

"The Chicago Diet Squad" succeeded in cutting down the average cost of each meal to 8-1/2 cents in spite of the high cost of foods.

ARMY BLANKETS AND HOSPITALS

Dr. Dixon Gives Some Pointers in Regard to Their Use For Indoors

Just because the United States army blankets are good is no reason why they are fitted for everything.

With this discovery and practical application of the following expedients in maintaining our hospitals, but we give our patients more comfort.

CHILD GETS SICK, CROSS FEVERISH IF CONSTIPATED

Look at tongue! Then give fruit laxative for stomach, liver, bowels.

"California Syrup of Figs" can't harm children and they love it.



Mother! Your child isn't naturally cross and peevish. See if tongue is coated; this is a sure sign the little stomach, liver and bowels need a cleansing at once.

When listless, pale, feverish, full of cold, breath bad, throat sore, doesn't eat, sleep or act naturally, has stomach-ache, diarrhoea, remember, a gentle liver and bowel cleansing should always be the first treatment given.

SAYS HOT WATER WASHES POISONS FROM THE LIVER

Everyone should drink hot water with phosphate in it, before breakfast.

To feel as fine as the proverbial fiddle, we must keep the liver washed clean, almost every morning, to prevent its sponge-like pores from clogging with indigestible material, sour bile and poisonous toxins, says a noted physician.

If you get headaches, it's your liver. If you catch cold easily, it's your liver. If you wake up with a bad taste, furrowed tongue, nasty breath or stomach become rancid, it's your liver.

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BUT THIS IS HOW HE DID IT

IF YOUR SON CAN'T GET A POSITION HERE WHY DON'T YOU SEND HIM WEST - MY SON STARTED WEST LAST WEEK TO LOOK FOR A JOB AND BEFORE HE WAS GONE TWO DAYS HE FELL INTO SOMETHING SOFT!



BUT THIS IS HOW HE DID IT



PERSONAL --- SOCIAL

State Librarian Speaks to Commonweal Tonight

Mrs. Joshua W. Sharpe, of Chambersburg, was guest of honor Saturday afternoon at a charmingly appointed tea given by Mrs. Henry D. Boas and Mrs. Helen M. Espy at their residence, 505 North Front street.

Mrs. Sharpe Honor Guest at Tea With Mrs. Boas

Among those who had the pleasure of greeting Mrs. Sharpe, a former resident, were Mrs. Robert A. Lambertson, Mrs. John H. Weiss, Mrs. William B. Hammond, Mrs. Charles H. Bergner, Mrs. W. W. Galbraith, Mrs. Stilson Hutchins, of Washington; Mrs. Levi Aldricks, Mrs. Samuel W. Fleming, Mrs. Robert McCreath, Mrs. George Douglas Ramsey, Mrs. Henry McCormick, Mrs. Anne Wallace McLain, Mrs. Walter P. Maguire, Mrs. A. J. Herr, Mrs. Ralph W. Messereau, Mrs. Edward Z. Gross, Mrs. Martin Cumber, Mrs. George E. Lutz, Mrs. W. O. Hickok, Miss Helen Wallace, Miss Rebecca Cox, Miss Mary B. Robinson, Miss Martha W. Buehler, Miss Eleanor Shunk, Miss Nancy Shunk, Miss Catherine I. Egle and Miss Susanna Fleming.

Court Decree Gives Farmer Right to Kill Deer When They Destroy His Crops

Chambersburg, Pa., Feb. 5.—In the court of quarter sessions of Franklin county held here today Judge W. Rush Gillan handed down a decree that gives the right to a farmer to kill wild deer at any time when on his land, destroying his crops.

Father, Held For Murder, Wants Epileptic Child Sent to State Hospital

Harry G. Miller, of near Hummelstown, charged with the murder of his 21-year-old son, Clayton, several weeks ago, when he shot and wounded him, court through his attorney, William H. Earnest, to have Esther May Miller, a 9-year-old daughter sent to the Eastern Pennsylvania State institution for Feeble-Minded and Epileptic Children. The petition will be heard March 5.

Palms Beach

Like all places in which idlers try to avoid finding out that they are idle, Palm Beach has very definite customs as to where to go and at what time to go there. Excepting in its hours for going to bed and getting up, it runs on schedule. The official day begins with the bathing hour—11:30 to 12:30.

Why Japan Cannot Be Starved

Two of the most interesting sights in Tokyo are the fish market at Nishimbashi and the Mitsukoshi department store, very near the Billingsgate of Tokyo. Nishimbashi is not only the geographical center of Tokyo, but of Japan, according to the Japanese, who ought to know.

Overworked Minister Tells How Vinol Restored Strength and Vitality

Harrisburg people will realize that we could not publish such letters as the following if they were not genuine and truthful statements of facts. The Rev. Mr. Hughes, Holly Springs, Ark., says: "I am a Methodist Minister, and suffered from broken-down nerves, loss of appetite and sleeplessness."

For Rheumatic Pains and Colds in Chest

Gingerole Best For Pleurisy, Tonilitis and Bronchitis

Frost Bites

Are your fingers, toes or nose nipped? Are you suffering from excruciating pain every time you come into a warm room? Do your fingers unnecessarily tingle or your nose itch? All of these annoying symptoms can be easily overcome by an application of

New Earning Record on Pennsylvania Railroad; December Is Slow Month

Both gross and net earnings of the Pennsylvania Railroad system for 1916 exceeded any single month in the long history of the company. The gross revenues of lines east and west for the year run up to a total of \$441,010,417, an increase of \$69,267,973, or 18.5 per cent, over 1915.

For the year gross earnings of the Pennsylvania Railroad Company, which directly operates the lines east of Pittsburgh and Erie, were \$230,278,532, an increase of \$33,550,858, or approximately seventeen per cent, over 1915.

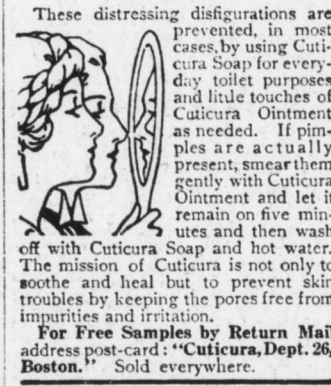
December there was a contraction in business as compared with immediately preceding months. System growth for that month increased more than \$1,600,000 over last year, but fell off more than \$1,000,000 as compared with November.

Augustus Peabody Gardner

In the battle of politics Gardner takes off the politician's armor of hypocrisy. He heads his historic attack on the unpreparedness of the United States by rising in the House and saying: "For a dozen years I have sat here like a coward and I have listened to men say that in time of war we could depend for our defense on the National Guard, and I have known all the time that it was not so."

The truth is that each one of us is afraid that the National Guard in his district would say: 'Why, that man Gardner says I am no good. I will teach him.' So I have been afraid, all these dozen years, to turn around and say to the National Guard in my district: 'We cannot depend on the greater part of the National Guard to do effective service in time of war against really trained troops.'

Pore Clogging Pimples and Blackheads Easily Prevented by Use of Cuticura



These distressing disfigurements are prevented, in most cases, by using Cuticura Soap for every-day toilet purposes and little touches of Cuticura Ointment as needed. If pimples are actually present, smear them with Cuticura Ointment and let it remain on five minutes and then wash off with Cuticura Soap and hot water.

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BANK STATEMENTS

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