time loans with collateral,
Loans on call with collateral,
Loans on call upon one name,
Loans on call upon two or
more names,
Loans secured by bonds and
mortgages,
Bonds, stocks, etc...
Mortgages and judgments of
record, 63,384.72 63,718.50 17,000.00 13,700.00 3,300.00 record.
Office building and lot,
Other real estate,
Furniture and fixtures,
Overdrafts,
Miscellaneous assets, 901.16

Total,\$792,090.36 Total, \$32,030.36

Capital stock paid in \$50,000.00

Surplus fund, less expenses and taxes paid, 6,611.26

Individed profits, less expenses and taxes paid, 6,611.26

Individual deposits subject to check,\$305,553.75

Time Certificates of Deposits, 251,819 48

Savings fund deposits, 99,544.76

Deposits, Municipal, 25,000.00

Certified Checks, 25,000.00

Cashler's checks outstanding, 1,059,90

685,479,10 (Signed) Notary Public.
[Notarial Seal.] Notary Public.
[Commission expires February 3, 1919,
Correct—Attest: WM. B. McCALEB,
(Signed) E. Z. GROSS,
(Signed) JOHN P. MELICK,
(Signed) Directors.

Directors.

REPORT OF THE CONDITION OF THE HARRISBURG TRUST COMPANY, of Harrisburg, No. 16 South Second street, of Dauphin County, Pennsylvania, at the close of business, January 26, 1917:

14,585 19 1,605 00 570,948 75

.\$3,615,907 76 214,247 72

Total,\$3,348,702 23

the best of my successful to the best of my successful to before my successful to be succ

Subscribed and sworn to before in this 2d day of February, 1917. (Signed) CLINTON M. HERSHEY, Notary Public.

[Notarial Seal.]
[Notarial Seal.]
Correct—Attest:
(Signed) HARVEY F. SMITH
(Signed) A. FORTENBAUGH,
(Signed) EDWARD BALLEY,
(Signed) EDWARD BALLEY,

26, 1917: RESOURCES
Reserve Fund:
Cash, specie and
notes. . . . \$101,603 00
Due from approved. Reserve
Agents. 539,067 63 685,479.10

REPORT OF THE CONDITION

OF THE Pennsylvania Surety Company

Of Harrisburg, No. 16 South Market Square, of Dauphin County, Pennsyl-vania, at the close of business, January 26, 1917: RESOURCES

Total\$414,770.71 LIABILITIES Capital stock paid in ... \$250,000.00
Surplus fund ... 100,000.00
Undivided profits, less expenses and taxes paid ... 41,966.49
Premium ... 10,000.00
Res rec ... 10,000.00
Res re for claims pending ... Fidelity ... 275.00
Workmen's Compensation Insurance reserve ... 250.00 Total\$414,770.71 State of Pennsylvania, County of Dauphin, ss:

I, J. R. Henry, Assistant Treasurer of the above named Company do solemnly swear that the above statement is true to the best of my knowledge and belief.

(Signed) J. R. HENRY,
Assistant Treasurer,
Subscribed and sworn to before me
this 30th day of January, 1917. (Signed)
CLINTON M. HERSHEY.
[Notarial Seal]
Notary Public,
My commission expires January

My commission 25, 1919. Correct—Attest:

Correct—Attest:
(Signed) EDWARD BAILEY,
(Signed) A. FORTENBAUGH,
(Signed) G. W. REILY,
Directors.

-Good Printing-The Telegraph Printing Co.